

LOU'S SPECIALS



Thrifty Way

Phone: 402-371-5105

807 South 13th
Norfolk, NE

Open 6 am 'til 10 pm
7 Days A Week

Prices Effective Thru

February 1 - February 7, 2023

| Wed. | Thurs. | Fri. | Sat. | Sun. | Mon. | Tues. |
|------|--------|------|------|------|------|-------|
| 01 | 02 | 03 | 04 | 05 | 06 | 07 |



Best Choice
PASTA SAUCE
15 Oz. Can

99¢



Best Choice
CANNED TOMATOES
15 Oz. Can

99¢



Campbell's
CHICKEN NOODLE OR TOMATO SOUP
10.5 Oz. Can

99¢



Betty Crocker
HAMBURGER, CHICKEN OR TUNA HELPER
4.7-4.7 Oz. Box

99¢

MEAT

80% Lean 20% Fat
GROUND "HOG" PORK
10 Lb. Tube

\$1.49
Lb.



Certified Angus Beef
USDA Choice
T-BONE STEAK

\$10.99
Lb.



Certified Angus Beef
USDA Choice
SHOULDER BALL TIP STEAK

\$4.99
Lb.



Home of All Natural
COUNTRY STYLE PORK RIBS

\$2.39
Lb.



Home of All Natural
PORK LOIN ASSORTED CHOPS

\$2.19
Lb.



Home of All Natural
PORK LOIN HUSKER CHOPS

\$2.29
Lb.



Certified Angus Beef
USDA Choice
SHOULDER ARM ROAST

\$4.99
Lb.



Dubois
SMOKED PORK LOIN CHOPS

\$4.99
Lb.



Frozen Boneless
CHICKEN BREAST

\$1.89
Lb.



Goya's
QUICK STEAKS
12 Oz. Pkg.

\$5.99



Aqua Star
BREADED BUTTERFLY SHRIMP
1.5 Lb. Bag

\$9.99



Sheboygan
COCKTAIL SMOKIES
14 Oz. Pkg.

\$2.99



Dakota Brand
SUMMER SAUSAGE
9 Oz. Pkg.

\$2.99



Big Buy
BACON
16 Oz. Pkg.

\$2.99



Supreme Fillets
SALMON FILLETS
16 Oz. Pkg.

\$6.99

DELI

KRETSCHMAR VIRGINIA BRAND HONEY HAM **\$6.99**
Lb.

KRETSCHMAR WHITE OR YELLOW AMERICAN CHEESE **\$6.99**
Lb.

FROZEN

Lou's
PREMIUM ICE CREAM
4 Oz. Pkg.

\$4.88



Tombstone
ORIGINAL PIZZA
19-23 Oz. Pkg.

3/\$12

Baron's
MEAT OWNERS OR MEAT PIES
11.5 Oz. Box

98¢

De Muth's
PARAGARD
18 Oz. Pkg.

\$3.88

Postmodern Farms
CORN, PEAS OR MIXED VEGETABLES
10-12 Oz. Bag

2/\$3

Freemans
HEAVY CRUST PIZZA
20-24 Oz. Box

2/\$10

Marie's
CATERER'S BOWLS
10.5 Oz. Box

\$2.88

Down In Idaho
POTATOES
5 Oz. Bag

\$4.88

DAIRY

Best Choice
GRADE A LARGE EGGS
Dozen

3/\$9.99

Sunny D
CITRUS PUNCH
Gallon

2/\$5

Big Almond
MILK
94 Oz. Can.

\$2.98

Highland
SMOKED AMERICAN CHEESE
1.5 Lb. Pkg.

\$24.88

Highland
VELVETA CHEESE
2.5 Lb. New

\$7.88

Highland
COTTAGE CHEESE
16 Oz. Can.

\$3.88

Blue Bonnet
SPREAD
48 Oz. Can.

\$4.88

Onion
SWEET CREAM BUTTER
8 Oz. Pkg.

2/\$8.88

GROCERY

ITALIAN
COOKING BREAD

2/\$5

SALESA OR
PICANTE SAUCE

\$1.89

Best Choice
KETCHUP
32 Oz. Can.

\$2.29

4.5 Lb. Shredded
BBQ SAUCE

\$2.89

Brand Name
BEANS

\$1.89

Home of All Natural
RICE OR PASTA SIDES

2/\$3

Campbell's
CHUNKY SOUP
18-20 Oz. Can.

\$2.99

Marie's
SLEEPIE JOE SAUCE
18-20 Oz. Can.

4/\$5

Home of All Natural
BEANS

4/\$3

Home of All Natural
PASTA SAUCE
20-24 Oz. Can.

\$2.49

Marie's
TOMATO SAUCE
20-24 Oz. Can.

69¢

DELICIOUS
SHRIMP OR MACARONI & CHEESE DINNER
11.5 Oz. Box

3/\$5

Home of All Natural
COFFEE
16 Oz. Can.

\$7.48

Home of All Natural
HOT CHOCOLATE
10 Oz. Pkg.

\$2.48

Home of All Natural
RICH & CREAMY
11.5 Oz. Box

\$2.88

BROWNIE MIX

2/\$3

FROSTING

\$1.79

ANYTHING MIX

4/\$5

BATS

\$3.99

STORE TOP
STUFFING

\$1.89

POTATO COMPS

5/\$10

CHITOS
OR FRITOS

3/\$9.99

COKE
PRODUCTS

3/\$9.99

PEPSI
PRODUCTS

2/\$4

Phyllis's Favorites

BAKED CHICKEN SUPREME

1 Dinner, sealed and ready to cook
14 oz. soft bread crumbs
1 each onion
1 medium head onion
1/2 tsp. parsley

Fry bread onion in fat, add crumbs to which onion, remaining and baking powder has been added. Then add milk and beaten eggs. Stir well and blend. Put oil up chicken into a rather large baking dish. Place dressing over this and pour broth of chicken over all, to within 1" of dressing. Bake 1-1 1/2 hours in a moderate oven. Serve with white sauce containing 1 can mushrooms, or with chicken gravy made with milk.

1/2 cup butter
1/2 cup flour
1/2 cup milk
1/2 cup onion
1/2 cup pepper

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PRODUCE



Imported Red or Green
SEEDLESS GRAPES
2.99 Lb.



Dole
SALADS
Classic Romaine or Greener Selections
9-11 Oz. Pkg.
\$2.29 Each



Honey & Juicy
BLUEBERRIES
Dry Pit
\$2.89 Each



California
GREEN BELL PEPPERS
4/\$3 Each



Washington State
BARTLETT PEARS
8 Oz. Pkg.
\$1.99 Lb.



Highline
SLICED WHITE MUSHROOMS
8 Oz. Pkg.
2/\$3 Each



Imported
DARK RED CHERRIES
\$3.79 Lb.



Red Ripe
ROMA TOMATOES
\$1.19 Lb.



California
NAVEL ORANGES
4 Lb. Bag
\$4.69 Ea



Dole's
DND WHITE CAULIFLOWER
\$2.99 Each