



119 N Main, North English, IA • 319.664.3453
268 8th Ave, Wellman, IA • 319.646.6721

Open 7 Days A Week!
Mon-Sat. 7 AM - 8 PM
Sun. 9 AM - 6 PM



We Welcome W.I.C. & Food Stamps
Full Liquor & Wine Department & Walk in Beer Cooler
Locally Owned & Operated!



GET THE APP



Save Even More
With Our App!

- Scan the Code and Download the AppCard App
- Search for Freeman Foods & Select Go to Store
- Complete Your Information Form to Start Earning Points for Free Items & Start Clipping Digital Coupons!



USDA Choice

**BOTTOM
ROUND ROAST**

Family Pack

Lean Stew Meat **6.99** lb.

Boston Butt Pork Roast **2.49** lb.

Fryer Thighs **1.39** lb.



USDA Choice, Family Pack
T-Bone Steak

11.99 lb.



Whole
Boston Butt Pork Roast

1.99 lb.



Chicken Drumsticks

99¢ lb.



5.99

Anderson Erickson
Orange Juice
Selected Varieties, 1 Gallon



2/\$4

Anderson Erickson
Cottage Cheese
Selected Varieties, 12 Oz.



3/\$5

Dr Pepper or
7-UP Products
Selected Varieties, 12 Liters



12 Oz.
Cranberries
2/\$4

Pomegranates
2/\$4

2.99

5 Ct. Bag
Avocados

5-12 Oz. Selected Varieties
Dole Salad Blends
2/\$5



3 Lb. Michigan
**Red Delicious, McIntosh,
Gala or Fuji Apples**

2/\$5

Buy 5 Save \$5

**SAVE \$5 INSTANTLY WHEN YOU PURCHASE
ANY 5 PARTICIPATING PRODUCTS!**

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



2.99 ea.
-1.00

1.99 ea.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



2.99 ea.
-1.00

1.99 ea.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



3.99 ea.
-1.00

2.99 ea.

WITH PURCHASE OF 5
PARTICIPATING PRODUCTS



3/\$12

Dr Pepper or
7-UP Products
Selected Varieties, 6 Fl.-Half-Liter Bottles



2/\$4

Ragù
Pasta Sauce
Selected Varieties, 15.5-24 Oz.



3/\$10

Red Baron
Pizza
Selected Varieties, 15.39-24.45 Oz.



2/\$6

Florida's Natural
Juice
Selected Varieties, 52 Oz.

Selected Varieties, 5.5-9 Oz.
Nov. - Dec. 2023



3.99

Frito-Lay
Doritos
Selected Varieties, 6-10.75 Oz.



2/\$7

Sterling's
Potato Chips
Selected Varieties, 10 Oz.



3/\$5

Old Orchard
Juice
Selected Varieties, 64 Oz.



6.99

Maxwell House
Wake Up Roast
30.65 Oz.



2/\$12

Lotzza Motzza
Pizza
Selected Varieties, 23-30 Oz.

Check Out Our Weekly Ad Specials Online!
www.northenglish.freemanfoods.net www.wellman.freemanfoods.net

Prices Effective
tues 28 wed 29 thurs 30

fri 1 sat 2 sun 3 mon 4

DON'T MISS OUT ON THESE GREAT SAVINGS!



Selected Varieties, 24 Pk.
Niagara Water **2/\$7**

Capri-Sun Drinks
Selected Varieties
10 Ct. **2/\$6**



Selected Varieties, 14-17.4 Oz.
Pillsbury Quick Bread **2.99**

Pillsbury Cookie Mix
Selected Varieties, 16-17.5 Oz. **2.49**

Selected Varieties, 4 Pk.
Mott's Applesauce **2.99**



6.49
Yoo-Hoo Fridge Pack
12 Pk.



Selected Varieties, 15.6-16 Oz.
Pillsbury Frosting **1.79**

Pillsbury Cake or Brownie Mix
Selected Varieties
15.25-18.4 Oz. **2/\$3**



Selected Varieties, 15 Oz.
ReaLemon or ReaLime Juice **2.29**

Selected Varieties, 6-8 Ct.
Mott's Apple Juice **3.49**



3.29
Mott's Apple Juice
Selected Varieties, 64 Oz.

2.99
Clamato Juice
Selected Varieties, 32 Oz.



Nutri-Grain Bars
Selected Varieties
6-8 Pk. **3.49**

Selected Varieties, 1.77-4.2 Oz.
Mars King Size Candy **1.99**



2/\$7
Act II Popcorn
Selected Varieties, 6 Ct.

Selected Varieties, 16.3 Oz.
Peter Pan Peanut Butter **3.49**



2.99
Voortman Cookies
Selected Varieties, 5-11.3 Oz.



Selected Varieties, 4 Pk.
IBC or Crush Soda **3.99**

Hawaiian Punch
Selected Varieties
Gallon **2.99**



6.5 Oz.
Pillsbury Pizza Crust Mix **4/\$5**

2.99
Best Choice Granulated Sugar
4 Lb.



Selected Varieties, 14.5-15.25 Oz.
Libby's Canned Fruit **1.99**

2.99
Snack Pack Pudding or Gelatin
Selected Varieties, 6 Pk.

Buy 5 Save \$5 **SAVE \$5 INSTANTLY WHEN YOU PURCHASE ANY 5 PARTICIPATING PRODUCTS!**
ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION



Selected Varieties
19-38 Ct.
Huggies Diapers **8.99**
7.99 **-1.00**

Huggies Pullups,
Goodnites or
Little Movers
Diapers
Selected Varieties
9-31 Ct. **10.99**
9.99 **-1.00**



24.29 **-1.00**
23.29
Huggies Diapers
Selected Varieties
68-88 Ct.



46.79 **-1.00**
45.79
Huggies Diapers
Selected Varieties
168-192 Ct.



6.79 **-1.00**
5.79
Huggies Wipes
Selected Varieties
168-192 Ct.



14.99 **-1.00**
13.99
Polaroid Diapers
Selected Varieties
12-66 Ct.

DAIRY & FROZEN



12 Oz.
Borden American Singles **2/\$5**

2.99
Sunny D Punch
Selected Varieties, 128 Oz.



1.89
Best Choice Sour Cream
Selected Varieties, 16 Oz.



Selected Varieties, 11-18 Oz. or 4 Ct.
PictSweet Vegetables **2/\$5**

2/\$6
PictSweet Vegetables
Selected Varieties, 22-28 Oz.



Selected Varieties, 24-28 Oz.
On-Cor Meals **3.99**

2/\$4
Hot Pockets
Selected Varieties, 9 Oz.



5.49
Selected Varieties
2 Pk.
Philadelphia Cream Cheese

2/\$7
Selected Varieties
52 Oz.
Simply Mixology



7.49
Selected Varieties
89 Oz.
Tropicana Orange Juice



3.19
Selected Varieties
24 Oz.
Best Choice Cottage Cheese

2/\$5
Selected Varieties
4-10 Ct.
Azteca Shells or Tortillas



4.49
Selected Varieties
32-96 Oz.
Silk Creamer or Almond Milk

3.99
Imperial Spread



8/\$10
Selected Varieties
4.5 Oz.
Chobani Flips Yogurt

2/\$3
Selected Varieties
4-7 Oz.
Yoplait Duet, Ratio or Klagen-Dazs Yogurt



2/\$3
Selected Varieties
12 Oz.
Tropicana Singles



3.29
Selected Varieties
6 Ct.
Bays English Muffins



3.49
16 Oz.
Best Choice Heavy Whipping Cream

6.99
Selected Varieties
24 Oz.
Kraft Natural Shreds or Chunks



3.99
Selected Varieties
50 Ct.
Totino's Pizza Rolls

5.49
Selected Varieties
24-32 Oz.
Banquet Boneless Chicken



2/\$6
Selected Varieties, 9-12 Oz.
Kraft Macaroni or Cheese or DeVour Frozen Entrées



2/\$4
Selected Varieties
6.49-10.25 Oz.
Smart Ones Frozen Entrées



7.49
Selected Varieties
18-42.43 Oz.
Wild Mike's Pizza

4.79
Selected Varieties, 13.5-28 Oz.
Lamb Weston Frozen Potatoes, Onion Rings or Fries



2/\$5
Selected Varieties, 4-6 Ct.
Pillsbury Toaster Strudel or Scrambles



2.99
Selected Varieties
6-12.7 Oz.
Birds Eye Vegetables

3.99
Selected Varieties
17-18 Oz.
Sister Schubert's Sweet Rolls



5.99
Selected Varieties
14.3-26 Oz.
Farm Rich Appetizers

3.49
Selected Varieties
12 Oz.
Farm Rich French Toast Sticks



3/\$5
Selected Varieties
9.8-10.9 Oz.
Totino's Party Pizza

2.49
Selected Varieties, 16 Oz. or 6-8 Ct.
Best Choice Garlic Bread Toast or Breadsticks

PREMIUM QUALITY MEATS



Market Fresh, Family Pack

80% LEAN GROUND BEEF

Storemade

Gourmet Pub Burgers

3.99 Lb.

6.99 Lb.



5.49 Lb.
USDA Choice
Bottom
Round Steak



2.99 Lb.
Family Pack
Pork Steak

Family Pack
Country Style Ribs

2.49 Lb.



6.99 Lb.

Family Pack
Beef
Cube Steak



2/\$7

8.3-14 Oz.
Selected Varieties
Eckrich
Smoked Sausage
or Smokies



9.99

39-42 Oz., Family Pack, Selected Varieties
Eckrich Smoked Sausage



2/\$7

16 Oz.
Oldham
Breakfast Sausage



3.99

12 Oz.
Selected Varieties
Smithfield
Sliced Bacon



4.99

40 Oz.
Tyson Frozen
Chicken Wings
or Boneless Skinless
Chicken Breast



4/\$5

12 Oz.
Selected Varieties
Bar-S
Franks



2/\$3

12-24 Oz.
Selected Varieties
Jimmy Dean
Breakfast Meals



4.99

12.8-18.4 Oz.
Selected Varieties
Jimmy Dean
Breakfast Meals



2/\$5

12-24 Oz.
Selected Varieties
Bob Evans
Side Dishes

24 Oz., Italian or Homestyle
Johnsonville
Meatballs

5.99

12 Oz., Selected Varieties
Gary's
QuickSteak

5.99

16 Oz.
Scott Pete
Braunschweiler

3.49

16 Oz., Selected Varieties
Farmland
Ham Steaks or Diced Ham

4.99

7-8 Oz., Selected Varieties
Smithfield Prime
Belli Sliced Lunchmeat

3.99

30.4-32 Oz. Selected Varieties
El Monterey
Burritos or Chimichangas

4.99

16 Oz.
Curly's
Pork or Chicken BBQ

4.99

12 Oz., 100-150 Ct.
Best Choice
Salad Shrimp

5.99

18-24.6 Oz., Selected Varieties
Van de Kamp's
Battered or Breaded Fish

5.99

PRODUCE FRESH PICKS



Avocados

79¢

2/\$4

10 Oz.
NatureFresh
Grape Tomatoes



Sweet Onions

99¢

2/\$4

12 Oz.
Cranberries



Pure Flavor
Mini Cucumbers

2.99



Hothouse
Cucumbers

1.79



5 Lb.
Dole Red or
Gold
Potatoes

2.99



Green
Peppers

99¢



1 Lb.
Red
Grapefruit

99¢



24 Oz.
Selected Varieties
Little Potato
Company
Potatoes

2.99



Washington
Honeycrisp
Apples

1.79



California
Navel
Oranges

99¢



Washington
Honeycrisp
Apples

1.79



24 Oz.
Selected Varieties
Little Potato
Company
Potatoes

2.99



Washington
Honeycrisp
Apples

1.79



24 Oz.
Selected Varieties
Little Potato
Company
Potatoes

2.99



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Honeycrisp
Apples

1.79



24 Oz.
Selected Varieties
Little Potato
Company
Potatoes

2.99



Washington
Honeycrisp
Apples

1.79



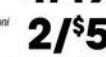
24 Oz.
Selected Varieties
Little Potato
Company
Potatoes

2.99



Washington
Honeycrisp
Apples

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