

SUMMER SAVINGS

Fresh, Boneless
U.S.D.A. Choice Beef
**Top Sirloin
Steak**
7⁹⁹
lb.



Bakery Fresh
**Monster
Cookies**
12 Count Package
6⁴⁹



Fresh
Blueberries
1 Pint Package
2/\$6



Fresh, 85% Lean
Ground Beef
4⁴⁹
lb.



Fresh
**Seedless
Watermelon**
4⁹⁹
ea.



Fresh, California
**Large, Juicy
Peaches &
Nectarines**
2⁹⁹
lb.



Frito Lay
Potato Chips
Selected Varieties, 4.75-8 oz. Bag
2/\$6



Prego
Pasta Sauce
Selected Varieties, 14.5-24 oz. Jar
2/\$5



Brew Pub
Lotzza Motzza Pizza
Selected Varieties, 20-26.82 oz. Package
5⁹⁹



Simply
Refrigerated Ales
Selected Varieties, 52 oz. Bottle
2/\$5



Chobani
Flip Greek Yogurt
Selected Varieties, 4.5 oz. Package
3/\$5

Sale Starts Sunday, July 21, 2024

SUN	MON	TUE	WED	THU	FRI	SAT
21	22	23	24	25	26	27

STORE HOURS: Sunday 7am-10pm
Monday - Saturday 6am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.
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Almsted's
FRESH MARKET
Your Neighborhood Grocery Store

**2021
READER'S
CHOICE
Awards**
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
**Center Cut
Loin Pork Chops**

3²⁹
lb.

Balsamic Brined Grilled Pork Chops

Ingredients

8 pork chops, 8 oz. each
3 cups water
1 cup brown sugar
1 1/4 cup balsamic vinegar
1/2 cup kosher salt
2 tablespoons olive oil
1 tablespoon brown sugar
Salt to taste
Ground black pepper to taste

Directions

Combine water, brown sugar, 1/2 cup balsamic vinegar and kosher salt in a bowl. Stir until sugar and salt are dissolved. Place pork chops in a large resealable plastic bag and pour brine into bag. Seal and chill overnight.

Pour remaining vinegar, olive oil, brown sugar, salt and pepper in a mixing bowl. Stir until well combined to make sauce. Preheat grill to medium heat.

Remove pork chops from bag and discard brine. Pat pork chops dry with paper towels. Sprinkle with salt and pepper over pork chops.

Place pork chops on the grill, brush with sauce and cook for about 5 minutes. Flip pork chops over and brush with sauce. Cook for an additional 5 minutes.

Transfer pork chops to serving plates. Spoon a small amount of sauce over top and enjoy!



Fresh, Boneless
**Center Cut
Loin Pork Roast**

2⁹⁹
lb.



Hormel
Always Tender
Pork Loin Fillets
Selected Varieties, 1.5 lb. Package

7⁹⁹



Simek's
Lasagna
Selected Varieties
32 oz. Package

9⁹⁹

Quality Meats



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Boneless
U.S.D.A. Choice Beef

**Arm Cut
Roast**

5⁹⁹
lb.



Arctic Shores
Cooked Shrimp

16-20 Count, Tail-On, 16 oz. Package

9⁹⁹



No Name
Steakhouse Burger

Selected Varieties, 21.32-24 oz. Package

8⁹⁹



Swaggerty's
Sausage Roll

16 oz. Package

3⁹⁹



Essential Everyday
Boneless, Skinless
Chicken Tenderloins

2.5 lb. Individually Quick Frozen

7⁹⁹



Sugardale
Sliced Bacon

Selected Varieties, 12 oz. Package

4⁹⁹

Pantry Specials



**Bush's Best
Baked Beans**
Selected Varieties, 16 oz. Can

2/\$4

**Chicken of the Sea
Salmon**
Selected Varieties
2.5 oz. Package

2/\$3



**Barilla
Pasta**
Selected Varieties
12-14.5 oz. Box

2/\$5



**Kraft
Mac & Cheese**
Selected Varieties
5.5-7.25 oz. Package

2/\$3



**Essential Everyday
Dressing**
Selected Varieties
16 oz. Bottle

2²⁹



**Country Hearth
Multigrain or
100% Whole
Wheat Bread**
24 oz. Loaf

4¹⁹



**Old Dutch
Dutch Crunch**
Selected Varieties, 9 oz. Bag

2/\$7



**Old Dutch
Puffcorn**
Selected Varieties
7-9 oz. Bag

2/\$7



**Old Dutch
Pretzels**
Selected Varieties
12-13 oz. Bag

2/\$7



**Kraft
Jet-Puffed
Marshmallows**
16 oz. Bag

2⁴⁹

**Centrum
Vitamins**
Selected Varieties
100 Count Box

12⁹⁹

**Sure
Invisible
Solid
Deodorant**
Selected Varieties
2.6-2.7 oz. Stick

2⁴⁹



**General Mills
Snacks**
Selected Varieties, 7.2-15 oz. Bag

3⁹⁹



**Frito Lay
Potato Chips**
Selected Varieties
4.75-7.75 oz. Bag

2/\$6



**Tostitos
Salsa**
Selected Varieties
15.3 oz. Jar

2/\$7



**Essential Everyday
Fruit**
Selected Varieties
14.3-15.25 oz. Can

2/\$4



**Edge or
Skintimate
Shave Gel**
Selected Varieties
7 oz. Canister

3⁹⁹



7⁹⁹



**Kellogg's
Town House
Crackers**
Selected Varieties, 9.2-13.8 oz. Box

3⁹⁹



**Kellogg's
Cheez-It Snap'd**
Selected Varieties
7.5 oz. Bag

4⁹⁹



**Frito Lay
Bean Dip**
Selected Varieties
9 oz. Can

2/\$6



**Dole
Pineapple**
Selected Varieties
15.25-20 oz. Can

2/\$4



**Vaseline
Hand
or Body
Lotion**
Selected Varieties
20.3 oz. Bottle

8⁹⁹



3⁴⁹

Grocery Deals



**Essential Everyday
Potato Chips**
Selected Varieties, 8-9 oz. Bag

2/\$4



**V8 Splash
Juice Drink**
Selected Varieties, 64 oz. Bottle

2/\$5



**Essential Everyday
Cereal**
Selected Varieties, 11.8-18 oz. Box

2/\$6



COUNT ON
QUALITY AND
Selection

**Maxwell House or Yuban
Coffee**
Selected Varieties, 25.6-31 oz. Canister

7.99



**Essential Everyday
Tortilla Chips**
Selected Varieties
10-12 oz. Bag

2/\$4



**Kool-Aid
Jammers**
Selected Varieties
10 Count Pack

2.99



**Kellogg's
Family Size
Special K**
Selected Varieties
13.6-18 oz. Box

2/\$9



**Essential Everyday
Fruit Spread**
18 oz. Jar

2.99



**Better Oats
Oatmeal**
Selected Varieties
9.8-13.1 oz. Box

3.99



**Crystal Light
Drink Mix**
Selected Varieties
6-10 Count Pack

2/\$6



**Essential Everyday
Mustard**
Selected Varieties
12 oz. Bottle

1.69



Juicy Juice
Selected Varieties
8 Count Pack

2/\$7



**Essential Everyday
Mushrooms**
Selected Varieties
4 oz. Can

3/\$4



**Dixie
Plates or Bowls**
Selected Varieties
12-50 Count Package

3.99



**Essential Everyday
Paper Plates**
100 Count Package

4.99



**Febreze
Air Refreshers**
Selected Varieties
8.8 oz. Canister

3.29



**Essential Everyday
Disinfecting
Wipes**
Selected Varieties
75 Count Package

3.99



**Essential Everyday
Bleach**
43 oz. Bottle

2.99



**Essential Everyday
Scoop
Cat Litter**
Selected Varieties
21 lb. Jug

8.99



**Q-Tips
Cotton Swabs**
Selected Varieties
300-375
Count Package

3.99



**Purell
Instant
Hand
Sanitizer**
Selected Varieties
8 oz. Bottle

2/\$6



**U by Kotex
Tampons**
Selected Varieties
16 Count Box

5.49



**TRESemmé
Styling
Products**
Selected Varieties
7.8-11 oz. Package

7.99



**Crest
Complete
Toothpaste**
Selected Varieties
3.4 oz. Package

4.49



**Equine
Ibuprofen
Pain
Reliever**
Selected Varieties
100 Count Pack

3.99



**Angel Soft
Bath
Tissue**
8 Mega Rolls

6.99



**Sparkle
Paper
Towels**
6 Double Rolls

7.99

Frozen & Dairy Deals



Stone Ridge Creamery Ice Cream Bars or Sandwich

Selected Varieties, 12 Count Pack

3⁹⁹



Nestle
Drumstick
Selected Varieties
8-12 Count Box

7⁹⁹



Kemps
Simply Crafted
Ice Cream
Selected Varieties
48 oz. Carton

5⁴⁹



Minute Maid Zero Sugar Lemonade or Juice

Selected Varieties, 52 oz. Bottle

2/\$5



SunnyD
Citrus Punch
Selected Varieties
128 oz. Bottle

3⁴⁹



Dannon
Greek Yogurt
Selected Varieties
5.3 oz. Cup

4/\$5

Eggo
Thick & Fluffy
Waffles
Selected Varieties
6 Count Box

3⁹⁹



Pepperidge Farm
Layer Cakes
Selected Varieties
19.6 oz. Package

3⁹⁹



Essential
Everyday
Vegetables
Selected Varieties
12 oz. Package

4/\$5



Kraft
Natural Sliced Cheese
Selected Varieties
7-8 oz. Package

2⁹⁹



Essential Everyday
Grated Parmesan Cheese
8 oz. Canister

3²⁹



Noosa
Finest Yoghurt
Selected Varieties
4/4 oz. Cups

3⁹⁹



Country Crock
Vegetable Spread
Selected Varieties
45 oz. Tub

5⁹⁹



Healthy Choice
Power Bowls
Selected Varieties
9-11 oz. Package

2/\$7



Essential
Everyday
Potatoes
Selected Varieties
20-32 oz. Package

2/\$6



Brew Pub
Lotzza Motzza Pizza
Selected Varieties
20-26.82 oz. Box

5⁹⁹



Essential
Everyday
American Cheese Singles
16 oz. Package

3⁶⁹



Old Home
Cottage Cheese
32 oz. Tub

6⁴⁹



Essential
Everyday
Sour Cream
8 oz. Tub

1²⁹



Just Crack an Egg
Scramble Kits
Selected Varieties
3 oz. Package

2/4⁴⁴





FRESH IN OUR
Deli

FRESH

Kretschmar
Turkey Breast
Hickory or Mesquite Smoked

9⁹⁹
lb.



Fresh from Our Deli & Bakery



Deli Fresh
**Mild Cheddar
Cheese**
Sliced fresh in our Deli!

7⁹⁹
lb.



Deli Fresh
**Summer
Fresh Pasta
Salad**

5⁴⁹
lb.



Cookies-N-Milk
**Edible
Cookie
Dough**

Assorted Varieties
6 oz. Package

2⁹⁹



DELICIOUS &
Flaky

Bakery Fresh
Butter Croissants
2 Count Package

2⁹⁹

Reko Pizzelle
**Italian Waffle
Cookies**

5.25 oz. Package

3⁹⁹



Bakery Fresh
**Angel Food
Cake**

16 oz. Package

6⁴⁹



The Father's Table
**Two Slice
Cheesecake**
Selected Varieties

3⁴⁹



Fresh Produce



Dole Salads

8 oz. Shredded Lettuce,
12 oz. Garden Salad,
or 14 oz. Classic Coleslaw

Make a healthy and delicious salad in minutes with your favorite fresh salad mix! Just add your favorite protein!

2/\$4



Fresh Bi-Color Sweet Corn

There is nothing like biting into a sweet, crisp ear of fresh corn on the cob. Serve it steamed, boiled or grilled for the ultimate cookout accompaniment.

4/\$2



Fresh Yellow Onions

3 lb. Bag

Yellow onions add incredible taste to many dishes, from omelets to meat loaves and roasts to stir-fries. This is an essential kitchen staple!

2⁹⁹



Seedless English Cucumbers

Prized for their low-calorie content, cucumbers are a great choice for health conscious consumers. Use thick slices of cucumbers in place of crackers when serving dips or spreads!

1⁴⁹ ea.



Sweet, Crunchy Red, Yellow or Orange Bell Peppers

Make your recipe pop with brilliant colored bell peppers. Super versatile and perfect for pizza, sandwiches, stir-fries, and much more.

3/\$5



Beefsteak Tomatoes

Beefsteak tomatoes are among the larger varieties of tomato. They're plump, juicy and very flavorful. Great when sliced for burgers and BLT sandwiches, diced for salads and omelets or enjoy one fresh with a sprinkle of salt as a healthy snack.

1⁹⁹ lb.



Sweet, Juicy Mangoes

99¢ ea.

Grilled Mango Chicken

Ingredients

- 4 boneless skinless chicken breasts
- 1 cup cubed mango
- 1 tablespoon brown sugar
- 1 tablespoon fish sauce
- 1 tablespoon Sriracha sauce
- 3 tablespoons lime juice
- 3 cloves garlic, minced
- 1/2 teaspoon kosher salt
- 2 tablespoons canola oil

Directions

Combine the mango, brown sugar, fish sauce, Sriracha sauce, lime juice, garlic, kosher salt and canola oil into a blender. Pulse until well blended and smooth. Pour 1/4 of the marinade into a bowl, cover and place in the refrigerator.

Place the chicken breasts into a sealable container. Pour the remaining mango marinade over top. Flip chicken to evenly coat. Place the lid on top of the container and then transfer to the refrigerator to chill for at least 4 hours.

Preheat the grill to medium heat. Remove the chicken from the container and discard marinade. Place the chicken breasts on the grill and cook for 10 minutes and flip. Cook for an additional 10 minutes. Transfer chicken breasts to a plate and cover with aluminum foil.

Remove the reserved marinade from the refrigerator. Pour the marinade into a saucepan and add 1/4 cup of water. Bring the pan to medium-high heat and let simmer for 5 minutes.

Place the chicken breasts on serving plates, drizzle the mango sauce over top and enjoy!

Refreshing Beverages



Coca Cola Products

Selected Varieties, 6/16.9 oz. Bottles

2/\$11



Topo Chico Sabores Sparkling Water

Selected Varieties, 8/12 oz. Cans

2/\$15



Monster Energy Drink

Selected Varieties, 16 oz. Single Can

2/\$4



American Bottling Drinks

Selected Varieties, 8/12 oz. Bottles or 10/7.5 oz. Cans

2/\$12