

SPRING FLAVORS



Fresh, 85% Lean
Ground Beef
Family Pack
4.49
lb.

Fresh, Boneless
**Country
Style
Pork Ribs**
2.49
lb.



Bakery Fresh
**Double
Peanut
Butter
Chocolate
Chip
Cookies**
12 Count Package
5.99



Fresh, Boneless
**U.S.D.A. Choice Beef
Top Sirloin
Steak**
7.99
lb.

Häagen-Dazs
Ice Cream
Selected Varieties
14 oz. Carton
2/\$7



The Greek Gods
**Greek
Yogurt**
Selected Varieties
24 oz. Tub
3.99



Tide
**Liquid Laundry
Detergent**
Selected Varieties, 64-92 oz. Bottle
12.99



Brew Pub
**Lotzza Motzza
Pizza**
Selected Varieties
20-26.82 oz. Package
6.99



Old Dutch
Restaurante Style
Tortilla Chips
Selected Varieties, 10-13 oz. Bag
2/\$7



Hershey's
Baking Chips
Selected Varieties, 8-12 oz. Package
2/\$6

DELI MEAL DEAL!



Meal Deal Includes:
8 Piece Fried or Baked Chicken
1 lb. Almsted's Potato Salad
1 4 pack Hawaiian Rolls
1 6 oz. cup of Edible Cookie Dough

**ONLY
19.99**
Limit 1 per household please

Sale Starts Sunday, April 28, 2024

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4

STORE HOURS: Sunday 7am-10pm
Monday - Saturday 6am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET
Your Neighborhood Grocery Store

**2021
READER'S
CHOICE
Awards**
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
Chuck Roast

6⁷⁹
lb.

Braised Chuck Roast with Potatoes

Ingredients

4 lb. boneless beef chuck roast, trimmed of excess fat
1 tablespoon allspice seasoning
Salt to taste
2 tablespoons olive oil
3 onions peeled, halved then sliced
2 bell peppers rinsed, dried, cored, seeded and chopped
8 oz. whole mushrooms, cleaned and dried
1 cup beef broth
1 cup red wine
2 1/2 lb. red potatoes rinsed, dried, peeled then halved
Ground black pepper to taste

Directions

Rub roast all over with Cajun seasoning then sprinkle with salt and pepper. Place roast in a large, heavy-duty food storage bag; seal bag then refrigerate for 1 hour.

Heat olive oil over medium-low heat in a large Dutch oven (can also use stock pot or casserole dish). Add onions, cooking and stirring until onions are browned and tender, about 20 minutes.

Add peppers and mushrooms; cook for 3 minutes. Remove vegetables to a plate then turn the heat up to medium high. Add roast to Dutch oven and sear on all sides.

Add cooked vegetables back to Dutch oven, along with broth and wine. Bring ingredients to a boil then reduce heat to medium; cook for 10 to 15 minutes, uncovered, until reduced by about one-third.

Cover Dutch oven then reduce heat to low. Simmer roast for 3 1/2 hours. Add potatoes and cook until potatoes are tender and meat is tender and fully cooked, about 30 to 45 minutes longer.



Gold'n Plump
Boneless, Skinless
Chicken Breast
Family Pack

3⁹⁹
lb.



Johnsonville
**Smoked
Brats or
Sausage**
Selected Varieties
12-14 oz. Package

4⁴⁹



Hormel
Bone-In
**Smoked
Pork Chops**
15 oz. Package

6⁹⁹



Kingsford
**Baby Back
Pork Ribs**
24 oz. Package

13⁹⁹

Quality Meats



WE CUT OUR OWN BEEF AND PORK

In-Store

FRESH

Fresh, Boneless Center Cut
Loin Pork Chops

3.49
lb.

Fresh, Boneless Center Cut
Loin Pork Roast

2.99
lb.



Arctic Shores
Uncooked Shrimp
51-60 Count
16 oz. Package

7.99



Farmland
Sliced Bacon
Selected Varieties
12-16 oz. Package

4.99



Hormel Always Tender
Pork Loin Fillets
Selected Varieties, 1.5 lb. Package

7.99



Cooked Perfect
Meatballs
28 oz. Bog

6.99



El Monterey
Burritos
Selected Varieties
8 Count Package

5.99



Bob Evans
Side Dishes
Selected Varieties
20-24 oz. Package

4.99



Cloverdale
Tangy Summer Sausage
28 oz. Stick

9.99

Pantry Specials



Pace Salsa or Picante Sauce
Selected Varieties, 16 oz. Jar
2/\$5

Old El Paso Taco Shells
Selected Varieties
8-12 Count Package
2/\$4



Old El Paso Enchilada Sauce
Selected Varieties
10 oz. Jar
2/\$4



Old El Paso Refried Beans
Selected Varieties
16 oz. Jar
2/\$4



Essential Everyday Tomatoes
Selected Varieties
14.5 oz. Can
3/\$4



Essential Everyday Tomato Sauce
15 oz. Can
3/\$4



Ruffles Potato Chips
Selected Varieties, 7.25-9 oz. Bag
2/\$7



Frito Lay Dips
Selected Varieties
10-13.75 oz. Jar
2/\$7



Frito Lay Mega Slacks
Selected Varieties
6.8-7.1 oz. Container
2/99



Skippy Peanut Butter
Selected Varieties
26.5-28 oz. Jar
3/99

Dowry Liquid Fabric Softener
Selected Varieties
32-44 oz. Bottle
4/99



Axe Body Spray
Selected Varieties
4 oz. Package
6/49



Tostitos Tortilla Chips
Selected Varieties, 9-15.5 oz. Bag
2/\$7



Tostitos Salsa
Selected Varieties
15.5 oz. Jar
2/\$7



Essential Everyday Fruit
Selected Varieties
14.3-15.25 oz. Can
2/444



Village Hearth Old Fashioned Buns
Selected Varieties
8 Count Package
3/29

Charmin Bath Tissue
Selected Varieties
8 Super Mega Rolls
12 Mega Rolls
16/99



Axe Anti-Deodorant Stick
Selected Varieties
2.7-3 oz. Stick
5/49



Super Chill Soda
Selected Varieties, 12/12 oz. Cans
4/88



Crystal Light Drink Mix
Selected Varieties
10 Count Package
3/49



Country Time or Kool-Aid Drink Mix
Selected Varieties
18-20 oz. Package
3/99



Crystal Light Drink Mix
Selected Varieties
1.4-3.2 oz. Package
2/99

Puffs Facial Tissue
Selected Varieties
3 Count Pack
5/99



TRESemmé Shampoo or Conditioner
Selected Varieties
28 oz. Bottle
5/99





Juicy Juice
Selected Varieties
64 oz. Bottle or 8 Count Pack

2/\$6



Essential Everyday Instant Oatmeal
Selected Varieties, 10 Count Box

2/\$6



Kellogg's Cereal
Selected Varieties
11.4-18 oz. Package

2/\$7



COUNT ON
QUALITY AND
Selection

General Mills Cereal
Selected Varieties
8.9-12 oz. Box

2/\$7



Crystal Light Liquid Water Enhancer
Selected Varieties
1.6 oz. Bottle

4/\$10



Kellogg's Pop-Tarts
Selected Varieties
12 Count Pack

3/\$10



Maxwell House Coffee
Selected Varieties
24.3-30.6 oz. Can

7⁸⁸



Clamato Tomato Cocktail
32 oz. Bottle

3⁴⁹



MIO Liquid Water Enhancer
Selected Varieties
1.62 oz. Package

4/\$10



Essential Everyday Honey
12 oz. Bottle

3⁹⁹



Essential Everyday Mayonnaise
22 oz. Squeeze Bottle

3⁹⁹



Essential Everyday Olive Oil
Selected Varieties
17 oz. Bottle

7⁴⁹



Capri Sun Juice Drink
Selected Varieties
10 Count Package

3⁹⁹



Kool-Aid Liquid Drink Mix
Selected Varieties
1.62 oz. Package

4/\$10



Hershey's Syrup
Selected Varieties
22-24 oz. Bottle

3⁹⁹



Classico Pasta Sauce
Selected Varieties
15-24 oz. Jar

3⁷⁹



Bounce Fabric Softener
Selected Varieties
105-120 Count Box

5⁹⁹

Essential Everyday Scoopable Cat Litter
Selected Varieties
21 lb. Package

8⁹⁹



Down Dish Liquid
Selected Varieties
24.3-28 oz. Bottle

4⁹⁹



Cascade Dishwashing Detergent
Selected Varieties
14-25 Count Pack

5⁹⁹



Clorox Disinfecting Wipes
Selected Varieties
73 Count Package

5⁷⁹



Depends or Poise Incontinence Products
Selected Varieties
12-66 Count Pack

16⁴⁹



Sensodyne Toothpaste
Selected Varieties
3.4-4 oz. Package

6⁹⁹



ACT Mouthwash
Selected Varieties
33.8 oz. Bottle

6⁹⁹



Cif Bar Energy Bar
Selected Varieties
2.4 oz. Package

2/\$3



Emergen-C Vitamin Drink Mix
Selected Varieties
30-60 Count Pack

12⁹⁹



Vaseline Hand or Body Lotion
Selected Varieties
20.3 oz. Bottle

8⁴⁹



Frozen & Dairy Deals

x500

REDEEMABLE COUPON

VALID: 04/28/24 - 05/04/24

RV0100

Blue Ribbon Classics Pail
128 oz
\$5.99
with coupon



RETAILER: Return to UNFI COUPON SERVICES,
101 Jefferson Ave. So., Hopkins, MN 55343.

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT
Almad's Fresh Market



Healthy Choice Dinners
Selected Varieties
9.5-10.7 oz. Package

2/\$6



Stone Ridge Creamery Sundae Cones
Selected Varieties
8 Count Package

5.99



Birds Eye Vegetables
Selected Varieties
10-16 oz. Bag

3/\$4



Dove Ice Cream Bars
Selected Varieties
3 Count Box

4.99



Devour Entrées or Sandwiches
Selected Varieties
9-12 oz. Package

3.99



Jack's Original Pizza
Selected Varieties
13.8-15.8 oz. Package

3.99



Snickers Ice Cream Bars
Selected Varieties
4-6 Count Box

4.99



Kraft Philadelphia Cream Cheese
2 Pack, 16 oz. Package

5.49



Kraft Shredded or Chunk Cheese
Selected Varieties, 8 oz. Package

2/\$6



Yoplait GoGurt Yogurt
Selected Varieties
16 oz. Package

2.99



Dannon Greek Yogurt
Selected Varieties
5.3 oz. Cup

4/\$5



Essential Everyday Whipped Topping
Selected Varieties
6.5 oz. Canister

2/\$5



Tropicana Juice
Selected Varieties
52 oz. Bottle

4.49



Crystal Farms Sliced Cheese
Selected Varieties
6-8 oz. Package

2/\$6



Crystal Farms Cheese Singles
Selected Varieties
12 oz. Package

2/\$6



Essential Everyday Sour Cream
16 oz. Tub

1.69

2021
SIN

READERS' CHOICE
Awards

BEST DELI

FRESH IN OUR

Deli

FRESH

Kretschmar
Oven Roasted
Browned Turkey

9⁹⁹
lb.



Fresh from Our Deli & Bakery

Mrs. Gerry's

Deli Fresh
**Jalapeño
Popper
Pasta Salad**

7⁹⁹
lb.



Tyson

Deli Fresh
**Chicken
Tenders**

6⁹⁹
lb.



Deli Fresh
**Mild
Cheddar
Cheese**
Sliced fresh in our Deli

7⁹⁹
lb.



2021
SIN

READERS' CHOICE
Awards

BEST BAKERY



TASTY
Treats!

Bakery Fresh
**Almond or
Raspberry Crispies**

2 Count Package

3⁶⁹

Bakery Fresh
**10 Grain
Bread**

16 oz. Loaf

3⁹⁹



Lofthouse
**Frosted
Sugar
Cookies**

10 Count Package

5⁴⁹



Bakery Fresh
Fruit Pies
Selected Varieties
8 inch

6⁴⁹



Fresh Produce



Fresh Bi-Color Sweet Corn

3/\$2

There is nothing like biting into a sweet, crisp ear of fresh corn on the cob. Serve it steamed, boiled or grilled for the ultimate cookout accompaniment.



Fresh Baby Bella Mushrooms

Whole or Sliced, 8 oz. Package

2/4.44

If you're serving a steak dinner this week then jazz it up with sautéed mushrooms. The delicious, rich flavor of sautéed mushrooms adds an element of simple sophistication.



Jumbo Sweet Onions

With their wonderfully mild taste, sweet onions are the perfect ingredient for casseroles, salsas, soups and more.

**1.49
lb.**



Fresh Heirloom Navel Oranges

**1.29
lb.**

Grown using traditional methods, thus getting the heirloom name, these Navel Oranges are super sweet, aromatic, and peak of the season!



Fresh Green Onions

Comes in 2 Bunch Pack

1.29

Elevate your dishes with green onions! The dark green ends can add subtle flavor to dishes while the white root ends can add a stronger, more onion-y taste.



Fresh, Ripe Roma Tomatoes

**1.89
lb.**

Our colorful Roma tomatoes—also known as plum tomatoes—offer wonderful flavor and great texture. Roma tomatoes are an excellent choice for making homemade salsas and sauces.



Sweet, Juicy Mangoes

**1.99
ea.**

Avocado Mango Salsa

Ingredients

- 1 mango (peeled, seeded and diced)
- 1 avocado (peeled, pitted, and diced)
- 4 tomatoes (diced)
- 1 jalapeno pepper (seeded and minced)
- 1/2 cup cilantro (fresh, chopped)
- 3 cloves garlic (minced)
- 1 teaspoon salt
- 2 tablespoons lime juice
- 1/4 cup red onion (chopped)
- 3 tablespoons olive oil

Directions

In a medium bowl, combine the mango, avocado, tomatoes, jalapeno, cilantro, and garlic.

Stir in the salt, lime juice, red onion, and olive oil.

Refrigerate for 30 minutes before serving.

Refreshing Beverages



Coca-Cola Products

Selected Varieties, 12/12 oz. Cans

2/\$15



Coca-Cola Products

Selected Varieties, 8/12 oz. Bottles

2/\$14



Monster Energy Drink

Selected Varieties, 16 oz. Can

2/\$4



Topo Chico Sabores Sparkling Water

Selected Varieties, 8/12 oz. Bottles

2/\$14



Powerade Sports Drink

Selected Varieties, 28 oz. Bottle

5/\$5