

Freeman Foods

TWO LOCATIONS!

OPEN

7 Days a Week!
Monday thru Saturday
7:00 am - 8:00 pm
Sunday 9:00 am - 6:00 pm



119 N Main
North English, IA
319.664.3453



268 8th Ave
Wellman, IA
319.646.6721

• We Welcome
W.I.C. & Food Stamps



#8060
#0694

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department & Walk In Beer Cooler
- Locally Owned And Operated!

Prices Effective Tuesday, October 3 Through Monday, October 9, 2023

FALL FAVORITES for Less!



Michigan Gala,
McIntosh, Fuji, Jonathan,
Red or Golden
Delicious Apples
3 Lb. Bag **2/\$6**



Marzetti
Caramel Dip
13.5 Oz. Ctn.,
Selected Varieties
or 6 Ct. Singles **\$4.99 Ea.**



Honeycrisp Apples **\$1.79 Lb.**



Zeigler's
Old Fashioned
Apple Cider
128 Oz. Bl. **\$5.99 Ea.**



Affy Tapple
Caramel Apples **\$4.99 Ea.**
3 Pk., Plain or with Peanuts



Pumpkins **2/\$10**



Whole Chicken **\$1.49 Lb.**

Assorted Pork Chops
Bone-In **\$1.99 Lb.**

Boneless Beef
Chuck Arm
Roast
USDA Choice **\$5.99 Lb.**



XTRA
Liquid Laundry Detergent
56-57.6 Oz., Selected Varieties **2/\$5**



Nabisco
Party Size
Cookies or Crackers
8 Oz., Selected Varieties **\$5.99**



General Mills
Cereal
8.9-12 Oz., Selected Varieties **2/\$6**



PRICES EFFECTIVE: 10/4/23-10/10/23

GET MORE
MORE Special Offers
MORE Digital Coupons
MORE Ad Pages
MORE SAVINGS!
Download our App!



FREE
WITH DIGITAL COUPON
LIMIT 1
Best Choice
Brownie Mix
18.3 Oz.



SAVE \$1.00
on 2
WITH DIGITAL COUPON
LIMIT 1
Malt O Meal
Cereal
21.30 Oz.,
Selected Varieties



SAVE \$1.00
on 2
WITH DIGITAL COUPON
LIMIT 1
Daisy Brand
Sour Cream or
Cottage Cheese with Fruit
4.8 Oz.,
Selected Varieties



SAVE \$1.00
on 1
WITH DIGITAL COUPON
LIMIT 1
Nabisco
Party Size
Cookies or Crackers
25.03-27.4 Oz.,
Selected Varieties



Milo's
Tea
Gallon **2/\$6**



Anderson
Erickson
Orange Juice
Gallon **\$5.99**



Anderson
Erickson
Chip Dip
8 Oz., Selected Varieties **2/\$3**



Roma
Pizza
Selected Varieties **3/\$10**



Old Dutch
Kettle Cooked
Chips
8 Oz., Selected Varieties **2/\$7**



Best Choice
Buns
8 Ct., Selected Varieties **2/\$4**

Like Us On **facebook** VISIT OUR FACEBOOK PAGE OR WEBSITE FOR WEEKLY SPECIALS!
WWW.FREEMANFOODS.NET

Due to supply uncertainty, some ad items may be out of stock. We are unable to provide rainchecks at this time. We apologize for any inconvenience.

*All items shown may not be available in all stores, some regional differences may occur. We reserve the right to correct printing errors, set limits and/or refuse sales to commercial/wholesale customers.

GLT_DIGITAL GLT_DIGITAL_8060_0694_P1_100423_K

GROCERY Essentials!



\$2.99

Capri Sun
Juice Drink or
Country Time
Lemonade
Pouches
10 Ct., Selected Varieties



\$1.99

Ragu
Pasta Sauce
15.5-24 Oz.
Selected Varieties



2/\$7

Frito-Lay
Doritos
Tortilla Chips
or Ruffles
Potato Chips
or Ridge Twists
5.5-10.75 Oz.
Selected Varieties



\$2.99

Hostess
Snacks
4-10 Ct.
Selected Varieties



\$3.49

Campbell's
Tomato Juice
64 Oz. or
V8 Juice
46 Oz., Selected Varieties



\$2.29

Campbell's
Chunky Soup
18.6-19 Oz.
Selected Varieties



2/\$6

Cheez-It
Snack Crackers
9-12.4 Oz.
Selected Varieties



2/\$6

Betty Crocker
or Mott's
Fruit Snacks,
Gushers or
Fruit By The Foot
6-10 Ct., Selected Varieties



2/\$7

Kellogg's
Cereal
9-16.6 Oz.
Selected Varieties



\$2.49

Pace
Salsa or
Picante Sauce
16 Oz., Selected Varieties



4/\$5

Kraft
Macaroni & Cheese
Dinners
5.5-7.25 Oz.
Selected Varieties



2/\$3

Kool-Aid
Bursts Drink
6 Ct., Selected Varieties



2/\$3

Bush's Best
Chili Beans
15.5-16 Oz.
Selected Varieties



4/\$5

Van Camp's
Beanitos
7.75 Oz.



\$6.99

Bustelo
Coffee K-Cups
or Dunkin' K-Cups
or Bagged Coffee
or Hot Cocoa
K-Cups
10-12 Ct. or 10-12 Oz.,
Selected Varieties



\$6.99

Maxwell House
Wake Up Roast
Ground Coffee
30.65 Oz.



\$4.49

Propel
Electrolyte
Water Beverage
6 Pack 16.9 Oz.,
Selected Varieties



2/\$5

Betty Crocker
Cake Mix,
Cookie, Brownie,
Bars, Muffin Tops
or Muffin &
Quick Bread Mix
1.76-19.1 Oz.,
Selected Varieties



\$2.29

Quaker
Rice Crisps
3.03-3.52 Oz.
Selected Varieties



2/\$7

Toasted
Snack Crackers
6 Oz., Selected Varieties



2/\$5

Kellogg's
Special K
Pastry Crisps
12 Ct., Selected Varieties



\$3.99

Jolly Time
Microwave
Popcorn
6-10 Ct., Selected Varieties



2/\$5

Murray
Sugar Free
Cookies
7.7-8.8 Oz.,
Selected Varieties

Best Choice. BEST QUALITY AND VALUE

www.bestchoicebrand.com



\$1.99

Best Choice
Peanut Butter
16-16.3 Oz.
Selected Varieties



\$1.69

Best Choice
Tomato Ketchup
24 Oz.



\$1.99

Best Choice
Chili With Beans
19 Oz.



2/\$4

Best Choice
Family Size
Macaroni &
Cheese
Dinner
14.5 Oz.



\$1.79

Best Choice
Brownie Mix
18.3 Oz.



\$2.49

Best Choice
Tortilla Shells
12 Ct.



\$1.49

Best Choice
Authentic
Soft Taco Size
Flour Tortillas
10 Ct.



\$2.29

Best Choice
Bean Dip
9 Oz., Selected Varieties



4/\$5

Best Choice
Soda, Tonic,
Club Soda or
Seltzer Water
67.6 Oz., Selected Varieties



\$3.99

Best Choice
Allergy Elixir
4 Oz.



\$13.99

Best Choice
Club Pack
Supreme Diapers
48-80 Ct., Selected Varieties



\$7.99

Best Choice
Training Pants
18-25 Ct., Selected Varieties

HOUSEHOLD ESSENTIALS & HEALTH & BEAUTY

AT PARTICIPATING STORES



\$3.49

Q-tips
Cotton Swabs
375 Ct., Selected Varieties



\$6.49

Colgate
Optic White
Advanced
Toothpaste
3.2 Oz., Selected Varieties



\$3.99

Lysol
Kitchen or
All Purpose
Cleaner or
Toilet Bowl
Cleaner
2.35 Ct. or 22-32 Oz.,
Selected Varieties



\$7.49

Finish
Powerball or Quantum
Dish Detergent
22-36 Ct. or
Jet-Dry Rinse Aid
16 Oz., Selected Varieties



\$2.69

Febreze
Air Freshener
66-8.8 Oz., 1 Ct., 7.5 Mt.,
Selected Varieties



\$4.99

Microban
Multi-Purpose or
Bathroom Cleaner
32 Oz., Selected Varieties

QUALITY Meats

\$2.49
Lb.

Western Style
Pork Ribs
Bone In

\$2.99
Lb.

Center Cut
Chops
Bone In

\$4.99
Ea.

Jennie-O
Ground Turkey
16 Oz.

\$2.99
Lb.

Bone-In
Turkey Breast
Frozen, Grade A

SEAFOOD SPECIALS



Gorton's
Seafood
6.3-11.4 Oz. Pkg.
Selected Varieties

\$4.99
Ea.



\$5.99
Ea.

Best Choice
Raw-E-Z Peel
Shell-On Shrimp
1 Lb. Bag, 41-50 Ct., Frozen



Best Choice
Cooked Peeled
Tail-On Shrimp
16 Oz. Bag, 51-60 Ct., Frozen

\$6.99
Ea.



\$3.99
Jimmy Dean
Smoked Sausage
Links or Ropes
12-14 Oz.,
Selected Varieties



\$4.99
Jimmy Dean
Smoked Bacon
12 Oz.,
Hickory or Applewood



\$1.69
Bar S
Franks
16 Oz., Selected Varieties



\$2.99
Land O'Frost
Deli Shaved
Sandwich Meats
7.5-8 Oz.,
Selected Varieties



\$5.99
Tyson
Breaded Chicken
20-32 Oz.,
Selected Varieties



\$3.99
Best Choice
Bratwurst or
Italian Sausage
16 Oz.,
Selected Varieties

DAIRY Favorites!



10/\$6
Yoplait
Yogurt
4-6 Oz., Selected Varieties



\$2.79
Crystal Farms
Natural Slices
or Singles
6-7 Oz., Selected Varieties



2/\$6
Pillsbury Crescents, Cinnamon
or Orange Danish Rolls,
Sweet Biscuits, Cornbread Swirls,
Mini Cinni Stix, Pizza Crust,
Crusty French Bread or Loaf
or Corn Dog Wraps
6-16.3 Oz., Selected Varieties



2/\$6
Minute Maid
Premium
Orange Juice
59 Oz., Selected Varieties



\$3.33
Sargento
Balanced Breaks
3-Pack
4.5 Oz., Selected Varieties



\$3.29
Country Crock
Plant Butter
with Olive Oil
10.5 Oz.



\$3.99
Land O Lakes
Butter
13-16 Oz.,
Selected Varieties



\$3.49
Kraft
String, Twist
Cheese Sticks or
Expertly Paired
Snacking Sticks
7.5-12 Oz., Selected Varieties



2/\$6
Yoplait
Go-Gurt
16 Oz., Selected Varieties



2/\$6
Dannon
Activia Yogurt
or Danimals
Smoothie Drinks
4-6 Ct., Selected Varieties



\$2.99
Blue Diamond
Almond Breeze
Almondmilk
Creamer
32 Oz., Selected Varieties



\$5.49
Pillsbury
Cookie Dough
30 Oz., Selected Varieties



\$3.99
Philadelphia
Soft or Whipped
Cream Cheese
Spread
7.5-8 Oz., Selected Varieties



\$3.49
Egg
Beaters
15-16 Oz.,
Selected Varieties



\$2.99
Planet Oat
Oatmilk
Creamer
32 Oz.,
Selected Varieties



\$3.99
Best Choice
Cream Cheese
Spread
16 Oz.



\$3.49
Best Choice
American
Singles
16 Oz.

FROZEN How Fresh Stays Fresh!



\$3.99
Best Choice
Ice Cream
48 Oz., Selected Varieties



3/\$11
Jack's
Original Thin Crust
Pizza
13.5-16.1 Oz., Selected Varieties



2/\$4
Smart Ones
Entrées
6.49-10.25 Oz., Selected Varieties



\$7.49
P.F. Chang's
Entrées
20-22 Oz.,
Selected Varieties



2/\$9
Red Baron
Pizza
15.77-23.45 Oz.,
Selected Varieties



2/\$8
Tostitos
Sweet Potato Fries
28-40 Oz., Selected Varieties



\$8.99
Stouffer's
Family Size
Entrées
28-40 Oz., Selected Varieties



\$7.49
Birds Eye
Voial
Skillet Meals
42 Oz., Selected Varieties



\$7.49
Bertolli
Pasta Meals
22 Oz., Selected Varieties



2/\$6
PictSweet Farms
Sweet Potato
Fries
18-20 Oz., Selected Varieties



2/\$5
PictSweet Farms
Roasting, Grilling, Skillet
or Air Fryer Vegetables
11-18 Oz. or 4 Ct., Selected Varieties

FRESH PRODUCE *Everyday!*



99¢ Ea.
Hass
Avocados

\$4.99 Ea.
Best Choice
Russet Potatoes
10 Lb. Bag

\$1.99 Ea.
Medium
Yellow Onions
3 Lb. Bag

\$3.99 Ea.
Pure Flavor
Tri Color
Bell Peppers
3 Ct. Pkg.

2/\$6
Red Raspberries
or Blackberries
9 Oz. Ctn.

\$2.49 Ea.
Fresh
Cranberries
12 Oz. Bag

\$5.99 Ea.
Halos
Mandarins
3 Lb. Bag

\$1.79 Lb.
Anjou, Bartlett,
Bosc or Red
Pears

\$2.99 Ea.
NatureSweet
Cherubs
Tomatoes
10 Oz. Pkg.

99¢ Lb.
Assorted
Hard Shell
Squash

\$3.99 Ea.
The Little Potato
Company
Potatoes
1.5 Lb. Bag,
Selected Varieties

2/\$5
Dole
Salad Blends
5-12 Oz. Bag,
Selected Varieties

2/\$5
Eat Smart
Vegetables
10-12 Oz. Bag,
Selected Varieties

\$5.99 Ea.
Taylor Farms
Small Veggie Tray
with Ranch Dip
18 Oz. Pkg.

\$1.99 Ea.
Highline
Whole
White Mushrooms
8 Oz. Pkg.

\$5.99 Ea.
Herdez
Guacamole
19 Oz. Ctn.,
Traditional or Spicy

DELI & BAKERY *Favorites!*

\$7.99 Lb.
Kretschmar
Off The Bone Chicken
or Pepper Jack Cheese
Selected Varieties

\$9.99 Ea.
La Terra Fina
Quiche
23 Oz. Pkg., Selected Varieties

\$3.49 Ea.
Carando
Calzone
6 Oz. Pkg., Meatball or Pepperoni

\$4.99 Ea.
Café Valley
Cream Cakes
26 Oz. Pkg., Selected Varieties

\$1.99 Ea.
Baked Fresh
French Bread Loaf
19.5 Oz. Loaf,
Available At Participating Stores

\$4.99 Ea.
Brill
Sliced Loaf Cake
16 Oz. Pkg., Selected Varieties

ADDITIONAL SPECIALS

2/\$20
Bogle
Wine
750 Ml. Bottle,
Plus Deposit

\$29.99
Crown Royal
750 Ml. Bottle,
Vanilla, Apple or Peach,
Plus Deposit

\$2.00 OFF
Miller Lite
Beer
12 Pack,
Plus Deposit

ON THE GRILL
NORTH SIDE OF FREEMAN
FOODS IN WELLMAN
& NORTH ENGLISH
SATURDAY
OCTOBER 7, 2023
11 AM - 1 PM

\$7.00
Ribeye Steak
Sandwich

\$4.00
Smoked
Chop-On-A-Stick

\$4.00
Pork Burger

\$1.00
Hot Dog

\$2.00
Hot Dog

\$4.00
Marinated
Chicken Breast

\$3.00
Fresh Brat

FALL

for Low Prices

PRICES EFFECTIVE ALL WEEK



80% Lean
Ground Beef

\$3.99
Lb.



Pork Shoulder
Roast
Bone-In

\$1.99
Lb.



Boneless
Beef Tenderloin
Roast
US Inspected

\$10.99
Lb.



Sold in
20 Lb.
Box

Chicken
Drumsticks
Fresh

89¢
Lb.



Sold in
5 Lb.
Package

Sugardale
Sliced Slab
Bulk Bacon
Original or Applewood

\$4.99
Lb.



Best Choice
Tilapia or Swai
Fillets
32 Oz. Bag, Frozen

\$7.99
Ea.

DESTINATION: TAILGATE® WIN

a Trip to YOUR Favorite Tailgate Destination!



• Enter October 4th - 31st, 2023 •

8 GRAND PRIZES

Air fare and 2-night hotel stay for 4* PLUS! \$500 for event tickets and tailgate supplies

(A total of 8 Grand Prizes to be given away. APV \$3,250 per Grand Prize)

SECOND PLACE PRIZES

\$156,200 IN GROCERY GIFT CERTIFICATES

Each participating store will randomly draw 4 winners. One winner each week to receive a \$50 grocery gift certificate.



To ENTER:

Click [here](https://www.destinationtailgate.com) or visit www.destinationtailgate.com

*Eligible in the continental US. No purchase necessary. Valid only at participating stores. See official rules for details. Promotion runs 10/4/23-10/31/23.

Daisy
BRAND

Mondelez
INTERNATIONAL
SNACKING MADE RIGHT

Blue Bunny

Post

P&G

fiora

Campbell's

Kellogg's

CONAGRA
FARMERS

SCHWAN'S
HOME DELIVERY

Nestlé

Kraft



2/\$5

Nabisco
Chips Ahoy!
Cookies
9.5-13 Oz., Selected Varieties



2/\$3

Daisy Brand
Sour Cream or
Cottage Cheese
with Fruit
6-8 Oz., Selected Varieties



4/\$5

Campbell's
SpaghettiOs
or Spaghetti
15.8 Oz., Selected Varieties



\$1.49

SpaghettiOs
with Meat
15.6 Oz., Selected Varieties



2/\$7

Malt O Meal
Cereal
21-30 Oz.,
Selected Varieties



2/\$6

Kellogg's
Nutri Grain Bars
or Rice Krispies
Homestyle Treats
6-8 Ct., Selected Varieties



\$3.99

Blue Bunny
Ice Cream
46-48 Oz.,
Selected Varieties



\$5.99

Mr. Clean
Clean Freak or
Magic Eraser
16 Oz. or 4-16 Ct.,
Selected Varieties



\$21.99

Bounty
Paper Towels
6-12 Roll, Selected Varieties