



For over 42 years we have been known for our USDA Choice Meats,  
Super Fresh Produce, Best Choice and  
Always Save Products.



**TOP QUALITY AT FAIR PRICES**

**STORE LOCATIONS • PHONE NUMBER • HOURS:**

**ALLISON**

Ph. 319-267-2650

Mon. - Sat.: 7:30 a.m. - 7:30 p.m.  
Sun.: 9 a.m. - 1 p.m.

**DUMONT**

Ph. 641-857-3285

Mon. - Sat.: 8 a.m. - 6 p.m.

**SUMNER**

Ph. 563-578-3364

Mon. - Sat.: 8 a.m. - 9 p.m.; Sun.: 8 a.m. - 7 p.m.  
Del. Hours: Mon. - Sun. 8 a.m. - 6 p.m.  
**CLOSED SEPT. 4 - LABOR DAY**

**SERVICES:** Available at Select Locations

Catering • Beer & Wine • Carry Out Service • Carpet Express  
USDA Choice Angus Beef • Fresh Produce • Full Service Deli

Ready for fall  
**Family Meals**



**\$5.99** ea.  
**Smithfield**  
Marinated Pork  
Loin Filet  
16-27 oz.  
Selected Varieties



**\$4.99** lb.  
**USDA Choice**  
Boneless  
Arm Roast



**\$1.99** ea.  
**Best Choice**  
Tortillas  
8 ct.  
Selected Varieties



**\$1.79** ea.  
**WOW! DEAL**

**Pillsbury Grands!**  
Biscuits 16.3 oz.  
Selected Varieties



**\$1.89** ea.  
**WOW! DEAL**

**Best Choice**  
Cranberry  
Juice Cocktail  
84 oz.  
Selected Varieties

**From Our Table To Yours**



**\$1.99** ea.  
**Best Choice**  
Red or Gold  
Potatoes 5 lb.



**\$1.49** ea.  
**California**  
Iceberg Lettuce



**Best Choice**  
Premium  
Paper Towels  
8 Giant Rolls or Bath  
Tissue 12 Mega Rolls  
Selected Varieties

**\$7.99** ea.  
**WOW! DEAL**

**GOOD**  
**BUYS!**

BESIDES OUR AD ITEMS, WE  
ALSO HAVE HUNDREDS OF  
"GOOD BUYS" EVERY WEEK  
TO GIVE OUR CUSTOMERS  
LOWER PRICES. "GOOD  
BUYS" CHANGE WEEKLY.

**PRICES IN THIS AD EFFECTIVE: Wednesday, September 27, 2023 through Tuesday, October 10, 2023** Thank you for shopping locally!

WE RESERVE THE RIGHT TO LIMIT QUANTITIES-NOT RESPONSIBLE FOR PICTURE ERRORS OR MISPRINTS

WE APPRECIATE YOUR PATIENCE AS SOME OF THESE PRODUCTS MAY ALSO BE TEMPORARILY UNAVAILABLE.

THANK YOU FOR CHOOSING OUR STORE FOR YOUR SHOPPING NEEDS. NO RAINCHECKS--WHILE SUPPLIES LAST--NO RETURNS

# Meat



**\$1.99** ea.  
Lean & Meaty  
Pork Steak  
or Roast



SOLD IN  
FAMILY  
PACK

**\$1.99** lb.  
Grade A  
Boneless Skinless  
Chicken Breast



**\$4.99** ea.  
Johnsonville  
Bratwurst or  
Sausage Links  
19 oz.  
Selected Varieties



**\$3.99** ea.  
Johnsonville  
Smoked Brats  
or Sausage  
12-14 oz.  
Selected Varieties



**\$5.99** ea.  
Taster Choice  
Meals  
24 oz.  
Selected Varieties



**\$5.99** ea.  
Gary's Quick Steak  
10.5 oz.  
Selected Varieties

# Produce

**\$4.99** lb.  
California  
Strawberries



**\$1.99** ea.  
Highland  
Sliced White  
Mushrooms  
8 oz.



**\$5.99** ea.  
Imported  
Mandarins  
3 lb.



**99¢** lb.  
Sweet  
Potatoes  
US #1

# Bakery



**\$11.99** ea.  
The Father's Table  
Variety Sampler  
Cheesecake  
32 oz.



# Grocery



**\$3<sup>99</sup>**  
ea.

**Pearl Milling Company Syrup**  
24 oz.  
Selected Varieties



**\$3<sup>49</sup>**  
ea.

**Pearl Milling Company Pancakes & Waffle Mix**  
24-32 oz. Selected Varieties



**Progresso Soup**  
18-19 oz.  
Selected Varieties

**WOW! DEAL**

**2/5<sup>4</sup>**



**Best Choice Saltines** 16 oz.  
Selected Varieties

**3/5<sup>5</sup>**



**Kraft Deluxe Macaroni & Cheese or Velveeta Shells & Cheese Dinners**  
9.4-14 oz.  
Selected Varieties

**\$3<sup>99</sup>**  
ea.



**Koel-Aid Jammers**  
10 ct.  
Selected Varieties

**2/5<sup>5</sup>**



**Crystal Light Drink Mix**  
Makes 10-12 qts. or On The Go Packs 6-10 ct.  
Selected Varieties

**\$2<sup>49</sup>**  
ea.



**Kraft Mirado Whip** 30 oz.  
Selected Varieties

**\$6<sup>29</sup>**  
ea.



**Kraft Mayonnaise** 30 oz.  
Selected Varieties

**\$5<sup>49</sup>**  
ea.



**\$7<sup>49</sup>**  
ea.  
Selected Varieties



**Best Choice Applesauce**  
23-24 oz.  
Selected Varieties

**\$2<sup>29</sup>**  
ea.



**\$3<sup>49</sup>**  
ea.

**Kraft Salad Dressing**  
14-15 oz. Selected Varieties

**\$3<sup>99</sup>**  
ea.



**Mio or Crystal Light Drink Enhancer**  
1.62 oz.  
Selected Varieties



**Chex Mix, Garden of Eatin', Bugles or Muddy Buddies**  
2.17-25 oz.  
Selected Varieties

**4/8<sup>8</sup>**



**Best Choice Cookie Mix**  
12.5 oz.  
Selected Varieties

**2/5<sup>4</sup>**

## Frozen



**\$12<sup>99</sup>**  
ea.

**Best Choice Lasagna**  
80 oz.



**2/5<sup>7</sup>**  
48 oz.  
**Best Choice Ice Cream Scoops**  
Selected Varieties

**\$3<sup>99</sup>**  
ea.



**Kemp's Sherbet 54 oz. Ice Cream or Frozen Yogurt 48 oz. or Ice Cream Novelties 4-12 ct.**  
Selected Varieties



**\$5<sup>49</sup>**  
ea.

**Van de Kamp's Breaded Fish Sticks or Fillets**  
15-24.6 oz.  
Selected Varieties



**\$3<sup>99</sup>**  
ea.

**Mr. Dell's Potatoes**  
24-32 oz.  
Selected Varieties



**\$4<sup>99</sup>**  
ea.  
**El Monterey Burritos**  
30-4-32 oz.  
Selected Varieties

## Dairy

**\$3<sup>79</sup>**  
ea.

**Best Choice Butter**  
16 oz.  
Selected Varieties



**2/5<sup>5</sup>**  
23 oz.  
Selected Varieties

**\$3<sup>99</sup>**  
ea.



**Coffee-mate Liquid Creamer**  
25-32 oz.  
Selected Varieties



**2/5<sup>5</sup>**  
8 oz.  
**Crystal Farms Cheese**  
Selected Varieties

# Chips



**2/\$6**

Lay's  
Potato  
Chips  
5-7.75 oz.  
Selected Varieties



**2/\$6**

Lay's Kettle  
Chips  
8 oz.



**2/\$7**



Cheetos or Fritos  
6.5-10 oz.

# Beverages



**\$10.99**

Pepsi Products  
24 pk., 12 oz. cans + DEP



**2/\$4**

Coke  
Products  
2 hr. bottles  
+ DEP

**3/\$12**

Coke Products  
6 pk., 16.9 oz.  
bottles + DEP



**3/\$4**

Gatorade  
20 oz.  
Selected  
Varieties



**2/\$4**

Lipton Tea  
64 oz.



**2/\$4**

Prime Hydration  
Drink 16.9 oz.



**\$22.99**

Busch Light  
33 pk., 12 oz.  
cans + DEP



**3/\$12**



Dr Pepper &  
7UP Products  
6 pk., 16.9 oz. bottles + DEP



**\$9.99**

Keystone  
Light  
15 pk., 12 oz.  
cans + DEP