

THE TASTE OF HOME

Angus Farms
U.S.D.A. Choice Beef
Boneless
Chuck Roast
5⁹⁹
lb.



LOCALLY GROWN
Wescott
Honeycrisp Apples
Sold in Tote Bag
1⁹⁹
lb.



Dole
Salad Blends
Selected Varieties
5-12 oz. Bag
2/\$6



Angus Farms
U.S.D.A. Choice Beef
T-Bone Steak
9⁹⁹
lb.

Bakery Fresh
French Bread
1 lb. Package
1⁹⁹



Dannon
Oikos Greek Yogurt
Selected Varieties
5.3 oz. Package
10/\$10



Cottonelle
Bath Tissue
Selected Varieties, 6 Mega or 12 Double Rolls
Viva
Paper Towels
6 Rolls
7⁹⁹



Prego
Pasta Sauce
Selected Varieties, 23.5-24 oz. Jar
2/\$4



Essential Everyday
Flour
Selected Varieties, 5 lb. Bag
1⁹⁹



Stone Ridge Creamery
Ice Cream
Selected Varieties, 48 oz. Carton
2/\$5



Boys
English Muffins
Selected Varieties, 12 oz. Package
2/\$5

Sale Starts Sunday, October 10, 2021

SUN	MON	TUE	WED	THU	FRI	SAT
10	11	12	13	14	15	16

STORE HOURS: Monday - Saturday 6am-10pm
Sunday 7am-10pm

DUE TO CURRENT MARKET CONDITIONS,
ALL ITEMS MAY NOT BE AVAILABLE AT OUR STORE.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ALMSTED'S CANNOT BE HELD RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

©2021 DMGCO

Almsted's
FRESH MARKET

Your Neighborhood Grocery Store



READERS' CHOICE
Awards
Best Independently Owned
Grocery Store

CRYSTAL
ALMSTED'S CRYSTAL
42nd & Douglas Drive, N.
(763) 537-4551
www.almstedsmarkets.com



Quality Meats



Pork Chops with Honey-Spice Glaze

Ingredients

4 boneless sirloin pork chops
 1/4 cup honey
 1 1/2 tablespoons Dijon mustard
 1/8 teaspoon ground cloves
 1/2 teaspoon ground ginger
 1/4 teaspoon ground cinnamon
 1/2 teaspoon salt
 1/4 teaspoon ground black pepper

Directions

In a bowl, stir together honey, mustard, cloves, ginger and cinnamon.

Coat a large nonstick skillet with cooking spray then set over medium-high heat.

Sprinkle pork chops with salt and black pepper; place in skillet and cook until browned, about 2 minutes per side. Reduce heat to medium-low then add honey mixture to skillet. Continue cooking pork chops until done, about 10 minutes more.

During last 10 minutes of cooking time turn pork chops once, to sit for several minutes in skillet. Test for desired degree of doneness by using a small knife to check the color of the steak.



Fresh, Boneless
**Pork Sirloin
 Chops**

2.99
 lb.



Jimmy Dean
Sausage Rolls
 Selected Varieties, 16 oz. Package

3.99



Cloverdale
**Hickory
 Smoked
 Bacon**
 12 oz. Package

5.49

Quality Meats



Hormel Always Tender
Pork Loin Fillet
Selected Varieties, 1.5 lb. Package

6⁹⁹



WE CUT OUR OWN
BEEF AND PORK

In-Store

FRESH

Fresh, Boneless
**Pork Sirloin
Roast**
2⁸⁹
lb.



Arctic Shores
Cooked Shrimp
Tail Off, Peeled & Deveined,
91/120 Count, 12 oz. Package

5⁹⁹



Hormel
**Pork
Spareribs**

2⁸⁹
lb.



Hillshire Farm
**Lit'l
Smokies**
Selected Varieties
12-14 oz. Package

3⁹⁹



Almsted's Own
**Pickled
Herring**
4⁹⁹
lb.

Fall Baking Specials



Essential Everyday
Granulated Sugar **5⁹⁹**
10 lb. Bag

Essential Everyday
Baking Chips

Selected Varieties
10-12 oz. Package

1⁹⁹



Betty Crocker
Cake Mix
Selected Varieties
15.25 oz. Package

2/\$3



Betty Crocker
**Ready to Spread
Frosting**
Selected Varieties
12-16 oz. Package

1⁹⁹



Essential Everyday
Pie Filling
Selected Varieties
20-21 oz. Can

2⁴⁹



Betty Crocker
Bisquick Mix
Selected Varieties
40 oz. Package

3⁴⁹



Essential Everyday
Grape Jelly
18 oz. Jar

1⁹⁹



Essential Everyday
Peanut Butter
Selected Varieties
28 oz. Jar

2⁹⁹



Essential Everyday
Vegetable Oil
48 oz. Bottle

3⁴⁹



Essential Everyday
Syrup
Selected Varieties
24 oz. Bottle

1⁹⁹



Nestle
Fun Size
**Halloween
Candy**

Selected Varieties, 10-10.5 oz. Bag

2/\$7



Old Dutch
Restaurante Style
Tortilla Chips

Selected Varieties, 10-13 oz. Bag

2/\$6



Old Dutch
Potato Chips

Selected Varieties, 10 oz. Twin Pack

2/\$6



Old Dutch
Popcorn
Selected Varieties
6 oz. Bag

2/\$6



Frito Lay
**Party Size
Chips**
Selected Varieties
6-18 oz. Bag

4⁴⁹



Lay's
Potato Chips
Selected Varieties
12.5 oz. Bag

4⁴⁹



Keebler
Cheez-It Snap'd
Selected Varieties
7.5 oz. Package

3⁹⁹



Nabisco
**Honey Maid
Grahams**
Selected Varieties
12.2-14.4 oz. Package

2⁹⁹



Essential Everyday
**Potato or
Tortilla Chips**
Selected Varieties, 9-12 oz. Bag

2/\$4



Nabisco
**Chips Ahoy!
Cookies**
Selected Varieties
9.5-13 oz. Package

2⁹⁹



Nabisco
Oreo Cookies
Selected Varieties
10.1-15.35 oz. Package

2⁹⁹



Lay's
Stax
Selected Varieties
5.5-7.5 oz. Package

4/\$5



Jolly Time
**Microwave
Popcorn**
Selected Varieties
4.8-10.5 oz. Package

2/\$4



Frito Lay
Multipacks
Selected Varieties
9-20 oz. Package

8⁹⁹



Tostitos
Salsa
Selected Varieties
24 oz. Jar

2/\$7



Essential Everyday
**Dry Roasted
Peanuts**
Selected Varieties
16 oz. Jar

2/\$4



Old Orchard
**100% Juice
Blends**
Selected Varieties
64 oz. Bottle

2/\$5



Old Orchard
**100% Apple
Juice**
Selected Varieties
64 oz. Bottle

2/\$5

Grocery Deals



**Betty Crocker
Helpers**
Selected Varieties, 4.7-8.7 oz. Box

3/\$4



**Kraft
Macaroni
& Cheese**
5 Count Package

4.99



**Hills Bros. or MJB
Coffee**
Selected Varieties
23-30.5 oz. Can

7.99



COUNT ON
QUALITY AND
Selection

**Kellogg's
Cereal**
Selected Varieties
13.5-29 oz. Box

3/9.99



**Creamette
Pasta**
Selected Varieties
32 oz. Package

2/\$4



**Progresso
Vegetable
Classics Soup**
Selected Varieties
18-19 oz. Can

2/\$3



**Folgers
Coffee**
Selected Varieties
9.6-11.5 oz. Package

3.99



**Kellogg's
Pop-Tarts**
Selected Varieties
12 Count Box

2.99



**Cream of Wheat
Instant
Hot Cereal**
Selected Varieties
7.38-12.5 oz. Package

3.99



**Super Chill
Pop**
Selected Varieties
2 Liter Bottle

99¢



**Essential Everyday
Kidney or Chili
Beans**
Selected Varieties
15 oz. Can

3/\$2



**Bush's Best
Beans**
Selected Varieties
15-16 oz. Can

5/\$5



**Essential Everyday
Tomatoes**
Selected Varieties
14.5-15 oz. Can

3/\$3



**Essential Everyday
Tomato Paste**
6 oz. Can

3/\$2



**Essential Everyday
Seasoning
Mixes**
Selected Varieties
1-1.5 oz. Package

3/\$2



**Pace
Salsa**
Selected Varieties
15-24 oz. Jar

2/\$5



**Old El Paso
Premium
Shells**
Selected Varieties
5.4-7.2 oz. Package

2.99



**Old El Paso
Enchilada
Sauce**
19 oz. Can

2.99



**Essential Everyday
Black Pepper**
3 oz. Container

2.49



**Mccormick
Seasoning
Mixes**
Selected Varieties
.87-1.5 oz. Package

2/\$3



**Essential Everyday
Party
Cups**
Selected Varieties
20 Count Package

1.99



**Pine Sol
Cleaners**
Selected Varieties
40-48 oz. Bottle

3.79



**Scott
Paper
Towels**
6 Count Package

6.99



**Dove
Shampoo or
Conditioner**
Selected Varieties
12 oz. Bottle

2/\$8



**Clif
Bars**
Selected Varieties
2.4 oz. Package

10/\$10



**Playtex
Gentle Glide
or Sport
Tampons**
Selected Varieties
18 Count Package

5.39



**Scott
Paper
Towels**
6 Count Package

6.99



**Essential Everyday
Charcoal
Briquets**
Selected Varieties
14.6-15.4 lb. Bag

7.49

Frozen & Dairy Deals



**Culinary Circle
Pizza**
Selected Varieties
14.1-33.5 oz. Package

2/\$10



**Green Giant
Vegetable Tots,
Spirals, Riced
Vegetables or
Protein Bowls**
Selected Varieties, 10-14 oz. Package

2/\$7



**Pepperidge Farm
Layer
Cakes**
Selected Varieties
19-19.6 oz. Package

2/\$6



**Silk
Almond
Milk**
Selected Varieties, 64 oz. Carton

2/\$7



**Dole
Juice
Blends**
Selected Varieties
59 oz. Carton

2/\$5

**Essential
Everyday
Orange
Juice**
Selected Varieties
64 oz. Carton

2/\$5



**Häagen-Dazs
Ice
Cream**
Selected Varieties
14 oz. Carton

3.99



**Real Dairy
Protein
Sport Shake**
Selected Varieties
8 oz. Can

5/\$5



**Essential Everyday
String
Cheese**
Selected Varieties
9-10 oz. Package

2.99



**Essential Everyday
American
Cheese
Singles**
Selected Varieties
16 oz. Package

2.99



**Essential Everyday
Sour
Cream**
Selected Varieties
16 oz. Tub

1.89



**Pillsbury
Grands,
Crescent or
Cinnamon
Rolls**
Selected Varieties
4-10.2 oz. Package

3/\$4



**Just Crack An Egg
Omelet
Rounds**
Selected Varieties
6 oz. Package

2/\$6



**The Greek Gods
Green
Yogurt**
Selected Varieties
24 oz. Tub

2/\$7



**Chobani
Oat
Drink**
Selected Varieties
52 oz. Carton

3.99



**Essential Everyday
Grated
Parmesan
Cheese**
8 oz. Container

2.99



**Land O Lakes
Cottage
Cheese**
Selected Varieties
24 oz. Tub

2.99



**Country Crock
Vegetable
Spread**
Selected Varieties
45 oz. Tub

3.69



**Essential Everyday
Refrigerated
Pie Crust**
Selected Varieties
2 Pack Box

2.49



**Buitoni
Family Size
Pasta**
Selected Varieties
20 oz. Package

5.99



Fresh from Our Deli & Bakery

2021 SIN
READERS' CHOICE
BEST DELI

FRESH IN OUR *Deli*
FRESH

Signature
Seasoned
Turkey Breast
6⁹⁹
lb.

Signature



Signature
Deli Fresh
**Swiss or
Baby Swiss
Cheese**
Sliced fresh in our Deli!
6⁹⁹
lb.



Mrs. Gerry's
Deli Fresh
Mrs. Gerry's
**Cheese
Tortellini
Salad**
4⁹⁹
lb.



Flatout
**Flatbread,
Fold-Its
or Wraps**
Select d Varieties
7.9-14 oz. Package
2⁹⁹



2021 SIN
READERS' CHOICE
Sweets
BEST BAKERY

Best Maid
**Peanut Butter or
Marshmallow Crispies**
Selected Varieties, 11.2-16 oz. Package

5⁴⁹

**FUN, TASTY
Treats!**



Bakery Fresh
**Raised
Glazed
Donuts**
4 Count Package
4²⁹



Bakery Fresh
**Apple or
Cherry Pie**
8 Inch
4⁹⁹



Father's Table
Cheesecake
Select d Varieties
6 Inch
6⁴⁹



Fresh Produce



Fresh Yellow, Orange or Red Bell Peppers

2⁹⁹
lb.

Make your recipe pop with brilliant colored bell peppers. Super versatile and perfect for pizza, sandwiches, stir-fries, and much more.



Green Giant Baby Bella Mushrooms

Whole or Sliced, 8 oz. Package

2/\$4

Baby Bella mushrooms are a delicious way to add flavor to your dinner. With their distinct yet delicate taste and texture, they're tasty in soups, salads, casseroles and stir-fry.



Fresh Hass Avocado

3/\$4

The Hass avocado is a simple and delicious indulgence. With its lush, buttery texture and mild, nutty flavor, this versatile fruit fulfills.



Fresh, Ripe Roma Tomatoes

1⁹⁹
lb.

Fresh and flavorful, tomatoes are an excellent addition to menus throughout the year. From panzanella to pizza to pasta dishes, tomatoes complement so many foods. In so many ways!



Ocean Spray Cranberries

12 oz. Bag

1⁹⁹

Enhance your fall menus, from dishes to drinks, with the wonderful flavor of fresh cranberries.



Fresh Carrots

2 lb. Bag

1⁴⁹

There's no denying that carrots are great for snacking, but they're also great for breads, salads, soups and more. They're easy to pack and an excellent source of vitamin A!



Vine Ripe Cantaloupe

2⁹⁹
ea.

Cantaloupe & Prosciutto Salad with a Balsamic Vinaigrette

Ingredients

1 cantaloupe, scooped into balls
8 oz mixed greens
8 slices prosciutto, chopped
8 oz small mozzarella balls, halved
1/2 cup olive oil
1/4 cup balsamic vinegar
1/2 teaspoon finely chopped fresh oregano
1/2 teaspoon Dijon mustard
Sea salt to taste
Fresh ground black pepper to taste

Directions

Whisk together balsamic vinegar, oregano and Dijon mustard in a mixing bowl. Once mixed, slowly pour in olive oil and whisk together. Season with salt and pepper.

Place mixed greens in a salad bowl. Pour a small amount of the balsamic vinaigrette over greens and toss together. Top greens with halved mozzarella balls, chopped prosciutto and melon balls. Toss together and drizzle more of the dressing over top.

Scoop salad into serving bowls and season with salt and pepper.

Refreshing Beverages



Pepsi Products

Selected Varieties, 12/12 oz. Cans

4⁹⁹



Pepsi Products

Selected Varieties, 8/12 oz. Bottles

2/\$9



Pepsi Products

Selected Varieties, 6/16.9 oz. Bottles

3/\$10



Aquafina Purified Water

24/16.9 oz. Bottles

4⁹⁹



Lipton Iced Tea

Selected Varieties, 12/16.9 oz. Bottles

2/\$10