

# Holstein Super Market

109 E. 1st Street Holstein, IA 51025  
Phone: 712.368.4555

**Carry-Out Service! • Rotisserie Chicken!**  
Authorized WIC, Food Stamp EBT & Iowa Lottery

*Open* Monday - Saturday  
7:00 am - 7:00 pm  
Sunday  
8:00 am - 12:00 pm

#9384

PRICES EFFECTIVE WEDNESDAY, JANUARY 25 THROUGH TUESDAY, JANUARY 31, 2023

## Rise & Shine SAVINGS

### Scrambled Egg Muffins Recipe courtesy of allrecipes.com

These egg muffins are made with lots of sausage and Cheddar cheese and will make a filling and fun treat at your next brunch. They're pretty, hearty, and fun to serve.

Prep Time: 15 mins | Servings: 12 | Cook Time: 30 mins. | Yield: 12 muffins | Total Time: 45 mins.

#### Ingredients:

- ½ pound bulk pork sausage
- 12 eggs
- ½ cup chopped onion
- ½ cup chopped green bell pepper, or to taste
- ½ teaspoon salt
- ¼ teaspoon ground black pepper
- ½ teaspoon garlic powder
- ½ cup shredded Cheddar cheese

#### Directions:

- Preheat the oven to 350 degrees F (175 degrees C). Lightly grease 12 muffin cups or line with paper muffin liners.
- Heat a large skillet over medium-high heat. Stir in sausage and cook until crumbly, evenly browned, and no longer pink, 10 to 15 minutes. Drain off grease.
- Beat eggs in a large bowl. Stir in onion, green pepper, salt, pepper, and garlic powder. Mix in sausage and Cheddar cheese. Spoon into the prepared muffin cups.
- Bake in the preheated oven until a knife inserted near the center comes out clean, 20 to 25 minutes.

**WOW DEAL**  
Farmland Pork Sausage  
12 Oz. Roll or 8 Oz. Links, Selected Varieties  
**4/\$5**



**WOW DEAL**  
Tropicana Orange Juice  
54 Oz., Selected Varieties  
**\$2.99**



Fresh Strawberries  
16 Oz.  
**\$3.99**



Fresh Blueberries  
Pint or Driscoll's Raspberries or Blackberries  
6 Oz.  
**\$3.49**



Imported Red or Green Seedless Grapes  
Lb.  
**\$2.99**

Raspberry, Heirloom or California Cara Cara Oranges  
3 Lb.  
**\$4.59**

## CITRUS SALE-A-BRATION

Texas Rio Star Grapefruit  
5 Lb.  
**\$5.99**

California Navel Oranges  
4 Lb.  
**\$4.69**

Fresh Limes  
**79¢ Ea.**

Fresh Lemons  
**49¢ Ea.**



Fresh Bone-In Pork Butt Roast  
Product of the USA  
**\$1.99 Lb.**



Fresh Boneless Beef Top Round Roast  
Product of the USA  
**\$4.49 Lb.**



Fresh Sanderson Farms Chicken Leg Quarters  
Product of the USA  
**\$1.29 Lb.**



From the Deli Best Choice Hummus  
10 Oz., Selected Varieties  
**2/\$6**



Best Choice Russet Potatoes  
10 Lb.  
**\$5.79**



Yellow Onions  
3 Lb.  
**\$2.19**



Fresh Roma Tomatoes  
Lb.  
**\$1.39**

**WE APPRECIATE YOUR PATIENCE AS SOME OF THESE PRODUCTS MAY ALSO BE TEMPORARILY UNAVAILABLE. THANK YOU FOR CHOOSING OUR STORE FOR YOUR SHOPPING NEEDS. NO RAINCHECKS • WHILE SUPPLIES LAST • NO RETURNS**



Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

NEI\_3554\_P1\_012023\_X



**Old Orchard  
100% Juice**  
64 Oz.,  
Selected Varieties  
**2/\$5**



**Kraft  
Macaroni  
& Cheese**  
5 Pack  
**\$3.99**




**Bush's Best  
Beans**  
15-16 Oz., Selected Varieties  
**4/\$5**



**Zatarain's  
Rice Dinner Mix**  
8 Oz., Selected Varieties  
**\$1.89**



**Best Choice  
Soup**  
10.5-10.75 Oz., Selected Varieties  
**99¢**



**Best Choice  
Lasagna Noodles**  
12-16 Oz., Selected Varieties  
**\$1.69**



**Best Choice  
Dressing**  
16 Oz., Selected Varieties  
**2/\$4**



**New York Bakery  
Texas Toast Croutons**  
5 Oz., Selected Varieties  
**2/\$3**



**Classico  
Pasta Sauce**  
15-24 Oz., Selected Varieties  
**\$2.49**



**Hunt's  
Pasta Sauce**  
24 Oz., Selected Varieties  
**4/\$5**




**Nabisco  
Snack Crackers**  
3.5-8.5 Oz., Selected Varieties  
**\$3.49**



**Nabisco  
Party Size! Snacks**  
20-27.4 Oz., Selected Varieties  
**\$5.99**



**Quaker  
Granola Bars or Dippis**  
9-8 Oz., Selected Varieties  
**\$3.29**



**Lay's  
Potato Chips or Poppables**  
4.75-8 Oz. or  
Tostitos Tortilla Chips  
9-13 Oz.,  
Selected Varieties  
**2/\$7**

# Rise & Shine SAVINGS



**WOW DEAL**  
**Best Choice  
Frozen Potatoes**  
28-32 Oz., Selected Varieties  
**\$1.79**



**Maxwell House  
Wake Up Roast  
Ground Coffee**  
30.65 Oz.  
**\$6.99**



**Kellogg's  
Family Size  
Cereal**  
16.9-24 Oz.,  
Selected Varieties  
**\$3.99**



**Quaker  
Oats**  
42 Oz.,  
Selected Varieties  
**\$6.99**



**Ore-Ida  
Just Crack  
An Egg  
Scramble Kit**  
2.25-3 Oz.,  
Selected Varieties  
**2/\$4**



**Bob Evans  
Biscuit or  
Croissant  
Breakfast  
Sandwich**  
3.65-4.5 Oz.  
**4/\$5**



**Kellogg's  
Eggo Waffles**  
10 CL, Selected Varieties  
**\$2.79**



**Farmland  
Bacon**  
12-16 Oz.,  
Selected Varieties  
**\$4.99**



**Cloverdale  
Ham Patties**  
10 Oz.  
**\$2.99**



**Jimmy Dean  
Omelet Minis,  
Morning Combos  
or Egg Bites**  
3.27-3.75 Oz.,  
Selected Varieties  
**\$2.79**



**From the Bakery  
Clyde's  
Glazed Donuts**  
12 CL.  
**\$4.99**



## Dairy

**TruMoo  
Chocolate Milk**  
64 Oz.,  
Selected Varieties  
**\$2.49**

## Frozen

**Tony's  
Pizzeria Style Pizza**  
18.56-20.6 Oz.,  
**Bibigo Dumplings** 6.6 Oz. or  
**Pagoda Appetizers**  
6-9.49 Oz., Selected Varieties  
**3/\$9**



**Kraft  
Velveeta Slices**  
12 Oz., Selected Varieties  
**\$2.49**



**Kemps  
Sherbet** 54 Oz.,  
**Ice Cream or  
Frozen Yogurt** 48 Oz. or  
**Ice Cream Novelties**  
4-12 Ct., Selected Varieties  
**\$3.99**



**Best Choice  
Dip**  
15 Oz., Selected Varieties  
**\$1.79**



**Best Choice  
Tortellini or Ravioli**  
19-20 Oz., Selected Varieties  
**\$3.79**



**Crystal Farms  
Grated  
Parmesan  
Cheese**  
8 Oz.  
**\$3.49**



**Crystal Farms  
Ricotta Cheese**  
15 Oz.,  
Selected Varieties  
**\$3.49**



**Devour  
Entrées**  
7.41-12 Oz.,  
Selected Varieties  
**2/\$6**



**Michelin's  
Entrées**  
4.5-9 Oz.,  
Selected Varieties  
**4/\$5**

## Home & Health



**Downy  
Fabric Softener**  
34 Oz. Liquid  
**\$3.99**



**Bounce  
Dryer Sheets**  
60 Ct.  
**\$3.49**



**Tide Simply  
Laundry  
Detergent**  
31 Oz. Liquid,  
Selected Varieties  
**\$3.49**



**Lysol  
All Purpose or  
Hydrogen Peroxide  
Multi-Purpose  
Cleaner**  
32-40 Oz.,  
Selected Varieties  
**\$3.49**



**Desitin  
Diaper Rash  
Cream**  
2 Oz.  
**\$3.79**



**Best Choice  
Cold & Flu Relief**  
20 Ct. Liquigets  
**\$3.49**



**Dove  
Beauty Bar**  
2 Pack,  
Selected Varieties  
**\$3.99**



**Zone Perfect  
Nutrition Bar**  
1.58-1.76 Oz.,  
Selected Varieties  
**4/\$5**

# Rise & Shine

## SAVINGS



**Bays  
English  
Muffins**  
6 Ct.,  
Selected Varieties  
**\$3.49**



**Simply  
Potatoes**  
20 Oz.,  
Selected Varieties  
**2/\$5**



**Dannon  
Greek Yogurt**  
5.3 Oz.,  
Selected Varieties  
**10/\$10**



**Dannon  
Activia Yogurt**  
4 Pack 4 Oz. or  
**Danimals  
Smoothie**  
6 Pack 3.1 Oz.,  
Selected Varieties  
**2/\$5**



**Best Choice  
Orange Juice**  
12 Oz. Frozen,  
Concentrate,  
Selected Varieties  
**2/\$4**



**Best Choice  
Apple Juice**  
12 Oz. Frozen,  
Concentrate  
**3/\$4**



**BelVita  
Breakfast  
Biscuits**  
8.8 Oz.,  
Selected Varieties  
**\$3.49**



**David's Deli  
Bagels**  
14.2-14.25 Oz.,  
Selected Varieties  
**\$1.89**



## Meat Specials!



**Fresh Boneless Beef Top Sirloin Steaks**  
Product of the USA  
**\$6.49**  
Lb.



**Fresh 93% Lean Ground Beef**  
Product of the USA  
**\$5.69**  
Lb.



**Fresh Boneless Beef Top Round Steaks**  
Product of the USA  
**\$4.99**  
Lb.



**Fresh Bone-In Pork Steaks**  
Product of the USA  
**\$2.29**  
Lb.



**Land O' Frost Bistro Favorites Lunchmeat**  
6-8 Oz.  
Selected Varieties  
**\$4.49**



**Taste Choice Shrimp or Chicken Entrees**  
24 Oz.  
Selected Varieties  
**\$5.99**



**John Morrell Franks**  
12 Oz.  
Selected Varieties  
**\$1.69**

## Catch of the Day!



**Best Choice Crunchy Fish Sticks or Portions**  
11.4-12 Oz.  
**\$3.79**



**Johnsonville Summer Sausage**  
12 Oz.  
Selected Varieties  
**\$4.49**



**Rim Rock Farms Breaded Chicken**  
32 Oz.  
Selected Varieties  
**\$6.99**



**Oscar Mayer P3 Portable Protein Pack**  
2-2.3 Oz.  
Selected Varieties  
**2/\$3**



**Best Choice Cooked Tail-On Shrimp**  
51-60 Ct., 16 Oz.  
**\$7.99**

## Produce Specials!



**Fresh Grape Tomatoes**  
10 Oz.  
**\$1.59**



**Highline Organic Sliced Mini Bella Mushrooms**  
8 Oz.  
**\$2.39**

**Highline Baby Bella Whole Mushrooms**  
8 Oz.  
**\$1.99**



**Dole Premium Salad Kit**  
8.9-9.1 Oz.  
Selected Varieties  
**\$3.59**

**Dole Baby Spinach**  
5 Oz.  
**\$2.59**



**Extra Fancy Honeycrisp Apples**  
**\$2.49**  
Lb.

**Premium Gala, Fuji, Granny Smith, Pink Lady, Red Delicious, Braeburn, Cosmic Crisp or Jazz Apples**  
**\$1.69**  
Lb.



**Eat Smart Sugar Snap or Snow Peas** 8 Oz. or **Cauliflower Rice** 12 Oz.  
**\$2.89**



**Taylor Farms Vegetable Tray with Ranch Dip**  
18 Oz.  
**\$4.89**



**Crisp Green Cabbage**  
**69¢**  
Lb.



**Zucchini or Yellow Squash**  
**\$1.39**  
Lb.



**Bolthouse Farms Premium Sweet Petites Carrots**  
12 Oz.  
**\$1.79**

## Bakery & Deli Specials!



**Cafe Valley Turnovers**  
4 Ct., Selected Varieties  
**\$4.99**



**Gonnella Brioche Hamburger Buns**  
5 Ct.  
**\$2.99**

**Toufayan Bakeries Wraps**  
10 Oz., Selected Varieties  
**2/\$4**

**King's Hawaiian Hamburger or Hot Dog Buns**  
8 Ct.  
**2/\$7**

**Rich's Red Velvet Single Layer Cake**  
8 Inch  
**\$6.99**



**Mrs. Gerry's Homestyle Chicken Salad**  
**\$7.99**  
Lb.



**Reser's Deviled Egg Potato or Macaroni Salad**  
3 Lb.  
**\$7.99**

**Wilson Roast Beef**  
**\$8.99**  
Lb.

**Crunchmaster Crackers**  
4 Oz., Selected Varieties  
**2/\$6**



**8 Piece Chicken Dinner with 2 Sides and 4 Dinner Rolls**  
**\$14.99**



**Donut Shop, Green Mountain or Caribou Coffee**  
32 Ct. K-Cups, Selected Varieties  
**\$18.49**

**Olive Garden Dressing**  
16 Oz., Selected Varieties  
**\$3.89**

**Kraft Natural Shredded Cheese**  
24 Oz., Selected Varieties  
**\$6.99**



**Finish Powerball Dishwasher Detergent**  
15-24 Ct., 91  
**\$4.99**

**Angel Soft Bath Tissue**  
8 Mega Rolls or **Sparkle Paper Towels**  
5 Double Rolls, Selected Varieties  
**\$6.99**



**Dove Valentine Chocolates**  
7.37-8.87 Oz., Selected Varieties  
**\$4.49**

**Hershey's Valentine Candy**  
6.4-10.1 Oz., Selected Varieties  
**\$3.99**