

Minneapolis, KS

Gene's HEARTLAND FOODS

785-392-3014

www.HeartlandFoodsStores.com

Not all items available at all stores. We reserve the right to limit quantities and correct printing errors.

MDA

Muscular Dystrophy Association



AISLES OF SMILES



Choice Boneless Beef Arm Steaks

family pack

\$3.99

LB.

small pack
..... \$4.19/lb.



small pack
..... \$2.19/lb.

Boneless Sirloin Cut Pork Chops

preferred trim family pack

\$1.99

LB.



Del Monte Premium Bananas

48¢

LB.



TenderCust Sandwich White Bread

24 oz.

98¢

LARGE 24 OZ LOAF!



Kellogg's Cereal

select varieties 10-15.5 oz.

\$2.98



Libby's Vegetables

assorted varieties 14.5-15.2 oz.

5 \$5

FOR



Hunt's Pasta Sauce

assorted 24 oz.

5 \$5

FOR

Fresh MEAT



Pork Tenderloin
previously frozen

\$2⁹⁹
LB.



Fryer Drumsticks
previously frozen
family pack

\$1²⁹
LB.



Boneless Pork Sirloin
Roast
preferred trim

\$1⁹⁹
LB.



Choice Boneless Beef
Shoulder Roast

\$3⁹⁹
LB.

Tenderized
Pork Cutlets
\$3⁹⁹
LB.



Choice Boneless Beef
Top Blade Steak
\$5⁹⁹
LB.



SALE! SALE! SALE!

BALL PARK REG. OR BUN SIZE
Meat Franks 15 OZ. **\$3⁴⁹**

Tejano
Hot Links
44 oz.
\$8⁹⁹



Blue Ribbon
Smoked Bacon
reg. or pepper, 24 oz.
\$9⁹⁹



LAND O' FROST ASSORTED
DeliShaved Lunch Meat .. 9 OZ. **\$2⁶⁹**

Ledbetter Beef
Tenderloin Filet
bacon wrapped, 6 oz.
\$5⁹⁹



Eckrich
Meat Franks
12 oz.
\$1⁹⁹



ECKRICH
Bologna or Salami 12-14 OZ. **\$2⁶⁹**

JOHNSONVILLE SELECT VARIETIES
Smoked Brats or Sausage 12-14 OZ. **\$4⁴⁹**

JOHNSONVILLE ORIGINAL OR MAPLE
Sausage Strips 12 OZ. **\$4⁹⁹**

JOHNSONVILLE BREAKFAST
Sausage Links 12 OZ. **\$3⁹⁹**

Fresh PRODUCE

Red Ripe
Strawberries
1 lb. **\$2⁹⁹**



Large Cosmic
Crisp Apples
\$1²⁹
LB.



Large Golden
Pineapple
\$2⁹⁹
EA.

Hothouse Red
Bell Peppers
extra large
\$1⁴⁹
EA.



Whole
Mushrooms
8 oz.
\$1⁹⁹



Broccoli
Crowns
garden fresh
\$2⁴⁹
LB.



Green Kiwi
2 \$1
FOR



Sweet
Potatoes
U.S. No. 1
99¢
LB.

DELI where available

Fresh Fried Chicken
8 piece
\$9⁹⁹



Kretschmar Sliced Hard
Salami
6 oz.
\$3⁴⁹



Mrs. Gerry's Cucumber &
Onion Salad
\$4⁹⁹
LB.



Red Chile Pork Tamales
5 ct.
\$6⁹⁹



Pepsi
Products
select varieties
2 liter btl.
\$1⁶⁹



Bud
Light
30 pk. cans
\$2¹⁹⁹



PIT BOSS
2 BURNER
GRIDDLE
\$109⁰⁰



Coors
Light
30 pk. cans
\$2¹⁹⁹



Fresh
Cupcakes
6 pk.
from our bakery
\$4⁹⁹



Keystone
Light
30 pk. cans
\$1⁹⁹



Pepsi
Products
select varieties
6 pk. 16.9 oz. btl.
\$4²⁹



Message
Cookies
from our bakery
\$10⁹⁹



MORE Grocery SAVINGS



**Fritos, Cheetos
or Cheetos
Popcorn**
assorted
reg. \$5.19

2 \$6
FOR



**Hostess
Snack Cakes**
assorted
10-13.5 oz.

\$2.99

**Starbucks
Whole or
Ground Coffee**
assorted
12 oz.



\$8.99

**Old Orchard
Cocktails**
grapefruit, assorted
apple or Healthy Balance
64 oz.



\$1.99



**Kraft Macaroni
& Cheese
Dinner**
original, 7.25 oz.

99¢



**Puff's
Facial Tissue**
assorted
3 pack

\$4.99



**Bounty Paper
Towels**
full sheet or select-a-size
8 single plus rolls

\$12.99

**Tide Liquid
Laundry
Detergent**
assorted, 92 oz.



\$12.99



MAKE YOUR MOVE
with aisles of smiles

The freedom to walk, to talk, to run and play. To laugh, to hug, to lead -- even breathe. Each day, these freedoms are taken away from kids and adults with Muscular Dystrophy, ALS, and related disorders that weaken muscle strength and limit mobility. Together we can change that.

MDA Muscular Dystrophy Association



**Luzianne Iced
Tea Bags**
assorted, family size
22-24 ct.

\$2.79

**Dole
Fruit Cups**
assorted
4 pack



\$2.99

**Ben's
Original
Ready Rice**
assorted
8.5-8.8 oz.



\$2.49

**Charmin
Bath Tissue**
soft or strong
6 super or 9 mega rolls



\$12.99

**Mrs. Butterworth's
Pancake Mix**
32 oz.



\$2.99

**Crav'n Flavor
Mini Muffins**
assorted
8.25 oz.



\$1.99

**Glad Trash or
Kitchen Bags**
assorted
34-80 ct.



\$8.99

Frozen & Dairy CASE



Activia Yogurt
assorted
4 pack
\$3.49



Jell-O Pudding or Gelatin
assorted
4 pack
\$2.29



FatBoy Ice Cream
assorted cones or sandwiches
4-6 pack
\$4.49



Eggo Waffles
assorted
10 ct.
\$2.99



Crystal Farms Chunk Cheese
assorted
16 oz.
\$5.49



Crystal Farms Shredded Cheese
assorted
32 oz.
\$8.99



Marie Callender's Bowls
assorted
10.5-14.4 oz.
\$3.49



WisePies Pizza
assorted
11.8-13.8 oz.
\$6.49



Sunny D Citrus Punch
assorted
64 oz.
\$1.69



Food Club Butter Quarters
salted or unsalted
16 oz.
\$3.99



Mr. Dell's Hash Browns
assorted
24-32 oz.
\$2.99



Gorton's Popcorn Shrimp
14 oz.
\$7.99

Non-Food *where available*



Colgate Toothpaste
select varieties
6 oz.
\$1.99



TopCare Body Lotion
select varieties
10 oz.
\$1.99



Top Flight Filler Paper
wide or college rule
150 ct.
\$1.49

Look for this week's **SMART BUY SPECIALS!**



Minute Maid Limeade or Lemonade
reg. or pink, 12 oz.
\$1.89

Food Club Honey Bear
12 oz. squeeze
\$3.49

Bakery *where available*



J.J.'s Fried Pies
assorted
4 oz.
4 FOR \$3



Sweet P's Mini Blueberry Scones
10 oz.
\$3.99



Starbucks K-Cups
assorted
10 ct.
\$9.99



Sweet P's Danish Coffee Cakes
assorted, 14 oz.
\$2.99

Aladdin Gourmet Wraps
assorted, 13 oz.
\$3.49

Food Club H2O To Go! Mixes
assorted
10 ct.
\$1.99