



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon.-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk in Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!

GAME DAY
SAVINGS!

GROUND FRESH DAILY!

Family Pack, Market Fresh
80% LEAN GROUND BEEF

3.79 Lb.

Fryer Thighs **1.39** Lb.
Boston Butt Pork Roast **1.89** Lb.

2.99 Lb.
Previously Frozen
Baby Back Pork Ribs

99¢ Lb.
Fryer Drumsticks

1.69 Lb.
Whole
Boston Butt Pork Roast

Sweet Savings
for your Valentine!

3.99
Frito-Lay Tostitos or Cheese Dip
Selected Varieties, 9-15.75 Oz.

2/\$5
Frito-Lay Lay's
Selected Varieties, 5-8 Oz.

GAME DAY PRODUCE HEADQUARTERS

3.99 5 Ct.
Bagged Avocados

2/\$6
1 Lb. Strawberries

1.29 Lb.
Roma Tomatoes

79¢ 16 Oz.
Large Veggie Tray w/Ranch Dip

99¢ Each
Avocados

Don't forget to Make a Game Plan for Valentine's Day!

2/\$4
Prego Pasta Sauce
Selected Varieties, 23-24 Oz.

7.99
Folgers Classic Roast Coffee
Selected Varieties, 12-25.9 Oz. or 12 Ct.

4/\$5
Campbell's Chicken Noodle or Tomato Soup
Selected Varieties, 15-25-19 Oz.

2/\$4
Campbell's Chunky Soup or Bowls
Selected Varieties, 15-25-19 Oz.

3.99
DiGiorno or California Pizza Kitchen Pizza
Selected Varieties, 11.8-31.5 Oz.

6.99
Selected Varieties, 32 Oz.
Velveeta Loaf

99¢
Rotel Tomatoes
Selected Varieties, 10 Oz.

2/\$5
Hawaiian Punch
Selected Varieties, 128 Oz.

2/\$7
Best Choice Soda
Selected Varieties, 12 Pk./12 Oz. Cans

4.99 Lb.
Grillmaster Ribs

2.99
Nabisco Chips Ahoy!, Ritz, Snack Crackers or BelVita
Selected Varieties, 3.5-13.7 Oz. or 5 Ct.

2/\$7
Frito-Lay Doritos or Tostitos Salsa Dip
Selected Varieties, 6-15.5 Oz.

10.99
Kingsford or Match Light Charcoal
Selected Varieties, 12-20 Lb.

5.99
Nestlé Drumsticks
Selected Varieties, 8-20 Ct.

2/\$5
Kraft Natural Shreds, Chunks or Crumbles
Selected Varieties, 5-8 Oz.

3/\$5
Snickers Ice Cream Bars
6 Ct.

4.49
Snickers Ice Cream Bars
6 Ct.

2/\$12
Lotzza Motzza Pizza
Selected Varieties, 23-30 Oz.

\$3 OFF
Busch Light Beer
24 Pk./12 Oz.

GROCERY TOUCHDOWNS

Selected Varieties, 19-30 Oz.
Kraft Miracle Whip

5.49



Kraft Mayonnaise
Selected Varieties
15-30 Oz.

4.99

16 Oz.
Crisco Oil

2.99



8.99

Sunny D Punch

15 Pk.



2/\$5

Vlasic Pickles or Relish

Selected Varieties, 16-24 Oz.

Selected Varieties, 8 Oz.
Ortega Taco Sauce

2.49



79¢

Ortega Seasoning

Selected Varieties, 1 Oz.



2.49

Kikkoman Soy or Teriyaki Sauce

Selected Varieties, 10 Oz.



4/\$5

McCormick Chili Seasoning

Selected Varieties, 1-1.25 Oz.

Selected Varieties, 14 Oz.
Sweet Baby Ray's Dipping Sauce

2/\$4



Sweet Baby Ray's
Marinades, BBQ
or Dipping Sauce

Selected Varieties
16-28 Oz.

2/\$5



3.99

Pure Life Drinking Water

Selected Varieties, 24 Pk.

12 Oz.
Louisiana Hot Sauce

1.99



2/\$5

Pace Salsa or Picante Sauce

Selected Varieties, 16 Oz.

Selected Varieties, 8-12 Ct.
Ortega Taco Shells

1.99



1.49

Ortega Green Chiles

Selected Varieties, 4 Oz.

Selected Varieties, 14 Oz.
Heinz Mustard

2/\$4



3.99

Heinz Ketchup

Selected Varieties, 29.5-38 Oz.

28 Oz.
KC Masterpiece BBQ Sauce

2.49



4/\$5

Kraft BBQ Sauce

Selected Varieties, 17.5-18 Oz.



Kellogg's Cereal
or Snacks

Selected Varieties
5-24 Oz.

3.99

Selected Varieties, 15 Oz.
Red Gold Sloppy Joe or Chili Beans

4/\$5



99¢

Red Gold Tomatoes,
Sauce or Tomato Paste

Selected Varieties, 6-15 Oz.

Selected Varieties, 8 Oz.
Cholula Hot Sauce

3.49



3.49

Buffalo Wild Wings,
Arby's or Chick-Fil-A Sauce

Selected Varieties, 12-16 Oz.

Selected Varieties, 11.5-12 Oz.
Best Choice Baking Chips

2/\$5



1.99

Best Choice Cocktail Sauce

Selected Varieties, 12 Oz.

Selected Varieties, 64 Oz.
Libby's Pineapple Juice

4.79



1.99

Libby's Pineapple

Selected Varieties, 20 Oz.

Selected Varieties, 8 Oz.
Hidden Valley Ranch
Seasoning & Salad Dressing Mix

8.99



6.99

Hidden Valley Ranch Dressing

Selected Varieties, 36 Oz.

Selected Varieties, 15 Oz.
Hormel Plain Chili

2/\$5



Hormel Chili with
Beans

15 Oz.

2/\$4

Selected Varieties, 17.3 Oz.
Ben's Original Family Size Rice

3.99



4/\$5

Brooks Chili Beans

15.5 Oz.

Selected Varieties, 17.3 Oz.
Swanson Broth or Stock

2.29



2/\$3

Campbell's Soup

Selected Varieties, 10.5-11.5 Oz.

Selected Varieties, 15.6-15.8 Oz.
Campbell's Spaghetti

4/\$5



4.49

Kraft Macaroni & Cheese,
Easy Mac or A.I. Steak Sauce

Selected Varieties, 4-5 Pk. or 10 Oz.

Selected Varieties, 27.6 Oz.
Mama Mary's Pizza Crusts

4.79



2.99

Vlasic Sauerkraut

Selected Varieties, 32 Oz.

Selected Varieties, 27.6 Oz.
Hungry Jack Syrup

3.99



2.79

Hungry Jack or Pillsbury
Pancake Mix

Selected Varieties, 28-32 Oz.

HOME & HEALTH ZONE

100 Ct.
Vanity Fair Napkins

2.99



Selected Varieties
6-12 Roll
Fiora Bath Tissue
or Paper Towels

4.99

Selected Varieties, 3 Lb.
Rachael Ray Cat Food

6.99



7.99

Selected Varieties

Cascade Action
Pac Dish
Detergent



Selected Varieties
100.5-105 Oz.
or 42 Ct.
Arm & Hammer
Laundry

7.49

Selected Varieties, 28-40 Ct.
Hefty Cups

3.99



3/\$5

Selected Varieties

15-25 Ct.
Glad
Storage Bags

Selected Varieties, 75-80 Ct.
Lysol Wipes

7.99



Selected Varieties
41 Oz.
Lysol Laundry
Sanitizer

6.99

Selected Varieties, 77-81 Oz.
Clorox Household Bleach

5.99



4.99

Selected Varieties

50-75 Sq. Ft.
Reynolds
Foil

RUSH IN FOR GREAT GAMEDAY SAVINGS!

Selected Varieties, 20-27.4 Oz. **5.99**



2/\$6



3.99

IBC or Crush Soda
Selected Varieties, 4 Fl.



2/\$7

Cheez-It Crackers
Selected Varieties, 9-12.4 Oz.



1.99

Pillsbury Frosting
Selected Varieties, 12-16 Oz.



2/\$3

Pillsbury Cake or Brownie Mix
Selected Varieties, 15.25-18.4 Oz.

Selected Varieties, 20-27.4 Oz. **5.99**



3.99

Post Cereal
Selected Varieties, 15-20.5 Oz.



1.29

Pillsbury Muffin Mix
Selected Varieties, 7-8.2 Oz.



2/\$5

Kellogg's Special K Pastry Crisps
Selected Varieties, 12 Ct.



3.99

Toasted Chips
Selected Varieties, 8 Oz.



1.79

Pringles Chips
Selected Varieties, 4.9-5.57 Oz.

Selected Varieties, 13.5-15 Oz. **3/\$5**

2.79

Carroll Shelby's Chili Kit
Selected Varieties, 3-3.65 Oz.

2.99

Hostess Snacks
Selected Varieties, 6-10 Ct. or 8.2-16.5 Oz.

2/\$5

Crystal Light Drink Mix
Selected Varieties, 10-12 Quart or 10 Ct.

2/\$5

Planters Peanuts, Cheez Balls or Curis
Selected Varieties, 2.75-16 Oz.

2/\$4

ACT II Popcorn
Selected Varieties, 3 Ct.

2.99

Angie's Boom Chicka Pop
Selected Varieties, 4.4-7 Oz.

2.29

Swiss Miss Hot Chocolate or Cocoa
Selected Varieties, 6-8 Ct.

2.99

Crystal Baking Sugar
2 Lb.

3.99

Crystal Granulated Sugar
4 Lb.

2/\$3

BUGLES, Chex Mix, or Gardetto's
Selected Varieties, 6-8.75 Oz.

99¢

M&M's Candy Singles
Selected Varieties, 1.09-2.17 Oz.

4.99

M&M's Assorted Stand Up Pouch
Selected Varieties, 7.4-10.05 Oz.

6.99

Eight O'Clock Coffee
Selected Varieties, 12 Ct.

42

Selected Varieties, 8 Oz. **2/\$5**

2/\$7

Philadelphia Cream Cheese
Selected Varieties, 8-12 Oz.

2/\$7

Simply Orange
Selected Varieties, 52 Oz.

2/\$5

Sargento Shreds
Selected Varieties, 5-8 Oz.

3.99

Ore-Ida Frozen Potatoes
Selected Varieties, 20-32 Oz.

2/\$4

Hot Pockets
Selected Varieties, 9 Oz.

10/\$10

Chobani Yogurt
Selected Varieties, 4.5-5.3 Oz.

2/\$5

Simply Orange
Selected Varieties, 52 Oz.

2/\$4

Dean's Dips
Selected Varieties, 12-16 Oz.

2/\$5

GoGurt
Selected Varieties, 16 Oz.

3.49

Reddi Wip Topping
Selected Varieties, 6.5 Oz.

10/\$10

Dannon Oikos or Two Good Yogurt
Selected Varieties, 5.3-7 Oz.

4.99

Bob Evans Egg Whites
32 Oz.

5.99

Farm Rich Appetizers
Selected Varieties, 14.3-26 Oz.

3.29

Zap's Pizzas
Selected Varieties, 40 Ct.

2.29

Green Giant Steamer Vegetables
Selected Varieties, 9-12 Oz.

2/\$4

Smart Ones Frozen Entrées
Selected Varieties, 6.49-10.25 Oz.

2/\$5

Birds Eye Vegetables
Selected Varieties, 9.5-14.4 Oz.

14.99

Marie Callender's Lasagna
90 Oz.

4.99

White Castle Castle Bites
Selected Varieties, 18 Oz.

2/\$6

PictSweet Vegetables
Selected Varieties, 22-28 Oz. or 8 Ct.

3.99

Best Choice Tortellini or Ravioli
Selected Varieties, 19-20 Oz.

4.49

TGI Fridays Snacks
Selected Varieties, 8-11 Oz.

2/\$5

Kid Cuisine Dinners
Selected Varieties, 8.65-8.8 Oz.

5.99

La Choy Entrées
Selected Varieties, 18 Oz.

BIG GAME DAY SAVINGS FROM THE MEAT DEPARTMENT

12 Oz., USDA Choice

BONELESS RIBEYE STEAK

8.99 Ea.

5.99 Lb.
USDA Choice
Boneless Chuck Roast

Family Pack, USDA Choice
Boneless Chuck Steak **6.49** Lb.

3.99
19 Oz., Selected Varieties
Johnsonville Fresh Brats or Italian Sausage Links

Family Pack Pork Steak 1.99 Lb.	Family Pack Country Style Pork Ribs 2.49 Lb.	18, 4-27.2 Oz. Selected Varieties Smithfield Seasoned Pork Tenderloins or Fillet 6.49	12 Oz., Selected Varieties Johnsonville Fresh Breakfast Sausage Links or Patties 2/\$7
12 Oz. Selected Varieties Vienna Beef Franks 4.99	12-14 Oz. Selected Varieties Johnsonville Smoked Sausage or Brats 3.99	12-16 Oz. Selected Varieties Oscar Mayer Sliced Bacon 4.49	20 Oz., Selected Varieties Scott Pete Beef Polish Sausage 6.99
2 Lb. Vienna Sauserkraut 2.69	12-16 Oz. Selected Varieties Bob Evans Breakfast Sausage 3.49	16 Oz. Selected Varieties Kentucky Legend Sliced Bacon 3.49	20 Oz., Selected Varieties Scott Pete Smoked Sausage 4.99
40 Oz. Mild or Hot Bob Evans Sausage Patties 8.99	6-9 Oz., Select Varieties Oscar Mayer Deli Fresh Shaved Lunchmeats 3.99	14-16 Oz. Selected Varieties Oscar Mayer Beef or Turkey Hot Dogs 3.99	12-14 Oz., Selected Varieties Hillshire Farm Little Smokies 3.99
		14-16 Oz. Selected Varieties Oscar Mayer Meat Wiers 2/\$6	18-21 Oz., Selected Varieties El Monterey Taquitos 5.99
			9 Oz., Pork or Beef Cacique Chorizo 4/\$5
			20-26 Oz., Selected Varieties Rosina Meatballs 5.99
			6 Lb. Holten Beef Patties 23.99
			10 Oz. Best Choice Shrimp Ring 6.99

GAME DAY PRODUCE FAVORITES

1 Lb. Red Radishes **1.99**

10 Oz. Pink Strawberries **5.99**

Baking Potatoes **59¢** Lb.

Pink Pineapple **9.99** Ea.

10 Lb. Red Onions **1.29**

10-12 Oz. Selected Varieties Taylor Farms Vegetables **2.99**

3 Oz. Selected Varieties Earthbound Farms Salad **3.49**

8 Oz. Shredded Lettuce or 14 Oz. Cole Slaw Dole Salad **2/\$3**

16 Oz. Selected Varieties The Little Potato Company Potatoes **3.99**

12 Oz. Cauliflower **2.99** Ea.

12 Oz. Broccoli Crowns **2.49** Lb.

8-10 Oz. Highline Baby Bella Mushrooms **2/\$5**

6 Oz. Selected Varieties Marzetti Crostons **2.49**

9-18 Oz. Selected Varieties Yo Quiero Salsa or Guacamole **2/\$7**

Pint Blueberries or 6 Oz. Raspberries **3.99**

6 Oz. Blackberries **2.99**

3 Lb. Halos Mandarins **5.99**

Limes **79¢** Ea.

Deli & Bakery

Sliced to Order, Smoked or Honey Kretschmar Virginia Ham **5.49** Lb.

Sliced to Order Kretschmar Pepper Jack Cheese **5.99** Lb.

10 Oz., Selected Varieties Sabra Hummus **2/\$7**

Sliced to Order Vienna Beef Corned Beef or Pastrami Flats **10.99** Lb.

Sliced to Order Italian Style Roast Beef **11.99** Lb.

Selected Varieties Tyson Boneless Wings **4.49** Lb.

6 Oz., Selected Varieties Bel Kaukauna Cheese Balls or Logs **3.99**

12 Ct., Selected Varieties King's Hawaiian Sweet Rolls **4.49**

16 Oz., Selected Varieties The Father's Table Cheesecake **5.99**

10-12 Ct., Selected Varieties Lofthouse Wirecut Cookies **5.49**

15 Oz. Café Valley Petite Croissants **5.49**

13.5 Oz., Selected Varieties Best Choice Frosted Sugar Cookies **3.99**

4 Oz., Selected Varieties JJ's Snack Pies **89¢**

750 mL. Fireball Cinnamon Whisky **14.99**

750 mL. Bogle Vineyards Wine **9.99**