



PRAIRIE FRESH NATURAL

PREMIUM ALL NATURAL BONE-IN RIB OR LOIN PORK CHOPS
CENTER CUT, VALUE PACK

249 LB.



St. Helens BEEF  

PREMIUM USDA CHOICE BONELESS BEEF BOTTOM ROUND ROAST

4.99 LB.



NO ANTIBIOTICS EVER

NO ANTIBIOTICS EVER CHICKEN LEG QUARTERS OR WHOLE BODY CHICKEN
LEG QUARTER - VALUE PACK

1.49 LB.

Local stores supporting local products. **local** THINK • BUY • BE

Extra Extra Large

RED, YELLOW OR ORANGE BELL PEPPERS

3/\$4



Jumbo

ARTICHOKES

2.99 EA.



New Crop

local THINK • BUY • BE

LITERHOUSE CARAMEL DIP PREMIUM OR LOW FAT, 16 OZ.

4.99 EA.

HONEYCRISP APPLES

1.99 LB.



Tillamook 

TILLAMOOK SLICED, SHREDDED OR CHUNK CHEESE
SELECTED VARIETIES
7 TO 8 OZ.

2/\$6



FRANZ SLICED BREAD
50 OZ. SELECTED VARIETIES
22.5 TO 24 OZ.

2/\$5

local 



MALT O MEAL BAGGED CEREAL
50 OZ. SELECTED VARIETIES
15 TO 16.2 OZ.

2/\$7

local 



LAY'S CLASSIC OR KETTLE COOKED POTATO CHIPS
SELECTED VARIETIES
4.75 TO 5 OZ.

2/\$6

local 



HÄAGEN-DAZS ICE CREAM OR BARS
SELECTED VARIETIES
14 OZ. OR 2 COUNT

4.99

local 



Prices effective September 13 - September 19, 2023

Items & prices may vary by location. Some items may not be available in all stores. No Sales to Dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. The City of Seattle Sugar tax is added to the price where applicable. We reserve the right to correct all pricing errors. Minimum purchase may be required.

Fresh PRODUCE

TOMATOES ON THE VINE **1.49** LB.

FRESH EXPRESS SALAD BLENDS **3.49** EA.
SELECTED VARIETIES 6 TO 11 OZ.

SWEET HEAT
SWEET BUTTER

ORGANIC Produce

ORGANIC CARROTS BUNCH **2.99** EA.

ORGANIC BLUEBERRIES 8 OZ **3.99** EA.

ORGANIC SALAD BLENDS SELECTED VARIETIES 4 TO 7 OZ **3.99** EA.

FARMSTAND Fresh

Jumbo

local Yellow Onions **69¢** LB.

Zucchini or Yellow Squash **1.49** LB.

Lighthouse Dressing Selected Varieties 13 Oz. **4.99** EA.

The Little Potato Co. Potatoes Selected Varieties 16 Oz. **4.49** EA.

FLORAL Favorites

Joy Bouquet **17.99**

4 Inch Fall Mason Jar Foliage **7.99**

DAIRY Fresh

Cherry Lane Large Eggs Dozen **1.99**

Daisy Sour Cream or Cottage Cheese Selected Varieties 6 to 8 Oz. **2/\$3** **4.99**

Chobani Out or Coffee Creamer Selected Varieties 24 to 32 Oz. **4.99**

Chobani Fruit On The Bottom Greek Yogurt Selected Varieties 4 Pack, 5.3 Oz. **4.99**

Valveeta Slices Original or Sharp, 12 Oz. **2/\$5** **4.39**

Florida Natural Lemonade Selected Varieties 50 Oz. **2.99**

Darigold Lactose Free Milk Selected Varieties 50 Oz. **3.99**

Just Crack An Egg Scramble Kit Selected Varieties 7 Oz. **2/\$5** **4.39**

SHOP. BUY. SAVE.

Easy as 1,2,3!
Look for Tags on the Shelf

SAVE \$2.00 when you buy two (2)

Zoi Greek Yogurt **3.79** Selected Varieties, 32 Oz.

Offer valid September 12-September 19, 2023
*Shop Buy Save items not available in occurrence site

Service DELI

local Garlic Pasta Salad **7.99** LB.

local Fresh Mozzarella Ball or Sliced Log, 8 Oz. **3.99** EA.

local Turkey Breast of the Bone **8.99** LB.

local Croissant Sandwiches Selected Varieties Single Count **5.99** EA.

local Sliced Salami Selected Varieties 10 to 12 Oz. **9.99** EA.

local Crumbled Feta Selected Varieties 4 Oz. **3.49** EA.

local All Natural Colby Jack Cheese **8.99** EA.

Service BAKERY

Soft & Chewy Cookies Selected Varieties 13 to 15 Oz. **5.99** EA.

Cake Donuts Selected Varieties 6 Count **3.99** EA.

Single Serve Cream Pies Selected Varieties 7 Oz. **2/\$7**

Classic or Chocolate Variety Cake 8 Inch Double Layer **19.99** EA.

Muffins Selected Varieties 4 Count **5.99** EA.

local Country White Sourdough 14.5 Oz. **4.49** EA.

Everyday GROCERY VALUES

<p>Nabisco Chips Ahoy Cookies Selected Varieties 9.5 to 13 Oz.</p> <p>3.99</p>	<p>Cameron's Ground or Single Serve Coffee Selected Varieties 10 to 12 Oz. or 12 Count</p> <p>6.99</p>	<p>Essential Everyday Cooking Stock or Broth Selected Varieties 32 Oz.</p> <p>2/\$5</p>	<p>Minute Rice White or Brown 14 Oz.</p> <p>2.99</p>	<p>S&W Recipe Beans Selected Varieties 15 to 25.5 Oz.</p> <p>4/\$5</p>
<p>Maxwell House or Yuban Coffee Selected Varieties 24.5 to 31 Oz.</p> <p>9.99</p>	<p>Mott's Applesauce Selected Varieties 6 Pack</p> <p>3.29</p>	<p>Mott's 100% Apple Juice Selected Varieties 64 Oz. or 6 to 8 Pack</p> <p>3.99</p>	<p>Heinz Tomato Ketchup 32 Oz. Squeeze</p> <p>5.99</p>	<p>Heinz Saucy Sauce Selected Varieties 10 to 20.3 Oz.</p> <p>4.99</p>
<p>Mio, Tang, Crystal Light or Kool-Aid Water Enhancer Selected Varieties 1.6 to 1.62 Oz.</p> <p>3.49</p>	<p>Country Time, Tang or Kool-Aid Drink Mix Selected Varieties 18 to 20 Oz.</p> <p>4.49</p>	<p>Cheetos Mac 'N Cheese Selected Varieties 2.1 to 2.32 Oz.</p> <p>3/\$5</p>	<p>Star Extra Virgin Olive Oil 16 Oz.</p> <p>9.99</p>	<p>Essential Everyday Vegetables Selected Varieties 14.5 to 15.25 Oz.</p> <p>4/\$5</p>
<p>Tree Top 100% Juice or Applesauce Selected Varieties 4.7 to 5.6 Oz.</p> <p>2/\$7</p>	<p>Yellow Vinegar Red or White, 4.5 Oz.</p> <p>\$3.49</p>			

Local BAKERY

<p>Yorkie Chocolate Surprise 3 Oz.</p> <p>2/\$5</p>	<p>Franz Pan Bread Selected Varieties 24 Oz.</p> <p>4.49</p>
<p>Russell Stover Sugar Free Candy Selected Varieties 3 Oz.</p> <p>2.99</p>	<p>Franz English Bagels Selected Varieties 6 Count</p> <p>4.49</p>
<p>Russell Stover Sugar Free Candy Selected Varieties 2.5 Oz.</p> <p>7.99</p>	<p>Franz English Muffins Selected Varieties 6 Count</p> <p>2/\$6</p>

HOME & HEALTH Savings

<p>Scott Paper Towels 6 Mega Roll</p> <p>7.99</p>	<p>Scott Comfort Plus Bath Tissue 12 Mega Roll</p> <p>6.99</p>	<p>TYLENOL Extra Strength 100 Count</p> <p>12.99</p>
<p>Colgate Optic White Toothpaste Selected Varieties, 4.5 Oz.</p> <p>7.49</p>	<p>Colgate Toothbrush or Toothpaste Selected Varieties 6 Oz. or Single Count</p> <p>2/\$5</p>	<p>Dove Bar Soap Selected Varieties 3 Count</p> <p>5.49</p>

PURINA Pet Savings

<p>Tidy Cats Light Weight Cat Litter Selected Varieties 8.5 Lb.</p> <p>15.99</p>	<p>Tidy Cats Thick & Fluffy Cat Litter Selected Varieties 20 Lb.</p> <p>6.99</p>	<p>Fancy Feast Cat Food Selected Varieties 3 Oz.</p> <p>1.09</p>
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FROZEN Favorites

<p>Devour Entrées Selected Varieties 9 to 12 Oz.</p> <p>2/\$6</p>	<p>Smart Ones Entrées Selected Varieties 6.49 to 9.25 Oz.</p> <p>2/\$4</p>	<p>Healthy Choice Power Bowls Selected Varieties 9.25 to 9.75 Oz.</p> <p>4.99</p>	<p>Kellogg's Eggo Thick & Fluffy Waffles Selected Varieties 6 Count</p> <p>3.99</p>	<p>Breyers or Ben & Jerry's Non-Dairy Ice Cream Selected Varieties Breyers - 4.8 Oz. or Ben & Jerry's - 15.2 to 18 Oz.</p> <p>4.99</p>
<p>Bibigo Products Selected Varieties 18 to 24 Oz.</p> <p>5.99</p>	<p>Bibigo Mandu or Steamed Dumpling Pork or Chicken, 6.6 to 8 Oz.</p> <p>2.99</p>	<p>TGI Fridays Appetizers Loaded Potato Skins or Cream Cheese Peppers, 13.5 to 15 Oz.</p> <p>8.99</p>	<p>Del Monte Veggieful Pocket Pie or Piced Veggies Selected Varieties 9 to 10 Oz.</p> <p>2/\$5</p>	<p>Stouffer's Large Size Entrées Selected Varieties 9 to 20 Oz.</p> <p>4.99</p>

Refreshing BEVERAGES

<p>Pepsi Products Selected Varieties 12 Pack, 12 Oz. Cans</p> <p>6.99</p>	<p>Pepsi Products Selected Varieties 8 Pack, 12 Oz. Bottles</p> <p>2/\$11</p>
<p>Coke Products Selected Varieties 6 Pack, 7.5 Oz. Cans</p> <p>3/\$11</p>	<p>Virgil's or Reeds Zero Sugar Pop Selected Varieties 4 Pack, 12 Oz. Bottles</p> <p>2/\$10</p>
<p>AHA Sparkling Water Selected Varieties 8 Pack, 12 Oz. Cans</p> <p>3/\$10</p>	<p>Bodyarmour Sports Drink Selected Varieties 8 Pack, 12 Oz. Bottles</p> <p>6.99</p>
<p>7Up, A&W or Canada Dry Products Selected Varieties 2 Liter Bottles</p> <p>2.29</p>	<p>Core Hydration Water or Hydration+ Selected Varieties 25 to 30.4 Oz. Bottles</p> <p>3/\$5</p>

BEER Wine & Spirits

<p>Paulaner Oktoberfest Beer 6 Pack, 12 Oz. Bottles</p> <p>9.99</p>	<p>Franziskaner Weissbier Naturtrub 6 Pack, 12 Oz. Bottles</p> <p>10.99</p>	<p>Chateau Ste Michelle Selected Varieties 750 ml.</p> <p>15.99</p>
<p>Incline Imperial Hard Cider Selected Varieties 6 Pack, 12 Oz. Cans</p> <p>10.99</p>	<p>Blue Moon Selected Varieties 12 Pack, 12 Oz. Bottles or Cans</p> <p>19.99</p>	<p>Josh Cellars Selected Varieties 750 ml.</p> <p>14.99</p>
<p>Heritage Distilling Co. Vodka Selected Varieties 750 ml.</p> <p>17.99</p>	<p>Blue Moon Bourbon 199 ml.</p> <p>29.99</p>	<p>Yellow Tail Selected Varieties 750 ml.</p> <p>7.99</p>
<p>Feather & Folly Small Batch Gin 750 ml.</p> <p>26.99</p>	<p>Jameson Irish Cankmate IPA or Stout 750 ml.</p> <p>34.99</p>	<p>Milbrandt Selected Varieties 750 ml.</p> <p>12.99</p>

Fresh MEAT

PREMIUM USDA CHOICE
BEEF T-BONE
STEAK
VALUE PACK

The King of Steak!

12⁹⁹
LB.



OUR QUALITY
ASSURANCE
STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS. WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYWAY UNDER THE SUPERVISION OF A TRULY PROFESSIONAL.



Premium All Natural
Medium Pork Spareribs
Single Pack

2⁹⁹
LB.

Premium USDA Choice
Boneless Beef
Bottom Round Steak
Value Pack

5⁹⁹
LB.

EXTRA LEAN
GROUND BEEF
80% LEAN, 20% FAT
VALUE PACK

5⁹⁹
LB.



BONELESS SKINLESS
CHICKEN BREAST
TENDERS
VALUE PACK

3⁹⁹
LB.



PREMIUM USDA CHOICE
LEAN GROUND BEEF
PATTIES
80% LEAN, 20% FAT
VALUE

6⁹⁹
EA.



PREMIUM MILLS
ALL NATURAL
GROUND BEEF
10 OZ. 80/20

6⁹⁹
EA.



SEAFOOD Nutrient Rich

SEAFOOD SUBJECT TO AVAILABILITY & WEATHER



Live
Manila Clams
in the Shell
Excellent choice steamed.

6⁴⁹
LB.



Stuffed
Coho Salmon
Portions
8 Oz.

5⁹⁹
EA.



Tuna
Shrimp
Stir Fry
Selected Varieties
11 Oz.

8⁹⁹
EA.



COLOSSAL
ARGENTINE
RED SHRIMP
13 TO 15 COUNT

11⁹⁹
LB.

DELI MEAT Specials

<p>Janie O Ground Turkey Breast or Italian Turkey Links Selected Varieties 16 to 19.5 Oz.</p> <p>6⁴⁹ EA.</p>	<p>Janie O Fresh Turkey Burgers Selected Varieties 16 Oz.</p> <p>5⁴⁹ EA.</p>	<p>Local Hill's Premium Meats Smoked Sausage Links or Old Fashioned Frankfurters Selected Varieties, 2 Lb.</p> <p>11⁹⁹ EA.</p>	<p>Hillsdale Farm Rope Sausage Selected Varieties 18 to 19 Oz.</p> <p>2/⁸</p>	<p>Johnsonville Brats or Sausage Links Selected Varieties 16 to 19 Oz.</p> <p>5⁴⁹ EA.</p>
<p>Dex S Jumbo Meat Franks Selected Varieties, 16 Oz.</p> <p>1⁷⁹ EA.</p>	<p>Fletcher's Center Cut Thick Sliced Bacon Selected Varieties 19 Oz.</p> <p>8⁹⁹ EA.</p>	<p>Land O'Fleur Deli Shaved Meats Selected Varieties 7.5 to 9 Oz.</p> <p>2/⁵</p>	<p>Building Deli Smoked Meats Selected Varieties 16 Oz.</p> <p>5⁴⁹ EA.</p>	<p>Oscar Mayer Funpack Lunchables Selected Varieties 8.9 to 10.7 Oz.</p> <p>2/⁶</p>

SPECIALTY and Natural

<p>Country Archer Jerky or Sticks Selected Varieties 2 to 2.5 Oz.</p> <p>5⁹⁹</p>	<p>Kinder's Organic BBQ Sauce Selected Varieties 19 to 20.5 Oz.</p> <p>6⁹⁹</p>	<p>Melinda's Hot Sauce Selected Varieties 5 Oz.</p> <p>2/⁷</p>	<p>EARTHBOUND FARM ORGANIC VEGGIES SELECTED VARIETIES 9 TO 10 OZ.</p> <p>2/⁶</p>
<p>Cretors Popcorn Selected Varieties 4.5 to 8 OZ.</p> <p>2/⁹</p>	<p>Bark Things Snacking Chocolate Selected Varieties 4.7 Oz.</p> <p>5⁴⁹</p>	<p>Lifeway Kefir Beverage Selected Varieties 24 Oz.</p> <p>2/⁹</p>	<p>KÖHNE GUNDEL SHEIM SAUERKRAUT 26.5 OZ.</p> <p>6⁹⁹</p>
<p>Morin-Nu Tofu Selected Varieties 12 to 12.9 Oz.</p> <p>2/⁵</p>	<p>Wild Harvest Organic Vegetables Selected Varieties 16 Oz.</p> <p>2/⁶</p>	<p>Wild Harvest Organic Sliced Provolone Cheese 6 Oz.</p> <p>3⁹⁹</p>	<p>KÖHNE RED CABBAGE 24 OZ.</p> <p>6⁵⁹</p>