

ENJOY FALL FLAVORS

Fresh, Boneless
U.S.D.A. Choice Beef
**Round Tip
Roast**
5⁹⁹
lb.



Bakery Fresh
**Double
Peanut
Butter
Chocolate
Chip Cookies**
12 Count Package
5⁹⁹



Fresh
**Raspberries
or
Blackberries**
6 oz. Package
2/\$6



Gold'n Plump
Boneless, Skinless
**Chicken
Breast**
3⁹⁹
lb.



Chobani
**Greek
Yogurt**
Selected Varieties
5.3 oz. Cup
10/\$10



Kemps
Ice Cream
Selected Varieties
128 oz. Gallon
6⁹⁹



Stouffer's
Frozen Entrées
Selected Varieties, 8.5-12.75 oz. Package
3/\$9



Campbell's
Condensed Soup
Selected Varieties, 10.5-11.5 oz. Can
2/\$3



Essential Everyday
Granulated Sugar
4 lb. Bag
2⁹⁹



Folgers
Coffee
Selected Varieties, 22.6-25.9 oz. Can
7⁹⁹



Coffee-mate
Coffee Creamer
Selected Varieties, 32 oz. Bottle
3⁶⁹

Sale Starts Sunday, October 1, 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.
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Almsted's
FRESH MARKET
Your Neighborhood Grocery Store

**READER'S
CHOICE
Awards**
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
Top Sirloin Steak

7⁹⁹
lb.

Chili Lime Sirloin Steak

Ingredients

1 pound boneless sirloin steak
2 tablespoons chili paste
2 tablespoons lime juice
2 teaspoons lime zest
1/2 teaspoons kosher salt
1/2 teaspoons ground black pepper
2 tablespoons olive oil
1/2 teaspoon chili paste
1 tablespoon honey

Directions

Place steak in a resealable bag. Add chili paste, lime juice, lime zest, salt, pepper, olive oil, garlic paste and honey. Coat steak evenly with the marinade. Let sit for 20 minutes.

Heat a skillet to medium-high heat. Remove steak from the bag and discard marinade. Place steak in the skillet and cook for 4-6 minutes per side, until nicely browned.

Remove from skillet and place on a plate. Tent aluminum foil over the steak and let rest for 5 minutes before serving.



Fresh
Lean and Meaty
**Pork Shoulder
Steak**

2⁹⁹
lb.



**Johnsonville
Bratwurst
or Italian
Sausage**

Selected Varieties
19 oz. Package

5⁹⁹



**Tyson
Breaded
Chicken**

Selected Varieties
26-32 oz. Package

6⁹⁹



**Hillshire Farms
Deli Sliced
Lunch Meat**

Selected Varieties
7-9 oz. Package

5⁹⁹

Quality Meats



Fresh, Bone-In
**Country Style
Pork Ribs**

2³⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Bone-In
**Pork Shoulder
Roast**

2⁸⁹
lb.



Hormel
Always Tender
**Pork
Tenderloin**
Selected Varieties
18.4 oz. Package

6⁹⁹



Arctic Shores
**Uncooked
Shrimp**
Deveined, Peeled
51-60 Count
16 oz. Package

7⁹⁹



Previously Frozen
**Baby Back
Pork Ribs**

3⁹⁹
lb.



Cloverdale
**Tangy Summer
Sausage**
28 oz. Stick

9⁹⁹



Hormel
Black Label
Sliced Bacon
Selected Varieties
12-16 oz. Package

6⁹⁹



Louis Kemp
Imitation Seafood
Selected Varieties
7.5-8 oz. Package



2/\$5

Fall Baking Specials



Gold Medal Flour

All Purpose or Unbleached, 5 lb. Bag

4.99

Hershey's Baking Chips

Selected Varieties
8-12 oz. Package

2/\$6



Pillsbury
Brownie Mix
Selected Varieties
18.4 oz. Box

2/\$4



Pillsbury
Cake Mix
Selected Varieties
15.25 oz. Box

2/\$3



Betty Crocker
Cookie Mix
Selected Varieties
17.5 oz. Package

2/\$5



Betty Crocker
Ready to Spread Frosting
Selected Varieties
12-16 oz. Package

2.49



Betty Crocker
Brownie Mix
Selected Varieties
16.3 oz. Box

1.99



Jif
Peanut Butter
Selected Varieties
28 oz. Jar

4.49



Hershey's
Syrup
Selected Varieties
22-24 oz. Bottle

2.99



Act II
Microwave Popcorn
Selected Varieties
6 Count Box

2/\$6



Old Dutch Dutch Crunch Potato Chips

Selected Varieties, 9 oz. Bag

2/\$7



Frito Lay
Smartfood
Selected Varieties
9-7 oz. Bag

2/\$8



Frito Lay
Tostitos Dip
Selected Varieties
10-15.75 oz. Jar

2/\$8



M&M's
Sharing Size Chocolate Candy
Selected Varieties
7.4-10.03 oz.
Stand Up Pouch

4.99



Benadryl
Allergy Relief
24 Count Ultratabs

6.99



Old Dutch Pretzels

Selected Varieties, 12-15 oz. Bag

2/\$7



Frito Lay
Kettle Cooked Potato Chips
Selected Varieties
6.5-8 oz. Bag

2/\$7



Frito Lay
Bean Dip
Selected Varieties
9 oz. Can

2/\$6



Hershey's
Chocolate Candy
Selected Varieties
7.37-10.8 oz. Pouch

2/\$10



Dove
Shampoo or Conditioner
Selected Varieties
12 oz. Bottle

3.99



Frito Lay Potato Chips

Selected Varieties, 4.75-8 oz. Bag

2/\$7



Doritos
Tortilla Chips
Selected Varieties
6-10.75 oz. Bag

2/\$8



Kellogg's
Cheez-It Snap'd Crackers
Selected Varieties
7.5 oz. Package

2/\$8



Planters
Dry Roasted or Cocktail Peanuts
Selected Varieties
16 oz. Jar

2/\$6



Sensodyne
Toothpaste
Selected Varieties
3.44 oz. Package

7.49

Grocery Deals



Old Orchard Juice Blends

Selected Varieties
64 oz. Bottle

2/\$6



Progresso Rich & Hearty Soup

Selected Varieties
18.5-19 oz. Can

2/\$5



Classico Pasta Sauce

Selected Varieties
15-24 oz. Jar

2/\$6



COUNT ON
QUALITY AND
Selection

Barilla Pasta

Selected Varieties
7-16 oz. Box

2/\$3



Capri Sun
Juice Drink
Selected Varieties
10 Count Package

3.49



Progresso
Traditional
Soup
Selected Varieties
18-19 oz. Can

2/\$5



Essential Everyday
Mushrooms
Selected Varieties
4 oz. Can

4/\$5



Kellogg's
Cereal
All Family Cereal
9.6-15.5 oz. Box

3.99



Kellogg's
Nutri Grain
Cereal Bars
Selected Varieties
10.4 oz. Box

2/\$6



Dunkin'
Coffee
Selected Varieties
10-12 oz. or
10 Count K-Cups Box

6.99



Progresso
Vegetable
Classic Soup
Selected Varieties
18-19 oz. Can

2/\$5



Essential Everyday
Tomatoes
Selected Varieties
14.5-15 oz. Can

3/\$4



Kellogg's
Homestyle
Rice Krispies
Treats
6.98 oz. Box

2/\$6



Village Hearth
Cottage Bread
White, Wheat, or
Sourdough
24 oz. Bag

3.89



Kellogg's
Town House
Crackers
Selected Varieties
9-13.8 oz. Package

2/\$9



Rice-a-Roni or
Pasta-Roni
Selected Varieties
1.97-7.2 oz. Package

3/\$5



Heinz
Ketchup
Selected Varieties
29.5-38 oz. Bottle

4.99



Joan of Arc
Beans
Selected Varieties
13-15.5 oz. Can

4/\$5



Old El Paso
Premium
Shells
Selected Varieties
3.4-11.3 oz. Package

3.99



Prilosec OTC
Heartburn
Relief
14 Count Package

11.99



Playtex
Sports
Tampons
Selected Varieties
32-36 Count Package

9.99



Dial
Soap or Foam
Hand Wash
Selected Varieties
7.5 oz. Bottle or
3 Count Bars

2.99



Essential Everyday
Soft & Strong
Bath Tissues
12 Double Roll Package

6.99



Tidy Cats
Scoopable
Litter
Selected Varieties
20 lb. Jug

11.99

Frozen & Dairy Deals



TombStone
**Original
Pizza**
Selected Varieties
18.4-20.8 oz. Package

4⁹⁹

Smucker's
Uncrustables
Selected Varieties
4 Count Box

3⁹⁹



Essential Everyday
Waffles
Selected Varieties
12.3 oz. Package

2/\$4



Talenti
**Gelato
or Layers**
Selected Varieties
10.3-16 oz. Tub

4⁹⁹



Pillsbury
**Toaster
Scramblers
or Strudels**
Selected Varieties
7.2-11.7 oz. Box

2/\$6



Magnum
**Ice Cream
Novelties**
Selected Varieties
3 Count Package

4⁹⁹



Jonny Pops
**Fruit
Bars**
Selected Varieties
3 Count Package

4⁹⁹



Stone Ridge
Creamery
**Sundae
Cones**
Selected Varieties
8 Count Package

6⁹⁹



Kemps
**Sour Cream
or Dip**
Selected Varieties
12-16 oz. Carton

2/4⁴⁴



Crystal Farms
**Sliced
Cheese**
Selected Varieties
6-8 oz. Package

2/\$6



Crystal Farms
**American
Singles**
Selected Varieties
12 oz. Package

3⁴⁹



Chobani
Oatmilks
Selected Varieties
52 oz. Carton

4⁹⁹



Chobani
**Coffee
Creamer**
Selected Varieties
24 oz. Carton

4⁹⁹



Dole
**Juice
Blends**
Selected Varieties
59 oz. Carton

2/\$5



Tropicana
Juice
Selected Varieties
52 oz. Bottle

3⁹⁹



Healthy Choice
**Dinners
or Steamers**
Selected Varieties
9.3-10.7 oz. Package

3/\$10



Essential Everyday
Vegetables
Selected Varieties
16 oz. Package

2/\$3



Bellatoria
Personal Pizza
Selected Varieties
5.67-7.8 oz. Package

3/9⁹⁹



Pillsbury
**Crescents,
Cinnamon
Rolls or
Grands!**
Selected Varieties
8-16.3 oz. Package

2/\$6



Pillsbury
**Refrigerated
Cookie Dough**
Selected Varieties
12-16.5 oz. Package

2/\$7



Bay's
English Muffins
Selected Varieties
12 oz. Package

2/\$7



Pillsbury
**Refrigerated
Pie Crusts**
2 Count Package

3⁹⁹

Fresh from Our Deli & Bakery

2021 SIN
READERS' CHOICE
BEST DELI

FRESH IN OUR
Deli
FRESH

Kretschmar
Honey or
Virginia Ham
7⁹⁹
lb.

Kretschmar



Deli Fresh
**Swiss or
Baby Swiss
Cheese**
Sliced fresh in our Deli!
9⁹⁹
lb.



Mrs. Gerry's
The Original

Deli Fresh
**Taco Pasta
Salad**
5⁹⁹
lb.



TUMAROS
Enjoy the day

Tumaros
**Low Carb
Wraps**
Selected Varieties
11.2 oz. Package
3⁹⁹



2021 SIN
READERS' CHOICE
Shreds
BEST BAKERY

**IT'S PIE
Season!**



Bakery Fresh
**Apple or
Pumpkin Pies**
8 Inch

5⁹⁹

Two Bite
**Mini
Cupcakes**
Selected Varieties
12 Count Package
4⁹⁹



JJ's
Snack Pies
Selected Varieties
4 oz. Package
1⁴⁹



Dutch Maid
**Double Layer
Cakes**
Selected Varieties
4 oz. Package
14⁴⁹



Fresh Produce



Vine Ripe Cantaloupe

3⁴⁹
ea.

Low in calories and a great source of vitamins A and C, sweet cantaloupe is a healthy treat that's fantastic mixed into fruit salads or enjoyed by the slice.



Dole Celery

1⁹⁹
ea.

Celery is a very low calorie food with a crisp and light taste. It's the perfect snack for on the go. Spread a thin layer of your favorite peanut butter across celery for added protein or dice up and add it to any sandwich, salad or soup for extra flavor.



Wescott Orchard Apple Cider

Half Gallon Bottle

4⁹⁹

On a cool night, hot apple cider is the perfect drink for creating a relaxing evening, and fresh apple cider is a great way to celebrate autumn's arrival!



Dole Salads

Garden Salad, Shredded Lettuce, or Classic Coleslaw, 8-14 oz. Package

2/\$4

Rich in vitamins, Dole's salads are a great choice for healthy and refreshing meals. They're also incredibly convenient, because they're triple-washed and ready-to-eat.



Farmer's Promise B Size Red Potatoes

3 lb. Bag

2⁴⁹

Red potatoes are a great choice for classic homemade potato salad, and they're very nutritious. This spud offers dietary fiber, iron, potassium, and vitamin C.



Fresh Yellow Onions

3 lb. Bag

2⁹⁹

From French onion soup to green beans with caramelized onions, this popular veggie is a kitchen essential. It seems like onions are in just about everything we eat!

PERFECT FOR A CRUNCHY
Snack



Bolthouse Farms Baby-Cut Carrots

1 lb. Bag

1²⁹

Honey-Orange Glazed Carrots

Ingredients

1 lb. mini peeled carrots
2 tablespoons butter
1 teaspoon grated orange zest
2 teaspoons fresh orange juice
2 tablespoons honey
Salt & Pepper to taste

Directions

Preheat oven to 375° F.

Wash carrots. Slice the carrots into large bite-sized pieces and place in a mixing bowl. Melt the butter in a saucepan and add the orange zest, orange juice and honey.

Toss the sauce with the carrots and place in a 2-quart baking dish.

Place in the oven and bake until tender, about 25 to 30 minutes, tossing once or twice.

Refreshing Beverages



Coca-Cola Products

Selected Varieties
12/12 oz. Cans

2/\$14



Glaceau Vitamin Water

Selected Varieties
6/16.9 oz. Bottles

2/\$12



Monster Energy Drink

Selected Varieties
16 oz. Can

2/\$4