

**Ken's SUPER FAIR FOODS.**  
FOOD FAIR & SHELL EXPRESS

www.kenssuperfair.com

• ABERDEEN • GROTON • CLARK • IPSWICH • EUREKA • BRITTON •

**FREE Shredding Event!**  
Thursday, September 21, 1-3 pm

Come Join our Local AARP's FREE Shredding Event on Thursday, September 21, 1-3 pm.  
Pre-registration is not required, but will ensure faster service!  
Go to <https://events.aarp.org/ABSDShred22> for more information.  
Shredding personal documents is a great way to protect yourself from identity theft.

**AARP**  
South Dakota

Located in Ken's Parking Lot

**PARADE CANDY**

For ALL Your Homecoming Parade Needs!  
\*\* 35 Lb. Bulk Boxes Available Also!



**USDA Choice Demkota Boneless Top Sirloin Steak**

**\$7.99**  
Per Lb.



**Red, Green or Black Seedless Grapes**

**\$1.99**  
Per Lb.



**USDA Choice Demkota Boneless Top Round Roast**

**\$4.99**  
Per Lb.



**Progresso Soup**

**2/\$4**  
18.5-19 Oz. Cans



**Kraft Macaroni & Cheese**

**\$3.99**  
5 Pack 7.25 Oz. Boxes



**Hunt's Ketchup**

**\$1.69**  
20 Oz. Bottle



**Old Orchard Cocktail Blended Drinks**

**2/\$4**  
64 Oz. Jugs

**Folger's Coffee**

**\$7.99**  
22.6-25.9 Oz. Can



**APP DEAL OF THE WEEK**

**John Morrell**  
Hotdog Reg or Jumbo 12 Oz.

**FREE**  
W/ \$10 PURCHASE & KEN'S APP

Requires \$10 additional purchase and use of Ken's App

**Meat**

**Whole Bone-in Pork Butt**

**\$1.49**  
Per Lb.



**Dairy**

**Dinner Bell Grade AA Butter**

**\$3.99**  
1 Lb. Qtrs.



**Frozen**

**Roma Pizza 12.10-14.10 Oz.**

**\$3.99**



**Liquor**

**Angel's Envy Bourbon**

**\$47.99**  
750 ML.



**Household**

**Xtra 2X Liquid Laundry Detergent**

**\$2.69**  
56-57.6 Oz. Jug



**Bakery**

**Ken's Bakery Fresh White Steak Buns**

**\$2.99**  
6 Count



**Deli**

**Belgioioso Mascarpone**

**\$4.29**  
8 Oz. Ctn. Each



**Ken's Gourmet Coffee**  
deliciously delicious...

Coffee • Gourmet Drinks  
Gourmet Foods  
Sunday 9 AM - 1 PM  
Monday-Friday 7 AM - 5 PM  
Saturday 8 AM - 2 PM  
Call 605-225-6671

**SOBERDOUGH Brew Bread**

**\$2.00 OFF**

**Flavor of the Week French Vanilla**

**\$3.49 - \$4.49**

Find us on **facebook**  
**twitter**

PRICES GOOD AT ALL KEN'S LOCATIONS:  
**SEPT 17<sup>TH</sup> THRU SEPT 23<sup>RD</sup>**

| Sun | Mon | Tue | Wed | Thurs | Fri | Sat |
|-----|-----|-----|-----|-------|-----|-----|
| 17  | 18  | 19  | 20  | 21    | 22  | 23  |



*Deli  
Daily  
Specials*  
**ABERDEEN ONLY**

**MONDAY**  
Pork Chop Dinner  
**\$6<sup>99</sup>**  
Buy One Chicken Dinner **\$7<sup>99</sup>**  
Buy 2nd Dinner HALF PRICE

**TUESDAY**  
Roast Beef Combo  
**\$7<sup>99</sup>**  
with Vegetable

1/3 Lb. Burger with Fries  
**\$5<sup>29</sup>**

**WEDNESDAY**  
Homemade Meatloaf Dinner  
**\$6<sup>99</sup>**  
Chinese Day Assorted Entrees

**THURSDAY**  
Famous Circus Wings  
**\$7<sup>99</sup>**  
Per Lb.  
Reuben Sandwich with Fries  
**\$6<sup>99</sup>**

**FRIDAY**  
Walking Tacos  
**\$5<sup>00</sup>**  
8 Piece Chicken  
**\$9<sup>99</sup>**

**SATURDAY**  
10 Piece Chicken Legs Only  
**\$8<sup>99</sup>**  
Grilled Cheese & Small Soup of the Day  
**\$4<sup>99</sup>**

**SUNDAY**  
Whole Rotisserie Chicken  
**\$8<sup>99</sup>**  
Goulash w/ Potato & Veggie  
**\$6<sup>49</sup>**

Tyson  
**Ground Beef & Pork Blended Patties 80% 1.33 Lb. Pkg.**  
**\$4<sup>99</sup>** Each

Smithfield  
**Whole Boneless Pork Tenderloin**  
**\$2<sup>59</sup>** Per Lb.

USDA Choice Demokota  
**Boneless Top Round Steak**  
**\$5<sup>49</sup>** Per Lb.

USDA Choice Demokota  
**Boneless Tenderized Round Steak**  
**\$5<sup>99</sup>** Per Lb.

Cedar Hollow  
**Sliced Quarter Ham**  
**\$5<sup>49</sup>** Per Lb.

Marco Angelo  
**Skewer or Twisters Beef-Pork-Chicken**  
9.87-16 Oz.  
**\$5<sup>99</sup>** Each

Big Buy  
**Sliced Bacon**  
16 Oz.  
**2/\$5**

Cloverdale  
**Smoked Brats**  
14 Oz.  
**\$3<sup>79</sup>** Each

John Morrell  
**Diced or Cubed Ham**  
8 Oz.  
**\$2<sup>99</sup>** Each

Oscar Mayer  
**Deli Sub Kits**  
28 Oz.  
**\$7<sup>99</sup>** Each

John Morrell  
**Braunschweiger**  
16 Oz.  
**\$2<sup>99</sup>** Each

Gary's  
**Quick Steak Meats**  
12 Oz.  
**\$5<sup>99</sup>** Each

AquaStar  
**Salmon Fillet**  
32 Oz.  
**\$12<sup>99</sup>** Each

Taste's Choice  
**Shrimp Entrees**  
24 Oz.  
**\$5<sup>49</sup>** Each

**Ken's THE BEST MEAT CUT FRESH AND PACKAGED DAILY!**  
Homemade Specialty Meat Items made by Lee from scratch!  
DR. PEPPER PORK CHOPS • BEEF OR CHICKEN KABOBS • SIRLOIN BOMBERS • STUFFED CHICKEN • HOMEMADE MEATLOAF  
MARINATED MEATS • 1/3 LB. FLAVORED HAMBURGER PATTIES • BANANA PEPPER STUFFED CHICKEN BREASTS

USDA Prime Demokota  
**Boneless Top Sirloin**  
**\$8<sup>99</sup>** Per Lb.

**Beef Kabobs**  
**\$7<sup>00</sup>** Each

**Marinated Lemon Pepper Boneless Chicken Breast**  
**\$2<sup>59</sup>** Per Lb.

**Fresh Tilapia Fillet**  
**\$6<sup>99</sup>** Per Lb.

**Ken's Deli & Catering**

**Quick Lunch Hot Case Special!**  
**Ken's Famous Hub City Bowl**  
**\$5<sup>49</sup>** Each

**Stonemill Party Dips**  
10 Oz. Ctn.  
**\$4<sup>99</sup>** Each

**Mrs. Gerry's Smoked Gouda Pasta Salad**  
**\$5<sup>49</sup>** Per Lb.

**Homemade Pea & Cheese Salad**  
**\$6<sup>49</sup>** Per Lb.

**Hormel Deli Ham**  
**\$5<sup>49</sup>** Per Lb.

**Goulash w/ Potato & Veggie**  
**\$6<sup>49</sup>**

**Stonemill Party Dips**  
10 Oz. Ctn.  
**\$4<sup>99</sup>** Each

**Hormel Deli Ham**  
**\$5<sup>49</sup>** Per Lb.



# Ken's DAIRY

## Cass Clay Cottage Cheese



**\$3.49**

22 Oz. Ctn.

## Prairie Farms Sour Cream



**\$2.29**

16 Oz. Ctn.



## Cass Class Whipping Cream

**\$5.99**

1 Quart Bottle



## Prairie Farms Yogurt

**\$2.99**

24 Oz., Ctn.



## Pillsbury Cookies 16 Oz. or Big Crescent Rolls 12 Oz.

**2/\$7**



## Simply Juice

**\$3.49**

52 Oz. Jug

# Ken's FROZEN



## Best Choice Ice Cream

**\$3.99**

48 Oz. Tub



## Ore Ida Potatoes

**\$3.99**

19-32 Oz. Pkg.



## Pillsbury Toaster Strudels or Scrambles

**\$2.49**

7.2-11.7 Oz. Pkg.



## Healthy Choice Simply Steamers

**\$3.99**

9-10 Oz. Pkg.



## Eggo Pancakes

**2/\$6**

12 Ct. Pkgs.



## TGIF Snacks

**\$4.49**

8-11 Oz. Pkg.

# Ken's BAKERY DAILY SPECIALS ABERDEEN ONLY

MONDAY



## White Bread

**\$2.99**

1 Lb. Loaf

TUESDAY



## Cupcakes

**\$4.99**

6 Ct.

WEDNESDAY



## Monster Cookie Day

**\$1.50**

Each

THURSDAY



## Jumbo Muffins

**\$1.29**

Each

FRIDAY



## Caramel Rolls

**\$4.99**

6 Ct.

SATURDAY



## French Bread

**\$1.99**

Loaf

# Ken's BAKERY



## Texas Toast

**\$3.99**

1 Lb. Loaf



## Oatmeal Raisin Cookies

**\$4.99**

12 Count



## White or Chocolate Cake Bars

**\$5.99**

8 Count



## Blueberry Muffins

**\$5.69**

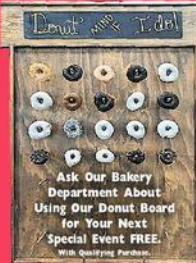
6 Count



## Clyde's Fritters Cherry, Apple French Toast

**\$4.99**

6 Count



Ask Our Bakery Department About Using Our Donut Board for Your Next Special Event FREE With Qualifying Purchase.

## SPECIALTY CHEESES

AVAILABLE IN OUR DELI DEPARTMENT!

**Ken's**  
LIQUOR STORE  
OF ABERDEEN  
OPEN SUNDAYS!

Liquor prices good in Aberdeen only • Prices Good 9/17/23 to 9/23/23

### MC ADAMS

1.75 LITER



**\$15<sup>99</sup>**

### NEW AMSTERDAM VODKA

1.75 LITER



**\$19<sup>99</sup>**

### 1800 TEQUILA

1.75 LITER



**\$36<sup>99</sup>**

### BACARDI, SILVER, GOLD, LIMON SPICED

1.75 LITER



**\$22<sup>99</sup>**

### FRANCIS COPPOLA DIAMOND COLLECTION CLARET, CABERNET, MERLOT, PINOT NOIR

750 ML.



**\$13<sup>99</sup>**

### WITH THE WIND: EASY AS PIE, PEACHY KEEN, FIRST SPARK, LIFE OF THE PARTY, GLIMMER

750 ML.



**\$11<sup>99</sup>**

### BUSCH, BUSCH LIGHT

18 PK. 16 OZ. CAN



**\$16<sup>99</sup>**

### COORS, COORS LIGHT

24 PK. 12 OZ. CANS/BOTTLES



**\$20<sup>99</sup>**

### BUD LIGHT CHELADAS

24 PK. 12 OZ.



**\$25<sup>99</sup>**

### CARBLISS VODKA COCKTAILS

4 PK. ALL FLAVORS



**\$9<sup>99</sup>**

### MICHELOB ULTRA & ULTRA AMBER, ULTRA LIME

12 PK. CANS/BOTTLES



**\$15<sup>99</sup>**

### MILLER LITE

24 PK. 12 OZ. CANS/BOTTLES



**\$20<sup>99</sup>**

### SAM ADAMS, LAGER, SEASONAL & VARIETY

12 PK.



**\$15<sup>99</sup>**

### WHITE CLAW

12 PK. 12 OZ. CANS



**\$15<sup>99</sup>**

## BEVERAGES

### 7-UP, A & W, SUNKIST OR SQUIRT

12 PK. 12 OZ. CANS



**\$5<sup>99</sup>**

### PEPSI, DIET PEPSI OR MT. DEW

6 PK. HALF LITER BOTTLES



**\$3<sup>99</sup>**

### LIPTON TEA

64 OZ. JUGS



**2/\$5**

### COKE, DIET COKE OR SPRITE

12 PK. 12 OZ. CANS



**\$5<sup>99</sup>**

### FEDERAL SPEED-SHOK 12GA 3"

1 1/4 OZ.



**\$18<sup>99</sup>**

BE SURE TO STOP IN FOR ALL YOUR SPORTING NEEDS!!



### FIOCCHI 12GA 3"

1 1/8 OZ.

**\$17<sup>99</sup>**

### BLACK CLOUD 12GA 3"

1 1/4 OZ.



**\$32<sup>99</sup>**

### MOJO DOVE DECOYS

4 PK.



**\$19<sup>99</sup>**

### MOJO VOODOO DOVE DECOY



**\$39<sup>99</sup>**

### FIOCCHI 12GA DOVE LOAD



**\$9<sup>99</sup>**



# Ken's GROCERY



General Mills  
**Cheerios** 18 Oz.  
**Honey Nut Cheerios** 18.8 Oz.  
**Multi-Grain Cheerios** 18 Oz.  
**Cinnamon Toast Crunch** 18.8 Oz.  
**Lucky Charms** 18.6 Oz.  
**Reese's Puffs** 19.7 Oz.  
**Cookie Crisp** 18.3 Oz.  
**Coco Puffs** 18.1 Oz. or  
**Golden Grahams** 18.9 Oz.

**\$3<sup>99</sup>**



Jif  
**Peanut Butter**  
 28 Oz. Jar

**\$4<sup>49</sup>**



Ben's  
**Original Rice**  
 6-8.8 Oz. Pkgs.

Sale Price  
 2/\$5  
 - \$1.00  
 Digital Coupon  
 Net Price

**2/\$4**



Campbell's  
**Spaghettios Pasta**  
 15.6-15.8 Oz. Cans

**4/\$5**



Hellmann's  
**Mayonnaise**  
 30 Oz. Jar

**\$5<sup>99</sup>**



Bumble Bee  
**Chunk Style Light Tuna**  
 Oil or Water  
 5 Oz. Can

**99¢**



Creamette  
**Pasta**  
 2 Lb. Boxes

**2/\$5**



Idahoan  
**Potatoes**  
 7.34-8.2 Oz.

**\$2<sup>99</sup>**



Nabisco  
**Chips Ahoy! Ritz, Snack Crackers or belvita Cookies**  
 3.5-13.7 Oz. or 5 Ct. Pkgs.

Sale Price  
 2/\$7  
 - \$1.00  
 Digital Coupon  
 Net Price

**2/\$6**



Crisco Shortening  
**Regular or Butter**  
 3 Lb. Can

**\$7<sup>99</sup>**



Folgers  
**K-Cup Coffee**  
 12 Ct. Pkg.

**\$7<sup>99</sup>**



Charmin Essentials  
**Bath Tissue**  
 6 Mega Roll Pkg.

**\$5<sup>99</sup>**



Best Choice  
**Heavy Duty Lined Latex Gloves**  
 1 Ct.

**\$1<sup>99</sup>**



Tresseme  
**Shampoo or Conditioner**  
 28 Oz. Bottle

**\$4<sup>99</sup>**



Q-Tips  
**Cotton Swabs**  
 375 Ct. Pkg.

**\$3<sup>69</sup>**

## Ken's

### HOUSEHOLD

SEE HOW  
 TASTEFUL SAVING  
 MONEY CAN BE!



Betty Crocker  
**Bisquick**  
 20 Oz. Box

**\$3<sup>29</sup>**



Log Cabin  
**Syrup**  
 24 Oz. Bottle

**\$3<sup>99</sup>**



Best Choice  
**Mandarin Oranges**  
 11 Oz. Cans

**2/\$3**



Smucker's  
**Jam & Preserves Strawberry, Raspberry or Apricot**  
 17.25-32 Oz. Jar

**\$3<sup>99</sup>**



Always Save  
**Paper Plates**  
 9" 100 Ct. Pkg.  
**\$3<sup>49</sup>**



Red Vines  
**Red Twists**  
 14 Oz. Bag

**\$2<sup>99</sup>**



Old Dutch  
**Ripples Potato Chips**  
 8-8.5 Oz. Pkgs.

**2/\$6**



Little Debbie  
**Big Pack Snacks**  
 16.92-31.78 Oz. Pkg.

**\$3<sup>98</sup>**



Frito-Lay  
**Cheetos or Fritos**  
 6.5-10 Oz. Pkg.

**\$3<sup>99</sup>**



Keebler  
**Cookies**  
 8.5-12.5 Oz. Pkgs.

**2/\$7**



Sunny D  
**Orange Juice**  
 64 Oz.

**\$2<sup>29</sup>**



Hormel  
**Bacon Bits or Pieces**  
 2.8-3 Oz. Jar

**\$2<sup>99</sup>**



Best Choice  
**Mushrooms Stems & Pieces**  
 4 Oz. Cans

**2/\$3**



Beggin' Strips  
**Dog Treats**  
 25 Oz. Pkg.

**\$11<sup>39</sup>**



Best Choice  
**Chunk White Chicken**  
 10 Oz. Can

**\$2<sup>99</sup>**



Bug Juice  
 10 Oz. Bottle

**99¢**

## PRODUCE

Ken's

The Area's Freshest Produce  
Hand Selected Daily!Assorted  
Squash, Gourds  
&  
Pumpkin's  
Available!!On the Vine  
Tomatoes\$1.49  
Per Lb.Dole  
Premium Ultimate  
Caesar, Country Ranch,  
Southwest or  
Endless Salad Kits  
\$2.99  
11-13.3 Oz. BagBest Choice  
Russet  
Potatoes\$4.99  
10 Lb. BagJumbo  
Sweet  
Onions\$1.49  
Per Lb.Fresh  
Green  
Cabbage59¢  
Per Lb.Bolthouse  
Whole  
Carrots\$1.79  
2 Lb. Bag.Little Potato Company  
Gold Boomer, Terific Trio,  
Blushing Bella or Dynamic  
Duo Potatoes  
\$3.89  
24 Oz. BagNavel  
Seedless  
Oranges\$5.99  
3 Lb. BagFresh  
Celery\$1.79  
EachAcorn Spaghetti,  
Butternut or  
Buttercup Squash99¢  
Per Lb.Happy Apple!  
Carmel  
Apples\$1.99  
EachCarving Size  
Pumpkins\$5.99  
Each

## PARADE CANDY

For ALL Your Homecoming  
Parade Needs!

\*\* 35 Lb. Bulk Boxes Available Also!

Ken's  
Groceries To Go!Order by Email:  
groceries@  
kensuperfair.comOrder by Phone:  
605.225.6671Order by Text:  
605.228.5586

Order Your Groceries and Have Them Delivered!