

# Ken's SUPER FAIR FOODS.

FOOD FAIR & SHELL EXPRESS

www.kenssuperfair.com

• ABERDEEN • GROTON • CLARK • IPSWICH • EUREKA • BRITTON •

## PARADE CANDY

For ALL Your Homecoming Parade Needs!

\*\* 25 or 30 Lb. Boxes Available



USDA Choice Demkota  
Whole New York  
Strip

**\$8.99**  
Per Lb.



Best Choice  
Red or Gold  
Potatoes  
5 Lb. Bag

**\$1.99**



Kauk's  
Smoked Fry  
Sausage

**\$5.29**  
Per Lb.



Betty Crocker  
Dinner Helpers  
4.7-8.7 Oz. Boxes

**2/\$3**



Campbell's  
Tomato or Chicken  
Noodle Soup  
10.75 Oz. Cans

**3/\$4**



Post Pebbles 11 Oz.,  
Waffle Crisp 11.5 Oz.,  
Honeycomb 12.5 Oz.,  
or Golden Crisp 14.75 Oz. Boxes

Sale Price  
**2/\$6**  
- \$1.00  
Digital Coupon  
Net Price

**2/\$5**



Tide  
Liquid 127-146 Oz.  
or Pods 45 Ct.

**\$19.99**



**Bounty**  
8 Triple or  
12 Double Roll Pkg.

**\$20.99**



Hunt's  
Ketchup  
20 Oz. Bottle

**FREE**  
W/\$10 PURCHASE & KEN'S APP

Requires \$10 additional purchase and use of Ken's App

Stop in Ken's Gourmet Coffee Shop  
and check out the NEW  
J & K Creations Chocolates!  
A Good taste of Happy!



## Meat

USDA Choice Demkota  
Boneless Sirloin  
Tip Roast

**\$4.99**  
Per Lb.



## Dairy

Cass Clay  
2% Swiss  
Chocolate Milk  
½ Gallon Jug

**\$2.49**



## Frozen

Orv's  
Ultimate  
Rizer Pizza  
25.45-28.45 Oz.

**\$4.99**



## Liquor

Seagram's 7  
1.75 LITER

**\$19.99**



## Household

Cascade  
Action Pacs  
Dish Detergent  
28-60 Ct. Pkg.

**\$12.99**



## Bakery

Ken's  
Bakery Fresh  
White Brat Buns  
6 Count

**\$2.99**



## Deli

Cheese of the Week!  
BelGioioso  
Parmesan  
Wedge  
5 Oz. Pkg.

**\$3.49**  
Each



Coffee • Gourmet Drinks  
Gourmet Foods  
Sunday 9 AM - 1 PM  
Monday-Friday 7 AM - 5 PM  
Saturday 8 AM - 2 PM  
Call 605-225-6671



**\$2 OFF**

Flavor of the Week!  
Cinnamon  
Roll

**\$3.49-\$4.49**

Find us on

Follow us on

PRICES GOOD AT ALL KEN'S LOCATIONS:  
SEPT 24<sup>TH</sup> THRU SEPT 30<sup>TH</sup>

| Sep 24 | Sep 25 | Sep 26 | Sep 27 | Sep 28 | Sep 29 | Sep 30 |
|--------|--------|--------|--------|--------|--------|--------|
|        |        |        |        |        |        |        |

*Deli  
Daily  
Specials*

**ABERDEEN ONLY**

**MONDAY**

Pork Chop  
Dinner  
**\$6<sup>99</sup>**

Buy One  
Chicken  
Dinner  
**\$7<sup>99</sup>**

Buy 2nd Dinner  
HALF PRICE

**TUESDAY**

Roast  
Beef  
Combo  
**\$7<sup>99</sup>**  
with Vegetable

1/3 Lb.  
Burger  
with Fries  
**\$5<sup>29</sup>**

**WEDNESDAY**

Homemade  
Meatloaf  
Dinner  
**\$6<sup>99</sup>**

Chinese Day  
Assorted  
Entrees

**THURSDAY**

Famous  
Circus  
Wings  
**\$7<sup>99</sup>**  
Per Lb.

Reuben  
Sandwich  
with Fries  
**\$6<sup>99</sup>**

**FRIDAY**

Walking  
Tacos  
**\$5<sup>00</sup>**

8 Piece  
Chicken  
**\$9<sup>99</sup>**

**SATURDAY**

10 Piece  
Chicken  
Legs Only  
**\$8<sup>99</sup>**

Grilled  
Cheese  
& Small  
Soup of  
the Day  
**\$4<sup>99</sup>**

**SUNDAY**

Whole  
Rotisserie  
Chicken  
**\$8<sup>99</sup>**

Goulash w/  
Potato &  
Veggie  
**\$6<sup>49</sup>**



USDA Choice Demkota  
**Boneless  
Sirloin Tip  
Steak**

**\$5<sup>99</sup>**  
Per Lb.



Ken's  
**85% Lean  
Ground Beef  
10# Tubes**

**\$3<sup>99</sup>**  
Per Lb.



USDA Choice Demkota  
**Boneless New  
York Strip**

**\$9<sup>99</sup>**  
Per Lb.



Hormel  
**Pork Baby  
Back Ribs**

**\$3<sup>49</sup>**  
Per Lb.



Chicken  
**Drumsticks or  
Thighs**

**\$1<sup>49</sup>**  
Per Lb.



18.4-27.2 Oz.

**\$6<sup>49</sup>**  
Each



16 Oz.

**\$4<sup>39</sup>**  
Each



10-14 Oz.

**\$4<sup>59</sup>**  
Each



18 Oz.

**\$6<sup>59</sup>**  
Each



7-9 Oz. Tubs

**\$2<sup>99</sup>**  
Each



12-14 Oz.

**\$3<sup>99</sup>**  
Each



12-24 Oz.

**\$2<sup>99</sup>**  
Each



36 Oz.

**\$8<sup>99</sup>**  
Each



**\$4<sup>99</sup>**  
Each

**Ken's THE BEST MEAT CUT FRESH AND PACKAGED DAILY!**  
Homemade Specialty Meat Items made by Lee from scratch!  
DR. PEPPER PORK CHOPS • BEEF OR CHICKEN KABOBS • SIRLOIN BOMBERS • STUFFED CHICKEN • HOMEMADE MEATLOAF  
MARINATED MEATS • 1/3 LB. FLAVORED HAMBURGER PATTIES • BANANA PEPPER STUFFED CHICKEN BREASTS

**ABERDEEN  
LOCATION  
ONLY**



USDA Prime Demkota  
**New York  
Steak**

**\$13<sup>99</sup>**  
Per Lb.



Westside  
**Jerky**

**\$26<sup>99</sup>**  
Per Lb.



Ken's  
**Fresh Tiger Meat**

**\$7<sup>99</sup>**  
Per Lb.



Fresh  
**Catfish Fillets**

**\$8<sup>99</sup>**  
Per Lb.

**Ken's**

*Deli & Catering*

Ken's Famous  
**Fried Chicken  
Meal Deal**

Includes: 8 Piece Bucket of Chicken,  
1 Lb. Potato Salad, 4 Biscuits

**\$16<sup>99</sup>**



Heat & Serve  
**Full Slab Baby  
Back Ribs**

**\$12<sup>99</sup>**  
Each



Mrs. Gerry's  
**Sweet  
Pepper Slaw**

**\$4<sup>99</sup>**  
Per Lb.



Reser's  
**Chicken  
Salad**  
12 Oz. Tub

**\$4<sup>99</sup>**  
Each



Dietz & Watson  
**Maple Turkey  
Breast**  
16 Oz. Pkg.

**\$9<sup>99</sup>**  
Each



# Ken's DAIRY

## Cass Clay Orange Juice

Regular or w/Calcium



**\$3.69**

1/2 Gallon Plastic Jug

## Prairie Farms Chip Dip



**\$2.49**

16 Oz. Ctn.



Prairie Farms Half & Half

**\$1.99**

Pint Ctn.



Coffee mate Creamer

**\$3.99**

28-32 Oz. Bottle



Simply Potatoes

**2/\$6**

20 Oz. Pkgs.



Bay's English Muffins

**\$3.29**

6 Ct. Pkg.

# Ken's FROZEN



Banquet Family Entrées

**2/\$7**

24-28 Oz. Pkgs.



Nestle Drumsticks

**\$6.99**

8 Ct. Pkg.



Arby's Seasoned Curly Fries 27 Oz. or Idaho Potatoes 24-28 Oz.

**\$4.79**

Each



Smart Ones Entrées

**2/\$4**

6.49-9 Oz. Pkgs.



Eggo Waffles

**\$6.49**

24 Ct. Pkg.



Innovation Cuisine Meals

**\$5.99**

16-18 Oz. Pkg.

# Ken's BAKERY



Black Forest Rye Bread

**\$3.99**

1 Lb. Loaf



Sugar Cookies **\$4.99**

12 Count



Brownies **\$5.99**

8 Count



Glazed Carmel Cake Donuts **\$2.69**

6 Count



Best Choice Mini Cupcakes  
Chocolate Assorted  
Vanilla **\$3.69**

12 Count

# Ken's BAKERY DAILY SPECIALS

ABERDEEN ONLY

| MONDAY             | TUESDAY         | WEDNESDAY                 | THURSDAY             | FRIDAY               | SATURDAY            |
|--------------------|-----------------|---------------------------|----------------------|----------------------|---------------------|
|                    |                 |                           |                      |                      |                     |
| <b>White Bread</b> | <b>Cupcakes</b> | <b>Monster Cookie Day</b> | <b>Jumbo Muffins</b> | <b>Caramel Rolls</b> | <b>French Bread</b> |
| <b>\$2.99</b>      | <b>\$4.99</b>   | <b>\$1.50</b>             | <b>\$1.29</b>        | <b>\$4.99</b>        | <b>\$1.99</b>       |
| 1 Lb. Loaf         | 6 Ct.           | Each                      | Each                 | 6 Ct.                | Loaf                |

Donut Man's Del.

Ask Our Bakery Department About Using Our Donut Board For Your Next Special Event FREE. With Qualifying Purchase.

## SPECIALTY CHEESES

AVAILABLE IN OUR DELI DEPARTMENT

**Ken's**  
LIQUOR STORE  
OF ABERDEEN  
OPEN SUNDAYS!

Liquor prices good in Aberdeen only • Prices Good 9/24/23 to 9/30/23

### LORD CALVERT

1.75 LITER



**\$17<sup>99</sup>**

### JACK DANIELS

1.75 LITER



**\$46<sup>99</sup>**

### JOHNNIE WALKER RED LABEL

750 ML.



**\$22<sup>99</sup>**

### CAPTAIN MORGAN OSR

1.75 LITER



**\$27<sup>99</sup>**

### 19 CRIMES SELECT VARIETALS

750 ML.



**\$8<sup>99</sup>**

### BOGEL CAB, PINOT NOIR, CHARD, MERLOT

750 ML.



**\$8<sup>99</sup>**

### BUSCH, BUSCH LIGHT

18 PK. 16 OZ. CAN



**\$16<sup>99</sup>**

### MICHELOB ULTRA, ULTRA AMBER OR ULTRA LIME

12 PK. BTLS/  
CANS



**\$15<sup>99</sup>**

### COORS, COORS LIGHT

18 PK. 16 OZ. CANS



**\$16<sup>99</sup>**

### OLD MILWAUKEE, OLD MILWAUKEE LIGHT

30 PK.



**\$16<sup>99</sup>**

### CORONA, CORONA LIGHT, MODELO, NEGRA

12 PK. BTLS/CANS



**\$15<sup>99</sup>**

### MILLER LITE

15 PK. ALUM BOTTLES 16 OZ.



**\$15<sup>99</sup>**

### LEINENKUGEL

12 PK. BTLS/  
CANS



**\$15<sup>99</sup>**

### WHITE CLAW

12 PK. 12 OZ. CANS



**\$15<sup>99</sup>**

## BEVERAGES

### 7-UP, A & W, SUNKIST OR SQUIRT

6 PK. HALF LITER BOTTLES

**3/\$10**



### PEPSI, DIET PEPSI OR MT. DEW

12 PK. 12 OZ. CANS

**\$6<sup>69</sup>**



### NIAGARA WATER

24 PK. HALF LITER BOTTLES

**\$3<sup>49</sup>**



### POWERADE

28 OZ. BOTTLES

**10/\$10**



### FEDERAL SPEED-SHOK 12GA 3"

1 1/4 OZ.

**\$18<sup>99</sup>**



BE SURE TO STOP IN FOR  
ALL YOUR SPORTING  
NEEDS!!



### FIOCCHI 12GA 3"

1 1/8 OZ.

**\$17<sup>99</sup>**

### BLACK CLOUD 12GA 3"

1 1/4 OZ.

**\$32<sup>99</sup>**



### MOJO DOVE DECOYS

4 PK.

**\$19<sup>99</sup>**



### MOJO VOODOO DOVE DECOY

**\$39<sup>99</sup>**



### FIOCCHI 12GA DOVE LOAD

**\$9<sup>99</sup>**



# Ken's GROCERY



Progresso  
**Soup**  
18.5-19 Oz. Cans

**2/\$4**



Best Choice  
**Beans**  
15-15.5 Oz. Can

**89¢**



Best Choice  
**Tomatoes**  
10-15 Oz. Can

**99¢**



Classico  
**Pasta Sauce**  
15-24 Oz. Jar

**\$2.99**



Hawaiian  
**Punch**  
1 Gallon Jug

**\$2.79**



Idahoan  
**Potatoes**  
1.5 Oz. Cups or 4-4.1 Oz. Pkgs.

**2/\$3**



Mission  
**Burrito Shells**  
8 Ct. Pkg.

**\$3.19**



Best Choice  
**Pineapple**  
20 Oz. Can

**\$1.79**



Nabisco  
**Oreo Cookies**  
7.5-15.3 Oz. Pkg.

**\$2.99**



Mrs. Butterworth's  
**Syrup**  
24 Oz. Bottle

**\$3.99**



Zatarain's  
**New Orleans Style Rice Mix**  
7-8 Oz. Box

**\$1.99**



Kellogg's  
**Pop-Tarts or Bites**  
5-12 Ct. Box

**\$2.99**



Old Dutch  
**Potato Chips Twin Pack**  
10 Oz. Box

**\$3.99**



Wiley Wallaby  
**Licorice**  
10 Oz. Bag

**\$2.99**



Little Debbie  
**Family Pack Snacks**  
10.6 - 13.61 Oz. Boxes

**4/\$10**



Frito-Lay  
**Doritos**  
6-10.75 Oz. Pkg.

**\$3.99**



Mary's Kitchen  
**Corned Beef Hash**  
14 Oz. Can

**\$2.99**



Best Choice  
**Fast Mac Cups**  
2.05-2.39 Oz. Cup

**\$1.29**



Sunny D  
**Lemonade or Mixed Berry Limeade**  
64 Oz. Jug

**\$1.29**



Old Spice, Our Last Secret or Gillette  
**Deodorant**  
2.6-3.8 Oz.

**\$5.89**



Prilosec  
**OTC Tablets**  
14 Ct. Pkg.

**\$9.99**



Vicks  
**NyQuil or DayQuil**  
12 Oz. Bottle or 24-36 Ct. Tablets

**\$10.99**

**Ken's HOUSEHOLD**  
SEE HOW  
TASTEFUL SAVING  
MONEY CAN BE!



Best Choice  
**Baking Spray**  
5-6 Oz. Can

**\$2.29**



Heinz  
**Squeeze Yellow Mustard**  
20 Oz. Bottles

**2/\$5**



Best Choice  
**Chili w/Beans**  
15 Oz. Can

**\$1.89**



Chick-Fil-A  
**Sauce**  
16 Oz. Bottle

**\$3.49**



Sweet Chaos  
**Popcorn**  
5.5 Oz. Bag

**\$2.69**



Best Choice  
**Salsa, Picante or Taco Sauce**  
15.5-16 Oz. Jar

**\$2.29**



Best Choice  
**Seasoning Mix**  
Selected Varieties  
.87-1.5 Oz. Pkg.

**69¢**



Best Choice  
**Chili w/No Beans**  
15 Oz. Can

**\$2.29**



Best Choice  
**Snack Nuts**  
8-10.3 Oz. Can

**\$4.49**

**Ken's***The Area's Freshest Produce  
Hand Selected Daily!***Assorted  
Squash, Gourds  
&  
Pumpkin's  
Available!!****Iceberg  
Lettuce****\$1<sup>69</sup>**  
Each**Honeycrisp  
Apples****\$1<sup>69</sup>**  
Per Lb.**Dole  
Chopped  
Salads****\$2<sup>99</sup>**

9.1-12.2 Oz. Bag

**Fresh  
Strawberries****\$4<sup>99</sup>**  
1 Lb. Pkg.**Mandarins****\$5<sup>99</sup>**

3 Lb. Bag

**Sweet  
Potatoes****99¢**  
Per Lb.**Seedless  
Navel Oranges****\$1<sup>49</sup>**  
Per Lb.**Extra Large  
Green Peppers****99¢**  
Each**Highline  
Sliced  
White  
Mushrooms****\$1<sup>99</sup>**  
8 Oz. Pkg.**Fresh Dole  
Pineapple****\$3<sup>49</sup>**  
Each**Carving Size  
Pumpkins****\$5<sup>99</sup>**  
Each**Happy Apple!  
Carmel  
Apples****\$1<sup>99</sup>**  
Each**PARADE CANDY****For ALL Your Homecoming  
Parade Needs!****\*\* 25 or 30 Lb. Boxes Available!****Ken's  
Groceries To Go!**  
Order by Email:  
groceries@  
kenssuperfair.com  
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Order by Text:  
605.228.5586**Order Your Groceries and Have Them Delivered!**