

END OF SUMMER SAVINGS

Just Bare
Boneless, Skinless
Chicken Breast
14-18 oz. Package

5⁹⁹



Fresh
Boneless
Center Cut
Pork Chops

2⁹⁹
lb.



Bakery Fresh
White
Chocolate
Macadamia
Nut Cookies
6 Count Package

3⁹⁹



Fresh
Seedless
Red or
Green
Grapes

1⁹⁹
lb.



Fresh, Boneless
U.S.D.A. Choice Beef
**New York
Strip Steak**

9⁹⁹
lb.



Fresh
Hass
Avocados

99¢
ea.



Folgers
Coffee
Selected Varieties, 20, 6-30.5 oz. Can or
12 Count Box

8⁹⁹



Birds Eye
Frozen Vegetables
Selected Varieties, 10-16 oz. Package

4/\$5



Blue Bunny
Ice Cream
Selected Varieties, 46-48 oz. Carton

3⁹⁹



Florida's Natural
Juice
Selected Varieties, 52 oz. Carton

3⁴⁹



Dannon
Greek Yogurt
Selected Varieties, 5.3 oz. Cup

10/\$10

Sale Starts Sunday, September 18, 2022

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



**READERS'
CHOICE**
Awards

Best Independently Owned
Grocery Store

CRYSTAL

ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551

www.almstedsmarkets.com



Quality Meats



Fresh, Boneless
**Center Cut
Pork Loin Roast**

2⁸⁹
lb.

Apple Butter Pork Loin

Ingredients

2 lb boneless pork loin roast
Seasoning salt, to taste
2 cups apple juice
1/2 cup apple butter
1/4 cup brown sugar
2 tablespoons water
1/4 teaspoon ground cinnamon
1/4 teaspoon ground cloves

Directions

Preheat the oven to 350° F.

Season the pork loins with seasoning salt, and place them in a 9x13 inch baking dish or small roasting pan. Pour apple juice over the pork, and cover the dish with a lid or aluminum foil.

Bake for 1 hour in the preheated oven. While the pork is roasting, mix together the apple butter, brown sugar, water, cinnamon, and cloves. Remove pork roasts from the oven, and spread with apple butter mixture.

Cover and return to the oven for 2 hours.



Fresh, Boneless
U.S.D.A. Choice Beef
Top Round Steak

5⁹⁹
lb.



U.S.D.A. Inspected
**Pork
Spareribs**
2⁹⁹
lb.



Lloyd's
Barbeque Co.
BBQ Meat
Chicken, Pork or Beef
15-16 oz. Tub

5⁹⁹



Cooked Perfect
Meatballs
Selected Varieties
18-32 oz. Package

7⁹⁹

Quality Meats



WE CUT OUR OWN
BEEF AND PORK
In-Store

FRESH

Fresh, Boneless
U.S.D.A. Choice

**Top Round
Roast**

5⁷⁹
lb.



Arctic Shores
**Cooked
Shrimp**
Peeled & Deveined
Tail-On, 61-70 Count
12 oz. Bag

6⁹⁹



Sugardale Boneless
**Sliced
Quarter
Ham**
2.5 lb. Package

9⁹⁹



Hormel Black Label
Sliced Bacon
Selected Varieties, 12-16 oz. Package

6⁹⁹



Sheboygan
**All Beef
Hot Dogs**
Selected Varieties
12-13.3 oz. Package

5⁹⁹



Oscar Mayer
**Fun Pack
Lunchables**
Selected Varieties
3.3-10.7 oz. Package

2/\$6



Bob Evans
**Side
Dishes**
Selected Varieties
12-24 oz. Package

3⁹⁹

Breakfast Deals



Kellogg's Special K Cereal

Selected Varieties, 11-13.2 oz. Box

2/\$7



Mrs. Buttermilk's Syrup

Selected Varieties
24 oz. Bottle

3⁹⁹



Log Cabin Syrup

Selected Varieties
24 oz. Bottle

3⁹⁹



Essential Everyday Cereal

Selected Varieties
12-18.2 oz. Box

2/\$7



KIND Granola

Selected Varieties
11 oz. Package

4⁹⁹



V8 Vegetable Juice

Selected Varieties
64 oz. Bottle

3⁹⁹



Old Orchard Fruit Juice

Selected Varieties
64 oz. Bottle

2/\$5



Dunkin' Coffee

Selected Varieties
Size 10-12 oz. Bag
or 10 Count K-Cups

8⁹⁹



Kellogg's Special K Pastry Crisps

Selected Varieties
12 Count Bars

2⁹⁹



Country Hearth Kids' Choice White Bread

24 oz. Loaf

3⁴⁹



Essential Everyday Honey Bear

12 oz. Bottle

3⁹⁹



Old Dutch Restaurant Style Tortilla Chips

Selected Varieties, 10-13 oz. Bag

2/\$7



Hostess Snack Cakes

Selected Varieties
8-16.5 oz. Package

2/\$6



Hunt's Snack Pack Pudding or Gelatin

Selected Varieties
4 Count Package

4/\$5



Nabisco Ritz Toasted Chips

Selected Varieties
7.1-8.1 oz. Bag

3²⁹



Kellogg's Rice Krispies Treats

8 Count Box

2⁹⁹



Colgate Toothpaste or Toothbrush

Selected Varieties
6 oz. or 1 Count Package

1⁹⁹



Old Dutch Pretzels

Selected Varieties, 12-15 oz. Bag

2/\$7



Keebler Cheez-It Crackers

Selected Varieties
7 oz. Box

2⁹⁹



Act II Microwave Popcorn

Selected Varieties
3 Count Box

2/\$4



Essential Everyday Graham Crackers

Selected Varieties
14.4 oz. Box

2⁷⁹



Essential Everyday Cashews Halves & Pieces

Selected Varieties
8 oz. Can

4⁹⁹



Equiline Ibuprofen Pain Reliever

24 Count Package

1⁹⁹



Frito-Lay Ruffles Potato Chips

Selected Varieties, 7.75-9 oz. Bag

2/\$7



Frito-Lay Cheetos or Fritos

Selected Varieties
6.5-10 oz. Bag

2/\$7



Kraft Jet-Puffed Marshmallows

Selected Varieties
7 oz. Bag

2⁶⁹



Keebler Cracker Packs

Selected Varieties
11 oz. Package

3²⁹



Frito-Lay Dips

Selected Varieties
15-15.75 oz. Jar

2/\$8



Funtstones Vitamins

Selected Varieties
60 Count Package

8⁹⁹

Grocery Deals



Kraft Macaroni & Cheese

Selected Varieties, 5.5-7.25 oz. Box

4/\$5



Hunt's Pasta Sauce

Selected Varieties, 24 oz. Can

4/\$5



Classico Pasta Sauce

Selected Varieties, 15-24 oz. Jar

2/\$5



COUNT ON QUALITY AND Selection

Duncan Hines Classic or Signature Cake Mix

Selected Varieties, 15.2-15.25 oz. Box

2/\$3



Kraft Mayo

Selected Varieties, 22-30 oz. Bottle or Jar

3.99



Healthy Choice Soup

Selected Varieties, 15 oz. Can

3/\$5



Essential Everyday Condensed Soup

Tomato or Chicken Noodle, 10.5-10.75 oz. Can

99¢



Duncan Hines Brownie Mix

Selected Varieties, 18-18.3 oz. Box

2/\$3



Duncan Hines Ready to Spread Frosting

Selected Varieties, 14-16 oz. Can

2.29



Hunt's Tomatoes

Diced, Whole or Stewed, 14.5 oz. Can

3/\$5



Ro-Tel Tomatoes

Selected Varieties, 10 oz. Can

3/\$5



Chef Boyardee Pasta

Selected Varieties, 7.25-15 oz. Package

4/\$5



Ocean Spray Craisins

Selected Varieties, 5.6 oz. Bag

2/\$4



Pam Cooking Spray

Selected Varieties, 5.6 oz. Can

3.99



Essential Everyday Vegetables

Selected Varieties, 14.5-15.25 oz. Can

99¢



MIO Liquid Water Enhancer

Selected Varieties, 1.62 oz. Bottle

2.99



La Banderita Burrito Tortillas

25 oz. Package

2.99



Heinz Mustard

14 oz. Bottle

1.99



Essential Everyday Lasagna Noodles

16 oz. Box

1.99



Frito-Lay Bean Dips

Selected Varieties, 9 oz. Can

2/\$6



Super Chill Sparkling Chill Ice

Selected Varieties, 17 oz. Bottle

88¢



Lipton Tea Bags

Selected Varieties, 72-100 Count Box

3.99



Wild Harvest Organic Beans

Selected Varieties, 15 oz. Can

2/\$3



Essential Everyday Charcoal Briquets

7.7 lb. Bag

4.99



Essential Everyday Disinfecting Wipes

Selected Varieties, 75 Count Package

3.99



Essential Everyday Trash Bags

Selected Varieties, 15-25 Count Box

2.99



Angel Soft Bath Tissue

Selected Varieties, 8 Mega Rolls

7.99



Sparkle Paper Towels

Selected Varieties, 6 Double Rolls

7.99



Xtra 2X Laundry Detergent

Selected Varieties, 7.5 oz. Bottle

2.99

Frozen & Dairy Deals



**Bellatoria
Pizza**
Selected Varieties
16.03-21.71 oz. Package

5⁹⁹



**Banquet
Basics, Entrées
or Pot Pies**
Selected Varieties
4.85-8 oz. Package

4/\$5



**Swanson
Hungry-Man
Dinners**
Selected Varieties
14-16 oz. Package

2/\$8



**Essential Everyday
Butter Quarters**
Selected Varieties, 16 oz. Package

3⁹⁹



**Kraft
Natural
Sliced Cheese**
Selected Varieties
7-8 oz. Package

2⁹⁹



**Kraft
American
Cheese Singles**
16 oz. Package

4⁹⁹



**P.F. Chang's
Meals for 2**
Selected Varieties
20-24 oz. Package

6⁹⁹



**Healthy Choice
Power Bowls**
Selected Varieties
6.85-9.75 oz. Package

2/\$8



**Banquet
Breakfast**
Selected Varieties
5.32 oz. Package

2/\$3



**Kraft
Philadelphia
Soft Cream
Cheese**
Selected Varieties, 7.5-8 oz. Tub

3⁹⁹



**Kemps
Cottage Cheese
Singles**
Selected Varieties, 5.3-5.64 oz. Tub

4/\$5



**Blue Bonnet
Vegetable Spread**
lb. Package

2/\$3



**P.F. Chang's
Dinner Bowls**
Selected Varieties
10.25-11 oz. Package

2/\$8



**Essential Everyday
Lemonade
or Limeade**
Selected Varieties, 12 oz. Can

2/\$3



**Essential Everyday
String Cheese**
Selected Varieties
9-12 oz. Package

3⁹⁹



**Yoplait
GoGurt Yogurt**
Selected Varieties
16 oz. Package

2⁹⁹



**Kemps
Sour Cream
or Dips**
Selected Varieties, 8 oz. Tub

1³⁹



**Stok
Cold Brew
Iced Coffee**
Selected Varieties, 48 oz. Bottle

4⁹⁹

2021 SIN
READERS' CHOICE Awards
BEST DELI

FRESH IN OUR
Deli
FRESH

Signature
Off the Bone Sliced Ham
5⁹⁹
 lb.

Signature

Fresh from Our Deli & Bakery

Kitchener
 Deli Fresh
Colby or Colby Jack Cheese
 Sliced fresh in our Deli!

6⁹⁹
 lb.



Mrs. Gerry's
 Deli Fresh
 Mrs. Gerry's
Cheddar Broccoli Pasta Salad

5⁹⁹
 lb.



Jongquist Family Kitchens
Dips

Select d Varieties
 11.5-12 oz. Tub

3⁹⁹



2021 SIN
READERS' CHOICE Awards
BEST BAKERY

Bakery Fresh Turnovers
 Selected Varieties, 2 Count Package

3⁷⁹

FULL OF Flavor!

Bakery Fresh
10 Grain Bread
 16 oz. Loaf

3⁴⁹



Sliced Loaf Cake
 Selected Varieties
 16 oz. Package

5⁴⁹



New York
Chocolate Eclairs
 4 Count Package

5⁷⁹



Fresh Produce



Del Monte
**Sweet Golden
Pineapple**

3⁹⁹
ea.

From pineapple upside down cake to pineapple smoothies, the tangy sweet-tart flavor of fresh pineapples can't be beat. These tropical beauties are exceedingly juicy and hard to resist.



Dole
Cauliflower

2⁹⁹
ea.

Fresh cauliflower is a vitamin C-rich vegetable that adds great taste and texture to so many dishes. For a wonderfully flavorful side dish, serve roasted cauliflower florets with lemon and Parmesan cheese.

Fresh Floral



Pelee Mums

9⁹⁹

Dress up your table with an attractive colorful centerpiece. These long lasting blooms require minimal care and tolerate a large range of temperatures.



Dole
Salad

Classic Cole Slaw, Garden of Eatin' or Shredded Lettuce, 8-14 oz. Bag

2/\$3

Washed and ready to eat - these convenient mixes save you time - just add your favorite ingredients!



Red, Yellow or Orange
Bell Peppers

2⁹⁹
lb.

Make your plate pop with brilliant colored bell peppers. These versatile sweet peppers are perfect for pizza, sausage and pepper sub sandwiches, and so much more.



Seedless
**English
Cucumbers**

2/\$3

For a light appetizer or snack, enjoy slices of cucumber with hummus, or make a flavorful yogurt salad.

PERFECT
FOR SNACKING
Sweet



Sweet
Blueberries

1 Pint Package

3⁹⁹

Fresh Blueberry with Lemon Pancakes

Ingredients

- 1 cup blueberries
- 3 tablespoons lemon juice
- 1 tablespoon lemon zest
- 1 egg
- 1 1/2 cups cake flour
- 3 tablespoons sugar
- 1 1/2 cups evaporated milk
- 1 tablespoon baking powder
- 1 1/2 teaspoons vanilla
- 1/4 teaspoon salt
- 2 tablespoons melted butter plus more for skillet

Directions

Heat a skillet on low while ingredients are prepared.

Combine baking powder, flour, sugar and salt. Mix together well. In a separate mixing bowl, combine lemon zest and juice with evaporated milk.

Let sit for 5 minutes, then mix in vanilla, butter and egg.

Combine both bowls together and stir together well (add more evaporated milk if mixture is too thick). Stir in blueberries.

Add extra butter to hot skillet. Roll batter around coating the inside. Spoon in a 1/4 cup of pancake mixture at a time. Flip and ensure both sides are golden brown. Continue until batter is gone.

Refreshing Beverages



Coca-Cola

Selected Varieties, 12/12 oz. Cans

2/\$13



Coca-Cola

Selected Varieties, 6/16.9 oz. Bottles

2/\$9



Coca-Cola

Selected Varieties, 2 Liter Bottle

4/\$9



AHA

Sparkling Water

Selected Varieties, 8/12 oz. Cans

3/\$10