

SUMMER SAVINGS

Angus Farms
U.S.D.A. Choice Beef
Boneless

**Top Sirloin
Steak**

**5⁹⁹
lb.**

ANGUS
FARMS

U.S.D.A.
CHOICE
GRADE
BEEF

Bakery Fresh
**Monster
Cookies**
12 Count Package

5⁹⁹



Fresh
Blueberries
1 Pint Package

2⁹⁹



Gold'n Plump
Boneless, Skinless
**Chicken
Breast**

**3⁹⁹
lb.**

The
Fresh &
Healthy
Choice!

Whole
Seedless
Watermelon

**4⁹⁹
ea.**



Fresh
Large & Juicy
**Nectarines
or Peaches**

**2⁹⁹
lb.**



**Rice-a-Roni or
Pasta-Roni**

Selected Varieties, 1.97-7.2 oz. Package

4/\$5



Gatorade
Thirst Quencher
Selected Varieties, 20 oz. Bottle

4/\$5



Doritos
Tortilla Chips
Selected Varieties, 9.25-11.5 oz. Bag

2/\$6



Simply
Orange Juice
Selected Varieties, 52 oz. Bottle

3⁶⁹



Dannon
Greek Yogurt
Selected Varieties, 5.3 oz. Cup

10/\$10

Sale Starts Sunday, July 31, 2022

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

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Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



**READERS'
CHOICE**
Awards

Best Independently Owned
Grocery Store

CRYSTAL

ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551

www.almstedsmarkets.com



Quality Meats



Angus Farms
U.S.D.A. Choice Beef
Boneless
Rump Roast

4⁹⁹
lb.

Slow Cooked Pulled Pork Sandwiches

Ingredients

5 lb boneless pork roast
1 tablespoons chili powder
1 cup chicken broth
2 cups barbecue sauce
2 yellow onions (sliced thin)
1 tablespoon kosher salt (more for taste)
1/2 teaspoon ground cumin
4 cloves garlic (sliced thin)
1 tablespoon brown sugar
1/4 teaspoon ground cinnamon
Hamburger buns (for serving)

Directions

Place garlic cloves and yellow onions in the slow cooker, pour in chicken stock.

In a small bowl, mix together chili powder, kosher salt, ground cumin, brown sugar and ground cinnamon.

Rub dry mixture over the pork shoulder. Evenly coat. Place pork roast into the slow cooker, cover and cook for 6 hours on high or 10 hours on low.

Remove pork from slow cooker, strain liquid from slow cooker into a bowl. Set liquids aside.

Shred pork with two forks. Return shredded pork to slow cooker, pour barbecue sauce over top. Stir together.

Spoon shredded pork onto buns and enjoy!



Fresh
U.S.D.A. Inspected
Pork Spare Ribs

2⁹⁹
lb.



Smithfield
Marinated Boneless Pork Tenderloin
Selected Varieties
18.4 oz. Package

6⁹⁹



Cloverdale
Tangy Summer Sausage
Selected Varieties
28 oz. Chub

9⁹⁹



Farmland
Sliced Bacon
Selected Varieties
16 oz. Package

6⁹⁹

Quality Meats



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Bone-In
Lean & Meaty

**Pork Shoulder
Steak**

2⁹⁹
lb.



Arctic Shores
**Tilapia
Fillets**
16 oz. Package

6⁹⁹



Jimmy Dean
**Sausage
Rolls**
Selected Varieties
16 oz. Chub

4⁹⁹



Fresh, Bone-In
**Pork Shoulder
Roast**

2⁸⁹
lb.



Sugardale
Boneless
**Quarter
Ham**
2.5 lb.

9⁹⁹



Angus Farms
U.S.D.A. Choice Beef
Boneless
**Bottom
Round Steak**

4⁹⁹
lb.

Pantry Specials



Essential Everyday
Pasta Sauce
Selected Varieties, 24 oz. Jar

1.89

Kraft
Big Bowl Macaroni & Cheese
Selected Varieties
3.5-5 oz. Package

2.99



Ortega
Taco Shells
Selected Varieties
10-12 Count Box

2/\$4



Ortega
Taco Sauce
Selected Varieties
8 oz. Bottle

2/\$4



McCormick
Taco Seasoning
Selected Varieties
1.12 oz. Envelope

88¢



Essential Everyday
Pickle Spears
Selected Varieties
24 oz. Jar

2.49



Old Dutch
Popcorn
Selected Varieties, 6 oz. Bag

2/\$6



Frito-Lay
Smartfood Popcorn
Selected Varieties
5-10.5 oz. Bag

2/\$7



Keebler
Cracker Caddies
Selected Varieties
9-12.7 oz. Package

4.99



Frito-Lay
Dip
Selected Varieties
15-15.75 oz. Jar

4.49



Essential Everyday
Halves & Pieces Cashews
Selected Varieties
8 oz. Can

5.99



Old Dutch
Restaurant Style Tortilla Chips
Selected Varieties, 10-13 oz. Bag

2/\$6



Keebler
Crackers
Selected Varieties
18-20.7 oz. Family Size Box

4.99



Keebler
Toasted Crackers Party Pack
12 oz. Box

4.99



Kellogg's
Homestyle Rice Krispies Treats
Selected Varieties
6-9.8 oz. Box

2/\$6



Charmin
Bath Tissue
Selected Varieties
12 Mega or 24 Double Rolls

13.99



Old Dutch
Dutch Crunch Kettle Chips
Selected Varieties, 9 oz. Bag

2/\$6



Keebler
Cheez-It Crackers
Selected Varieties
17-21 oz. Family Size Box

4.99



Hershey's
Twizzlers
Selected Varieties
11-16 oz. Package

2/\$5



Hershey's
Candy Bars
6 Count Package

4.99

Grocery Deals



Cameron's Coffee
Selected Varieties
12 oz. Bag or 12 Count K-Cups

5⁹⁹



Kellogg's Nutri Grain Bars
Selected Varieties, 10.4 oz. Box

2/\$6



Essential Everyday Cereal
Selected Varieties, 12-18 oz. Box

2/\$5



Kellogg's Pop • tarts
Selected Varieties, 8 Count Box

2/\$5



Village Hearth Cottage White Bread
Selected Varieties
24 oz. Loaf

3⁴⁹



Essential Everyday Jumbo Ice Cream Cups
12 Count Box

1⁹⁹



Mott's Apple Sauce
Selected Varieties
6 Count Package

2⁹⁹



Mr. Clean Cleaners
Selected Varieties
2-3 Count Erasers or 45 oz. Bottle

2⁹⁹



Puffs Facial Tissue
Selected Varieties
48-64 Count Box

2/\$3



Essential Everyday Plastic Containers
Selected Varieties
2-6 Count Package

2⁹⁹



Cascade Dishwasher Detergent
Selected Varieties
21-37 Action Pacs

7⁹⁹



Down Dishwashing Liquid
Selected Varieties
28 oz. Bottle

4⁹⁹



Bounce Fabric Softener Sheets
Selected Varieties
105-120 Count Box

6⁴⁹



Boost Complete Nutritional Drinks
Selected Varieties
6/8 oz. Bottles

10⁹⁹



Crest Pro-Health or Complete Toothpaste
Selected Varieties
4.6-5.4 oz. Package

2⁹⁹



Equaline Omeprazole Acid Reducer
Selected Varieties
14 Count Package

8⁹⁹



Essential Everyday Kitchen or Trash Bags
Selected Varieties
25-80 Count Package

7⁹⁹



Downy Liquid Fabric Softener
Selected Varieties
51 oz. Bottle

5⁹⁹



Equaline Calcium Antacid
Selected Varieties
60-150 Count Package

3⁹⁹



Tide Laundry Detergent
Selected Varieties
15-20 Pods or 46 oz. Liquid

7⁴⁹



Downy Unstoppables Scent Booster
Selected Varieties
8.6 oz. Package

6⁹⁹



Equaline Headache Relief
24 Count Package

2⁹⁹

Frozen & Dairy Deals



Breyers
Ice Cream
Selected Varieties
48 oz. Container

4⁹⁹



Talenti
Gelato
or Sorbetto
Selected Varieties
16 oz. Container

2/8⁸⁸



Klondike
Ice Cream Bars
Selected Varieties
6 Count Package

2/8⁸⁸



Old Orchard
Apple Juice Blend
or Orange Juice
Selected Varieties, 12 oz. Can

1⁶⁹



Birds Eye
Steamfresh
Premium Vegetables
Selected Varieties
9.5-12.7 oz. Package

2/\$5



Brew Pub
Pizza Singles
Selected Varieties
12.75-17.3 oz. Package

2/\$9



Kraft
Shredded Cheese
Selected Varieties
7-8 oz. Package

2/\$5



Magnum
Ice Cream Novelties
Selected Varieties
3 Count Package

4⁹⁹



Essential Everyday
Sliced Strawberries
15 oz. Tub

3²⁹



Banquet
Pot Pies
Selected Varieties
7 oz. Package

4/\$5



Essential Everyday
Potatoes
Selected Varieties
19-32 oz. Package

2/\$5



Pillsbury
Grands! Crescents or Cinnamon Rolls
Selected Varieties, 4-10.2 oz. Package

2/\$4



Kraft
Chunk Cheese
Selected Varieties
7-8 oz. Package

2/\$5



Silk
Almondmilk
Selected Varieties
59-64 oz. Carton

3⁹⁹

Essential Everyday
Whipped Topping
Selected Varieties
6.5 oz. Container

2⁴⁹





READERS' CHOICE
Awards

BEST DELI



FRESH IN OUR
Deli

FRESH

Almsted's Own
**Old Fashioned
Potato Salad**

5⁴⁹
lb.

Fresh from Our Deli & Bakery



Deli Fresh
**Pepper Jack
Cheese**
Sliced fresh in our Deli!

6⁹⁹
lb.



Flatout
**Flatbread,
Fold-Its
or Wraps**
Selects & Varieties
8.5-11.8 oz. Package

2⁴⁹



Deli Fresh
Boneless
**Chicken
Wings**
Selects & Varieties

5⁹⁹
lb.



READERS' CHOICE
Awards

BEST BAKERY



FRESH
FROM OUR
Oven

Bakery Fresh
French Bread
16 oz. Loaf

1⁹⁹

Bakery Fresh
Croissants
2 Count Package

2⁷⁹



Bakery Fresh
Strudel Bites
12 Count Package

3⁷⁹



Father's Table
Cheesecake
Selects & Varieties
16 oz. Package

7⁴⁹



Fresh Produce



**Wild Harvest
Salad Mixes**
Selected Varieties, 5 oz. Package

2/\$7

If you love food that's natural and delicious, you're going to love the natural and organic products from Wild Harvest. These superior salad mixes are free from artificial preservatives and colors.



**Juicy
Bartlett
Pears**

**1.69
lb.**

Bartlett pears are delicious in salads, desserts, baked goods, blended drinks, salsas and chutneys. For a truly exquisite treat, pair the Bartlett with your favorite cheeses.



**Fresh
Cucumbers**

**79¢
ea.**

Praised for their low-calorie content, cucumbers are a great choice for health conscious consumers. Use thick slices of cucumbers in place of crackers when serving dips or spreads!



**Fresh
Green Bell
Peppers**

**79¢
ea.**

Whether you enjoy green bell peppers raw, chopped and tossed in a fresh salad, or baked, stuffed with rice and ground beef, you can't go wrong with this mild-flavored pepper.



**Green Giant
Baby Bella
Mushrooms**

2/\$4

Whole or Sliced, 8 oz. Package

The delicious, rich flavor of sautéed mushrooms adds an element of simple sophistication.



**Fresh
Beefsteak
Tomatoes**

**1.99
lb.**

Plump, juicy and very flavorful, these are great when sliced for burgers and BLT sandwiches, sliced for salads and omelets or enjoy one fresh with a sprinkle of salt as a healthy snack.



**Fresh
Sweet
Vidalia Onions**

**1.29
lb.**

Barbecue Baked Onion Rings

Ingredients

- 3 cups panko bread crumbs
- 2 eggs lightly beaten
- 2 vidalia onions, sliced
- Cooking spray
- 1 cup barbecue sauce
- 4 tablespoons flour

Directions

Preheat the oven to 450° F.

Whisk together flour, barbecue sauce and eggs.

Pour bread crumbs into a separate bowl.

Grease baking sheets with cooking spray.

Dip onion slices into the barbecue mixture then into the bread crumbs. Place breaded onion ring on the baking sheet. Repeat process until onion rings are gone.

Spray onion rings with cooking spray, place back in oven and bake for 6 minutes. Remove baking sheet, flip all onion rings over and spray with cooking spray. Place back in oven and bake additional 6 minutes.

Refreshing Beverages



Pepsi Products
Selected Varieties, 12/12 oz. Cans

2/\$10



Pepsi Products
Selected Varieties, 6/16.9 oz. Bottles

3/\$11



Pepsi Products
Selected Varieties, 8/12 oz. Bottles

2/\$10



**Aquafina
Purified Water**
24/16.9 oz. Bottles

5.99



**Bubly
Sparkling Water**
Selected Varieties, 8/12 oz. Cans

3/\$11