

MASHEK



PRSR STD
ECRWSS EDOM
U.S. POSTAGE PAID
PERMIT NO. 7
PORTLAND, TN
Residential Customer

Food Center

Open

Monday-Saturday:
7:30 a.m. to 6:00 p.m.

Sunday: 9:00 a.m. to 12:30 p.m.

- We Welcome WIC & Food Stamps
 - The Freshest Produce & Quality Meats
 - Full Carry Out Service
 - We Reserve The Right To Limit Quantities
- www.mashekfoodcenter.com

#9528

PRICES EFFECTIVE MONDAY, OCTOBER 2 THROUGH SUNDAY, OCTOBER 8, 2023

FALL FAVORITES for Less!

OCTOBER IS SEAFOOD MONTH

Best Choice Cooked Shrimp
100-150 Ct., 12 Oz. **\$5.99**

Frozen Catfish Nuggets
12 Oz. **\$1.79** Lb.

Frozen Alaskan Pollock
12 Oz. **\$4.49** Lb.

Seafarer Imitation Crab
16 Oz. Selected Varieties **\$3.29**

Sea Best Argentine Raw Shrimp
16-20 Ct., 2 Lb. **\$16.99**

Best Choice Tilapia Fillets
32 Oz. **\$8.99**

Seapak Shrimp, Breaded Calamari, Poppers, Bites or Beer Battered Cod Fillets
8-20 Oz. Selected Varieties **\$5.99**

Gorton's Fish Fillets or Sticks
6.3-8.4 Oz. Selected Varieties **\$5.49**

Fresh Boneless Beef Chuck Roast
Product of the USA
\$5.99 Lb.

Fresh Sirloin Tip Roast
\$5.29 Lb.

Fresh Bone-In Pork Butt Roast
Product of the USA
\$1.99 Lb.

Fresh Boneless Beef Chuck Steaks
Product of the USA
\$6.99 Lb.

Fresh Whole Chicken
Product of the USA
\$1.79 Lb.

Fresh Bone-In Pork Steaks
Product of the USA
\$2.19 Lb.

Fresh Boneless Beef Ribeye Steaks
Product of the USA
\$12.99 Lb.

Tyson Chicken Wing Sections
2.5 Lb., 10 Oz. **\$5.99**

Best Choice Bratwurst or Italian Sausage
16 Oz. Selected Varieties **\$3.49**

Reser's Main St. Bistro Twice Baked Potatoes
20 Oz. Selected Varieties **\$4.79**

Armour Meatballs
11-14 Oz. Selected Varieties **\$3.29**

Land O'Frost Deli Shaved Lunchmeat
7.5-9 Oz. Selected Varieties **\$2.99**

Tyson Breaded Chicken
20.5-32 Oz. Selected Varieties **\$5.99**

October is APPLE Month!

Michigan Apples
3 Lb., Selected Varieties **\$2.99**

Honeycrisp Apples
1 Lb. **\$5.99**

Best Choice Russet Potatoes
5 Lb. **\$1.99**

Yellow Onions
5 Lb. **\$1.99**

Red, Green or Black Seedless Grapes
\$2.99 Lb.

NatureSweet Cherubs Tomatoes
10 Oz. **2/\$5**

Highline Whole White Mushrooms
8 Oz. **2/\$3**

Dole Salad Blends
5-12 Oz. Selected Varieties **2/\$5**

Happy Apples Caramel Apples
2/\$3

Eat Smart Vegetables
10-12 Oz. or Broccoli Slaw
10 Oz. Selected Varieties **2/\$5**

The Little Potato Company Potatoes
24 Oz. **2/\$5**

Hothouse Red, Yellow or Orange Bell Peppers
\$1.29 Ea.

Jack O'Lantern Pumpkins
Large Size **\$5.99** Ea.

Kellogg's Cereal
9-10.5 Oz. Selected Varieties **2/\$7**

Dunkin' Coffee
10-12 Oz. Ground or 10 Ct. 4-Cups. Selected Varieties **\$6.99**

Minute Maid Premium Orange Juice
59 Oz. Selected Varieties **\$2.89**

Kemps Vanilla Ice Cream Sandwiches
6 Ct. **2/\$4**

Pepsi Products
12 Pack, 12 Oz. Cans, Selected Varieties **2/\$12**

Mott's Applesauce
12 Oz. Selected Varieties **2/\$4**

Planet Oat Creamer
12 Oz. Selected Varieties **\$2.99**

Kraft String or Expertly Paired Cheese or Cracker Barrel Cheese Sticks
7.5-9 Oz. Selected Varieties **\$3.49**

Stouffer's Family Size Entrées
28-40 Oz. Selected Varieties **\$8.99**

DELI & BAKERY

Mrs. Gerry's Deviled Egg Potato Salad
1 Lb. **\$4.99**

Deli Ham
\$3.79 Lb.

Rotella's Italian Bakery Sandwich Bread
17-19 Oz. Selected Varieties **2/\$5**

Gregory's Ready To Bake Bag Full of Cookies
36-48 Ct. Selected Varieties **\$9.99**

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

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WOW DEAL

Rice A Roni or Pasta Roni
4.3-7.2 Oz.
Selected Varieties

89¢

General Mills Cereal
8.9-12 Oz.
Selected Varieties

2/\$4

MUST BUY 2 IN A SINGLE TRANSACTION OR SINGLES AT \$3.00

Best Choice Apple Juice
64 Oz.

\$1.89

Ragu Pasta Sauce
15.5-24 Oz.
Selected Varieties

\$1.99

Campbell's Chunky Soup
18.5-19 Oz.
Selected Varieties

\$2.29

Bush's Best Chili Beans
15.5-16 Oz.
Selected Varieties

2/\$3

V-8 Vegetable or V-Fusion Juice
46 Oz. or Campbell's Tomato Juice 64 Oz. Selected Varieties

\$3.69

Best Choice Ketchup
24 Oz.

\$1.69

Best Choice Soft Taco Flour Tortillas
10 Ct.

\$1.49

Kraft Mac & Cheese Dinner
5.5-7.25 Oz.
Selected Varieties

4/\$5

Betty Crocker Delights Brownie, Muffin or Cookie Mix
12.3-19.1 Oz.
Selected Varieties

2/\$5

Maxwell House Wake Up Roast Ground Coffee
30.65 Oz.

\$6.99

Quaker Oats
18 Oz.
Selected Varieties

\$3.89

Quaker Instant Oatmeal
6-10 Oz.
Selected Varieties

\$3.49

Kellogg's Special K Pastry Crisps
12 Oz.
Selected Varieties

2/\$5

XTRA Laundry Detergent
16.07-16.5 Liquid, Selected Varieties

2/\$5

Baking with Best Choice.

Pumpkin Cookies Recipe

- 3 cups sugar
1 cup shortening
2 eggs
1 tsp. vanilla
Combine above using a mixer.
- 5 cups flour
1 tsp. salt
2 tsp. baking powder
2 tsp. baking soda
2 tsp. nutmeg
2 tsp. cinnamon
Mix dry ingredients together.
- Add pumpkin & dry ingredients alternately to the liquid mixture. Then add chocolate chips & walnuts. Mix well.
- Drop by teaspoonfuls onto a greased cookie sheet.
- Bake at 350 degrees for 10 minutes.

1 (15 oz.) can pumpkin
12 oz. chocolate chips
1 cup chopped walnuts

Best Choice Pumpkin
2/\$3

Best Choice Baking Chips
10-12 Oz.
Selected Varieties

2/\$4

Best Choice Pure Vanilla Extract
2 Oz.

\$5.49

Best Choice Baking Nuts, Walnuts or Almonds
2 Oz.
Selected Varieties

2/\$3

Best Choice Evaporated Milk
12 Oz.

\$1.49

Best Choice Sweetened Condensed Milk
14 Oz.

\$1.99

Best Choice Fudge Brownie Mix
18.3 Oz.

\$1.79

SNACKS AND DRINKS

Doritos
5.5-8.5 Oz.
Selected Varieties

2/\$7

Cheez-It Crackers
9-12.4 Oz.
Selected Varieties

2/\$6

Hostess Snacks
5-10 Oz.
Selected Varieties

\$2.99

Betty Crocker or Mott's Fruit Snacks
6-10 Ct.
Selected Varieties

2/\$4

Nestlé Hot Cocoa Mix
8 Ct.
Selected Varieties

2/\$3

Kool-Aid Bursts
8 Ct.
Selected Varieties

2/\$3

Capri Sun or Country Time Flavored Drink
10 Ct.
Selected Varieties

\$2.99

Best Choice Soda or Mixers
2 Liter Bottle, Selected Varieties, Plus Discount Where Required

4/\$5

DAIRY DEALS

Yoplait Go-Gurt
16 Oz., Selected Varieties

2/\$4

MUST BUY 2 IN A SINGLE TRANSACTION OR SINGLES AT \$3.00

Philadelphia Cream Cheese Spread
7.5-8 Oz.
Selected Varieties

\$3.99

Pillsbury Crescent Rolls
8 Oz., Sweet Rolls 12.4-13.9 Oz., Pizza Crust 8-16.3 Oz., Cornbread Swirls 11 Oz., Corndog Wraps 11.5 Oz. or French Bread 11 Oz., Selected Varieties

2/\$6

Yoplait Yogurt
4.6 Oz.
Selected Varieties

10/\$6

Dannon Activia Yogurt
4 Pkts. 4 Oz. or Danimals Smoothie 6 Pkts. 3.1 Oz.
Selected Varieties

2/\$6

Land O Lakes Butter
15-16 Oz.
Selected Varieties

\$3.99

FROZEN DEALS

Totino's Pizza Rolls
50 Ct.
Selected Varieties

2/\$6

MUST BUY 2 IN A SINGLE TRANSACTION OR SINGLES AT \$4.00

Best Choice Orange Juice
12 Oz.
Frozen Concentrate, Selected Varieties

2/\$5

Red Baron Pizza
16.77-23.43 Oz.
Selected Varieties

2/\$9

Jack's Pizza
13.8-16.1 Oz.
Selected Varieties

3/\$11