



St. Helens BEEF  **local**
THINK • BUY • BE

PREMIUM USDA CHOICE
**BONELESS BEEF
PETITE SIRLOIN STEAK**
VALUE PACK

4.99
LB.



PRAIRIE FRESH NATURAL

PREMIUM ALL NATURAL
**BONELESS PORK
LOIN CHOPS**
CENTER CUT, VALUE PACK

2.99
LB.



**CHICKEN
DRUMSTICKS**
VALUE PACK

1.29
LB.

CHICKEN THIGHS, VALUE PACK 1.99 LB.

Local stores supporting local products.

local
THINK • BUY • BE



MANDARINS
2 LB. BAG

3.99
EA.

Large

**SLICING
TOMATOES**
1.29
LB.



JAZZ

**JAZZ
APPLES**

99¢
LB.



local
THINK • BUY • BE

Stock Up On Family Favorites!



**BREYERS
ICE CREAM**
SELECTED VARIETIES
48 OZ.

3.99

3/\$5

**ESSENTIAL EVERYDAY
CHUNK LIGHT TUNA**
IN OIL OR WATER,
5 OZ.



5/\$5



**RONZONI
PASTA**
SELECTED VARIETIES
12 TO 16 OZ.

Hunt's Pasta Sauce Selected Varieties, 24 Oz. \$1.99

**FRANZ
SLICED BREAD**
SELECTED VARIETIES
22.5 TO 24 OZ.

2.49



**DASANI
PURIFIED WATER**
24 PACK
16.9 OZ. BOTTLES

3.99



Prices effective April 24 - April 30, 2024

Items & prices may vary by location. Some items may not be available in all stores. No Sales to Dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. The City of Seattle Sales tax is added to the price where applicable. We reserve the right to correct all prices across. Minimum purchase may be required.

Fresh PRODUCE

GOLD PINEAPPLE

3.49 EA.



New Crop

VIDALIA SWEET ONIONS

1.49 LB.

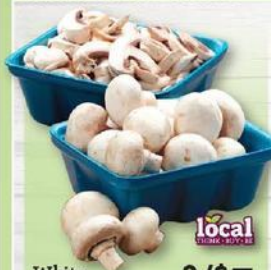


MINI SWEET PEPPERS

16 Oz.
3.99 EA.



FARMSTAND Fresh



White Mushrooms
Whole or Sliced, 8 Oz.

2/\$5

Fresh Express Iceberg Garden Salad

12 Oz.
2.29 EA.



Fresh Express Caesar Salad Kits

Original or Lite, 9.7 Oz.
2/\$7



ORGANIC Produce

ORGANIC ZUCCHINI SQUASH

1.49 LB.



ORGANIC BARTLETT PEARS

1.99 LB.



ORGANIC YELLOW POTATOES

3 LB. BAG
3.99 EA.



FLORAL Favorites



Appreciation Bouquet
9.99



2 Inch Bab's Duo Phalaenopsis
14.99

DAIRY Fresh

Darigold Fit or Northwest Organic Milk

4.49



Tillamook Cheese Snacks

4.29



Kraft Shredded, Sliced or Chunk Cheese

3.49



CHOBANI GREEK YOGURT, HINT, OR ZERO SUGAR YOGURT
4/\$5

Darigold Sour Cream

2.79



Egg Beaters Liquid Eggs

4.59



Knudsen Doubles Cottage Cheese

1.29



Essential Everyday Sweet Cream Butter

5.49



Kretschmar
HICKORY SMOKED TURKEY BREAST
9.99 LB.
All Natural Provolone Cheese 8.49 EA.

local
Snap Pea Salad
Crisp & Delicious
8.99 LB.

local
Garlic Pasta Salad
8.99 LB.

local
Hawaiian Macaroni Salad
7.99 LB.

local
Ciabatta Sandwiches
Selected Varieties Single Count
8.49 EA.

local
Souschef Entrées
Selected Varieties Chef Inspired. Ready to Heat & Eat. 12 to 14 Oz.
8.99 EA.

Goat Cheese Logs
Selected Varieties 4 Oz.
5.99 EA.

Salami Chub
Selected Varieties 8 Oz.
6.99 EA.

Service BAKERY

Mini Muffins
Selected Varieties 10.5 Oz.

4.99 EA.



8 Inch Single Layer Cakes
Selected Varieties

11.99 EA.



Single Serve Cream Pie
Selected Varieties 7 Oz.

3.49 EA.



Soft & Chewy Cookies
Selected Varieties 13 to 15 Oz.

6.49 EA.



Glazed Apple Fritters
6 Count

5.99 EA.



FRENCH LOAF
16 Oz.

3.99 EA.



Everyday GROCERY VALUES

DORITOS
TORTILLA CHIPS OR LAY'S
KETTLE COOKED
POTATO CHIPS
SELECTED VARIETIES
8 TO 16.75 OZ.

3.99

Cameron's
Coffee
Selected Varieties
10 Oz. or
12 Count K-Cups

6.99

Knorr
Rice or
Pasta Sides
Selected Varieties
4 to 5.7 Oz.

1.79

Honest Kids
Organic
Juice
Selected Varieties
8 Count

5.99

Star
Extra Virgin
Olive Oil
25 Oz.

13.99

Quaker Life
or Cap'n
Crunch
Cereal
Selected Varieties
10.2 to 12 Oz.

3.49

Mission
Corn
Tortillas
White or
Yellow,
16 Count

1.99

Sweet Chaos
Drizzled
Popcorn
Selected Varieties
5.5 to 6 Oz.

2.99

Soft Flour
Tortillas, 20 Count \$4.49

Green Mountain
or Donut Shop
K-Cups
Selected Varieties
28 Count

23.99

Cheetos Mac'n
Cheese Cup
Selected Varieties
2.11 to 2.52 Oz.

1.79

Mio, Tang, Kool Aid
or Crystal Light
Water Enhancer
Selected Varieties
1.62 Oz.

3.49

The Silver Palate
Pasta Sauce
Selected Varieties
15.5 to 25 Oz.

3.99

Grain Berry
Cereal
Selected Varieties
12 to 15 Oz.

3.99

Nabisco Family Size
Oreo Cookies or
Ritz Crackers
Selected Varieties
16.68 to 20.5 Oz.

4.99

Quaker Oats
Old Fashioned
or Quick,
42 Oz.

5.99

Seneca
Applesauce
Selected Varieties
4.65 to 4.8 Oz.

4.49

Quaker Oat Flour, 20 Oz. \$4.49

M&M's
Candy or
Wrigley's Gum
Selected Varieties
1.08 to 2.17 Oz. or
14 to 18 Count

99c

Acidophilus
Probiotic
120 Count

8.99

Tree Top
Apple Juice
or Cider
Selected Varieties
128 Oz.

6.99

Best Foods
Mayonnaise
Original or
Light,
20 Oz. Squeeze

6.49

Welch's
Fruit Snacks
Selected Varieties
9 Oz.

2.99

Town House
Crackers
Selected Varieties
9 to 15.8 Oz.

4.79

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
10 Oz.

2.99

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
4.45 Oz.

4/\$5

B-12
1,000 mcg,
100 Count

9.99

Kids
Vitamins
Selected Varieties
120 Count

11.99

David
Sunflower
Seeds
Selected Varieties
5.55 to 6.75 Oz.

2/\$4

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
10 Oz.

2.99

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
4.45 Oz.

4/\$5

Bounty Paper Towels
or Charmin
Bath Tissue
Essentials
Selected Varieties
6 Rolls

6.99

Chelated
Zinc
50 mg,
100 Count

5.99

B-12
1,000 mcg,
100 Count

9.99

Acidophilus
Probiotic
120 Count

8.99

Kids
Vitamins
Selected Varieties
120 Count

11.99

Ajax Ultra
Dish Soap
Selected Varieties
20 Oz.

2.99

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
10 Oz.

2.99

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
4.45 Oz.

4/\$5

Bounty Paper Towels
or Charmin
Bath Tissue
Essentials
Selected Varieties
6 Rolls

6.99

Chelated
Zinc
50 mg,
100 Count

5.99

B-12
1,000 mcg,
100 Count

9.99

Acidophilus
Probiotic
120 Count

8.99

Kids
Vitamins
Selected Varieties
120 Count

11.99

Ajax Ultra
Dish Soap
Selected Varieties
20 Oz.

2.99

Hot Tamales
or Mike and Iko
Candy
Selected Varieties
10 Oz.

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or Mike and Iko
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4.45 Oz.

4/\$5

Bounty Paper Towels
or Charmin
Bath Tissue
Essentials
Selected Varieties
6 Rolls

6.99

Chelated
Zinc
50 mg,
100 Count

5.99

B-12
1,000 mcg,
100 Count

9.99

Acidophilus
Probiotic
120 Count

8.99

Kids
Vitamins
Selected Varieties
120 Count

11.99

FROZEN Favorites

Essential
Everyday
Vegetables
Selected Varieties
12 Oz.

2/\$3

Banquet
Meals
Selected
Varieties
7.4 to 11.69 Oz.

2/\$4

Banquet
Meals
Selected
Varieties
7.4 to 11.69 Oz.

2/\$4

Essential
Everyday
Potatoes
Selected Varieties
19 to 24 Oz.

3.49

Essential
Everyday
Potatoes
Selected Varieties
19 to 24 Oz.

3.49

Essential
Everyday
Potatoes
Selected Varieties
19 to 24 Oz.

3.49

Essential
Everyday
Potatoes
Selected Varieties
19 to 24 Oz.

3.49

Birds Eye
Voila! Meals
Selected Varieties
2 1/2 Oz.

6.99

Marie Callender's
Pies
Selected Varieties
2.45 to 4.2 Oz.

7.49

Tony's Pizza
Selected Varieties
18.96 to 20.6 Oz.

3/\$10

Stone Ridge Creamery
Ice Cream Bars
Selected Varieties
12 Count

4.49

Nestlé
Novelties
Selected Varieties
4 to 20 Count

8.99

Nestlé
Novelties
Selected Varieties
4 to 20 Count

8.99

Nestlé
Novelties
Selected Varieties
4 to 20 Count

8.99

Nestlé
Novelties
Selected Varieties
4 to 20 Count

8.99

Birds Eye
Voila! Meals
Selected Varieties
2 1/2 Oz.

6.99

Refreshing BEVERAGES

Coke
Products
Selected Varieties
6 Pack, 16.9 Oz. Bottles

2/\$9

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

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Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

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10 Pack, 7.5 Oz. Cans

5.79

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

Coke
Products
Selected Varieties
6 Pack, 16.9 Oz. Bottles

2/\$9

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

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5.79

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Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

Coke
Mini Products
Selected Varieties
10 Pack, 7.5 Oz. Cans

5.79

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

Powerade
Sports Drink
Selected Varieties
18 Oz. Bottles

5/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

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Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

BodyArmor
Selected Varieties
16 Oz. Bottles

4/\$5

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

Snapple
Beverages
Selected Varieties
38 Oz. Bottles

2/\$3

The City of Seattle Sugar tax is added to the ad price where applicable.

BEER Wine & Spirits

Georgetown
Selected Varieties
6 Pack, 12 Oz. Cans

10.98

Fremont Brewing
Selected Varieties
6 Pack, 12 Oz. Cans

10.98

Fremont Brewing
Selected Varieties
6 Pack, 12 Oz. Cans

10.98

Fremont Brewing
Selected Varieties
6 Pack, 12 Oz. Cans

10.98

Incline
Cider Co.
Selected Varieties
6 Pack, 12 Oz. Cans

10.48

Budweiser
or Bud Light
18 Pack, 12 Oz.
Bottles or Cans

17.98

Budweiser
or Bud Light
18 Pack, 12 Oz.
Bottles or Cans

17.98

Budweiser
or Bud Light
18 Pack, 12 Oz.
Bottles or Cans

17.98

Modelo
Especial or Negro,
12 Pack, 12 Oz.
Bottles

17.98

Modelo
Especial or Negro,
12 Pack, 12 Oz.
Bottles

17.98

Modelo
Especial or Negro,
12 Pack, 12 Oz.
Bottles

17.98

Modelo
Especial or Negro,
12 Pack, 12 Oz.
Bottles

17.98

Redemption
Selected Varieties
750-ml

32.98

Aperol
Aperitivo
750-ml

29.98

Aperol
Aperitivo
750-ml

29.98

Aperol
Aperitivo
750-ml

29.98

50/3
Distilling
& Cocktails
Selected Varieties
4 Pack,
12 Oz. Cans

13.98

50/3
Distilling
& Cocktails
Selected Varieties
4 Pack,
12 Oz. Cans

13.98

50/3
Distilling
& Cocktails
Selected Varieties
4 Pack,
12 Oz. Cans

13.98

50/3
Distilling
& Cocktails
Selected Varieties
4 Pack,
12 Oz. Cans

13.98

Fresh MEAT

EXTRA LEAN GROUND BEEF

85% LEAN, 15% FAT
VALUE PACK

4.99
LB.

Fresh Ground



OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS. WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRULY PROFESSIONAL.



9+
PRAIRIE FRESH NATURAL

Premium All Natural
Pork Tenderloin
Twin Pack

2.99
LB.



NO ANTIBIOTIC EVER

No Antibiotic Ever
Split Chicken Breast
Value Pack

2.19
LB.

PREMIUM CHOICE BEEF FLANK STEAK

8.99
LB.



Tenderized Flank Steak \$9.99 LB.

PREMIUM CHOICE BONELESS BEEF BOTTOM ROUND STEAK

5.99
LB.



Beef Bottom Round Roast \$5.49 LB.

PREMIUM CHOICE BONELESS COUNTRY STYLE SPARERIBS

5.99
LB.



PRIME RIBS ALL NATURAL GROUND BEEF

6.99
EA.



SEAFOOD Nutrient Rich

SEAFOOD SUBJECT TO AVAILABILITY & WEATHER



Creative Brand
King Salmon
Fillet

21.99
LB.



Medium
Cooked & Peeled
Tail-Off
Shrimp
40 to 60 Count

7.49
LB.



Dungeness
Crab
Sections
Previously frozen
for quality.

12.99
LB.



PACIFIC
DOVER SOLE
FILLET

7.99
LB.

DELI MEAT Specials

Painted Hills
All Natural
Beef Bacon
or Franks
Selected
Varieties
12 to 16 Oz.

8.49
EA.



Jennie O
Fresh Lean
Ground Turkey
Selected Varieties
16 Oz.

4.99
EA.



Jennie O
Fresh Ground
Turkey Breast or
Italian Links
Selected Varieties
16 to 19.5 Oz.

6.49
EA.



St. Helena Premium
Fresh Ground
Beef Patties
80% Lean, 20% Fat,
16 Oz.

6.99
EA.



Hill's Premium Meat
Boneless
Ham Steak
Selected
Varieties
12 Oz.

4.99
EA.



Bar S
Classic
Corn
Dogs
2.67 Lb.

8.49
EA.



Bar S
Classic
Corn
Dogs
2.67 Lb.

8.49
EA.

Local BAKERY

Franz
Pan Bread
Selected
Varieties
24 Oz.

2.99
local



Franz
Organic
Pan or Thin
Sliced Bread
Selected
Varieties
20 to 27 Oz.

4.99
local



Franz Rolls,
Premium Buns
or Hoagies
Selected
Varieties
6 to 24 Count

3.99
local



Franz or
Seattle
International
Bagels
Selected Varieties
5 to 6 Count

2.99
local



SPECIALTY and Natural

Napoleon
Artichokes
or Hearts
of Palm
Selected Varieties
5.9 to 14.1 Oz.

3.99



Cado
Avocado
Frozen
Dessert
Selected Varieties
Pint

5.99



Banana
Banana
Bites
Selected
Varieties
3.5 Oz.

3.99



Boxed
Water
Is Better.
Purified
Water
23.8 Oz.

1.99



Cocombles
Bites
Selected
Varieties
3 to 3.5 Oz.

4.49



Lifeway
Organic
Kefir
Selected
Varieties
32 Oz.

4.99



Suckerpunch
Pickles
Selected
Varieties
24 Oz.

5.99



Skinny Pop
Popcorn
Selected
Varieties
4.4 to 5.3 Oz.

2/\$7



The New
Primal
Meat Sticks
Selected Varieties
1 Oz.

3/\$5



Suzie's
Organic
Mustard or
Wing Sauce
Selected Varieties
12 Oz.

3.49



Wild Harvest
Organic
Recipe Beans
Selected Varieties
15 Oz.

1.99



BEYOND STEAK
PLANT-BASED
SEARED TIPS
10 Oz.

6.99



ALEXIA
POTATOES
SELECTED WHITE TIES
7.5 Oz.

5.49



KETTLE BRAND
POTATO CHIPS
SELECTED WHITE TIES,
7.5 Oz.

2/\$8

