



St. Helens BEEF  
USDA CHOICE local THINK-BUY-BE

PREMIUM USDA CHOICE  
BONELESS BEEF  
TOP SIRLOIN STEAK  
VALUE PACK

**5.99**  
LB.



PRAIRIE FRESH NATURAL

PREMIUM ALL NATURAL  
BONE-IN PORK  
LOIN OR RIB CHOPS  
CENTER CUT, VALUE PACK

**2.99**  
LB.



Fresh

BONELESS SKINLESS  
CHICKEN BREAST  
TENDERS  
VALUE PACK

**2.99**  
LB.

Local stores supporting local products.

local THINK-BUY-BE

Your Choice  
STRAWBERRIES 1 LB.  
BLUEBERRIES 6 OZ.  
BLACKBERRIES 6 OZ.  
OR RASPBERRIES 6 OZ.

**2/\$6**



ANGEL FOOD CAKE BAR **3.99** EA local THINK-BUY-BE  
11 OZ.



CELEBRATING 118 YEARS OF BAKING  
local THINK-BUY-BE First 2 **1.18**  
FRANZ 1906 BREAD  
WHITE OR WHEAT, 24 OZ.

TIM'S OR HAWAIIAN  
POTATO CHIPS  
SELECTED VARIETIES  
7.5 OZ.

**2/\$6** local THINK-BUY-BE

MINUTE MAID OR  
SIMPLY BEVERAGES  
SELECTED VARIETIES  
9.2 OZ.

**2.49**



DARIGOLD  
COTTAGE CHEESE  
SELECTED VARIETIES  
16 OZ.

**2.49** local THINK-BUY-BE

STONE RIDGE CREAMERY  
ICE CREAM  
SELECTED VARIETIES  
48 OZ.

**2/\$7**



Prices effective April 10 - April 16, 2024

Items & prices may vary by location. Some items may not be available in all stores. No Sales to Dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. The City of Seattle Sugar tax is added to the price where applicable. We reserve the right to correct all printer errors. Minimum purchase may be required.



# fresh PRODUCE

# organic PRODUCE

Extra Large

Red, Yellow  
or Orange  
Bell Peppers

3/\$5



Organic  
Green  
Kale  
Bunch

2/\$5



Organic  
Envy Apples  
Local

1.99  
LB.



Organic  
Whole or  
Sliced White  
Mushrooms

6 to 7 Oz.  
3.49  
EA.



Fresh Express  
Salad Mix  
Selected Varieties  
6 to 11 Oz.

3.49  
EA.



Gold  
Pineapple

3.99  
EA.



Fresh Express  
3 Color Deli  
Coleslaw  
14 Oz.

1.99  
EA.



Green Onions  
Bunch

69¢  
EA.



English Cucumbers

2/\$4

Local  
Lithuania  
Family Size  
Dressing  
Selected Varieties  
39 Oz.

6.99  
EA.



Fresh Gourmet  
Salad  
Toppers  
Selected Varieties  
3.5 Oz.

3.49  
EA.

Fresh Gourmet  
Organic  
CROUTONS  
Casserole or  
Zucchini  
4.6 Oz.

3.99  
EA.



Fresh Gourmet  
Fruit & Nut  
Toppings  
Selected Varieties  
3.5 Oz.

5.49  
EA.

## FLORAL

Meadow  
Fresh  
Bouquet

9.99  
EA.



4 Inch  
Zonal  
Geraniums

4.99  
EA.



4-33 Inch  
Premium  
Annuals

3/\$10



Carpinito Bros.  
Potting  
Soil  
1 Cu. Ft.

6.99  
EA.



## DAIRY Fresh

Chobani  
Flip Yogurt  
Selected  
Varieties  
4.5 Oz.

3/\$3



Kraft  
Cheese  
Snacks  
Twists or  
String Cheese,  
9 to 10 Oz.

4.49



Yakult  
Nonfat  
Probiotic  
Yogurt  
5 Pack

2.79



PLANET OAT  
OATMILK  
SELECTED VARIETIES  
52 Oz.

3.49

Essential  
Everyday  
American  
Singles  
16 Oz.

4.49



Essential Everyday  
Cream Cheese  
Spread  
Selected Varieties  
8 Oz. Tub

2.99



Philadelphia  
Cheesecake  
Crumble  
Selected Varieties  
2 Pack

3.99



Amish Country  
Rolled Butter  
Salted or Unsalted,  
2 LB.

11.49



Kretschmar  
Oven Roasted  
Chicken Breast

9.99  
LB.

Thai  
Cucumber  
Salad  
Refreshing & crisp with a  
sweet chili  
dressing.

8.99  
LB.



Local  
Sicilian  
Pasta  
Salad

8.99  
LB.



Local  
Mandarin  
Noodle  
Salad

8.99  
LB.



Local  
Hongjiao  
Selected  
Varieties  
Single Cheese

5.49  
EA.



Havarti  
Cheese  
Selected  
Varieties  
8 Oz.

6.99  
EA.



Fresh  
Cheese Curds  
Selected Varieties  
16 Oz.

5.99  
EA.



Fyson  
Chicken  
Crispitos

2/\$3



## Service BAKERY

Angel Food  
Cake Bar  
11 Oz.

3.99  
EA.



7 Inch  
Double Layer  
Cakes  
Selected Varieties

13.99  
EA.



French  
Demi  
Baguettes  
4 Oz.

2/\$3



CHICKEN & PASTA  
FOODS  
NEW YORK STYLE CHEESECAKE  
WITH BERRY SAUCE

SINGLE SERVE  
CHEESECAKES  
SELECTED VARIETIES  
3 INCH

3.99  
EA.

Sweet  
Middles  
Cookies  
Selected  
Varieties  
8 Count

4.49  
EA.



Pudding &  
Parfait Cups  
Selected  
Varieties  
4.5 to 5 Oz.

2/\$6



Mini  
Scones  
Selected  
Varieties  
10 Oz.

5.49  
EA.



# Everyday GROCERY VALUES

 <b>BARILLA PASTA</b> SELECTED VARIETIES 12 CT. BOXES <b>1 79</b>	 <b>Malt O Meal Bagged Cereal</b> Selected Varieties 20 to 27 Oz. <b>5 99</b>	 <b>Post Family Size Honey Bunches of Oats Cereal</b> Honey Bunches or With Almonds 28 Oz. <b>6 99</b>	 <b>Kellogg's Special K Cereal</b> Selected Varieties 24 to 33.5 Oz. <b>4 99</b>	 <b>Jell-O Gelatin or Pudding Mix</b> Selected Varieties 3 to 3.5 Oz. <b>1 79</b>
 <b>Farmhouse Pasta or Rice Side Dish</b> Selected Varieties 16 to 20 Oz. <b>1 89</b>	 <b>Classic Pickles</b> Selected Varieties 24 Oz. <b>3 79</b>	 <b>Don Francisco's Ground Coffee or Pods</b> Selected Varieties 12 Oz. or 12 Count <b>6 99</b>	 <b>Festival Stuffed Olives</b> Selected Varieties <b>2 79</b>	 <b>Festival Stuffed Olives</b> Selected Varieties 3 to 3.5 Oz. <b>1 79</b>
 <b>Baker's Baking Chocolate Bar</b> Selected Varieties 4 Oz. <b>3 49</b>	 <b>Baker's Angle Flako Coconut</b> 14 Oz. <b>3 79</b>	 <b>Danish Orchards Preserves</b> Selected Varieties 18 Oz. <b>5 99</b>	 <b>Mission Carb Balance or Guerrero Corn Tortillas</b> Selected Varieties Mission - 8 Count Guerrero - 48 Count <b>2 99</b>	 <b>Fisher Scissors Mix</b> Selected Varieties 12 to 18 Oz. <b>4 99</b>

**WOW!** **YUM!**

# Snack Attack!

**Your Choice**

# 3 99

**Lay's Potato Chips**  
Selected Varieties  
4.75 to 8 Oz.

**Simply Snacks**  
Selected Varieties  
5.45 to 8.5 Oz.

**Fritos Snacks**  
Selected Varieties  
9.45 to 30 Oz.

**Cheetos Snacks**  
Selected Varieties  
6.5 to 10 Oz.

**Nabisco Oreo Cookies**  
Selected Varieties  
7.5 to 14.03 Oz.

**Nabisco Newtons**  
Selected Varieties  
10 Oz.

**Master of Mixes Cocktails**  
Essentials  
Selected Varieties  
18.5 Oz.  
**3 49**

**Werther's Candy**  
Selected Varieties  
2.75 to 5.5 Oz.  
**2 79**

### HOME Savings

**Viva Paper Towels**  
Selected Varieties  
6 Roll  
**10 99**

**Essential Everyday Bath Tissues**  
Soft & Strong  
3ply 8 Roll, 4 Double Roll  
**6 99**

**Cottonelle Flushable Wipes**  
158 Count  
**8 99**

**Cascade Complete Action Packs Laundry Detergent**  
41 Count  
**6 99**

## FROZEN Favorites

 <b>Talent Gelato or Sorbetto</b> Selected Varieties 16 to 21 Oz. <b>4 99</b>	 <b>Culinary Circle Pizza</b> Selected Varieties 13.81 to 21.87 Oz. <b>6 99</b>	 <b>Marie Callender's Roast Entrées</b> Selected Varieties 16.5 to 23 Oz. <b>3 79</b>	 <b>HOME BAKE VEGGIE OR SIDE</b> SELECTED VARIETIES 15.99 to 22.2 Oz. <b>7 99</b>
 <b>Dillman Taquitos</b> Selected Varieties 18 to 25 Count <b>6 99</b>	 <b>Cool Whip Whipped Topping</b> Selected Varieties 8 Oz. <b>1 99</b>	 <b>Essential Everyday Steamable Vegetables</b> Selected Varieties, 12 Oz. <b>1 99</b>	 <b>Red Lobster Cheddar Bay Biscuits</b> 16.68 Oz. <b>5 49</b>
 <b>Dillman Taquitos</b> Selected Varieties 18 to 25 Count <b>6 99</b>	 <b>Cool Whip Whipped Topping</b> Selected Varieties 8 Oz. <b>1 99</b>	 <b>Essential Everyday Steamable Vegetables</b> Selected Varieties, 12 Oz. <b>1 99</b>	 <b>Red Lobster Cheddar Bay Biscuits</b> 16.68 Oz. <b>5 49</b>

## Refreshing BEVERAGES

**PEPSI PRODUCTS**  
SELECTED VARIETIES  
24 PACK, 12 OZ. CANS  
**11 49**

**Schnegges Mixers**  
Selected Varieties  
4 Pack, 10 Oz. Bottles  
**5 49**

**7Up, A&W or Canada Dry Products**  
Selected Varieties  
3 Line Bottles  
**2/54**

**Peet's Blended Coffee**  
Selected Varieties  
13.7 Oz. Bottles  
**2/55**

**Bundaberg Ginger Beer**  
Original or Diet  
4 Pack, 295 ml. Bottles  
**6 99**

## BEER Wine & Spirits

**Soapine**  
Selected Varieties  
4 Pack, 16 Oz. Cans  
**11 48**

**White Claw Hard Seltzer**  
Selected Varieties  
12 Pack, 16 Oz. Cans  
**17 98**

**Jameson Cocktails**  
Selected Varieties  
4 Pack, 16 Oz. Cans  
**13 98**

**Jameson Family Bourbon**  
Selected Varieties  
750 ml.  
**39 98**

**Captain Morgan Rum**  
Selected Varieties  
750 ml.  
**18 98**

**Bayka Vodka**  
750 ml.  
**22 98**

**Jose Cuervo Tequila**  
Selected Varieties  
750 ml.  
**20 98**

**Black Box**  
Selected Varieties  
1.6 Liter Bottle  
**17 98**

**Stella Rosa**  
Selected Varieties  
750 ml.  
**12 98**

**Bogle**  
Selected Varieties  
750 ml.  
**2 98**

**Kim Crawford**  
Selected Varieties  
750 ml.  
**15 98**

**Apothic**  
Selected Varieties  
750 ml.  
**11 98**

# QUENCH YOUR Thirst!

**LaCroix**  
**LaCroix Sparkling Water**  
Selected Varieties  
12 Pack, 16 Oz. Cans  
**5 49**

**Festival 100% Pure Coconut Water**  
With or Without Pulp  
17.5 Oz. Cans  
**3/55**

**Snapple Beverages**  
Selected Varieties  
5 Oz. Bottles  
**1 89**

**Pure Leaf Tea**  
Selected Varieties  
9 Pack, 16.5 Oz. Bottles  
**7 99**

**DAJANI Purified Water**  
24 Pack, 16.5 Oz. Bottles  
**3 99**

**Kool-Aid Jammers**  
Selected Varieties  
10 Pack, 1 Oz. Pouch  
**2 99**

**LaCroix Curate Sparkling Water**  
Selected Varieties  
9 Pack, 16 Oz. Cans  
**4 79**

**Gatorade Thirst Quencher**  
Selected Varieties  
9 Pack, 20 Oz. Bottles  
**7 49**



# Kraft Heinz

SPRING SAVINGS!



**Kraft or Bull's-Eye**  
Barbecue Sauce  
Selected Varieties  
17.5 to 18 Oz. **279**



**Kraft Dressing**  
Selected Varieties  
17.5 to 18 Oz. **399**



**Heinz Mustard**  
Yellow or Spicy Brown,  
14 Oz. Squeeze **199**



**Heinz Tomato Ketchup**  
Original or On the Border,  
14 Oz. Squeeze **349**



**On-the-Border**  
Potatoes  
Selected Varieties  
19 to 20 Oz. **499**



**Kraft Mac & Cheese**  
Original, 2.05 Oz. **2/\$3**



**Kraft Mac & Cheese**  
Selected Varieties  
5.5 to 7.45 Oz. **199**



**Jet-Puffed**  
Marshmallows  
Selected Varieties  
7 to 10 Oz. **179**

# Fresh MEAT

**PREMIUM USDA CHOICE BONELESS BEEF SIRLOIN TIP ROAST**

**5.99 LB.**

St. Helens BEEF

USDA CHOICE local

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GRINDING BEEF IN STORE BY TRAINED MEAT CUTTERS. WE BRING FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY AND MOST DELICIOUS BEEF ON THE BLOCK IN A 7 LB. PERFECT DIAL.

**PREMIUM USDA CHOICE BEEF SHORT RIBS THIN CUT FLANKEN STYLE VALUE PACK**

**7.99 LB.**

St. Helens BEEF

USDA CHOICE local

OUR QUALITY ASSURANCE STATEMENT

**WE LIMITED HONEY WINGS**

APPLEWOOD BACON WRAPPED CHICKEN BREAST FILET

**5.49 LB.**

local

HEART OF THE HILL CHICKEN THIGHS HALF-PICK

**1.79 LB.**

NO ANTIBIOTICS

Chicken Wings, White Meat **\$2.99 LB.**

**PANTRY STAPLES BEEF STR FRY**

**6.99 LB.**

St. Helens BEEF

USDA CHOICE local

PREPARED & REFRIGERATED

1/3 POUNDER GROUND BEEF 2.05 LB.

**12.99 EA.**

4th local

# SEAFOOD Nutrient Rich

**Fresh**

Stuffed Alaskan Halibut Fillet 8 Oz.

**12.99 EA.**

Expensive Colossal Royal Red Shrimp 12 to 15 Count

**12.99 LB.**

local

Low Mussel's In The Shell

**5.49 LB.**

Fresh

**Fresh**

FIRST OF THE SEASON SHRIMP MEAT

**7.99 LB.**

SEAFOOD SUBJECT TO AVAILABILITY & VARIATION

# DELI MEAT Specials

**Parade**

USDA Choice Super Lean Ground Beef 80% Lean, 20% Fat 16 Oz. Brick

**6.99 EA.**

St. Helens BEEF

local

100% Precision Meats Tenderloin Sausage Links Selected Varieties 16 Oz.

**4.99 EA.**

local

Local Of Frost Premium Sliced Meats Selected Varieties 16 Oz.

**5.99 EA.**

100% Precision Meats All Natural Ground Sausage Selected Varieties 16 Oz.

**4.49 EA.**

local

**local BAKERY**

Frans French Bread Selected Varieties 20 Oz.

**4.99**

local

Frans Donuts Selected Varieties 6 Count

**2.99**

Frans English Muffins Selected Varieties 6 Count

**2/\$5**

Frans Raspberry Old Fashioned Pancakes 10.5 Oz.

**2.99**

local

# SPECIALTY and Natural

**Chipper Tea** Selected Varieties 80 Count **4.49**

**ECOS Ultra Laundry Detergent** Selected Varieties 97 Oz. Liquid **6.99**

ECOS Laundry Detergent Selected Varieties 100 Oz. Liquid **\$12.49**

**Napa Valley Natural Vinegar** Selected Varieties 128 Oz. **6.99**

Napa Valley Natural Organic White Vinegar 128 Oz. **\$9.99**

**Partners Artisan Crackers** Selected Varieties 4.5 Oz. **3.49**

**SNACK FACTORY PRETZEL CRISPS** Selected Varieties 7.4 Oz. **2/\$6**

**PIRATE'S BOOTY CRACKER BLAST** 10.5 Oz. 4.5 Oz. **2/\$5**

**ECOSNEXT Laundry Sheets** Selected Varieties 12 Count **12.99**

local

**Nature's Answer PeriPeri Mouthwash** Selected Varieties 16 Oz. **7.49**

**Seah Gluten Free Cookies** Double-Chocolate or Chocolate Chip 7.5 Oz. **3.99**

**Seah Gluten Free Wafers or Honeygrams** Selected Varieties 3.7 to 6.7 Oz. **2/\$7**

**Madhira Organic Agave or Sweetener** 16.7 Oz. **3.99**

**Apples Cut Food** Selected Varieties 2.88 to 3 Oz. **2/\$4**

**Availina Organic Mixer** Selected Varieties 1.5 Lb. **9.99**