

METRO

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

we accept  

We accept
USDA Food Stamps
We also accept AMEX

We reserve the right to limit & substitute similar items and to correct any Pricing Errors. All items may not be available.

We're got
DAIRY DEALS
all month long



PRICES GOOD MAY-JUNE 2023

WED	THU	FRI	SAT	SUN	MON	TUE
31	1	2	3	4	5	6



\$2⁹⁹
Sugardale
Bacon
16 Oz.
Selected Varieties



\$9⁹⁹
Lb.
Kansas City
Strip Steak
Boneless Beef
Value Pack



\$1⁹⁹
Strawberries
1 Lb.



\$1⁹⁹
Lb.
Fresh
Pork Butt
Bone-In
2 Piece Sold in C.O.V. Bag



\$1⁴⁹
Lb.
Washington
Cosmic Crisp
Apples



2/\$7

Frito-Lay
Fritos Corn Chips
9.25-10 Oz.
Selected Varieties



\$4⁴⁹

Nabisco
Family Size
Snack Crackers
8.5-14 Oz.
Selected Varieties



2/\$5

Kellogg's
Pop-Tarts
Toaster Pastries
8 Ct.
Selected Varieties



2/\$3

Betty Crocker
Hamburger, Tuna or
Chicken Helper
4.7-8.7 Oz.
Selected Varieties



2/\$4

Ore-Ida
Just Crack An Egg
Scramble Kit
2.25-3 Oz.
Selected Varieties

deli



\$8⁹⁹

Lb.
Kretschmar
Oven Roasted Mesquite
Turkey Breast



\$5⁹⁹

Lb.
Cheesecake
Supreme
Dessert Salad

bakery



\$3⁴⁹

King's Hawaiian
Buns
4-9 Ct.
Selected Varieties



\$4⁹⁹

Angel Food
Cake
8 Oz.



\$5⁹⁹

7-Up
Products
12 Oz. Cans 12 Pack or
12 Oz. Bottles 8 Pack
Selected Varieties



2/\$4

Pepsi
Products
2 Liters
Selected Varieties



\$6²⁹

Pepsi
Products
12 Oz. Cans 12 Pack or
12 Oz. Bottles 8 Pack
Selected Varieties



\$1⁹⁹

Snapple
Drinks
64 Oz. Bottles
Selected Varieties

Meat



\$3⁹⁹
Lb.

Bottom Round Roast
Fresh Boneless Beef

\$4⁹⁹
Lb.

Cube Steak
Fresh Boneless Beef Value Pack

\$4⁹⁹
Lb.

85% Lean Ground Beef

\$6⁴⁹

Oscar Mayer Deli Fresh Shaved Sandwich Meats
14-16 Oz. Selected Varieties



\$1²⁹
Sugardale Hot Dogs
12 Oz.



\$4⁹⁹
Bob Evans Family Side Dishes
28-32 Oz. Selected Varieties



\$1⁹⁹
Lb.
Pork Spareribs
Frozen



\$1⁹⁹
Lb.
Skinless Chicken Thighs
Boneless Frozen



\$4⁹⁹
El Monterey Burritos or Chimichangas
30.4-32 Oz. Selected Varieties



\$3⁹⁹
Lb.
Swai Fillets
IQF

Produce



\$4⁹⁹
Russet Potatoes
10 Lb. Bag



77¢
Ea.
Mangos



\$1⁹⁹
Scarlett Pearls Tomatoes
10 Oz. Pkg.



\$3⁹⁹
Jumbo Blueberries
9.8 Oz. Pkg.



\$5⁹⁹
Ea.
Whole Seedless Watermelon



\$1⁹⁹
Lb.
Yellow Squash and Zucchini

Dairy & Frozen



2/\$4
Best Choice Cream Cheese
8 Oz. Selected Varieties



\$2⁴⁹
Best Choice American Singles
12 Oz.



4/\$5
Bob Evans Biscuit or Croissant Breakfast Sandwich
3.65-4.5 Oz. Selected Varieties



\$2⁴⁹
Best Choice Garlic Bread, Toast, Rolls or Breadsticks
96 Oz. or 6-8 Ct. Selected Varieties

\$3⁴⁹
Kraft or Cracker Barrel String or Stick Cheese
7.5-12 Oz. Selected Varieties



\$3⁹⁹
Philadelphia Cheesecake Crumble
96 Oz. Selected Varieties



\$3⁹⁹
Best Choice Sundae Cones
6 Ct. Selected Varieties



\$3⁴⁹
Hiland Sour Cream or Dips
16 Oz. Selected Varieties



\$3⁴⁹
Hiland Sour Cream or Dips
16 Oz. Selected Varieties

Grocery



\$2⁹⁹
Hostess Snack Cakes, Muffins or Pies
6-10 Ct. Selected Varieties



2/\$7
Kellogg's Cereal
10.1-18 Oz. Selected Varieties



\$3⁴⁹
Frank's RedHot Sauce
12-13.95 Oz. Selected Varieties



4/\$5
Ranch Style Beans
15 Oz. Selected Varieties



2/\$3
Best Choice Refried Beans
16 Oz. Selected Varieties



\$2⁴⁹
Pace Salsa or Picante Sauce
16 Oz. Selected Varieties



\$4⁹⁹
V8 Vegetable or V8 + Energy Juice
4-8 Ct. Selected Varieties



\$6⁴⁹
Gatorade Thirst Quencher
20 Oz. Bottles 8 Pack Selected Varieties



2/\$3
Nestlé Pure Life Water
16.9 Oz. Bottles 6 Pack Selected Varieties



2/\$3
Best Choice Dressing
16 Oz. Selected Varieties



\$2⁹⁹
Best Choice Extra Soft Bath Tissue
6 Double Rolls Selected Varieties