

Freeman Foods

OPEN

7 Days a Week!
Monday thru Saturday
7:00 am - 8:00 pm
Sunday 9:00 am - 6:00 pm



TWO LOCATIONS!

119 N Main
North English, IA
319.664.3453



268 8th Ave
Wellman, IA
319.646.6721

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department
- Walk In Beer Cooler
- Locally Owned And Operated!

• We Welcome
W.I.C. & Food Stamps



#8060
#0694

Prices Effective Wednesday, August 2 Through Tuesday, August 8, 2022

Back to School savings



Chicken
Drumsticks

99¢
Lb.



Pork Chops
Boneless

\$3.99
Lb.



Boneless
New York Strip Steak
USDA Choice Beef

\$10.99
Lb.



Red, Green or Black
Seedless Grapes

\$1.99
Lb.



Michigan
Blueberries
Pint

2/\$5



California Summeripe
Yellow Peaches
or Nectarines

\$1.99
Lb.



\$4.99

Gatorade
Thirst Quencher
8 Pack 20 Oz., Selected Varieties



2/\$5

Kellogg's
Eggo Waffles or
French Toaster
Sticks Cinnamon
10 Oz. or 22 Oz., Selected Varieties



2/\$4

Cheez-It
Baked Snack
Crackers
6-7 Oz., Selected Varieties



2/\$4

Pryntles
Party Stack
Potato Chips
6.84-7.16 Oz., Selected Varieties



PRICES EFFECTIVE: 8/2/22-8/8/22

GET MORE
MORE Special Offers
MORE Digital Coupons
MORE Ad Pages
MORE SAVINGS!
Download our App!



SAVE FREE
WITH DIGITAL COUPON
LIMIT 1
Banquet
Pot Pies or
Breakfast Pot Pies
7 Oz.,
Selected Varieties



SAVE 50¢
on 1
WITH DIGITAL COUPON
LIMIT 1
Oscar Mayer
Loaded
Lunchables
14.1-15.8 Oz.,
Selected Varieties



SAVE \$1.00
on 4
WITH DIGITAL COUPON
LIMIT 1
Betty Crocker
Chicken,
Hamburger or Tuna
Helper
4-7.3 Oz.,
Selected Varieties



SAVE \$1.00
on 3
WITH DIGITAL COUPON
LIMIT 1
Pillsbury
Grandola Biscuits
8 Oz., Selected Varieties



3/\$4

Dr. Pepper or
7-UP Products
2 Liter Bottles
Selected Varieties
PLUS DEPOSIT



3/\$10

Old Dutch
Ripples &
Appetizer Chip
8 Oz., Selected Varieties



4/\$10

Roma
Pizza
12-14 Oz.,
Selected Varieties



\$29.99

1800
Tequila
750 ML
PLUS DEPOSIT



\$18.99

Absolut
Vodka
750 ML, Selected Varieties
PLUS DEPOSIT



\$21.99

Bird Dog
Whiskey
750 ML
PLUS DEPOSIT



\$19.99

1800 Ultimate
Margarita Mixes
1.75 Liter, Selected Varieties
PLUS DEPOSIT

Like Us On
facebook

VISIT OUR FACEBOOK PAGE OR WEBSITE FOR WEEKLY SPECIALS!
WWW.FREEMANFOODS.NET

Stores Are Not Responsible For Printing Errors.
We Reserve The Right To Limit Quantities.
Support Your Community By Shopping Locally Owned Businesses!

*All items shown may not be available in all stores, some regional differences may occur. We reserve the right to correct printing errors, set limits and/or refuse sales to commercial/wholesale customers.

QUALITY Meats



\$4.99
Lb.

Pork Tenderloins



\$4.99
Lb.

Boneless Beef Chuck Roast
USDA Choice



\$3.99
Lb.

Baby Back Ribs



\$3.49
Lb.

Boneless Chicken Thighs

SEAFOOD SPECIALS



Tilapia Fillets
3-5 Oz., Frozen

\$4.99
Lb.



\$3.49

Best Choice
Crunchy Fish Sticks
or Portions
11.4-12 Oz. Pkg., Frozen



\$5.99

Gorton's Fish Fillets,
Popcorn Shrimp,
Fish Sticks or
Butterfly Shrimp
9-19 Oz. Pkg., Frozen
Selected Varieties



\$6.99

Best Choice
Cooked Peeled
Tail-Off Shrimp
71-80 Oz., 18 Oz. Bag, Frozen



\$3.99
Johnsonville Sausage Links
or Patties
12 Oz.
Selected Varieties



\$4.49
Johnsonville Sausage Strips
12 Oz.
Selected Varieties



\$3.99
Smithfield Prime Fresh Sandwich Meats
7-8 Oz.
Selected Varieties



\$4.99
Swagerty's Farm Bratwurst or Italian Sausage Links
19 Oz.
Selected Varieties



\$4.99
Delimex Tacos or Taquitos
17.9-23 Oz.
Selected Varieties



\$3.99
Oscar Mayer Hot Dogs
14-18 Oz.
Selected Varieties



\$3.49
Oscar Mayer Turkey Bacon
11-12 Oz.
Selected Varieties



\$3.49
Oscar Mayer Upgraded Lunchables
14.5-15.8 Oz.
Selected Varieties

DAIRY Favorites!

FROZEN How Fresh Stays Fresh!



\$5.59

Tropicana Orange Juice
89 Oz.,
Selected Varieties



\$3.49

Blue Bonnet Margarine
45 Oz.



\$7.99

Best Choice Shredded Cheese
32 Oz.,
Selected Varieties



2/\$3

Dean's French Onion Dip
8 Oz.



\$9.99

Crystal Farms Shredded Cheese
2 Lb.,
Selected Varieties



4/\$5

Banquet Pot Pies or Breakfast Pot Pies
7 Oz., Selected Varieties



2/\$5

Best Choice Hash Brown Patties
10 Ct.



2/\$7

Red Baron Pizza
14.87-23.45 Oz.,
Selected Varieties



2/\$7

Pictsweet Farms Roasted, Grilled, Skillet, Air-Fry Vegetables & Sweet Potatoes
11-20 Oz.,
Selected Varieties



2/\$7

Blue Bunny Ice Cream Sandwiches
9 Ct., Selected Varieties

Buy 5 SAVE \$5

On Participating Unilever Products



UNILEVER A COMPANY
ON A MISSION:
TO MAKE SUSTAINABLE
LIVING COMMONPLACE
• MIX OR MATCH •
WHEN YOU PURCHASE 5 PARTICIPATING ITEMS



\$2.99

Final Price When You Purchase 5 Participating Items



\$3.49

Final Price When You Purchase 5 Participating Items



\$3.49

Final Price When You Purchase 5 Participating Items

FRESH PRODUCE *Everyday!*



\$2⁹⁹
Ea.

Dole
Chopped
Salad Kits
9-14.4 Oz. Bag
Selected Varieties



\$1⁴⁹
Lb.

Tomatoes
On The Vine



\$4⁹⁹
Lb.

Washington
Cherries



2/\$6

Strawberries
1 Lb. Pkg. or
Red Raspberries
or Blackberries 8 Oz. Pkg.



\$1²⁹
Lb.

Zucchini or
Yellow Squash



\$11⁹⁹
Lb.

Kretschmar
Roast Beef
Selected Varieties



\$2⁹⁹

Jacqueline's
Cookies
12 Ct. Pkg. Selected Varieties,
Available At Participating Stores



\$1⁹⁹

New French Bakery
Bread Basket
Italian Loaf
6.5 Oz.



\$9⁹⁹

Pepsi
Products
24 Pack 12 Oz. Cans,
Selected Varieties
PLUS DEPOSIT
ONLY



2/\$4

Dole
Cello Spinach
8 Oz. Bag



\$1²⁹
Lb.

Jumbo
Sweet Vidalia
Onions



\$2⁴⁹
Lb.

California
Red or Black
Plums



2/\$3

Hass
Avocados



\$2⁴⁹
Ea.

Eat Smart
Vegetables
10-12 Oz. Bag,
Selected Varieties



2/\$4

Highline
Sliced White
Mushrooms
8 Oz. Pkg. or
Grimmway Farms
Carrot Stix
12 Oz. Bag



3/\$2

Cucumbers



\$4⁹⁹
Ea.

Whole Seedless
Watermelon



\$1⁹⁹
Lb.

California
Bartlett Pears



\$3⁹⁹
Ea.

Little Potato
Company
Potatoes
16 Oz. Pkg.
Selected Varieties

Back to School **savings**



Summertime
Nectarines,
Peaches or Plums

\$2⁹⁹
Ea.



\$6⁹⁹
Ea.

Halo
Seedless
Mandarins
3 Lb. Bag



Washington
Red Delicious, Gala,
Granny Smith or
Fuji Apples

\$4⁹⁹
Ea.



2/\$5

Harvest Cuts
Fresh Fruit
6 Oz. Ctn.,
Selected Varieties

DELI & BAKERY *Favorites!*



\$11⁹⁹
Lb.

Kretschmar
Roast Beef
Selected Varieties



\$3⁹⁹
Lb.

Deli Fresh
Deviled Egg
Potato Salad



2/\$5

Carando
Calzones
6 Oz. Selected Varieties



\$2⁹⁹

Jacqueline's
Cookies
12 Ct. Pkg. Selected Varieties,
Available At Participating Stores



\$1⁹⁹

New French Bakery
Bread Basket
Italian Loaf
6.5 Oz.



\$10⁹⁹

Rich's
8 Inch Black & White
Layer Cake
42 Oz.

ADDITIONAL SPECIALS



\$9⁹⁹

Pepsi
Products
24 Pack 12 Oz. Cans,
Selected Varieties
PLUS DEPOSIT
ONLY



2/\$7

Stern's
Potato Chips
9-10 Oz. Bag,
Selected Varieties

ON THE GRILL

**NORTH SIDE OF
FREEMAN FOODS
IN WELLMAN &
NORTH ENGLISH**

**SATURDAY
AUGUST 6, 2022
11 AM - 1 PM**

\$7⁰⁰

Rotisserie
Beef
Sandwich

\$5⁰⁰

Marinated
Chicken Breast

\$4⁰⁰

Hot Dog & Beef

\$3⁰⁰

Grilled Tenderloin

\$4⁰⁰

Hamburger

\$1⁰⁰

Hot Dog

\$2⁰⁰

Hot Dog

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BUY 4 EARN 4

EARN 4 BONUS BOX TOPS WHEN YOU BUY 4 PARTICIPATING PRODUCTS IN ONE TRANSACTION THRU 11/30/22*

ONE RECEIPT, ENDLESS POTENTIAL.

BUY
BOX TOPS PRODUCTS

SCAN
YOUR RECEIPT

EARN
CASH FOR SCHOOLS

PRICES EFFECTIVE ALL WEEK

3/\$6

Pillsbury
Toaster Strudel
or Scrambles
4-6 Ct., Selected Varieties

2/\$4

Yoplait
Go-Gurt
16 Oz., Selected Varieties

3/\$6

Pillsbury
Grands! Biscuits
8 Ct., Selected Varieties

\$2.79

Pillsbury
Ready To Bake
or Chub Cookies
16-16.5 Oz.,
Selected Varieties

\$3.99

Yoplait
Fridge Pack
Yogurt
48 Oz., Selected Varieties

2/\$7

Totino's
Pizza Rolls
or Stuffers
50 Ct. or 4 Ct.,
Selected Varieties

*For every 4 participating Box Tops for Education (BTfE) products purchased in a single transaction between 6/1/2022-11/30/2022, you can earn 4 Bonus Box Tops for your BTfE-eligible enrolled school. This offer excludes single serve cups of yogurt and; ratio dairy snacks as well as Nestle, Paper Mate and Lysol products. To redeem, your eligible receipt must be scanned in the App within 14 DAYS of your BTfE product purchase. Limit 1 claim per receipt. Limit 1 claim per user per 7 days. See www.BTfE.com for App Terms of Service, Official Program Rules, and Privacy Policy. Standard data rates may apply.

**BUY 4
EARN 4**

EARN 4 BONUS BOX TOPS
WHEN YOU BUY 4
PARTICIPATING PRODUCTS
IN ONE TRANSACTION THRU 11/30/22*

ONE RECEIPT,
ENDLESS POTENTIAL.

**BOX TOPS
FOR
EDUCATION**

BUY BOX TOPS PRODUCTS SCAN YOUR RECEIPT EARN CASH FOR SCHOOLS

PRICES EFFECTIVE ALL WEEK

2/\$6

General Mills
Cereal
8.9-12 Oz.,
Selected Varieties



2/\$5

Nature Valley
Grain Snacks or
Granola Bars
5-8 Ct., Selected Varieties



2/\$4

Betty Crocker
Fruit Snacks
6-10 Ct., Selected Varieties



2/\$3

Betty Crocker
Cake Mix
or Frosting
12-16 Oz.,
Selected Varieties



4/\$5

Betty Crocker
Super Moist
Cake Mix
15.25-16.25 Oz.,
Selected Varieties



2/\$5

Betty Crocker
Premium Brownies,
Dessert Bars,
Cookie Dough Bites or
Cups Mixes
12.2-19.1 Oz., Selected Varieties



4/\$5

Betty Crocker
Chicken,
Hamburger or
Tuna Helper
4.7-8.7 Oz.,
Selected Varieties



2/\$3

Old El Paso
Enchilada Sauce,
Refried Beans or Shells
8-12 Ct. Shells, 10 Oz. Sauce or
16 Oz. Beans, Selected Varieties



2/\$5

Old El Paso
Stand & Stuff Shells,
Enchilada Sauce,
Taco Seasoning Mix,
Sauces or Kits
6.25-12.6 Oz. or 8-10 Ct.,
Selected Varieties



2/\$6

General Mills
Chex Mix, Bugles
or Gardetto's
Snacks
9-15 Oz., Selected Varieties



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Limit 1 claim per receipt. Limit 1 claim per user per 7 days.

See www.BTFE.com for App Terms of Service, Official Program Rules, and Privacy Policy. Standard data rates may apply.