

# METRO

we accept  

We accept  
USDA Food Stamps  
We also accept AMEX

We reserve the right to limit & substitute similar items and to correct any printing errors. All items may not be available.

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm

*fall favorites,*  
**FALLING PRICES**

PRICES GOOD SEPT-OCT 2022

WED 28	THURS 29	FRI 30	SAT 1	SUN 2	MON 3	TUES 4
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**\$1<sup>99</sup>** Lb.  
**Whole Pork Tenderloin**  
Frozen



**\$1<sup>49</sup>** Lb.  
**Chicken Thighs or Drumsticks**  
Fresh Family Pack



**\$2<sup>49</sup>** ea.  
**Missouri Jonathan Apples**  
3 Lb. Bag



**\$1<sup>79</sup>** Lb.  
**Pork Loin**  
Sold Whole In CryOVac® Boneless



**\$4<sup>49</sup>** ea.  
**Mandarin Oranges**  
3 Lb. Bag



**2/\$4**  
**Progresso Soup**  
18.5-19 Oz.  
Selected Varieties



**\$3<sup>99</sup>**  
**Best Choice Ice Cream**  
48 Oz.  
Selected Varieties



**2/\$6**  
**General Mills Cereal**  
9-10.8 Oz.  
Selected Varieties



**\$1<sup>49</sup>** Lb.  
**Holiday Red Seedless Grapes**  
Fresh



**\$2<sup>69</sup>** ea.  
**Reser's Classic Salads**  
15-16 Oz.  
Selected Varieties



**\$4<sup>59</sup>**  
**Café Valley Muffins**  
4 Ct.  
Selected Varieties



**\$2<sup>49</sup>**  
**Ozark Hearth Texas Toast**  
20 Oz. Loaf



**\$5<sup>49</sup>**  
**Pepsi Products**  
12 Oz. Cans 12 Pack  
Selected Varieties



**4/\$5**  
**Pepsi Products**  
2 Liter Bottles  
Selected Varieties



**\$5<sup>49</sup>**  
**Pepsi Products**  
12 Oz. Bottles 8 Pack  
Selected Varieties



**\$3<sup>99</sup>**  
**Buby Drinks**  
12 Oz. Cans 8 Pack  
Selected Varieties





**Rump Roast**  
Fresh Boneless Beef

**\$4.49**  
Lb.



**Ground Beef**  
Fresh Family Pack 80% Lean

**\$3.99**  
Lb.



**Baby Back Pork Ribs**  
Frozen

**\$2.79**  
Lb.



**\$3.99**

Smithfield Bacon  
12 Oz.  
Selected Varieties



**2/\$3**

Oscar Mayer Lunchables  
2-4.4 Oz.  
Selected Varieties



**\$3.49**

Oscar Mayer Bologna  
16 Oz.  
Selected Varieties



**\$3.49**

Oscar Mayer Meat Franks  
14-16 Oz.  
Selected Varieties



**\$8.99**

Sea Best Raw Shrimp  
16 Oz. 16-20 Ct.



**\$2.49**  
ea.  
Blueberries  
6 Oz.



**77¢**  
ea.  
Avocados  
Fresh



**2/\$5**  
Dole Classic Romaine or Greener Select  
9-11 Oz.



**\$1.99**  
ea.  
Scarlett Pearl Tomatoes  
10 Oz.



**Red Diamond Iced Tea**  
Gallon  
Selected Varieties

**\$3.99**



**Kraft Cheese**  
7-8 Oz. Shredded or Chunk Varieties

**\$2.99**



**Freschetta Pizza**  
20, 28-30, 88 Oz.  
Selected Varieties

**\$5.49**



**Jell-O Gelatin or Pudding**  
2-4 Ct.  
Selected Varieties

**\$2.49**



**2/\$7**  
Tropicana Orange Juice  
52 Oz.  
Selected Varieties



**Just Crack An Egg Omelets**  
4.6 Oz.  
Selected Varieties

**\$3.49**



**Smart One Entrees**  
4.9-10.25 Oz.  
Selected Varieties

**3/\$5**



**Devour Entrees**  
7.41-11.5 Oz.  
Selected Varieties

**\$3.49**



**Charmin or Bounty Essentials**  
12 Rolls  
Selected Varieties

**\$11.99**



**Doritos or Tostitos**  
7-9 Oz.  
Selected Varieties

**\$2.99**



**Chex Mix, Bugles or Gardettos**  
7-8.75 Oz.  
Selected Varieties

**2/\$4**

**\$3.99**  
Smucker's Strawberry Jelly or Jam  
32 Oz.  
Selected Varieties



**2/\$6**  
Kellogg's Pop-Tart's  
5-12 Ct.  
Selected Varieties



**2/\$6**  
Nabisco Belvita  
5 CL  
Selected Varieties



**10/\$10**  
Gatorade G-Fit  
16.9 Oz.  
Selected Varieties



**2/\$7**  
Propel Drinks  
6 Pack  
Selected Varieties



**\$2.49**  
Kraft Salad Dressing  
14-16 Oz.  
Selected Varieties



**\$2.99**  
Classico Pasta Sauce  
15-24 Oz.  
Selected Varieties



**\$4.99**  
Kraft Miracle Whip  
30 Oz.  
Selected Varieties



**\$3.99**  
Kraft Mayo  
30 Oz.  
Selected Varieties



**\$3.49**  
Nabisco Oreo Cookies  
8.5-15.25 Oz.  
Selected Varieties



**\$3.99**  
Kraft Deluxe or Velveeta Shells & Cheese  
9.4-14 Oz.,  
Selected Varieties



**\$4.99**  
Cascade Platinum Detergent  
16-75 Oz. or 14-25 Ct.  
Selected Varieties



**\$6.99**  
Tide Laundry Detergent  
15-20 Ct. or 46 Oz.  
Selected Varieties

