

Open Monday-Sunday 7 AM - 9 PM
100 PAUL GUST RD
CHAMBERLAIN, SD
605-234-5559

Chamberlain Food Center

River City's Hometown Grocery

Locally Owned & Operated

 Follow us on facebook

CHAMBERLAINFOODCENTER.COM

Sign Up FOR EXCLUSIVE EMAIL OFFERS ON OUR WEBSITE



**Bone-In
Pork Loin
Roast**

Fresh

1.29 lb



**Arctic Shores
Cooked
Shrimp**

12 oz pkg, 61-70

4.99



**Red or Green
Seedless
Grapes**

Fresh

2.49 lb



**Green Giant
Idaho Russet Potatoes**

5 lb bag

1.99



**Boneless
Arm Cut Roast**

Chairman's Reserve Beef

4.99 lb



Sweet Onions

Jumbo

88¢ lb



**Essential Everyday
Butter Quarters**

16 oz pkg,

Selected Varieties

2.99



**Yoplait
Yogurt**

4-6 oz cup,

Selected Varieties

10/\$5



**Kraft
Macaroni & Cheese
Dinner**

5.5-7.3 oz box,
Selected Varieties

5/\$5



**Kemps
Ice Cream,
Frozen Yogurt
or Sherbet**

48-54 oz ctn,
Selected Varieties

2/\$7



**Tropicana, Trop50
or Pure Premium
Orange Juice**

52 oz btl,
Selected Varieties

2.99

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PRICES EFFECTIVE JANUARY

WED	THUR	FRI	SAT	SUN	MON	TUES
12	13	14	15	16	17	18

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Take Bake Smile Breadsticks
8-8 ct pkg.
Selected Varieties
2.49



Kretschmar Ham Off the Bone
Deli Fresh,
Smoked or Honey
5.99 lb



Colby or Colby Jack Cheese
Sliced Fresh in our Deli
6.99 lb



Bagels
22 or pkg.
Selected Varieties
2.99



Jalapeno Popper Pasta Salad
Deli Fresh
5.99 lb



Tumaro's Low Carb Wraps
11-2 or pkg.
Selected Varieties
2.49



JJ's Snack Pies
4 or pkg.
Selected Varieties
89¢



Nikolas Pound Cakes or Bread
16 oz pkg.
Selected Varieties
4.49



Stacy's Pita Chips
7-33 or bag.
Selected Varieties
2.99

FROZEN & DAIRY



Essential Everyday Orange Juice
12 or can.
Selected Varieties
2/\$3



MorningStar Farms Burgers or Meats
5-25-70 or pkg.
Selected Varieties
2/\$8



Taco Bell Shredded Cheese, Kraft Chunk, Crumbles or Shredded Cheese
7 oz Taco Bell, 5 oz Crumbles, 8 oz Chunk or Shredded.
Selected Varieties
3/\$8



Kraft Natural Sliced Cheese
1-8 or bag.
Selected Varieties
2.99



Birds Eye Vegetables
9-5-16 or pkg.
Selected Varieties
2/\$4



Chobani Flips or Less Sugar Greek Yogurt
5-3 or pkg.
Selected Varieties
4/\$5



Country Crock Spread
45 oz tub.
Selected Varieties
3.49



Simply Almondmilk or Oatmilk
46 oz tub.
Selected Varieties
2/\$6



Kellogg's Eggo Thick & Fluffy French Toast or Waffles
9-5-16 or pkg.
Selected Varieties
2/\$6



Essential Everyday Orange Juice
6-4 or can.
Selected Varieties
2/\$5



Nestle Coffee-mate Natural Bliss Coffee Creamer
12 oz can.
Selected Varieties
4.99



Silk Almondmilk or Cashewmilk
6-4 or can.
Selected Varieties
2/\$7



Haagen-Dazs Ice Cream, Sorbet or Ice Cream Bars
14 or 24 oz tub or 6-4 oz bars.
Selected Varieties
3.99



Skinny Cow Ice Cream Bars or Sandwiches
11-2 or pkg.
Selected Varieties
3.99



Stone Ridge Creamery Sundae Cones
1-10 or pkg.
Selected Varieties
5.49



Alexia Family Size Potatoes, Sweet Potato Fries or Onion Rings
10-12 or bag.
Selected Varieties
3.49

Essential Everyday Grated Parmesan Cheese
5-8 oz can.
Selected Varieties
2.99

Essential Everyday Cheese Cups
5-8 oz can.
Selected Varieties
2.29

HEALTH & BEAUTY

PET



Act Anticavity Adult & Kids Rinse, Anticavity, Restoring, or Total Rinse
16-17 or 32 oz.
Selected Varieties
3.99



AdvanceWhite Remineralizing Toothpaste
4-8 oz tube.
Selected Varieties
2/\$6



Arm & Hammer Toothpaste
4-8 oz tube.
Selected Varieties
2/\$6



Purina Beneful Dog Food
18 lb bag.
Selected Varieties
16.99



Ensure Max Protein Shakes
11-12 or 16 oz.
Selected Varieties
8.99



Gold Bond Lotion
10-15 or 16 oz.
Selected Varieties
8.99



U by Kotex Pads, Tampons or Liners
10-15 or 16 oz.
Selected Varieties
4.59



Purina Cat Chow
15 lb bag.
Selected Varieties
15.99

Essential Everyday Cat Litter
15 lb bag.
Selected Varieties
3.99

AROUND THE HOME

BABY



All Laundry Detergent or Snuggle Fabric Softener
16-19 or 24 oz.
Selected Varieties
4.49



Cottonelle Bath Tissue
24 or Double Roll or 12 or Mega Rolls.
Selected Varieties
13.99



Beech-Nut Baby Food
4-5 oz jar or 3.5 oz pouch.
Selected Varieties
5/\$5



Essential Everyday Soft & Strong Facial Tissue
10-15 or 16 oz.
Selected Varieties
4/\$5



Hefty Trash or Tall Kitchen Bags
16-20 or 30 gal.
Selected Varieties
7.49



Huggies Diapers
15-20 or 30 ct.
Selected Varieties
9.99



START THE YEAR WITH HEALTHIER CHOICES

Prices Effective January 9 thru January 15, 2022



**Pure Protein or
Zone Perfect
Bar Single**
1.58-1.76 oz, Selected Varieties

5/\$5



**Gatorade or
Zone Perfect
Macro Bar**
1.76-2.8 oz, Selected Varieties

2/\$3



**Quest Bars, Protein
Cookies or
Tortilla Chips**
1.1-2.12 oz, Selected Varieties

2/\$4



**Pure Protein Bars
Value Pack**
6 ct. Bars, Selected Varieties

6.99



**Atkins Endulge
Bars and Candies,
Cookies or Snacks**
5 pk Bars 4 pk Cookies
5 20-8 oz Snacks
Bars or Bites, Selected Varieties

5.99



**Atkins
Ready to Drink
Shakes**
4 pk 11 oz Bks, Selected Varieties

6.99

NEW YEAR, NEW START



11.99

**Designer
Protein Powder**
12 oz pkg
Selected Varieties



19.99

**Body Fortress
Whey Protein,
C4 Sports
Supplements
or Muscle Milk
Protein Powder**
2 lbs Body Fortress, 9.5-11.6 oz C4,
1.93 lbs Muscle Milk Powder
Selected Varieties



**Boost
Energy Shakes**
6 pk 8 oz Bts, Selected Varieties

9.99



**Ensure Max
Protein Shakes**
4 pk 11 oz Bts, Selected Varieties

9.99



**Vaseline
Hand or
Body Lotion**
13.5-20.3 oz, Selected Varieties

6.99



**Q-tips
Cotton Swabs**
300 or 375 ct., Selected Varieties

2/\$5



7.99

**Bulldog Beard
Shampoo or
Face Moisturizer**
3.3-6.7 oz, Selected Varieties



START THE YEAR WITH HEALTHIER CHOICES

Prices Effective January 9 thru January 15, 2022



Nature Made Vitamins, Minerals or Supplements
25-300 ct.
Selected Varieties

BUY ONE GET ONE FREE
Of Equal or Lesser Value



Nature's Bounty or Optimal Solutions Vitamins
2-75 ct or 25-320 ct.
Selected Varieties

BUY ONE GET ONE FREE
Of Equal or Lesser Value



Alive! Multivitamins
30-60 ct.
Selected Varieties

8.99



Centrum Vitamins
80-180 ct.
Selected Varieties

9.99



Emergen-C Immune Support
18-45 ct.
Selected Varieties

10.99



Culturelle Probiotic, Gummy or Pro-Well or Digestive Health Vitamins and Supplements
30-52 ct. Selected Varieties

19.99



Airborne Immune Support
10-32 ct.
Selected Varieties

5.99



DayQuil or NyQuil Cold and Flu Relief
24 ct or 12 ct.
Selected Varieties

9.99



Delsym Cough Suppressant, Mucinex Expectorant, Mucinex DM Cold Relief or Mucinex Fast Max
5-6 oz or 14-20 ct.
Selected Varieties

13.99



Crest 3D White or Gum Toothpaste, Oral B Glide Floss Twin Pack, Crest 3D or Pro Health Rinse, Oral B Power or Oral B Pro Health Toothbrush
3.7-8.2 oz., 87-59d, 33.8 oz. or 1-2 ct. Selected Varieties

6.99



Colgate 360 Advanced or Optic White Toothbrush, Colgate Optic White Renewal or Colgate Total Twin Pack Toothpaste
2 ct or 3-9.6 oz.
Selected Varieties

6.99



Edge or Skintimate Shave Gel
7-8.4 oz.
Selected Varieties

2.99



Schick or Skintimate Disposable Razors
2-12 ct.
Selected Varieties

7.99



Schick Quattro or Joy Razors
1-3 ct.
Selected Varieties

8.99



Gillette Fusion 5 or Venus Swirl Razors
1 ct.
Selected Varieties

9.99



Gillette or Schick Hydro Razors
1 ct.
Selected Varieties

10.99



Schick Hydro Premium & Disposable Razors or Schick Quattro Refills
1-4 ct.
Selected Varieties

12.99



Schick Hydro 5 Blade or Intuition Razors
3-4 ct.
Select Varieties

13.99

NEW YEAR, NEW START

GROCERY SPECIALS



**Malt-O-Meal
Twice As Much
Cereal**
22-36 oz pkg,
Selected Varieties

2.99



**Nature Valley
Protein Granola
Cereal**
11-16 oz bag,
Selected Varieties

3.99



**Frito-Lay Cheetos
Cheese Snacks,
Fritos Corn Chips
or Fritos Dip**
7-8.5 oz Cheetos,
9.25-10 oz Fritos or 9 oz can Dip,
Selected Varieties

2/\$6



**Nabisco
Family Size Oreo
Cookies or Ritz
Snack Crackers**
12-2-20 oz Oreo or 11-4-20.6 oz Ritz,
Selected Varieties

3.99



**Old Dutch Puffcorn,
Restaurante
Tortilla Chips or
Traditional Potato Chips**
7-9 oz Puffcorn, 10-13 oz Tortilla Chips
or 9-5-10 oz Potato Chips,
Selected Varieties

2/\$5



**Heinz Ketchup or
Sauzy Sauces**
31-38 oz Ketchup or
19-19.25 oz Sauces,
Selected Varieties

3.49



**Old Orchard
Cocktail Juice**
64 oz btl,
Selected Varieties

2/4.44



**Essential
Everyday
Tomatoes**
14.5-15 oz can,
Selected Varieties

79¢



**Ken's
Steakhouse
Dressing**
16 oz btl, Selected Varieties

2/\$5



**New York
Texas Toast
Croissants**
5 oz bag, Selected Varieties

2/\$3



**Essential Everyday
Quick or Old
Fashioned Oatmeal**
18 oz crate, Selected Varieties

1.99



**Nestle Pure Life
Drinking Water**
24 pk 5.9 fl oz or 24 pk 16.9 fl oz

4.49



**Wild Harvest
Organic
Ketchup**
16 oz jar

2/\$4



**Essential
Everyday
Hamburger
Chili Chips**
32 oz jar

1.99

X500 STORE COUPON



**Smithfield
Marinated Pork
Loin Fillets**
23-27.2 oz pkg,
Selected Varieties

5.99

Limit one with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X501 STORE COUPON



**Hillshire Farms
Deli Thin
Luncmeat**
7-9 oz pkg,
Selected Varieties

4.49

Limit one with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X502 STORE COUPON



**Roma
Pizza**
12-14.1 oz pkg,
Selected Varieties

4/\$8

Customer must purchase four. Limit four with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X503 REDEEMABLE COUPON RV4000

**Buy Two
MorningStar
Items and
Get One
FREE**

Up to \$4.00 - Customer Must Buy 3!

REDEEMER: Return to UNFI COUPON SERVICES, 101 Jefferson Ave., St. Louis, MO 63102.

VOID IF COPIES TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase two. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X504 STORE COUPON



**Crystal Farms
String Cheese**
10 oz pkg,
Selected Varieties

2/\$7

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X505 STORE COUPON



**Essential
Everyday
Tomato Juice**
46 oz can

1.49

Limit one with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X506 STORE COUPON



**Angie's Boom
Chicka Pop
Popcorn**
4.4-7 oz pkg,
Selected Varieties

2/\$5

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.

X507 STORE COUPON



**Hostess
Multipack
Snack Cakes**
7.3-16.5 oz pkg,
Selected Varieties

2/\$5

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Wed., January 12 thru Tues., January 18, 2022. Valid only at stores listed on the front page.



**Chicken of the
Sea Solid White
Albacore Tuna or
Pink Salmon**
5 oz can,
Selected Varieties

3/\$5



**Wild Harvest
Organic Pasta
Sauce**
23.9-26 oz jar,
Selected Varieties

3.99



**Wild Harvest
Organic Cereal
or Granola**
10-17 oz Cereal
or 11-17 oz Granola,
Selected Varieties

4.49



**Rice-A-Roni Heat
& Serve Rice**
8.8 oz pkg,
Selected Varieties

2/\$4



**Wild Harvest
Organic Rice**
32 oz pkg,
Selected Varieties

4.49



**Pompeian
Olive Oil**
16 oz btl,
Selected Varieties

5.49



**Frito-Lay
Simply Snacks**
16 oz btl,
Selected Varieties

2/\$7



**Frito-Lay Lay's or
Tostitos Dip**
10 oz can,
Selected Varieties

2/\$8



**Essential
Everyday
Snack Crackers**
7.5-13.1 oz box,
Selected Varieties

2/\$4



**Planters
Pop & Pour
Cashews or
Almonds**
6.5 oz bag

3.99



**Essential
Everyday
Fruit Snacks**
10 oz box,
Selected Varieties

2/\$4

FRESH MEAT



Assorted
Pork Chops

Family Pack,
Bone-In
1.69 lb



Boneless
Arm Steak

Champion's Reserve Beef
5.99 lb



Hillshire Farm
Lit'l Smokies
Smoked Sausage

12.14 oz pkg, Selected Varieties
3.99



Boneless Top
Sirloin Steak

Champion's Reserve Beef
5.99 lb



Bone-In Center
Cut Pork Chops

Fresh
1.89 lb



Gold'n Plump
Boneless Skinless
Chicken Breast

Fresh, Family Size
2.99 lb



Hormel
Side Dishes

19-20 oz pkg,
Selected Varieties
2.99



Hormel
Fully Cooked
Meat Entrees

8-14 oz pkg,
Selected Varieties
6.99



Smithfield
Breakfast
Sausage Links

8-14 oz pkg,
Selected Varieties
1.99



Old Wisconsin
Snack Sticks or
Bites or
Summer Sausage

11.8 oz Snack Stick or Bites
or 8 oz Summer Sausage
4.49



Impossible
Plant Based
Burger Patties, Brick
Burger or Sausage

8-14 oz pkg,
Selected Varieties
4.99



Elf
Herring
Fillets

12 oz pkg
in Wine Sauce
7.99

FARM FRESH PRODUCE



On The Vine
Tomatoes

2.29 lb



Dole
Salad Kits

8.3-12.25 oz pkg,
Selected Varieties
2/\$6



Green Giant
Whole or Sliced
Mushrooms

2/\$4



Bolthouse Cello
Carrots

7 lb bag
1.49



Eat Smart
Green Beans

12 oz bag
2.49



Del Monte
Pineapple

Sweet
3.99

FLORAL

All items not available
at all locations.



Tropicals

4 inch,
Assorted Varieties
5.99



Mini
Sunflower
Bouquet

4.5 inch
5.99



Morning
Miracles
Bouquet

9.99



Coke
Products

12 pk 12 oz cans or
8 pk 12 oz btls
Selected Varieties

3/\$13



Body Armor Edge
Super Drink

20 oz btl,
Selected Varieties

10/\$10



Budweiser or
Bud Light, 55 Golden
Light Beer

24 pk 12 oz cans

18.99



Busch Light
Beer

12 pk 12 oz btls or cans

9.99



14 Hands Wines

750 ml, Merlot and Cabernet
Sauvignon Only

11.99



Pasta Roni or
Rice A Roni

4.7-7.1 oz pkg, Selected Varieties

75pts



Swiss Miss
Milk Chocolate

11.04 oz pkg

150pts



Sunny D
Juice

64 oz btl, Selected Varieties

100pts



Essential Everyday
Shredded Cheese

8 oz pkg, Selected Varieties

150pts

TASTE WHAT'S NEW

BUY ANY **THREE (3)**

PARTICIPATING ITEMS

Save \$3.00

ON FROZEN PIZZA



**Birds Eye
Veggie Made,
OvenRoasters,
Skillets
Vegetables or
Veggie Spirals**
10-15 oz pkg,
Selected Varieties



2/\$6

**Banquet
Mega
Double Stuffed
Pizza**
13 oz pkg,
Selected Varieties



2/\$6



**Healthy Choice Max
Protein Bowls**
13.75-14 oz pkg,
Selected Varieties

2/\$8



**Banquet Mega
Meats Chicken**
12.6-14.25 oz pkg,
Selected Varieties

2/\$7



**Hungry-Man
Double Chicken
Bowls**
15 oz pkg,
Selected Varieties

2/\$6



**Healthy Choice
Power Bowls**
9.25-9.75 oz pkg,
Selected Varieties

2/\$7

X508

REDEEMABLE COUPON RV0300

BUY ANY **THREE (3)**

PARTICIPATING ITEMS

Save \$3.00

ON FROZEN PIZZA



Orville Redenbacher's® Pop Kit™, Healthy Choice® Salad Dressings 12oz, Reddi-wip® Zero Sugar 6.5oz, Banquet® Mega Pizzas 13oz, Birds Eye® Oven Roasters 11oz and Stir Fry 15oz, P.F. Chang's® Home Menu Cooking Sauces 8oz, Hot Sauces 10oz, Banquet® Mega Boneless Meals 13.3oz, Healthy Choice® Zero Bowls 9.5oz, MAX Bowls 13.75oz, P.F. Chang's® Home Menu Marinades 14.4oz, P.F. Chang's® Home Menu Tempura Shrimp

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**TASTE
WHAT'S
NEW**

BUY ANY THREE (3)

PARTICIPATING ITEMS

Save \$3.00
ON FROZEN PIZZA



**Birds Eye
Voila!
Family Size
Skillet Meals**

42 oz pkg,
Selected Varieties

6.99



**Healthy Choice
Classic Dinners
or Cafe
Steamers**

9.25-10.7 oz pkg,
Selected Varieties

4/\$10



**Healthy
Choice
Power
Dressings**

12 oz btl,
Selected Varieties

2/\$5



**Orville
Redenbacher's
Movie
Theater
Popcorn Kit**

3.66 oz pkg

2/\$3



**Reddi-Wip
Dairy
Whipped
Topping**

6.5 oz can,
Selected Varieties

2/\$5



**P.F.
Chang's
Cooking
Sauces**

8-10 oz pkg,
Selected Varieties

2/\$6



**P.F.
Chang's
Sauces**

13.5-14.4 oz btl,
Selected Varieties

2/\$9