

We reserve the right to limit quantities. Not all sale items available at all participating stores. Starting and ending dates may vary by store. Not responsible for graphic or typographical errors.



Now Proudly Offering Certified Angus Beef

Carstensen's Meat and Grocery

Family Owned, Family Trusted



LIKE US!
Carstensen's Meat and Grocery

We Accept Visa, Mastercard, Discover, WIC & EBT

GROCERY • FRESH MEAT • BAKERY • PRODUCE • DAIRY • BROASTED CHICKEN

201 Market Street, Lake Park, IA • Telephone: 712-832-3620

Store Hours: Monday - Saturday 7:30 am - 8:00 pm / Sunday 10:00 am - 7:00 pm

PRICES EFFECTIVE WEDNESDAY, JULY 17 THROUGH TUESDAY, JULY 23, 2024

Outdoor Dining HAS IT'S REWARDS!

<p>Dole Premium Salad Kit 11.3-13.3 Oz., Selected Varieties</p> <p>\$2.99</p>	<p>new crop! Washington Apricots \$3.99 Lb.</p>	<p>California Peaches or Nectarines Yellow or White Flesh</p> <p>\$1.99 Lb.</p>	<p>melon MANIA!</p> <p>Whole Seedless Watermelon \$4.99 Ea.</p>
<p>Arkansas Tomatoes</p> <p>\$1.59 Lb.</p>	<p>Highline Sliced or Whole Baby Bella Mushrooms 8 Oz.</p> <p>2/\$4</p>	<p>Washington Dark Sweet Cherries</p> <p>\$3.99 Lb.</p>	<p>Jumbo Cantaloupe or Mini Seedless Watermelon</p> <p>\$2.99 Ea.</p>
<p>Best Choice Russet Potatoes 10 Lb.</p> <p>\$2.99</p>	<p>Mini Sweet Peppers 1 Lb. Bag</p> <p>\$1.99</p>	<p>Vidalia Onions</p> <p>99¢ Lb.</p>	<p>California Black or Red Plums</p> <p>\$1.99 Lb.</p>
			<p>Honeydew, Golden Honeydew, Lemon Drop, Santa Claus or Hami Melon</p> <p>\$3.99 Ea.</p>

<p>Bar S Franks 16 Oz., Selected Varieties</p> <p>99¢</p>	<p>National Hot Dog Day is July 17th!</p> <p>WOW DEAL</p>	<p>Fresh Chicken Drumsticks or Thighs Family Pack, Product of the USA</p> <p>\$1.19 Lb.</p>
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<p>Fresh Bone-In Assorted Pork Loin Chops Product of the USA</p> <p>\$2.99 Lb.</p>	<p>Frozen Pork Back Ribs Product of the USA</p> <p>\$2.99 Lb.</p>	<p>Fresh 80% Lean Ground Beef Patties 4 Oz. Each, Sold in a 2 Lb. Pkg. of 8, Product of the USA</p> <p>\$9.99</p>
<p>Aquastar Breaded Butterfly Shrimp 1.5 Lb., Selected Varieties</p> <p>\$9.99</p>	<p>Oscar Mayer Deli Fresh, Natural or Carving Board Luncheon 7-9 Oz. or Chicken Strips 6 Oz., Selected Varieties</p> <p>\$3.99</p>	<p>Oscar Mayer Lunchables Uploaded 13.9-15.9 Oz., Selected Varieties</p> <p>\$3.49</p>
<p>Cloverdale Tangy Summer Sausage 24 Oz., Selected Varieties</p> <p>\$8.99</p>	<p>John Morrell Braunschweiger 8.5 Oz.</p> <p>\$2.99</p>	<p>Wimmer's Skinless Wieners or Natural Casing Cheddarbest or Polish Sausage 24 Oz., Selected Varieties</p> <p>\$7.99</p>

<p>TGI Fridays Appetizers 8.9 Oz., Selected Varieties</p> <p>\$4.49</p>	<p>Mrs. Butterworth's Syrup 24 Oz., Selected Varieties</p> <p>\$3.99</p>	<p>Hidden Valley Ranch Dressing 20-24 Oz., Selected Varieties</p> <p>\$4.99</p>	<p>DELI & BAKERY</p> <p>Reser's Macaroni, Potato or Pasta Salad 16 Oz., Selected Varieties</p> <p>\$2.99</p>
<p>Silver Lake Supreme Sirloin</p> <p>\$9.99 Lb.</p>	<p>Kellogg's Rice Krispies 12.17.3 Oz., Selected Varieties</p> <p>2/\$8</p>	<p>Always Save Potato Chips Selected Varieties</p> <p>2/\$4</p>	<p>Rotella's Italian Bakery Twist Bread</p> <p>\$2.59</p>
			<p>Rotella's Italian Bakery Hot Dog Buns</p> <p>\$1.99</p>

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

 <p>Doritos 6-10.75 Oz., Tostitos 9-13 Oz., Fritos 10 Oz. or Cheetos 6.5-10 Oz. Selected Varieties \$3.49</p>	 <p>Betty Crocker Cake Mix 13.25-14.25 Oz. or Frosting 12-16 Oz. Selected Varieties 2/\$3</p>	 <p>Prego Pasta Sauce 23-24 Oz. Selected Varieties 2/\$5</p>
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 <p>Best Choice Chicken 10 Oz. Selected Varieties \$2.99</p>	 <p>Best Choice Mayonnaise or Whipped Dressing 30 Oz. Selected Varieties \$3.99</p>	 <p>Heinz Ketchup 13-20 Oz. Selected Varieties \$2.49</p>	 <p>Best Choice Lasagna Noodles 12-16 Oz. Selected Varieties \$1.69</p>
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 <p>Best Choice Fruit Cocktail 14.5-19.25 Oz. Selected Varieties 2/\$4</p>	 <p>Best Choice Granulated Sugar 10 LB. \$7.99</p>	 <p>Campbell's Tomato Juice 64 Oz. Selected Varieties \$3.49</p>	 <p>Best Choice Yellow Mustard 20 Oz. \$1.39</p>	 <p>General Mills Cereal 9-10.8 Oz. Selected Varieties \$2.89</p>
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 <p>Kraft Jet-Puffed Marshmallows 10-12 Oz. Selected Varieties 2/\$3</p>	 <p>Nabisco Graham Crackers 14.4 Oz. or Nilla Wafers 11 Oz. Selected Varieties \$3.99</p>	 <p>Nabisco Chips Ahoy! Cookies 9.5-13 Oz. Selected Varieties \$3.49</p>	 <p>Nabisco Oreo, Cakesters or Fudge Covered Nutter Butter Cookies 7.9-14.03 Oz. Selected Varieties \$3.99</p>
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 <p>Hostess Donettes 9.5-10.75 Oz. Selected Varieties 2/\$4</p>	 <p>Nabisco Toasted Chips or Thin Crisps or Ritz Crisp & Thins or Crispers 7-8.5 Oz. Selected Varieties \$3.49</p>	 <p>Best Choice Trail Mix 18 Oz. Selected Varieties \$5.49</p>	 <p>Capri Sun or Country Time Lemonade Pouches 10 CL. Selected Varieties \$2.79</p>	 <p>Meow Mix Cat Food 13.5-16 LB. Selected Varieties \$16.99</p>
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TEEN FOR \$10 Sale

 <p>WOW DEAL Kemps Vanilla Ice Cream Sandwiches 6 CL. Selected Varieties</p>	 <p>WOW DEAL Betty Crocker Brownie Mix 16.3 Oz. Selected Varieties</p>	 <p>WOW DEAL Manwich Sloppy Joe Sauce 15-16 Oz. Selected Varieties</p>
 <p>Kraft Mac & Cheese Dinner 5.5-7.3 Oz. Selected Varieties</p>	 <p>StarKist Chunk Light Tuna 5 Oz. Selected Varieties</p>	 <p>Best Choice Steamable Vegetables 12 Oz. Selected Varieties</p>
 <p>Oikos Triple Zero or Blended Yogurt 5.3 Oz. Selected Varieties</p>	 <p>Daisy Brand Sour Cream 8 Oz. or Single Serve Cottage Cheese With Fruit 6 Oz. Selected Varieties</p>	 <p>Best Choice Croutons 5 Oz. Selected Varieties</p>
		 <p>Bothouse Farms Baby Cut Carrots 16 Oz.</p>
		 <p>Nissin Chow Mein Noodles 4 Oz. Selected Varieties</p>

DAIRY DEALS

 <p>Sunny D 64 Oz. Selected Varieties \$1.88</p>	 <p>Daisy Brand Sour Cream 14 Oz. Squeeze or Dip 16 Oz. Selected Varieties 2/\$5</p>	 <p>Best Choice Cheese Singles 12 Oz. Selected Varieties \$2.29</p>	 <p>Simply Potatoes 20 Oz. Selected Varieties \$2.49</p>
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FROZEN DEALS

 <p>Marie Callender's Pot Pie or Entrée 10.5-15 Oz. Selected Varieties 2/\$7</p>	 <p>Blue Ribbon Classics Dairy Dessert 128 Oz. Selected Varieties \$5.99</p>	
 <p>New York Bakery Texas Toast with Cheese 4 CL. or Ciabatta Rolls with Cheese or Garlic Knots 6 CL. Selected Varieties \$3.69</p>	 <p>Red Baron Pizza 15.77-23.45 Oz. Selected Varieties \$4.49</p>	 <p>Best Choice Waffles or Pancakes 12 CL. Selected Varieties 2/\$4</p>