

DELICIOUS SAVINGS

Just Bare
Fresh, All Natural
**Chicken
Breast
or Tenders**
14-18 oz. Package

5⁴⁹



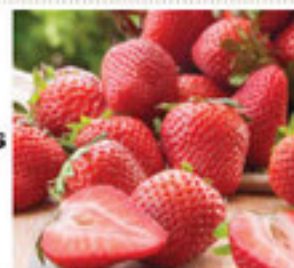
Bakery Fresh
**English
Toffee
Coffee**
12 Count Package

5⁹⁹



Fresh, California
Premium
Strawberries
16 oz. Package

2⁹⁹



Fresh, Boneless
U.S.D.A. Choice Beef
**Sirloin Ball
Tip Steak**

5⁹⁹
lb.



Dannon
**Greek
Yogurt**
Selected Varieties
5.3 oz. Cup

4/\$5



Florida's
Natural
Juice
Selected Varieties
52 oz. Container

2/\$7



Frito Lay
Doritos or SunChips
Selected Varieties, 6-10.75 oz. Bag

2/\$8



Ragu
Pasta Sauce
Selected Varieties, 16-24 oz. Jar

2/\$5



Birds Eye
Frozen Vegetables
Selected Varieties, 10-16 oz. Package

4/\$5



Jack's
**Frozen
Original Pizza**
Selected Varieties, 13.5-15 oz. Package

2/\$8



Kraft
**Shredded or
Chunk Cheese**
Selected Varieties, 8 oz. Package

2/\$6

Sale Starts Sunday, Sept. 17, 2023

SUN	MON	TUE	WED	THU	FRI	SAT
17	18	19	20	21	22	23

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



**READERS'
CHOICE**
Awards

Best Independently Owned
Grocery Store

CRYSTAL

ALMSTED'S CRYSTAL
42nd & Douglas Drive. N.
(763) 537-4551

www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
**Eye of Round
Roast**

5⁷⁹
lb.

Skillet-Cooked Top Round Steak

w/ Ingredients

2 pounds top round steak, 1-inch-thick or less
Dry mustard
Salt
Black pepper
Butter, softened

Directions

Two hours before cooking, allow steak to come to room temperature. Trim steak of any connective tissue on surface of the steak. If necessary, and using a meat mallet, pound steak to an even thickness.

Heat a large cast iron skillet over medium-high heat.

Rub dry mustard onto each side of steak. Sprinkle steak with salt and freshly ground black pepper. Spread softened butter onto each side of steak. Place steak in skillet; cook 3 minutes per side.

Remove skillet from heat, tent skillet with foil, and allow steak to sit for several minutes in skillet. Test for desired degree



Fresh, Boneless
U.S.D.A. Choice Beef
**Eye of Round
Steak**

5⁹⁹
lb.



Jennie-O
**Fresh Ground
Turkey**
Selected Varieties
16 oz. Package

3⁹⁹



No Name
**Salmon
Fillets**
10 oz. Package

10⁹⁹



Hormel
**Pillow Pack
Pepperoni**
Selected Varieties
4-8 oz. Package

3⁹⁹

Quality Meats



Fresh, Boneless
**Pork
Sirloin Chops**

2⁷⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Boneless
**Pork Sirloin
Roast**

2⁶⁹
lb.



**Cooked Perfect
Meatballs**
28 oz. Package

6⁹⁹



**Sheboygan Viking
Beef
Franks**
Selected Varieties
12-13.3 oz. Package

5⁹⁹



Fresh
**Pork
Spareribs**

2⁴⁹
lb.



Oscar Mayer
Lunchables
Selected Varieties
2.25-4.4 oz. Package

2/\$4



Bob Evans
Side Dishes
Selected Varieties
20-24 oz. Package

2/\$8

Pantry Specials



Duncan Hines
**Classic
Cake Mixes**
Selected Varieties, 15.25 oz. Box

2/\$3



Duncan Hines
**Ready to Spread
Frosting**
Selected Varieties
14-16 oz. Can

2/\$4



Betty Crocker
**Premium
Brownies**
Selected Varieties
16-19.1 oz. Package

2/\$6



Jif
Peanut Butter
Selected Varieties
28 oz. Jar

4.99



Smucker's
**Strawberry
Jam**
32 oz. Jar

4.49



Ocean Spray
Craisins
Selected Varieties
5-6 oz. Package

2/\$5



Pam
Cooking Spray
Selected Varieties
5-6 oz. Can

3.49



Mrs. Butterworth's
Syrup
Selected Varieties
24 oz. Bottle

3.49



Log Cabin
Syrup
Selected Varieties
24 oz. Bottle

3.49



Old Dutch
**Restaurant Style
Tortilla Chips**
Selected Varieties, 10-13 oz. Bag

2/\$8



Keebler
Crackers
Club or Townhouse
18.8-20.7 oz. Family Size

5.99



Nabisco
Toasted Chips
Selected Varieties
7.1-8.1 oz. Package

3.99



Tostitos
Tortilla Chips
Selected Varieties
9-14 oz. Bag

2/\$7



Rold Gold
Pretzels
Selected Varieties
8.75-16 oz. Bag

2/\$7



4.99



Old Dutch
**Traditional
Potato Chip**
Selected Varieties, 9.5-10 oz. Bag

2/\$8



Kellogg's
**Cheez-It
Crackers**
Selected Varieties
12-21 oz. Family Size

5.99



Kellogg's
**Toasted
Crackers**
12 oz. Party Pack

5.99



Keebler
Cookies
Selected Varieties
9-14.8 oz. Package

3.99



Frito Lay
Dip
Selected Varieties
10-13.75 oz. Jar

2/\$8



2/4.44



Hunt's Snack Pack
**Pudding or
Gel Snacks**
Selected Varieties, 4 Count Pack

3/\$5



Essential Everyday
Saltines
Selected Varieties
16 oz. Package

2.49



Act II
**Microwave
Popcorn**
Selected Varieties
3 Count Box

2/\$4



General Mills
**Chex Mix,
Bugles, or
Gardetto's**
Selected Varieties
6-8.75 oz. Bag

2/\$6



Frito Lay
**Tostitos
Salsa**
Selected Varieties
13.3 oz. Jar

2/\$7



2/\$6

Grocery Deals



Hunt's Pasta Sauce
Selected Varieties
24 oz. Can

3/\$5



Kraft Mac & Cheese
Selected Varieties, 5.5-7.3 oz. Box

2/\$3



Progresso Vegetable Classic Soup
Selected Varieties, 18-19 oz. Can

2/\$4



COUNT ON
QUALITY AND
Selection

Kellogg's Special K Cereal
Selected Varieties, 9.6-13.5 oz. Box

3.99



Hunt's Tomato Sauce
Selected Varieties
14.5-15 oz. Can

3/\$5



Chef Boyardee Pasta
Selected Varieties
7.5-15 oz. Package

3/\$5



Essential Everyday Canned Vegetables
Selected Varieties
14.5-15.25 oz. Can

3/\$4



Essential Everyday Kid's Cereal
Selected Varieties
11.5-13.5 oz. Box

2/\$6



Essential Everyday Oatmeal
Selected Varieties
18 oz. Canister

2.99



Rotel Tomatoes
Selected Varieties
10 oz. Can

3/\$5



Hunt's Manwich Sloppy Joe Sauce
Selected Varieties
15-16 oz. Can

3/\$5



Essential Everyday Chunk Light Tuna
Selected Varieties
5 oz. Can

5/\$5



Kellogg's Special K Bars
Selected Varieties
8 Count Box

2/\$6



Old Orchard Juice
Selected Varieties
64 oz. Bottle

2/\$5



Bush's Best Baked or Grillin' Beans
Selected Varieties
21.5-28 oz. Can

2.99



La Banderita Burrito Flour Tortillas
25 oz. Package

3.99



Super Chill Sparkling Ice
Selected Varieties
17 oz. Bottle

3/\$3



Essential Everyday Apple Juice
Selected Varieties
64 oz. Bottle

2/\$5



Kool-Aid Jammers
Selected Varieties
10 Count Package

2.99



Wild Harvest Variety Beans
Selected Varieties
15 oz. Can

2/\$3



Essential Everyday Disinfecting Wipes
Selected Varieties
75 Count Sheets

3.69



Edge or Skintimate Shave Gel
Selected Varieties
7 oz. Canister

3.99



Colgate Toothpaste or Wave Toothbrush
Selected Varieties
6 oz. Tube or 1 Count

2/\$5



Equine Mouth Rinse
Selected Varieties
1 Liter Bottle

3.99



Equine Extra Strength Pain Reliever
24 Count Pack

1.99



Xtra Laundry Detergent
Selected Varieties
56-67.5 oz. Bottle

2/\$6



Everyday Essential Cat Litter
Selected Varieties
14 lb. Jug

6.99

Frozen & Dairy Deals



Banquet Classic Meals

Selected Varieties, 7.4-11.88 oz. Box

3/\$5



Banquet Pot Pie
Selected Varieties
7 oz. Box

4/\$5



Swanson Hungry-Man Classic Dinners
Selected Varieties
14-16 oz. Package

3.99



Silk Almond or Soy Milk

Selected Varieties
59-64 oz. Carton

3.99

Healthy Choice Power Bowls
Selected Varieties
6.75-10 oz. Package

2/\$8



Banquet Basics
Selected Varieties
4.8-8 oz. Package

4/\$5



P.F. Chang's Meals for Two
Selected Varieties
22 oz. Package

6.99



DiGiorno Rising Crust Pizza
Selected Varieties
27.5-31.4 oz. Package

6.99



Bellatoria Pizza
Selected Varieties
16.03-21.71 oz. Package

5.99



Crystal Farms String Cheese
Selected Varieties
9-10 oz. Package

4.49



Essential Everyday Sour Cream
8 oz. Tub

1.29



Breyers Ice Cream
Selected Varieties
48 oz. Carton

4.99



Nestle Drumstick Sundae Cones
Selected Varieties
4 Count Package

4.99



P.F. Chang's Dinner Bowls
Selected Varieties
10.25-11 oz. Package

2/\$9



Outshine Fruit Bars
Selected Varieties
6 Count Package

4.99



Eggo Thick & Fluffy Waffles
Selected Varieties
11.6 oz. Package

3.99



Kraft Philadelphia Cream Cheese
Selected Varieties
8 oz. Brick

3.49



Pillsbury Crescents, or Cinnamon Rolls
Selected Varieties
8-13.9 oz. Package

2/\$6



Essential Everyday Bagels
Selected Varieties
3 Count Package

2/\$3



International Delight Iced Coffee
Selected Varieties
64 oz. Carton

3.99



Yoplait GoGurt Yogurt
Selected Varieties
8 1/2 oz. Tubes

2.99

Fresh from Our Deli & Bakery

2021 SIN READERS' CHOICE
BEST DELI

FRESH IN OUR *Deli*
FRESH

Kretschmar
Turkey
off the Bone
9⁹⁹
lb.

Kretschmar
SINCE 1951



Signature

Deli Fresh
Mild Cheddar
Cheese
Sliced fresh in our Deli!
7⁹⁹
lb.



BelGioioso
Shredded
Parmesan
Cheese
3 oz. Tub
2⁹⁹

PARMESAN



Deli Fresh
Cheddar
Broccoli
Salad
5⁹⁹
lb.



2021 SIN READERS' CHOICE
BEST BAKERY

Bakery Fresh
Crispies
Almond or Raspberry
2 Count Package

3⁵⁹

TASTY Treats!



Bakery Fresh
10 Grain
Bread
16 oz. Package
3⁹⁹



Bakery Fresh
Jumbo
Muffins
Select Varieties
4 Count Package
5⁹⁹



Bakery Fresh
Apple or
Dutch Apple
Pies
8 inch
5⁹⁹



Fresh Produce



Sweet, Juicy Mangos

1²⁹
ea.

Rich in vitamins A and C, mangos make the perfect addition to rice and stir-fry dishes; just chop and add to cooked dishes right before serving.



Fresh, Tender Asparagus

4⁹⁹
lb.

Steamed, roasted or sautéed, fresh asparagus adds fantastic color and texture to any menu. It's spectacular for salads, appetizers or side dishes!



Farmer's Russet Potatoes

2⁹⁹
3 lb. bag

From French fries to potato pancakes, and baked potatoes to mashed potatoes, the russet is an exceptionally special spud that is a favorite of cooks everywhere.



Seedless English Cucumbers

1⁹⁹
ea.

For a light appetizer or snack, enjoy slices of cucumber with hummus, or make a flavorful yogurt salad.



Dole Cauliflower

3⁹⁹
ea.

Cauliflower is a great source of minerals and nutrients. This week, make a creamy, delicious cauliflower soup, or enjoy cauliflower raw, with your favorite dip.



Wild Harvest Salad Mixes

Selected Varieties, 3 oz. Package

Washed and ready to eat - these convenient mixes save you time - just add your favorite ingredients!



COLORFUL
AND
Fresh

Sweet, Crunchy Yellow, Orange or Red Bell Peppers

2⁹⁹
lb.

Stuffed Bell Peppers

Ingredients

4 red bell peppers
1 lb ground round
1 onion, chopped
2 cups rice, cooked
3 cups spaghetti sauce
Mozzarella cheese, shredded, for topping
Water

Directions

Preheat oven to 350° F.

Cup tops off of bell peppers and clean the seeds out.

Fill a deep pot 1/4 to 1/2 full with water. Bring pot to a boil.

Once boiling, add bell peppers and cook for 5 minutes. Drain water from peppers.

In a skillet, brown ground round with onion. Add cooked rice and 2 cups of the spaghetti sauce.

Set peppers in a casserole dish, right side up, then fill with meat/rice mixture. Pour remaining spaghetti sauce over peppers.

Cover with aluminum foil and cook for 20 minutes.

Remove foil and sprinkle with mozzarella cheese. Bake for another 10 minutes, uncovered. Enjoy!

Refreshing Beverages



Coca-Cola Products

Selected Varieties
10/7.5 oz. Cans

2/\$12



AHA Sparkling Water

Selected Varieties
8/12 oz. Cans

2/\$7



Monster Energy Drink

Selected Varieties
16 oz. Can

2/\$4