

METRO

we accept  

We accept
USDA Food Stamps
We also accept AMEX

We reserve the right to limit & substitute similar items and to correct any printing errors. All items may not be available.

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm



PRICES GOOD JANUARY 2023

WED 25	THURS 26	FRI 27	SAT 28	SUN 29	MON 30	TUES 31
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\$4.99
Lb.
Ground Beef
Fresh Family Pack
93% Lean

\$1.49
Lb.
Cosmic Crisp
Apples
Fresh



\$2.29
Lb.
Chicken Thighs
or Drumsticks
Fresh Family Pack



\$3.49
Lb.
Red Cherries
Fresh



2/\$4
Just Crack An
Egg Cups
2.25-3 Oz.
Selected Varieties



\$3.99
Kellogg's Family
Size Cereal
16.9-24 Oz.
Selected Varieties



\$2.99
Quaker Granola
Bars
5-8 Ct.
Selected Varieties



\$5.49
Smithfield Fully
Cooked Sausage
19.5-20 Oz.
Selected Varieties



2/\$6
Eggo Waffles
10 Ct.
Selected Varieties



\$5.49 ea.
Reser's Protein
Salads
12 Oz.
Selected Varieties



\$4.99 Lb.
Chicken
Wings
Boneless
Selected Varieties



\$2.49
Ozark Hearth
Texas Toast
20 Oz. Loaf



\$2.49
Toufayan Bagels
6 Ct.
Selected Varieties



\$7.49
Coca-Cola
Products
12 Oz. Cans 12 Pack
Selected Varieties



\$2.99
Coca-Cola
Products
2 Liter Bottles
Selected Varieties



\$13.99
Coca-Cola
Products
12 Oz. Cans 24 Pack
Selected Varieties



\$3.99
Coca-Cola
Products
5 Liter Bottles 6 Pack
Selected Varieties

\$4.49
Coca-Cola
Products
7.5 Oz. Cans 6 Pack
Selected Varieties

\$6.29
Coca-Cola
Products
12 Oz. Bottles 8 Pack
Selected Varieties



Armour Family Size Meatballs **\$5.49**
25 Oz. ea.
Selected Varieties



Aqua Star Raw Shrimp **\$7.99**
16 Oz. 26-30 Ct. ea.

\$3.99
Farmland Bacon
16 Oz.
Selected Varieties



\$2.69
Armour
Pepperoni
4.5 Oz.
Selected Varieties



\$3.99
Bob Evans
Side Dishes
12-24 Oz.
Selected Varieties



\$2.99 ea.
Blueberries
Pint



\$1.99 Lb.
Bartlett
Pears
Fresh



99¢ ea.
Red Bell
Peppers
Fresh



\$1.49 Lb.
Zucchini or
Yellow Squash
Fresh



2/\$1
Hass Avocados
Fresh



Tropicana Orange Juice **\$3.49**
52 Oz.
Selected Varieties

Velveeta Slices **\$2.49**
12 Oz.
Selected Varieties

Tony's Pizza **3/\$9**
18.9-20.13 Oz.
Selected Varieties

Michelin's Entrees **4/\$5**
4.5-9 Oz.
Selected Varieties

10/\$10
Dannon Yogurt
or Activa Drink
5.3-7 Oz.
Selected Varieties

\$1.99
Best Choice
Hash Browns or
Diced Potatoes
20 Oz.

2/\$4
Best Choice
Cinnamon Rolls
12.4 Oz.
Selected Varieties

3/\$9
Bibigo or Pagoda
Appetizers
6.8-9.49 Oz.
Selected Varieties

4/\$5
Bob Evans
Breakfast
Sandwiches
3.65-4.5 Oz.
Selected Varieties

\$6.99
Best Choice
Cobbler
32 Oz.
Selected Varieties



Best Choice Brownie Mix **2/\$4**
16.5-18.9 Oz.
Selected Varieties



Nabisco Party Size Snacks **\$5.99**
20-27.4 Oz.
Selected Varieties



Nabisco Snack Crackers **\$3.49**
3.5-8.5 Oz.
Selected Varieties

\$4.49
Dove
Valentine's
Chocolates
7.37-8.87 Oz.
Selected Varieties



\$3.99
Hershey's
Valentine's
Chocolates
8.4-10.1 Oz.
Selected Varieties



\$3.99
Kraft
Macaroni
& Cheese
5 Pack



\$1.69
Libby's Jumbo
Can Vegetables
28-29 Oz.
Selected Varieties



2/\$7
Frito-Lay
Potato Chips
7 Oz.
Selected Varieties



2/\$7
Frito-Lay
Tostitos Chip
11-15 Oz.
Selected Varieties



2/\$6
Frito-Lay
Doritos Chips
6-9.25 Oz.
Selected Varieties



4/\$5
Hunt's Pasta
Sauce
24 Oz.
Selected Varieties



\$2.49
Classico
Pasta Sauce
15-24 Oz.
Selected Varieties



2/\$5
Old Orchard
Juice
64 Oz.
Selected Varieties



\$6.99
Maxwell House
Wake Up Roast
30.65 Oz.



\$6.99
Quaker Oats
42 Oz.
Selected Varieties



\$3.49
Lysol
Cleaners
22-40 Oz.
Selected Varieties



\$5.99
Sparkle Towels or
Angel Soft Tissue
6-8 Rolls
Selected Varieties



\$3.49
Tide Simply
Laundry Detergent
13 Ct. or 31 Oz.
Selected Varieties

