

Ken's
SUPER FAIR FOODS.
FOOD FAIR **SHELL EXPRESS**
 www.kenssuperfair.com
 • ABERDEEN • GROTON • CLARK • IPSWICH • EUREKA • BRITTON •

Breast Cancer Awareness Month
pink ladies
 Promotion Valid through Oct. 31
Purchase 2 Dozen Cookies in the Pink box and Kens will make a \$1 Donation to Aberdeen Pink Ladies.

Brew Up Wishes
 10% of drink sales from Ken's Gourmet Coffee will be donated to Make A Wish now through Oct. 31
 Make A Wish

USDA Choice Demkota Boneless Whole New York Strip
\$7.99
 Per Lb.
 Cut Wrapped, Frozen Free

RUSSET Potatoes
\$2.99
 Best Choice Russet Potatoes
 10 Lb. Bag

Farmland Spring Hill Boneless Carver Hams
\$17.99
 Per Lb.

Kraft Velveeta Shells-N-Cheese
\$7.99
 3 Pk. Box

Vegetable Progresso Classic Soups
99¢
 18.5-19 Oz. Can

Old Orchard Healthy Balance, Grapefruit or Apple Blends
\$1.79
 64 Oz. Jug

Kellogg's Raisin Bran 16.6 Oz. Boxes
Frosted Flakes 13.5 Oz. Boxes or
Mini Wheats 14.3-15.9 Oz. Boxes
2/\$5

Best Choice Granulated Sugar
\$1.99
 4 Lb. Bag

APP DEAL OF THE WEEK
Dakota White Large Eggs 12 Ct.
FREE
 W/\$10 PURCHASE & KEN'S APP
 Limit 1 per customer, requires \$10 additional purchase and use of Ken's App

NOW OPEN in Ken's Deli in Aberdeen!
family fresh SUSHI
 MADE FRESH DAILY
 SPECIAL ORDERS AVAILABLE UPON REQUEST

Meat
Tyson Chicken Leg 1/4s
79¢
 Per Lb.

Dairy
Ken's Milk 1%, 2% or Skim
\$2.88
 1 Gallon Jug

Frozen
Bellatoria Pizza 12"
2/\$10

Liquor
Elijah Craig Small Batch Bourbon
\$55.99
 1.75 L.

Household
Glad Storage Bags 15-25 Ct. Boxes
3/\$5

Bakery
English Muffin Bread
\$2.29
 Loaf

Deli
CHEESE OF THE WEEK!
Kretschmar Smoked Gouda
\$6.99
 Per Lb.

Ken's Gourmet Coffee
 Coffee • Gourmet Drinks
 Gourmet Foods
 Sunday 9 AM - 1 PM
 Monday-Friday 7 AM - 5 PM
 Saturday 8 AM - 2 PM
 Call 605-225-6671

Coffee Beans
\$2.00 OFF

Drink of the Week:
 Americano Hot or Cold

PRICES GOOD AT ALL KEN'S LOCATIONS:
October 10th THRU October 16th
 Sun. 10 Mon. 11 Tues. 12 Wed. 13 Thurs. 14 Fri. 15 Sat. 16

Deli Daily Specials

ABERDEEN ONLY
11AM - 7PM

MONDAY

Pork Chop Dinner
\$6.49

Buy One Chicken Dinner
\$6.99

Buy 2nd Dinner
HALF PRICE

TUESDAY

Roast Beef Combo
\$6.49
with Vegetable

1/3 Lb. Burger with Fries
\$3.99

WEDNESDAY

Homemade Meatloaf Dinner
\$5.99

Chinese Day Assorted Entrees

THURSDAY

Famous Circus Wings
\$7.49
Per Lb.

Reuben Sandwich with Fries
\$6.99

FRIDAY

Walking Tacos
\$4.50

8 Piece Chicken
\$8.99

SATURDAY

10 Piece Chicken Legs Only
\$6.99

Grilled Cheese & Small Soup of the Day
\$3.99

SUNDAY

Whole Rotisserie Chicken
\$7.99

2 Piece Drumstick Snack Pack
\$2.69

SAVE 70¢ Per Lb.

Hormel
Boneless Pork Loin Chops
\$2.99
Per Lb.

SAVE \$2.10 Per Lb.

USDA Choice DemKOTA
Boneless Sirloin Tip Steak
\$3.99
Per Lb.

SAVE \$2.20 Per Lb.

USDA Choice DemKOTA
Boneless Sirloin Tip Roast
\$3.79
Per Lb.

USDA Choice DemKOTA
Boneless New York Strip Steak
\$8.99
Per Lb.

John Morrell
Sliced Bacon
12 Oz. Pkg.
\$3.99
Each

Cloverdale
E-Z Sliced Tanga
8 Oz. Pkg.
\$2.99
Each

Sheboygan
Breakfast Sausage Link or Patties
\$3.29
Per Lb.

Oscar Mayer
Deli Fresh Shaved Meat
7-9 Oz. Pkgs.
2/\$6

Sugardale
Hot Dogs
12 Oz. Pkgs.
4/\$5

Dakota Brand
Ring Bologna
12 Oz. Pkg.
\$2.99
Each

Cloverdale
Ham Patties
10 Oz. Pkg.
\$3.19
Each

Van de Kamp's
Battered or Breaded Fish Tenders, Fillets, or Sticks
18-19.4 Oz. Box
\$4.99
Each

Aqua Star
Breaded Butterfly or Coconut Shrimp
24 Oz. Pkg.
\$8.99
Each

Plumrose
BBQ Pork Ribs
16 Oz. Pkg.
\$6.99
Each

Ken's THE BEST MEAT CUT FRESH AND PACKAGED DAILY!

Homemade Specialty Meat Items made by Lee from scratch!
DR. PEPPER PORK CHOPS • BEEF OR CHICKEN KABOBS • SIRLOIN BOMBERS • STUFFED CHICKEN • HOMEMADE MEATLOAF
MARINATED MEATS • 1/3 LB. FLAVORED HAMBURGER PATTIES • BANANA PEPPER STUFFED CHICKEN BREASTS

USDA Choice DemKOTA
Boneless New York Strip Steak
\$2.199
Per Lb.

Stuffed Chicken Breast
\$4.49
Per Lb.

Caribbean Jerk
Chicken Breast
\$2.99
Per Lb.

Smoked Salmon
\$10.99
Per Lb.

Ken's Deli & Catering

Hormel
Snack Trays
14 Oz. Tray
\$6.99
Each

Jennie-O
Sun Dried Tomato Turkey Breast
\$7.99
Per Lb.

Mrs. Gerry's
Three Bean Salad
\$4.49
Per Lb.

Heat & Serve
Baby Back Ribs
\$9.99
Each

Grab & Go
Sandwich Combo
4 Pack
\$4.99
Each

Ken's DAIRY



Cass Clay
Cottage Cheese

\$2.49

22 Oz. Ctn.



Cass Clay
Butter

\$2.88

1 Lb. Qtrs.



Land O Lakes
Whipping Cream

\$3.69

Pint Ctn.



Best Choice
Margarine

\$1.39

15 Oz. Tub



Crystal Farms
Chunk or Shredded Cheese

2/\$4

6-8 Oz. Pkgs.



Kraft
Singles

\$3.49

16 Oz. Pkg.

Ken's FROZEN



North Star
Ice Cream Sandwiches

\$3.99

12 Pk. Pkg.



Blue Bunny
Premium Ice Cream

\$3.99

46-48 Oz. Scround



Bridgford
Cinnamon Monkey Bread

\$3.99

16 Oz. Box



Eggo
Waffles

2/\$5

12.7 Oz. or 10 Ct. Pkgs.



Pillsbury
Toaster Strudel

2/\$4

11.7 Oz. Pkgs.



Mr. Dee's
Frozen Potatoes

\$2.89

24 Oz. Bag

Ken's BAKERY DAILY SPECIALS

ABERDEEN ONLY

MONDAY



Individual
Turnovers
Apple or
Cherry

65¢

TUESDAY



Wheat Bread

\$1.99
Loaf

WEDNESDAY



Cookie Day

4/\$1

THURSDAY



White Mountain Buns

\$1.89
12 Ct. Pkg.

FRIDAY



Cupcakes

\$2.99
6 Ct.

SATURDAY



French Bread

\$1.49
Loaf

Ken's BAKERY



Hoagie Buns **\$1.99**
6 Ct.



Turnovers
Blueberry,
Cherry or
Apple **\$2.29**
4 Ct.



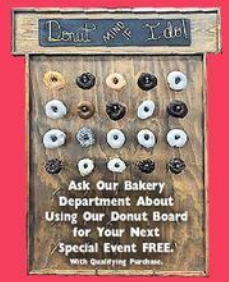
Date Cookies **\$3.99**
12 Ct.



Lemon Bars **\$4.99**
8 Ct.



Lofthouse Wirecut Cookies **\$3.99**
Chocolate Chunk
Snickerdoodle
Oatmeal Raisin
Candy Bite
Ginger Snap **12 Oz. 12 Ct. Pkg.**





KEN'S BOTTLE SHOP HOURS:
DAILY 7:00 AM - 11:00 PM



SPECIALTY CHEESES

AVAILABLE IN OUR DELI DEPARTMENT!



Ken's
LIQUOR STORE
OF ABERDEEN
OPEN SUNDAYS!

Liquor prices good in Aberdeen only • Prices good 10/10/21 through 10/16/21

LORD CALVERT

1.75 L

\$15⁹⁹



JEREMIAH WEED SWEET TEA

1.75 L

\$27⁹⁹



BACARDI, SILVER, GOLD, LIMON, SPICED

1.75 L

\$19⁹⁹



JACK DANIELS

1.75 L

\$46⁹⁹



STELLA ROSA WINES

MOST VARIETALS
750 ML

\$10⁹⁹



FRANCIS COPPOLA DIAMOND COLLECTION

CLARET, CABERNET,
MERLOT, PINOT NOIR
750 ML

\$13⁹⁹



BUSCH, BUSCH LT

12 PK.
BOTTLES
& CANS

\$9⁹⁹



BUD, BUD LT

20 PK.
16 OZ.
ALUM.
BOTTLES

\$16⁴⁹



COORS LT

15 PK.
16 OZ.
ALUM.

\$13⁹⁹



BUD LIGHT SELTZER

ALL VARIETIES
12 PK.
12 OZ.
CANS

\$13⁹⁹



BLUE MOON

REG,
SAMPLER,
SEASONAL
12 PK.
BOTTLES

\$13⁹⁹



MILLER LITE, MGD, 64

24 PK.
12 OZ.

\$18⁹⁹



TRULY

VARIETIES
12 PK.
12 OZ.

\$14⁹⁹



HEINEKEN HEINEKEN LT STELLA ARTOIS

12 PK.

\$14⁹⁹



BEVERAGES

PEPSI, DIET PEPSI OR MT. DEW

24 PK. 12 OZ. CANS

\$7⁹⁹



COKE, DIET COKE OR COKE ZERO

12 PK. 12 OZ. CANS

2/\$10



POWERADE

28 OZ. BOTTLE

99¢



7-UP, SQUIRT OR A&W

2 LTR. BOTTLES

4/\$5



RADIANS SHOOTING GLASSES

\$10⁹⁹



BE SURE TO STOP IN FOR ALL
YOUR SPORTING NEEDS!!



RADIANS DEF - GUARD EAR PROTECTION

\$6⁹⁹



HOPPE'S

4 OZ. GUN + MEDIC CLEANER & LUBE

\$6⁴⁹



DOGTRA PATHFINDER MINI

\$239⁹⁹



Ken's GROCERY



Nabisco
Premium Saltines
16 Oz. Box

\$2.99



Heinz
Ketchup or Mustard
15-20 Oz. Bottles

2/\$4



Bush
Black, Pinto, Kidney or Butter Beans
15-16 Oz. Can

99¢



Bush
Chili Beans
15.5-16 Oz. Cans

4/\$5



Hidden Valley
Ranch Dressing
36 Oz. Bottle

\$5.79



Chicken of the Sea
Tuna
5 Oz. Can

79¢



Scott
Paper Towels
6 Roll Bundle

\$4.99



Taco Bell
Seasoning Mixes
1-1.4 Oz. Pkgs.

3/\$2



Betty Crocker
Brownie Delights or Dessert Mixes
16-19.1 Oz. Boxes

2/\$4



Folgers
Instant Coffee
7-8 Oz. Jar

\$4.99



Best Choice
Breakfast Cereals
11-20 Oz. Box

\$1.88



Post
Great Grains Cereal
13.5-16 Oz. Box

\$2.49



Crest
Toothpaste
5.7 Oz. Tube

\$2.29



Nasacort or Allegra
Allergy Relief
.57 Oz. Pkg. 30 Ct. Pkg.

\$17.99



Suave
Shampoo or Conditioner
30 Oz. Bottle

\$2.29

Ken's
HOUSEHOLD
SEE HOW
TASTEFUL SAVING
MONEY CAN BE!



Jiffy
Corn Muffin Mixes
8.5 Oz. Box

59¢



Best Choice
Spices
Select Varieties
4-5.25 Oz. Bottle

99¢



Cheetos
Mac-N-Cheese Dinners
5.6-5.9 Oz. Box

\$1.19



Morton
Seasoning Salt
7.5 Oz. Bottle

\$2.49



Mio or Crystal Light
Drink Mix
1.6-2 Oz. Bottles

2/\$5



Lofe's or Quick Clean
Antibacterial Wipes
72 Ct. Pkg. 50 Ct. Pkg.

\$2.99



Kingsford or Match Light
Charcoal
12-16 Lb. Bag

\$9.99



Betty Crocker
Suddenly Salad
6.2-7.7 Oz. Boxes

2/\$5



Little Debbie
Pies, Brownies or Bars
Big Pack 20-31.7 Oz. Boxes

2/\$6



Old Dutch
Potato Chips
15 Oz. Triple Pack Box

\$4.49



Frito-Lay
Doritos or Ruffles
8.5-10.5 Oz. Bags

2/\$6



Nabisco
Snack Crackers or Ritz Crackers
7.5-13.7 Oz. Box

\$2.99



Best Choice
Toaster Pastries
8 Ct. Boxes

2/\$3



Pearson's
Salted Nut Rolls
Bite Size 11 Oz. Bags

2/\$7



Kellogg's
Homestyle Rice Krispies Treats
6 Ct. Boxes

2/\$5



Voortman
Wafer Cookies
10.6 Oz. Pkgs.

2/\$5



KENSSUPERFAIR.COM

Ken's

PRODUCE

*The Area's Freshest Produce
Hand Selected Daily!*

PROUD TO SUPPORT A
LOCAL GROWER



Washington
Bartlett, Bosc or D'Anjou Pears

\$1.29
Per Lb.



**Acorn, Butternut, Buttercup or
Spaghetti Squash**

89¢
Per Lb.



Highline
**Organic Mushrooms or Whole
Baby Bella Mushrooms**

8 Oz. Pkg.

\$1.99



On the Vine
Tomatoes

\$1.49
Per Lb.



Golden
Pineapple

\$2.49
Each



Super Select
**Cucumbers
or Green
Peppers**

3/\$3



Bolthouse
Carrots

2 Lb. Bag

\$1.39



Yellow
Onions

3 Lb. Bag

\$1.99



Washington
**Gala, Fuji, Red Delicious,
Granny Smith, Gold Delicious
Apples**

\$1.59
Per Lb.



Concord Foods
Caramel Apple Wrap

6.5 Oz. Pkg.

\$2.99



Seneca
**Apple
Chips**

2.5 Oz. Bag

\$1.99



Happy Apple!
**Caramel
Apples**

\$1.29
Each



Ken's



**Tuesday is Sushi Day at Ken's!!
1 - Roll Pkg. Only \$5 each**

Shrimp
Roll

Creamy
Roll

Spicy
Crab Roll

Spicy
Shrimp Roll

Unagi
Roll

Tuna
Roll

Spicy
Salmon Roll

Salmon
Roll

California
Roll

Spicy
Tuna Roll

