

TASTY SELECTIONS

Fresh, 85% Lean
Ground Beef

3.99
lb.

Bakery Fresh
Double
Peanut
Butter
Chocolate
Chip Cookies
12 Count Package

5.49

Fresh
Blackberries
or
Raspberries
6 oz. Package

2/\$6

Blue Bunny
Ice Cream
or Frozen
Yogurt

Selected Varieties
46-48 oz. Carton

3.99

Minute Maid
Premium
Orange
Juice

Selected Varieties
59 oz. Carton

2.99

Fresh, Bone-In
Pork
Shoulder
Roast

2.49
lb.



Cottonelle
Bath Tissue
Selected Varieties, 6 Mega Rolls

6.99



Frito-Lay
Lay's
Potato Chips
Selected Varieties, 5-8 oz. Bag

2/\$5



Ragu
Red Pasta Sauce
Selected Varieties, 23.9-24 oz. Jar

2/4.44



Essential Everyday
Shredded or
Chunk Cheese
Selected Varieties, 6-8 oz. Package

2/\$5



Eggo
Frozen Waffles or
French Toaster Sticks
Selected Varieties, 12.5-12.7 oz. Box

2/\$5

Sale Starts Sunday, January 22, 2023

SUN	MON	TUE	WED	THU	FRI	SAT
22	23	24	25	26	27	28

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET

Your Neighborhood Grocery Store

2021
READER'S
CHOICE
Awards
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
U.S.D.A. Choice Beef
Chuck Roast

6⁹⁹
lb.

Braised Chuck Roast with Potatoes

Ingredients

4 lb. boneless beef chuck roast, trimmed of excess fat
1 tablespoon allspice seasoning
Salt to taste
2 tablespoons olive oil
3 onions peeled, halved then sliced
2 bell peppers, rinsed, dried, cored, seeded and chopped
8 oz. whole mushrooms, cleaned and dried
1 cup beef broth
1 cup red wine
2 1/2 lb. red potatoes rinsed, dried, peeled then halved
Ground black pepper to taste

Directions

Rub roast all over with Cajun seasoning then sprinkle with salt and pepper. Place roast in a large, heavy-duty food storage bag; seal bag then refrigerate for 1 hour.

Heat olive oil over medium-low heat in a large Dutch oven. Add onions, cooking and stirring until onions are browned and tender, about 20 minutes.

Add peppers and mushrooms; cook for 3 minutes. Remove vegetables to a plate then turn the heat up to medium high.

Add roast to Dutch oven and sear on all sides. Add cooked vegetables back to Dutch oven, along with broth and wine. Bring ingredients to a boil then reduce heat to medium; cook for 10 to 15 minutes, uncovered, until reduced by about one-third.

Cover Dutch oven then reduce heat to low. Simmer roast for 3 1/2 hours. Add potatoes and cook until potatoes are tender and meat is tender and fully cooked, about 30 to 45 minutes longer.



Fresh
U.S.D.A. Choice Beef
T-Bone Steak

9⁹⁹
lb.



Lloyd's
Barbecue Co.
BBQ Tubs
Pork, Chicken, or Beef
15-16 oz. Tub

5⁹⁹



El Monterey
Burritos
Selected Varieties
30.4-32 oz. Package

5⁹⁹



Oscar Mayer
Beef Franks
Selected Varieties
15 oz. Package

4⁹⁹

Quality Meats



Fresh, Boneless
**Country Style
Pork Ribs**

2⁸⁹
lb.



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Lean and Meaty
**Pork Shoulder
Steak**
2⁶⁹
lb.



Steak-Umm
**Sliced
Sandwich
Steaks**
9 oz. Package

3⁹⁹



Arctic Shores
**Uncooked
Shrimp**
51-60 Count
16 oz. Package

7⁹⁹



Cloverdale
**Tangy Summer
Sausage**
1 lb. Package

5⁹⁹



Hormel
Black Label
**Sliced
Bacon**
Selected Varieties
12-16 oz. Package

4⁹⁹



Lloyd's
**Babyback
Ribs**
Seasoned and Smoked
24 oz. Package

12⁹⁹

Pantry Specials



Wild Harvest
Beans
Selected Varieties
15 oz. Can

3/\$4

3-Bean Meatless Chili

Ingredients

15 oz. black beans
15 oz. dark red kidney beans
15 oz. pinto beans
12 tomatoes, diced
15 oz. tomato sauce
1/2 yellow onion, chopped
1 jalapeño, seeded and minced
2 tablespoons chili powder
1 carrot, chopped
1 cup chopped bell pepper
1/2 teaspoon red pepper flakes
1 cup corn
1/8 teaspoon cayenne
6 oz. vegetable crumbles
3 cloves garlic, minced
1/2 red onion, chopped
1 teaspoon cumin

Directions

In a large saucepan, cook black beans, tomatoes, kidney beans, tomato sauce, pinto beans, yellow onion, jalapeño, chili powder, carrot, bell pepper, pepper flakes, cayenne, vegetable crumbles, garlic, red onion and cumin on medium heat. Cook until ingredients begin to boil.

Once boiling, cover the pan then reduce to low, simmer for 20 minutes.

After 20 minutes, pour in corn, cover pan again and cook for 10 minutes.



Old Dutch
Restaurant Style
Tortilla Chips
Selected Varieties
13 oz. Package

2/\$7



Fisher
Dry Roasted Peanuts
Selected Varieties
14 oz. Jar

2.99



Frito Lay
Dips
Selected Varieties
15.15.75 oz. Jar

4.49



Essential Everyday
Marshmallows **2/\$3**
Selected Varieties
10 oz. Package



Old Dutch
Pretzels
Selected Varieties
12-15 oz. Bag

2/\$7



Frito Lay
Cheetos or Fritos
Selected Varieties
7-10 oz. Bag

2/\$7



Frito Lay
Bean Dip
Selected Varieties
9 oz. Can

2/\$6



Hershey's
Pouch Candy **3.99**
Selected Varieties
2.6-9.9 oz. Package



Keebler
Cheez It Crackers
Selected Varieties, 6-7 oz. Box

2/\$6



Keebler
Cracker Packs
Selected Varieties
11-11.04 oz. Package

2.99



Act II
Microwave Popcorn
Selected Varieties
6 Count Package

3.49



Ensure
Nutrition Shake
Selected Varieties
6/8 oz. Bottles

11.99

Grocery Deals



Dunkin' Donuts Coffee
Selected Varieties
11-12 oz. Bag or 10 Count K-Cups
7.99



Quaker Chewy Granola Bars
Selected Varieties
5.74 oz. Package
3/\$9



Quaker Oatmeal
Selected Varieties
30-42 oz. Container
4.99



Quaker Cereal
Selected Varieties
10.3-14.5 oz. Box

3/\$9



Old El Paso Taco Seasoning
Selected Varieties
1 oz. Package

99¢



Old El Paso Refried Beans
Selected Varieties
16 oz. Can

1.99



Quaker Instant Oatmeal
Selected Varieties
8.4-14.1 oz. Package

3.99



Bear Creek Dry Soup Mix
Selected Varieties
7.9-11.5 oz. Package

3.99



Nabisco Premium Saltines
Selected Varieties
9-16 oz. Package

2/\$6



Lipton Tea Bags
100 Count Package

3.49



Pearl Milling Company Syrup
Selected Varieties
24 oz. Bottle

2.99



Pearl Milling Company Pancake Mix
Selected Varieties
2 lb. Box

2.99



Rolaids Antacids Tablets
Selected Varieties
72-96 Count Bottle

4.49



Essential Everyday Facial Tissue
Selected Varieties
75-80 Count Package

2/\$3



Viva Paper Towels
Selected Varieties
6 Count Package

7.99



Essential Everyday Party Plates and Bowls
Selected Varieties
15-22 Count Package

3.49



Essential Everyday Trash Bags
Selected Varieties
15-26 Count Box

2/\$5

Frozen & Dairy Deals



Marie Callender's Large Pot Pies

Selected Varieties, 14-15 oz. Package

3⁹⁹

Marie Callender's Dinners

Selected Varieties
11.5-14 oz. Package

3⁹⁹



Devour
Entrées
Selected Varieties
9-12 oz. Package

3⁹⁹



Essential Everyday
Premium Vegetables
Selected Varieties
16 oz. Package

2/\$4



Stone Ridge Creamery
Fudge and Cream Bars
Selected Varieties
12 Count Package

2/\$7



Totino's
Pizza Rolls
Selected Varieties
15 Count Package

2/\$3



Stone Ridge Creamery
Junior Pops
Selected Varieties
35 oz. Package

2/\$7



Stone Ridge Creamery
Ice Cream Sandwiches
Selected Varieties
12 Count Package

3⁹⁹



Essential Everyday Cottage Cheese

Selected Varieties, 24 oz. Tub

3⁶⁹

Chobani Zero Sugar or Flip Greek Yogurt

Selected Varieties
4-5.3 oz. Package

3/\$5



Crystal Farms
American Singles
12 oz. Package

3²⁹



Essential Everyday
Almond Milk
Selected Varieties, 64 oz. Carton

2/\$6



I Can't Believe
It's Not Butter
Margarine
Selected Varieties
8-16 oz. Package

3⁴⁹



Crystal Farms
Sliced Cheese
Selected Varieties
6-8 oz. Package

2⁹⁹



Silk
Coffee Creamer
Selected Varieties
32 oz. Carton

4⁹⁹



SunnyD
Citrus Punch
Selected Varieties
64 oz. Bottle

2/\$3

Fresh from Our Deli & Bakery

**2021
SIN**
READERS' CHOICE
Awards
BEST DELI

FRESH IN OUR
Deli
FRESH

Deli Fresh
**Honey or
Virginia Ham**
5⁹⁹
lb.

Signature



Signature

Deli Fresh
**Provolone
Cheese**
Sliced fresh in our Deli!
6⁹⁹
lb.



Kaukauna
**Spreadable
Cheese**
Selects d Varietas
6.5 oz. Package
3⁹⁹



Mrs. Gerry's
Deli Fresh
Mrs. Gerry's
**Steakhouse
Potato Salad**
3⁹⁹
lb.



**2021
SIN**
READERS' CHOICE
Awards
BEST BAKERY

**Bakery Fresh
Onion Egg Rolls**
4 Count Package
2⁶⁹

**SAVORY
Buns**



Bakery Fresh
**Strudel
Bites**
12 Count Package
3⁷⁹



Lofthouse
**Frosted
Sugar
Cookies**
Selects d Varietas
10 Count Package
4⁵⁹



The Father's Table
**New York
Cheese Cake**
32 oz. Package
13⁹⁹



Fresh Produce



Dole Salad Kits
Selected Varieties, 8-13.25 oz. Bag

Ready to eat from the bag. These salads are fresh, crisp and packed with crunchy goodness.

3⁹⁹



Washington Premium Braeburn Apples

Braeburn apples are not only excellent for snacking but also baking. Sweeten someone's day with a delicious baked apple dessert made with fresh Braeburn apples!

1⁶⁹ lb.



Fresh Mini Sweet Peppers
1 lb. Package

4⁹⁹



Fresh Cucumbers or Green Bell Peppers

Whether baked, braised, grilled, sautéed or steamed, bell peppers are tasty! And, for a refreshing salad, you just can't beat straight-from-the-farm cucumbers.

89¢ ea.



Cuties Clementines
2 lb. Bag

These easy to peel, kid-sized, seedless and super sweet Cuties are great for lunch boxes and perfect for a refreshing snack.

4⁹⁹



Dole Cauliflower

Fresh cauliflower is a vitamin C-rich vegetable that adds great taste and texture to so many dishes. For a wonderfully flavorful side dish, serve roasted cauliflower florets with lemon and Parmesan cheese.

3⁹⁹ ea.



Fresh On the Vine Tomatoes

When tomatoes are picked with the vine still attached they are tricked into thinking they are still on the plant, and the natural ripening process continues from the field to the store.

2⁹⁹ lb.

Stuffed Mini Peppers

Ingredients

- 12 mini sweet peppers
- 1 lb ground beef
- 1 yellow onion, chopped
- 2 cups rice, cooked
- 3 cups spaghetti sauce
- Mozzarella cheese shredded, for topping
- Water for boiling

Directions

Preheat oven to 350 degrees F.

Cut a small section out of each pepper.

Fill a deep pot 1/2 full with water. Bring pot to a boil.

Once boiling, add bell peppers and cook for 5 minutes. Drain water from peppers.

In a skillet on medium heat, brown the ground beef with onion. Add rice and 2 cups of the spaghetti sauce.

Set peppers in a casserole dish, then fill with meat/rice mixture. Pour remaining spaghetti sauce over peppers.

Cover casserole dish with aluminum foil and cook for 20 minutes. Remove foil and sprinkle mozzarella cheese over peppers. Return casserole dish to oven and bake for an additional 10 minutes, uncovered.

Refreshing Beverages



Coke Products
Selected Varieties, 6/16.9 oz. Bottles

2/\$10



AHA Sparkling Water
Selected Varieties, 8/12 oz. Cans

3/\$10



Powerade Sports Drink
Selected Varieties, 28 oz. Bottle

2/\$3



Monster Energy Drink
Selected Varieties, 16 oz. Can

2/\$4