

Ellsworth, KS

# Gene's HEARTLAND FOODS

785-472-4111

www.HeartlandFoodsStores.com

Not all items available at all stores. We reserve the right to limit quantities and correct printing errors.

## MDA

Muscular Dystrophy Association



## AISLES OF SMILES



### Choice Boneless Beef Arm Steaks

family pack

# \$3.99

LB.

small pack  
..... \$4.19/lb.



small pack  
..... \$2.19/lb.

### Boneless Sirloin Cut Pork Chops

preferred trim family pack

# \$1.99

LB.



### Del Monte Premium Bananas

# 48¢

LB.



### TenderCrust Sandwich White Bread

24 oz.

# 98¢

LARGE 24 OZ LOAF!



### Kellogg's Cereal

select varieties 10-15.5 oz.

# \$2.98



### Libby's Vegetables

assorted varieties 14.5-15.2 oz.

# 5 \$5

FOR



### Hunt's Pasta Sauce

assorted 24 oz.

# 5 \$5

FOR

# Fresh MEAT



Pork Tenderloin  
previously frozen  
**\$2<sup>99</sup>** L.B.



Fryer Drumsticks  
previously frozen  
family pack  
**\$1<sup>29</sup>** L.B.



Boneless Pork Sirloin  
Roast  
preferred trim  
**\$1<sup>99</sup>** L.B.



Choice Boneless Beef  
Shoulder Roast  
**\$3<sup>99</sup>** L.B.

Tenderized  
Pork Cutlets  
**\$3<sup>99</sup>** L.B.



Choice Boneless Beef  
Top Blade Steak  
**\$5<sup>99</sup>** L.B.



**SALE! SALE! SALE!**  
BALL PARK REG. OR BUN SIZE  
Meat Franks ..... 15 OZ. **\$3<sup>49</sup>**

Tejano  
Hot Links  
44 oz.  
**\$8<sup>99</sup>**



Blue Ribbon  
Smoked Bacon  
reg. or pepper, 24 oz.  
**\$9<sup>99</sup>**



LAND O' FROST ASSORTED  
DeliShaved Lunch Meat .. 9 oz. **\$2<sup>69</sup>**

Ledbetter Beef  
Tenderloin Filet  
bacon wrapped, 6 oz.  
**\$5<sup>99</sup>**



Eckrich  
Meat Franks  
12 oz.  
**\$1<sup>99</sup>**



ECKRICH  
Bologna or Salami ..... 12-14 OZ. **\$2<sup>69</sup>**

JOHNSONVILLE SELECT VARIETIES  
Smoked Brats or Sausage 12-14 OZ. **\$4<sup>49</sup>**

JOHNSONVILLE ORIGINAL OR MAPLE  
Sausage Strips ..... 12 OZ. **\$4<sup>99</sup>**

JOHNSONVILLE BREAKFAST  
Sausage Links ..... 12 OZ. **\$3<sup>99</sup>**

# Fresh PRODUCE

Red Ripe  
Strawberries  
1 lb.  
**\$2<sup>99</sup>**



Large Cosmic  
Crisp Apples  
**\$1<sup>29</sup>** L.B.



Large Golden  
Pineapple  
**\$2<sup>99</sup>** EA



Hothouse Red  
Bell Peppers  
extra large  
**\$1<sup>49</sup>** EA



Whole  
Mushrooms  
8 oz.  
**\$1<sup>99</sup>**



Broccoli  
Crowns  
garden fresh  
**\$2<sup>49</sup>** L.B.



Green Kiwi  
**2 \$1**  
FOR



Sweet  
Potatoes  
U.S. No. 1  
**99¢** L.B.



# DELI where available

Fresh Fried Chicken  
8 piece  
**\$9<sup>99</sup>**



Kretschmar Sliced Hard  
Salami  
6 oz.  
**\$3<sup>49</sup>**



Mrs. Gerry's Cucumber &  
Onion Salad  
**\$4<sup>99</sup>** L.B.



Red Chile Pork Tamales  
5 ct.  
**\$6<sup>99</sup>**



Budweiser  
or Bud Light  
30 pk.  
**\$22<sup>99</sup>**



Coors or  
Coors Light  
30 pk.  
**\$21<sup>99</sup>**



SELECT VARIETIES  
Pepsi  
Products  
24 PK. **\$8<sup>99</sup>**  
SELECT VARIETIES  
Pepsi  
Products  
10 PK. MINIS **\$3<sup>99</sup>**



Dr Pepper  
Products  
select varieties  
12 pk. cans  
**\$5<sup>99</sup>**



Genny  
Light  
30 pk.  
**\$13<sup>99</sup>**



Powerade  
Drinks  
select varieties  
28 oz. btl.  
**99¢**



Top Flight  
Filler Paper  
wide or college rule  
150 ct.  
**\$1<sup>49</sup>**



Mr. Dell's  
Hash Browns  
select varieties  
24-32 oz.  
**\$2<sup>99</sup>**



# MORE Grocery SAVINGS



**Fritos, Cheetos  
or Cheetos  
Popcorn**  
assorted  
reg. \$5.19

**2 \$6  
FOR**



**Hostess  
Snack Cakes**  
assorted  
10-13.5 oz.

**\$2.99**

**Starbucks  
Whole or  
Ground Coffee**  
assorted  
12 oz.



**\$8.99**

**Old Orchard  
Cocktails**  
grapefruit, assorted  
apple or Healthy Balance  
64 oz.



**\$1.99**



**Kraft Macaroni  
& Cheese  
Dinner**  
original, 7.25 oz.

**99¢**



**Puff's  
Facial Tissue**  
assorted  
3 pack

**\$4.99**



**Bounty Paper  
Towels**  
full sheet or select-a-size  
8 single plus rolls

**\$12.99**

**Tide Liquid  
Laundry  
Detergent**  
assorted, 92 oz.



**\$12.99**



**MAKE YOUR MOVE**  
*with aisles of smiles*

The freedom to walk, to talk, to run and play. To laugh, to hug, to lead -- even breathe. Each day, these freedoms are taken away from kids and adults with Muscular Dystrophy, ALS, and related disorders that weaken muscle strength and limit mobility. Together we can change that.

**MDA** Muscular Dystrophy Association



**Luzianne Iced  
Tea Bags**  
assorted, family size  
22-24 ct.

**\$2.79**

**Dole  
Fruit Cups**  
assorted  
4 pack



**\$2.99**

**Ben's  
Original  
Ready Rice**  
assorted  
8.5-8.8 oz.



**\$2.49**

**Charmin  
Bath Tissue**  
soft or strong  
6 super or 9 mega rolls



**\$12.99**

**Mrs. Butterworth's  
Pancake Mix**  
32 oz.



**\$2.99**

**Crav'n Flavor  
Mini Muffins**  
assorted  
8.25 oz.




**\$1.99**

**Glad Trash or  
Kitchen Bags**  
assorted  
34-80 ct.



**\$8.99**

**Mrs. Butterworth's  
Syrup**  
24 oz.



**\$3.99**

# Frozen & Dairy CASE



**Activia Yogurt**  
assorted  
4 pack  
**\$3.49**



**Jell-O Pudding or Gelatin**  
assorted  
4 pack  
**\$2.29**



**FatBoy Ice Cream**  
assorted cones or sandwiches  
4-6 pack  
**\$4.49**



**Eggo Waffles**  
assorted  
10 ct.  
**\$2.99**



**Crystal Farms Chunk Cheese**  
assorted  
16 oz.  
**\$5.49**



**Crystal Farms Shredded Cheese**  
assorted  
32 oz.  
**\$8.99**



**Marie Callender's Bowls**  
assorted  
10.5-14.4 oz.  
**\$3.49**



**WisePies Pizza**  
assorted  
11.8-13.8 oz.  
**\$6.49**



**Sunny D Citrus Punch**  
assorted  
64 oz.  
**\$1.69**



**Food Club Butter Quarters**  
salted or unsalted  
16 oz.  
**\$3.99**



**Mr. Dell's Hash Browns**  
assorted  
24-32 oz.  
**\$2.99**



**Gorton's Popcorn Shrimp**  
14 oz.  
**\$7.99**

## Non-Food *where available*



**Colgate Toothpaste**  
select varieties  
6 oz.  
**\$1.99**



**TopCare Body Lotion**  
select varieties  
10 oz.  
**\$1.99**



**Top Flight Filler Paper**  
wide or college rule  
150 ct.  
**\$1.49**

Look for this week's **SMART BUY SPECIALS!**



**Minute Maid Limeade or Lemonade**  
reg. or pink, 12 oz.  
**\$1.89**

**Food Club Honey Bear**  
12 oz. squeeze  
**\$3.49**

## Bakery *where available*



**J.J.'s Fried Pies**  
assorted  
4 oz.  
**4 FOR \$3**



**Sweet P's Mini Blueberry Scones**  
10 oz.  
**\$3.99**



**Starbucks K-Cups**  
assorted  
10 ct.  
**\$9.99**



**Sweet P's Danish Coffee Cakes**  
assorted, 14 oz.  
**\$2.99**

**Aladdin Gourmet Wraps**  
assorted, 13 oz.  
**\$3.49**

**Food Club H2O To Go! Mixes**  
assorted  
10 ct.  
**\$1.99**