

We Accept Debit, Visa, MasterCard, Discover.
We reserve the right to limit quantities and correct printing errors.



Prices Effective: Wednesday, April 3 thru Tuesday, April 9, 2024

GROUND FRESH DAILY!

3.99 Lb.

Family Pack
FRESH GROUND CHUCK

Family Pack, Fresh
Ground Chuck Patties **4.49** Lb.

Family Pack
Center Cut Pork Chops **2.49** Lb.

1.89 Lb.

Family Pack
Assorted Pork Chops

2.99 Lb.

Sanderson Farms, Boneless Skinless
Chicken Breast

5.69

18.4-27.2 Oz. Selected Varieties, Prime Seasoned
Prairie Fresh Pork Tenderloins or Loin Fillets

2.49 Lb.

Imported
Red or Black
Seedless
Grapes

2.29

S.L. White
Best Choice
Russet Potatoes

1.19 Lb.

Fresh
Red Tomatoes
On The Vine

3.99

Pure Life Water
24 PK. 8 Oz. or 16.9 Oz. Bottles

Buy 5 Save \$5

SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!
All items must be purchased in a single transaction.

1.99 EA.
-1.00
99¢ EA.

Blue Bunny
Load'd Sundae Cups
Selected Varieties
8.5 Oz.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Selected Varieties, Gallon
Prairie Farms Iced Tea **2.19**

1.99

Prairie Farms
Sour Cream

Buy 5 Save \$5

SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!
ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION

2.99 EA.
-1.00
1.99 EA.

Post Cereal
Selected Varieties
10-14.75 Oz.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

6.99 EA.
-1.00
5.99 EA.

Kraft Deluxe Macaroni
& Cheese or Velveeta
Shells & Cheese
Selected Varieties
3 PK.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

2.99 EA.
-1.00
1.99 EA.

Kraft Natural Shreds,
Chunks or Crumbles
Selected Varieties
5-8 Oz.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

3.69 EA.
-1.00
2.69 EA.

Kraft Cracker
Cuts or Cubes
Selected Varieties
4-7 Oz.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

6.99 EA.
-1.00
5.99 EA.

General Mills Cornul, Nature
Valley, Fiber One Bars or
Betty Crocker Fruit Snacks
Selected Varieties
9-10.9 Oz. or 5-10 Ct.

WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Selected Varieties, Gallon
Prairie Farms Sour Cream or Dips **2.19**

2/\$4

Hostess
Donettes

Selected Varieties, 18 Ct.
Frito-Lay Variety Pack **8.99**

2/\$7

Frito-Lay
Ruffles

Selected Varieties, 5.5-9 Oz.

2/\$4

Progresso
Soup

Selected Varieties, 18.5-19 Oz.

Selected Varieties, 14.5-15 Oz.
Hunt's Tomatoes or Tomato Sauce **4/\$5**

4/\$5

Hunt's
Pasta Sauce

Selected Varieties, 24 Oz.

Selected Varieties, 12 PK.
Blue Bell Cups **6.99**

7.99

Blue Bell
Ice Cream

Selected Varieties
Half Gallon

3/\$10

Red Baron Classic
French Bread or Deep Dish Pizza

Selected Varieties, 8.8-24.45 Oz.

3.99

Lamb Weston
Frozen Potatoes or Onion Rings

Selected Varieties, 14-28 Oz.

2.99

Zesta
Saltine Crackers

Selected Varieties, 16 Oz.

2/\$6

Crystal Light
Drink Mix

Selected Varieties
10-12 Qt. or 10 Ct.

Prices Effective April 2024

wed 3 thurs 4 fri 5 sat 6 sun 7 mon 8 tues 9

WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PICTORIAL ERRORS. NO SALES TO DEALERS. THANK YOU.

M33_PG1_040324_4C

Buy 5 Save \$5

SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION

Selected Varieties, 12 Oz. or 6-12 Oz.
Maxwell House or
Gavilla Coffee or Pods -1.00 **6.49** EA.

8.49 EA.
-1.00
7.49 EA.

Maxwell House or
Yuban Coffee
Selected Varieties
22-31 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

3.49 EA.
-1.00
2.49 EA.

Classico
Pasta Sauce
Selected Varieties
15-24 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

5.49 EA.
-1.00
4.49 EA.

Heinz
Ketchup
32 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

Selected Varieties, 6-8.75 Oz.
Chex Mix, Bugles
or Gardetto's -1.00 **1.49** EA.

3.79 EA.
-1.00
2.79 EA.

DeVour
Frozen Entrées
Selected Varieties
9-12 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

3.99 EA.
-1.00
2.99 EA.

Chobani
Yogurt
Selected Varieties
4 PK.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

Selected Varieties, 9-12.4 Oz.
Cheez-It
Crackers -1.00 **2.49** EA.

3.99 EA.
-1.00
2.99 EA.

Club or Town House
Crackers
Selected Varieties
8.7-13.8 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

4.99 EA.
-1.00
3.99 EA.

Nabisco Family Size
Cookies or Crackers
Selected Varieties
11-20 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

2.99 EA.
-1.00
1.99 EA.

Hormel
Chicken
10 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

2.99 EA.
-1.00
1.99 EA.

Starkist
Chunk Light Tuna
Selected Varieties
12 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

Selected Varieties, 89 Oz.
Tropicana Pure
Premium Orange Juice -1.00 **5.49** EA.

2.99 EA.
-1.00
1.99 EA.

Pillsbury
Toaster Strudel or
Scrambles
Selected Varieties
7.2-11.7 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

3.99 EA.
-1.00
2.99 EA.

Kellogg's Cereal
12-16 Oz. Frosties, 12-16 Oz. Rice
Krispies, 12-16 Oz. Corn
Flakes, 12-16 Oz. Honey Shredded
Wheat, 12-16 Oz. Apple Jacks, 12-16 Oz. Corn Pops

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

2.99 EA.
-1.00
1.99 EA.

Kellogg's PopTarts or
Rice Krispies Treats
Selected Varieties
6 Oz.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

4/\$5

Rice-A-Roni or Pasta Roni Sides
Selected Varieties, 4.3-7.2 Oz.

2/\$3

Campbell's Condensed Soup
Selected Varieties, 10.5-11.5 Oz.

3.99

Wesson Oil
Selected Varieties, 40 Oz.

4/\$5

Campbell's SpaghettiOs
Selected Varieties, 15.6-15.8 Oz.

99¢

Libby's Vegetables
Selected Varieties, 4.3-15 Oz.

4.29

Libby's Pineapple Juice
Selected Varieties, 64 Oz.

4.99

V8 Energy, Vegetable or Spicy Hot Drinks
Selected Varieties, 6-8 Ct.

2/\$4

Old Orchard Juice
Selected Varieties, 64 Oz.

3/\$4

Martha White or Pillsbury Muffin Mix
Selected Varieties, 7-7.6 Oz.

4/\$5

Starkist Chunk Light Tuna
Selected Varieties, 5 Oz.

2/\$3

Hunt's Ketchup
20 Oz.

2.99

Veelata Cheesy Skillets
Selected Varieties, 11.5-13.6 Oz.

2/\$7

Arby's or Buffalo Wild Wings Sauce
Selected Varieties, 12-16 Oz.

3/\$5

Old El Paso Shells, Refried Beans,
Enchilada Sauce, Green Chiles or Tortillas
Selected Varieties, 4-16 Oz. or 8-12 Ct.

2/\$7

Old El Paso Shells,
Dinner Kits or Taco Sauce
Selected Varieties, 6.25-19 Oz. or 8-12 Ct.

3.49

Country Bob's All Purpose Sauce
13 Oz.

HOME & HEALTH

4.99

Selected Varieties
6-12 Roll or 500 Ct.
Flora
Bath Tissue, Paper
Towels or Napkins

1.99

Selected Varieties
18-45 Ct.
Hefly
Plates or Bowls

9.49

Selected Varieties
128-150 Oz.
Purex
Laundry Detergent

12.59
17.99

336 Ct.
Pampers Baby Wipes

12.59
17.99

Selected Varieties
64-104 Ct.
Luvs
Big Pack Diapers

2/\$5

Selected Varieties, 4 Ct.
9 Lives Cat Food

11.49

Selected Varieties, 20 Lb.
Tidy Cats
Cat Litter

7.99
4.49

Selected Varieties, 17-37 Ct.
Cascade Action Pac Dish Detergent

7.99
4.49

Selected Varieties
16-22 Oz.
Dawn
EZ Ultra Dish

DON'T MISS OUT ON THESE GREAT SAVINGS!



Domino
or C&H Sugar
Selected Varieties
4 Lb.

3.79



Orville Redenbacher's Popcorn
Selected Varieties, 6-10 Ct.
Smucker's Jam, Jelly or Preserves

3.99



Jif Peanut Butter
Selected Varieties, 28 Oz.

4.49



Betty Crocker
Premium Brownie,
Cookie or Muffin Mix
Selected Varieties
13.9-19.1 Oz.

2/\$4



Hunt's Snack Pack Pudding
Selected Varieties, 4 Pk.
Voortman Cookies
Selected Varieties, 5-11.3 Oz.

4/\$5

2.99



Welch's Juice
Selected Varieties, 64 Oz. or 6 Pk.

2/\$7



Hunt's Snack
Pack Pudding
Selected Varieties
4 Pk.

4/\$5



Country Time, Kool-Aid or Tang Drink Mix
Selected Varieties, 6-8 Quart
Hungry Jack Pancake Syrup

3.99



Hungry Jack Pancake Mix
Selected Varieties, 28-32 Oz.

2.49



V8
Splash
Selected Varieties
64 Oz.

2/\$5



Quaker Instant Oatmeal
Selected Varieties, 6 Ct.
Pillsbury Frosting

1.99



Pillsbury Cake or Brownie Mix
Selected Varieties, 15.25-18.4 Oz.

2/\$3

Buy 5 Save \$5

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ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



Finish or Jet Dry
Dish
Selected Varieties,
8.45 Oz. or 11-15 Ct.

4.99

-1.00

3.99

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



Lysol
Cleaner
Selected Varieties,
40 Oz.

3.49

-1.00

2.49

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



Lysol
Cleaner
Selected Varieties,
22-32 Oz. or 2 Ct.

3.99

-1.00

2.99

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



Lysol
Toilet Cleaner
Selected Varieties,
24 Oz.

2.99

-1.00

1.99

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS

DAIRY & FROZEN



Gold Peak Tea, Simply Lemonade
Punch or Minute Maid Zero
Selected Varieties, 52 Oz.

2/\$5



Minute Maid
Orange Juice
Selected Varieties, 59 Oz.

2/\$6



Eggo
Pancakes or Waffles
Selected Varieties, 6-40 Ct.

2.99



Banquet Family Size Entrées,
Mega Meals, Bowls or Pot Pies
Selected Varieties, 11.5-28 Oz.

2/\$7



Florida's Natural Juice
Selected Varieties, 52 Oz.

2/\$7



Kraft Singles
Selected Varieties, 16 Oz.

4.49



Mr. Dell's Frozen Hashbrowns
Selected Varieties, 30-32 Oz.

3.29



Tostitos Pizza Rolls
Selected Varieties, 15 Ct.

3/\$5



Parkay Spread
41 Oz.

5.99



Green Giant Steamers
Selected Varieties, 9-12 Oz.

2/\$4



Sara Lee Pies
Selected Varieties, 34 Oz.

5.49



Sara Lee Pound Cake
16 Oz.

5.49



Dannon Oikos, Two Good or
Light + Fit Yogurt
Selected Varieties, 4.5-7 Oz.

10/\$10



Michellina's Grande Entrées
Selected Varieties, 12-14 Oz.

1.89



Morning Star Farms Entrées
Selected Varieties, 8-9.5 Oz.

2/\$6



White Castle Castle Bites
Selected Varieties, 18 Oz.

4.79

PREMIUM QUALITY MEATS



USDA Select, Black Canyon Angus
BONELESS BEEF CHUCK ROAST

5⁹⁹
Lb.



11⁹⁹
Lb.
Family Pack, USDA Select
Black Canyon Angus
**Boneless
New York Strip Steak**



1⁷⁹
Lb.

Springer Mountain Farms
**Fresh
Whole Fryers**



6.49
Lb.

Family Pack, USDA Select
Black Canyon Angus
**Boneless Beef
Chuck Steak**



7.99

32 Oz.
**Sea Best
Swai Fillets**



7.99

20-28 Oz.
Selected Varieties
**Tyson
Breaded Chicken
Strips or Tenders**



12.99

40 Oz.
**Kentucky Legend
Sliced Bacon**



10.99

40 Oz.
Hickory Smoked
**Wright Brand
Sliced Bacon**



2/\$7

12-16 Oz.
Selected Varieties
**Swaggerty's
Farm Breakfast
Sausage**



4.49

12-14 Oz.
Selected Varieties
**Hillshire Farm
Smoked Sausage**



5.99

27 Oz.
Selected Varieties
**Swaggerty's Farm
Sausage Patties**

19 Oz., Selected Varieties
**Johnsontonville Fresh Brats
or Italian Sausage Links**

5.49

2.34 Lb.
**Bar-S
Corn Dogs**

6.99

1.3-1.9 Oz., Selected Varieties
**Oscar Mayer
Value Lunchables**

1.39

2-2.9 Oz., Selected Varieties
**Armour
LunchMakers**

4/\$5

21.6-23 Oz., Selected Varieties
**Delimex
Taqitos**

5.99

9 Oz., Pork or Beef
**Cacique
Chorizo**

4/\$5

16 Oz.
**Bar-S
Meat Franks**

1.99

34-36 Oz., Selected Varieties
**Jimmy Dean Sausage, Egg,
Cheese Biscuit or Croissant**

10.99

30.4-32 Oz., Selected Varieties
**El Monterey
Burritos or Chimichangas**

5.29

12 Oz., Classic, Thick & Garlic
**Bar-S
Sliced Bologna**

1.89

PRODUCE FRESH PICKS



2⁹⁹
Ea.

Large
Sweet & Juicy
**Imported
Cantaloupe**



69¢
Lb.

Fresh
**Green
Cabbage**



7⁹⁹
Ea.

Enjoy
Today
Bouquet



1³⁹
Lb.

Fresh
**Zucchini
Squash**



2⁸⁹

4 Oz. Tray Size
**Red
Tomatoes**



3.09

2 Lb., Fresh
Tart & Tangy
**Sunkist
Lemons**



79¢
Ea.

Fresh
**Ripe
Avocados**

Fresh, Tender Bunch
**Green
Asparagus**

2.49



2.49

8 Oz.
**Dole
Teen Spinach**



3.99

3 Lb.
Michigan
**Red or Gold
Delicious Apples**



2.69

4.5 Oz. Jar
Minced or Chopped
**Spice World
Garlic**

24 PK./1.5 Liter Bottles
Dasani Water

4.99



2/\$4

**Coca Cola
Products**
Selected Varieties, 2 Liter

Selected Varieties, 8 PK./20 Oz. Bottles
Powerade Sports Drink

4.99



3/\$11

**Coca Cola
Products**
Selected Varieties, 6 PK./1.5 Liter Bottles

Selected Varieties, 12 PK./12 Oz. Cans or Bottles

24 PK./12 Oz. Cans
Yuengling Premium Lager

21.99



15.49

**Michelob Ultra
Beer**
12 PK./12 Oz. Cans or Bottles

24 PK./12 Oz. Cans
Yuengling Premium Lager

21.99



11.29

**Busch, Busch Light
or Natural Light Beer**
Selected Varieties, 12 PK./12 Oz. Cans

Manufacturer's Coupon Expires 04/30/24



\$1.50 Off

Any Springer Mountain Farms Chicken

www.SpringerMTN.com

Social - SMFchicken

Springer Mountain Farms

Springer Mountain Farms

Springer Mountain Farms

Deli & Bakery

Not Available at
All Locations.



8.99
Lb.

Sliced to Order
Selected Varieties
**Kretschmar
Turkey Off the Bone**



6.99
Lb.

Sliced to Order
**Kretschmar
Provolone Cheese**



2/\$5

15-16 Oz., Selected Varieties
**Reser's Classic
Salads or Coleslaw**



6.99
Lb.

Sliced to Order
**Petit Jean
Hickory Smoked Ham**



7.49

8.5 Oz., Original
**Babybel
Cheese**



8.99

**Charley Biggs
8 Pcs. Mixed Chicken**



2.99

12 Oz.
Powdered Sugar Cake
**Clyde's
Donut Holes**



5.99

15 Ct.
**Café Valley
Petite Croissants**



2.99

6 Oz.
Selected Varieties
**The Father's Table
2 Slice Cheesecake**



3.69

3 PK./12 Oz.
Selected Varieties
**Otis Spunkmeyer
Muffins**



4.99

12-15 Ct.
**Bakery Made
Fresh Cookies**



5.49

10 Oz., Blueberry or Banana
Sugar Free Mini Muffins