

SUMMER FLAVORS

Fresh, Boneless
U.S.D.A. Choice Beef

**Rib Eye
Steak**

14⁹⁹
lb.



Bakery Fresh
**Oatmeal
Raisin
Cookies**
12 Count Package

5⁹⁹



Fresh
Blackberries
6 oz. Package

2/\$5



Fresh
Seedless
**Green
or Red
Grapes**

2⁹⁹
lb.



Fresh
California
Cherries

3⁹⁹
lb.



Fresh, Boneless
**Country Style
Pork Ribs**

2⁶⁹
lb.



Frito Lay
Doritos

Selected Varieties, 6-10.75 oz. Bag

2/\$7



Frito Lay
SunChips

Selected Varieties, 6.25-7 oz. Bag

2/\$7



Kraft
Natural Sliced Cheese

Selected Varieties, 7-8 oz. Package

2/\$6



Stone Ridge Creamery
**Ice Cream or
Sherbet**

Selected Varieties, 48 oz. Carton

3⁴⁹



Jack's
Original Pizza

Selected Varieties, 13.8-16.6 oz. Package

2/\$8

Sale Starts Sunday, June 16, 2024

SUN	MON	TUE	WED	THU	FRI	SAT
16	17	18	19	20	21	22

STORE HOURS: Sunday 7am-10pm
Monday - Saturday 6am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.
©2024 DWGCO

Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



**READERS'
CHOICE
Awards**

Best Independently Owned
Grocery Store

CRYSTAL

ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551

www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
**Round Tip
Steak**

6⁴⁹
lb.

Easy Beef Stroganoff

Ingredients

1 lb. beef round tip steaks
1 clove garlic, minced
4 teaspoons vegetable oil
1/4 teaspoon salt
1/4 teaspoon pepper
1/2 pound mushrooms, sliced
1 3/4 oz. package brown gravy mix
4 cups wide egg noodles, cooked
1/4 cup dairy sour cream
1 cup cold water

Directions

Stack beef steaks; cut lengthwise in half, then crosswise into 1-inch wide strips. Toss with garlic.

Heat 2 teaspoons oil in large nonstick skillet over medium-high heat until hot. Add beef to the skillet and cook until no longer pink. Season with salt and pepper.

Heat remaining 2 teaspoons oil in same skillet over medium-high heat until hot. Add mushrooms; cook and stir 2 minutes or until tender. Remove from heat.

Add gravy mix and 1 cup cold water; blend well. Bring to a boil. Reduce heat; simmer 1 minute or until sauce is thickened, stirring frequently.

Stir in beef; heat through. Serve over noodles. Pass sour cream.



Fresh, Boneless
U.S.D.A. Choice Beef
**Round Tip
Roast**

5⁹⁹
lb.



Just Bare
Fresh All Natural
**Chicken
Breast Fillets
or Tenderloins**
14-18 oz. Package

5⁹⁹



Smithfield
**Marinated
Tenderloins**
Selected Varieties
18.4 oz. Package

7⁹⁹



Ball Park
**Meat
Franks**
Selected Varieties
15 oz. Package

3⁴⁹

Quality Meats



Fresh, Lean & Meaty
**Pork Shoulder
Steak**

2⁹⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Bone-In
**Pork Shoulder
Roast**
2⁸⁹
lb.



**Farmland
Sliced
Bacon**
Selected Varieties
12-16 oz. Package

5⁹⁹



**Arctic Shores
Uncooked
Shrimp**
31-40 Count
16 oz. Package

6⁹⁹



**Oscar Mayer
Fun Pack
Lunchables**
Selected Varieties
8.9-10.7 oz. Package

2⁹⁹



**Swaggery's
Sausage Roll**
16 oz. Package

3⁹⁹



**Louis Kemp
Imitation
Seafood**
Selected Varieties
8 oz. Package

2/\$5



**Hillshire Farm
or Ball Park
Smoked Sausage
or Beef Franks**
Selected Varieties
12-16 oz. Package

4⁹⁹



**Hormel
Pillow Pack
Pepperoni**
Selected Varieties
4-6 oz. Package

3⁹⁹



**Schweigert
Summer
Sausage**
Selected Varieties
9 oz. Package

3⁹⁹



**Simply
Mashed
Potatoes**
Selected Varieties
24 oz. Package

3⁴⁹

Pantry Specials



Essential Everyday Pasta
Selected Varieties
12-16 oz. Box

4/\$5



Essential Everyday Pasta Sauce
Selected Varieties
24 oz. Jar

2/\$5



Kraft Deluxe & Velveeta Macaroni & Cheese
Selected Varieties
12-14 oz. Package

3/79



Essential Everyday Flour
Selected Varieties
5 lb. Bag

2/99



Essential Everyday Pickles
Selected Varieties
24-32 oz. Jar

2/\$5



Starkist Chunk Light Tuna
In Oil or Water
5 oz. Can

3/\$3



Old El Paso Taco Shells
Selected Varieties
5.4 oz. Package

2/\$7



Hellmann's Mayonnaise
Selected Varieties
15-30 oz. Jar

5/99



Old Dutch Restaurant Style Tortilla Chips
Selected Varieties, 17-20 oz. Bag

2/\$10



Old Dutch Popcorn
Selected Varieties
12 oz. Package

2/\$10



Frito Lay Dips or Salsa
Selected Varieties
10-13.75 oz. Jar

2/\$7



M&M's Sharing Size Candy
Selected Varieties
7.4-10.03 oz. Bag

4/99

Just Born Mike & Ike Candy
Selected Varieties
4.25 oz. Box

4/\$5

Old Spice Premium Deodorant
Selected Varieties
2.6-3 oz. Stick or Spray

6/99



Old Dutch Specialty Pretzel
Selected Varieties, 13-14 oz. Bag

2/\$10



Essential Everyday Tortilla Chips
Selected Varieties
10-12 oz. Bag

2/\$5



Frito Lay Bean Dip
Selected Varieties
9 oz. Can

2/\$6



Hershey's Theater Boxes
Selected Varieties
3.5-6 oz. Box

4/\$5

Skittles or Starburst Sharing Size Candy
Selected Varieties
15.6 oz. Package

4/49



Arm & Hammer Toothpaste
Selected Varieties
4-6 oz. Package

3/99



Old Dutch Party Pack Chips
Selected Varieties, 14.5-15 oz. Bag

2/\$10



Keebler Cookies
Selected Varieties
8.5-12.5 oz. Package

3/99



Betty Crocker Fruit Snack
Selected Varieties
4.5-8 oz. Package

2/\$6



Sour Patch Kids or Swedish Fish Candy
8 oz. Bag

2/\$5



Dove Promises
Selected Varieties
6.74-7.61 oz. Bag

4/99

Equaline Mouth Rinse
Selected Varieties
1 Liter Bottle

2/99



Grocery Deals



Kellogg's
Town House Crackers
Selected Varieties, 9-13.8 oz. Package

2/\$7



Heinz
Ketchup
20 oz. Bottle

2.99



Green Mountain
K-Cup Coffee
Selected Varieties
12 Count Package

7.99



COUNT ON
QUALITY AND
Selection

General Mills
Family Size Cereal
Selected Varieties, 16.7-19.7 oz. Box

2/\$10



Kellogg's
Cheez-It Snap'd Crackers
Selected Varieties
7.5 oz. Package

2/\$7



Essential Everyday
Ketchup
24 oz. Bottle

1.49



Hawaiian Punch
Fruit Punch
Selected Varieties
128 oz. Bottle

3.49



Essential Everyday
Oatmeal
Selected Varieties
42 oz. Container

4.49



General Mills
Nature Valley or Fiber One
Bars
Selected Varieties
3.28-8.85 oz. Package

2/\$7



Super Chill
Soda
Selected Varieties
12/12 oz. Cans

2/\$10



Essential Everyday
Mustard
14 oz. Bottle

1.49



Kool-Aid
Jammers
Selected Varieties
10 Count Package

2.99



Essential Everyday
Granulated Sugar
4 lb. Bag

3.99



Essential Everyday
Syrup
Selected Varieties
24 oz. Bottle

2.99



Ice Mountain
Sparkling Water
Selected Varieties
8/16.9 oz. Bottles

2/\$7



Essential Everyday
Worcestershire Sauce
10 oz. Bottle

1.49



Essential Everyday
Tomato Juice
64 oz. Bottle

2.99



V8 Splash
Juice Drink
Selected Varieties
64 oz. Bottle

2/\$5



Essential Everyday
Croutons
Selected Varieties
3oz. Package

2/\$3



Essential Everyday
Plastic Containers
Selected Varieties
2-6 Count Package

2.99



Essential Everyday
Paper Plates
100 Count Pack

4.69



Essential Everyday
Ultra Bath Tissue
Selected Varieties
6 Mega Rolls

7.99



Essential Everyday
Napkins
100 or 250 Count Package

2.49



Essential Everyday
Charcoal
Regular or Mesquite
14.6-15.4 lb. Package

8.99



Tums
Antacid
Selected Varieties
28-96 Count Package

5.99



Kotex
Liners
30 Count Pack

4.49



Dial
Liquid Hand Soap Refill
Selected Varieties
52 oz. Bottle

5.99



Dial
Bar Soap
Selected Varieties
8 Count Pack

7.99



Arm & Hammer
Laundry Detergent
Selected Varieties
45.5-90 oz. Jug

4.99

Frozen & Dairy Deals



Häagen-Dazs Ice Cream or Ice Cream Bars

Selected Varieties
14 oz. Carton or 3 Count Box

2/\$8



Stone Ridge Creamery
Ice Cream Sandwiches
Selected Varieties
12 Count Package

3⁹⁹



Nestle
Drumsticks
Selected Varieties
4 Count Package

3⁹⁹



Smart Ones
Entrées
Selected Varieties
6.52-10.25 oz. Package

2/4⁴⁴



Pillsbury
Toaster Strudel
or Scramblers
Selected Varieties
7.2-11.7 oz. Package

2/\$6



Bellatoria
Pizza
Selected Varieties
16.03-21.96 oz. Package

5⁹⁹



Pepperidge Farm
Layer Cake
Selected Varieties
19.6 oz. Package

2/\$7



Essential Everyday
Cheese Singles
Selected Varieties
12 oz. Package

2⁹⁹



Pillsbury
Refrigerated
Cookies
Selected Varieties, 16-16.5 oz. Package

2/\$8



Essential Everyday
Steamable
Vegetables
Selected Varieties
12 oz. Package

2/\$3



Essential Everyday
Vegetables
Selected Varieties
12 oz. Package

3/\$4



Jonny Pops
Fruit Bars
Selected Varieties
3 Count Package

4⁹⁹



Crystal Farms
String Cheese
Selected Varieties
9-10 oz. Package

4⁴⁹



Pillsbury
Crescents,
Biscuits or Rolls
Selected Varieties
8-16.3 oz. Package

2/\$6



SunnyD
Citrus Punch
Selected Varieties
64 oz. Bottle

1⁶⁹



Essential Everyday Sour Cream

16 oz. Package

1⁹⁹



Essential Everyday
Cream Cheese
Selected Varieties
8 oz. Brick

2/4⁴⁴



Simply
Single Juice
Selected Varieties
11.5 oz. Bottle

3/\$5

2021
READERS' CHOICE
Awards
BEST DELI



Fresh from Our Deli & Bakery

Deli Fresh
Mild Cheddar Cheese
Sliced fresh in our Deli!
7.99
lb.



Deli Fresh
Deviled Egg Potato Salad
5.99
lb.



Stacy's
Pita Chips
Selected Varieties
7.33 oz. Bag
3.99



2021
READERS' CHOICE
Awards
BEST BAKERY



Bakery Fresh
Raspberry or Almond Crispies
2 Count Package

3.79

Bakery Fresh
Kaiser or Hoagie Rolls
4 Count Package
3.19



Bakery Fresh
Large Croissants
2 Count Package
2.99



Father's Table
Strawberry Cake Roll
18 oz. Package
6.49



Fresh Produce



Dole Salads

8 oz. Shredded Lettuce,
12 oz. Garden Salad,
or 14 oz. Classic Coleslaw

Make a healthy and delicious salad in minutes with your favorite fresh salad mix! Just add your favorite protein!

2/\$4



Dole Celery

No cook wants to be without fresh and fragrant celery! From mirepoix—diced carrots, celery and onions—to chicken salad, some of our favorite dishes just wouldn't be the same without this vital vegetable.

2⁴⁹ ea.



Fresh Raspberries

6 oz. Package

Capture the delectable flavors of summer in delightful berry dishes. Whether you use our fresh raspberries for drinks or desserts, you'll love the intense berry flavor.

3⁴⁹



Seedless English Cucumbers

Prized for their low-calorie content, cucumbers are a great choice for health conscious consumers. Use thick slices of cucumbers in place of crackers when serving dips or spreads!

1²⁹ ea.



Sweet, Crunchy Red, Yellow or Orange Bell Peppers

Make your recipe pop with brilliant colored bell peppers. Super versatile and perfect for pizza, sandwiches, stir-fries, and much more.

3/\$4



Fresh Grape Tomatoes

1 Pint

These tiny tidbits are addicting! Perfect for snacking and party platters, grape tomatoes are in high demand, due to their fantastic flavor and low water content.

1⁹⁹



FRESH AND Crisp

Dole Romaine Hearts 3 Pack

3⁹⁹

Grilled Chicken Caesar Salad

Ingredients

- 1 lb boneless skinless chicken breast
- Kosher salt to taste
- Ground black pepper to taste
- Coconut oil for the grill
- 2 romaine hearts
- Caesar dressing, your preference
- 1 cup croutons
- 2 tablespoons grated parmesan cheese

Directions

Preheat grill to medium-high heat. Brush grill grates with cooking oil.

Liberal season chicken breast with salt and pepper. Place on the grill and cook between 4-6 minutes per side. Remove from grill and let rest. Once cool enough to touch, cut into thin strips.

Chop up romaine hearts and transfer to a large salad bowl. Add chicken to the bowl and drizzle with Caesar dressing. Toss together until well mixed.

Use salad tongs to transfer salad to four bowls.

Top salads with croutons and grated parmesan cheese.

Refreshing Beverages



Pepsi Products

Selected Varieties, 12/12 oz. Cans

2/\$12



Pepsi Products

Selected Varieties, 6/16.9 oz. Bottles

2/\$10



Bubly Sparkling Water

Selected Varieties, 8/12 oz. Cans

2/\$9



Schweppes Drink Mixers

Selected Varieties, 1 Liter Bottle

3/\$4



Celsius Energy Drink

Selected Varieties, 12 oz. Can

2/\$4