

METRO

we accept  

**We accept
USDA Food Stamps
We also accept AMEX**

We reserve the right to limit & substitute similar items
and to correct any pricing errors.
All items may not be available.

816-363-4292 • 1616 E. 63RD STREET, KC, MO • OPEN 7 DAYS A WEEK. 7am - 9pm



PRICES GOOD SEPTEMBER 2021

WED 15	THURS 16	FRI 17	SAT 18	SUN 19	MON 20	TUES 21
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\$1⁸⁹ Lb.
Assorted Pork Loin Chops
 Fresh Family Pack
 Bone-In



\$4⁹⁹ Lb.
Arm Roast
 Fresh Boneless Beef



\$1⁴⁹ Lb.
Red, Black or Green Seedless Grapes
 Fresh



2/\$5
Post Cereal
 Selected Varieties
 11-14.75 Oz.



\$1⁹⁹ ea.
Raspberries or Blackberries
 6 Oz.



2/\$4

Hostess Bagged Donettes
 9.5-11.25 Oz.
 Selected Varieties



2/\$4

Pillsbury Grands! Biscuits
 16.3 Oz.
 Selected Varieties



\$2⁹⁹

Land O Lakes Butter
 13-16 Oz.
 Selected Varieties



\$4⁸⁸

Bounty or Charmin Essentials
 6 Rolls
 Selected Varieties

SAVE MONEY - SAVE TIME

BUY LOCAL

Buying Local Supports Your Community

We reserve the right to limit quantities, correct printing errors and/or establish minimum requirements. Purchase requirements exclude fluid dairy, alcohol & tobacco products. All items may not be available. No sales to dealers or wholesalers.
 KCG3 KCG3_294 METRO_PG1_091521_K

Fresh Produce



Jumbo Cantaloupes
Fresh

2/\$5

Best Choice Russet Potatoes
10 Lb. Bag

\$3.99 ea.

Enjoy Spend LESS!
MORE



\$2.99 ea.
Romaine Hearts
3 Pack



\$1.99 ea.
Highline Sliced White Mushrooms
8 Oz.



99¢ ea.
Hass Avocados
Fresh



\$3.99 ea.
Missouri Jonathan Apples
3 Lb. Bag



Floral
At Participating Stores

\$9.99
Cheerful Grande Bouquet



\$1.99 Lb.
Hot House Beefsteak Tomatoes
Fresh



99¢ Lb.
Acorn, Butternut or Spaghetti Squash
Fresh



\$2.99 ea.
Eat Smart Sugar Snap or Sno Peas
8 Oz.



\$2.99 ea.
Willy's Salsa
16 Oz. Selected Varieties



\$5.99
Garden Mum
8 Inch, Assorted
\$12.99
Rainbow Circus or Sunset Mum Mix
6.5 Inch

Dairy & Frozen



\$6.99
Kraft Family Size Cheese
24 Oz. Selected Varieties



2/\$5
Hiland Orange Juice
Half Gallon



5/\$5
Michelina's Entrees
4.5-8.5 Oz. Selected Varieties



4/\$10
Tony's Pizzeria Pizza
18.56-20.60 Oz. Selected Varieties



\$4.99
Kraft Singles
24 Oz. Twin Pack



\$2.59
Pillsbury Cookie Dough
16-16.5 Oz. Selected Varieties



2/\$6
Pepperidge Farms Cakes
12.5-19.6 Oz. Selected Varieties



\$2.59
Blue Bunny Load'd Sundae
8.5 Oz. Selected Varieties



\$3.49
Eggland's Best Eggs
1.5 Dozen



4/\$10
Pagoda Appetizers
6-12.27 Oz. Selected Varieties



2/\$5
Pepperidge Farms Breads
6-8 Ct. Selected Varieties



\$1.69
Baskin Robins Ice Cream
14 Oz. or 4 Pk. Selected Varieties



\$4.49
Best Choice Spread
80 Oz.



\$2.99
PictSweet Vegetables
12-20 Oz. Selected Varieties



\$2.49
Budget Saver Twin Pops
24 Ct.



\$1.00
Best Choice Ice Cream
Pint Selected Varieties

Seafood



\$2.99 Lb.
Catfish Nuggets
IQF



\$3.99 Lb.
Swai Fillets
IQF



\$5.99
Best Choice Cooked Shrimp
12 Oz. 50-70 Ct.



\$4.99
Best Choice Raw Shrimp
12 Oz. 41-50 Ct.

Grocery

\$3.99

Riceselect or
Texmati Rice
Selected Varieties
30-32 Oz.

**Enjoy Spend LESS!
MORE**

**General Mills
Cereal**
8.9-12 Oz.
Selected Varieties

4/\$10

Folgers Coffee
12-25.4 Oz.
Selected Varieties
or 10-12 Ct. \$5.99

\$6.99

**Doritos or Rold Gold
Pretzels**
6-11.25 Oz.
Selected Varieties

2/\$6

2/\$5
**Lay's or
Tostitos Chips**
7.5-13 Oz.
Selected Varieties



2/\$5
**Nature Valley
Bars**
5-8 Ct.
Selected Varieties



2/\$5
**Planters
Peanuts**
16 Oz.
Selected Varieties



\$3.99
**Planters
NUT-rition**
7.5-10.25 Oz.
Selected Varieties



2/\$3
**Betty Crocker
Delights
Cake Mix**
15.25 Oz.
Selected Varieties



4/\$5
**Betty Crocker
Cake Mix**
15.25-16.25 Oz.
Selected Varieties



2/\$3
**Betty Crocker
Frosting**
12-16 Oz.
Selected Varieties



2/\$5
**Betty Crocker
Dessert Mixes**
16-19.1 Oz.
Selected Varieties



\$2.99
**Sunbelt
Granola Bars**
7.5-13 Oz.
Selected Varieties



\$2.99
**Little Debbie
Big Pack
Snack Cakes**
16.92-31.78 Oz.
Selected Varieties



\$3.69
**Hershey's
Snack Size
Candy Bars**
8.8-11.3 Oz.
Selected Varieties



\$5.99
Kars Nuts
12-34 Oz.
Selected Varieties



2/\$5
**Nabisco
Premium
Saltines**
9-17 Oz.
Selected Varieties



\$2.79
**Pearl Milling Co.
Pancake Mix**
32 Oz.
Selected Varieties



\$3.49
**Best Choice
Honey Bear**
12 Oz.



2/\$5
**Crystal Light
Drink Mix**
Makes 10-12 Qts.
Selected Varieties



2/\$5
**Crystal Light
or Mio Drink
Liquid**
1.62 Oz.
Selected Varieties



\$2.99
**Kraft Deluxe
or Velveeta
Dinners**
9.4-14 Oz.
Selected Varieties



2/\$4
**Classico
Pasta Sauce**
8.1-24 Oz.
Selected Varieties



2/\$3
**Campbell's
Condensed
Soup**
10.5-11.5 Oz.
Selected Varieties



2/\$4
**Old El Paso
Seasoning,
Shells or Sauce**
6.25-19 Oz. or 8-10 Ct.
Selected Varieties



4/\$5
**Old El Paso
Shells, Beans
or Sauce**
4.7-16 Oz.
Selected Varieties



\$1.00
**Best Choice
Mandarin
Oranges**
11 Oz.



\$4.29
**V8 Fusion
Juice**
6 Ct.
Selected Varieties



2/\$6
V8 Juice
46-64 Oz.
Selected Varieties



\$4.99
**Pompeian
Olive Oil**
16 Oz.
Selected Varieties



\$1.49
**Best Choice
Worcestershire**
15 Oz.



69¢
**Best Choice
Yellow
Mustard**
8 Oz.



Home & Health

**Enjoy Spend LESS!
MORE**

\$3.49
**9Lives
Cat Food**
3.15 Lb.



2/\$3
**Best Choice
Kitchen Bags**
10-30 Ct.
Selected Varieties



4/\$5
**Puffs Facial
Tissues**
48 Ct.
Selected Varieties



\$3.79
**Best Choice
Charcoal**
8 Lb.
Selected Varieties



\$1.00
**VO5 Shampoo
or Conditioner**
12.5 Oz.
Selected Varieties



\$4.97
**SoftSoap
Refills**
50 Oz.
Selected Varieties



\$2.79
**Crest
Toothpaste**
8.2 Oz.
Selected Varieties



\$6.44
**Coricidin
HBP**
16-20 Ct.
Selected Varieties



Fresh Cut Meat

Enjoy **MORE** Spend **LESS!**



\$11⁹⁹
Lb.
KC Strip Steaks
Fresh Family Pack
Boneless Beef



\$2³⁹
Lb.
Pork Loin Chops
Fresh Thick Cut
Bone-In



\$5⁹⁹
Lb.
Charcoal Steak
Fresh Family Pack
Boneless Beef



\$1⁴⁹
Lb.
Split Chicken Breast
Frozen Family Pack
Bone-In



\$6⁹⁹
Lb.
Beef Stew Meat
Fresh
Extra Lean



\$3⁹⁹
Lb.
Ground Beef
Fresh Family Pack
81% Lean



\$2⁵⁹
Lb.
Pork Loin Chops
Fresh Family Pack
Bone-In



\$2⁴⁹
Lb.
Chicken Thighs
Frozen
Boneless Skinless



\$4⁴⁹
Lb.
Ground Beef Patties
Fresh Family Pack
81% Lean



\$5⁹⁹
Lb.
Kentucky Legend Quarter Sliced Turkey

\$6⁴⁹
Farmland
Sliced Bacon
12-16 Oz.
Selected Varieties



\$1⁹⁹
Farmland
Braunschweiler
12 Oz.



\$5⁹⁹
Armour
Summer Sausage
20 Oz.

\$4⁹⁹
Armour
Family Size
Meatballs
20-25 Oz.
Selected Varieties



\$9⁶⁹
Farmland
Stack Pack
Bacon
24 Oz.
Selected Varieties



\$4⁴⁹
Nathan's
Beef Franks
10-12 Oz.
Selected Varieties



2/\$5
Simply
Potatoes
20-24 Oz.
Selected Varieties



\$8⁹⁹
Farmland
Half Ham
2.5 Lb. Boneless



2/\$5
Oscar Mayer
Ham or Turkey
16 Oz.
Selected Varieties



2/\$4
Field Liver
Loaf
6 Oz.



\$1⁹⁹
Farmland
Breakfast
Sausage
8-12 Oz. Link or Rolls
Selected Varieties



Bakery & Deli

\$3⁴⁹
ea.
Gold Standard Danish
14 Oz.
Selected Varieties



\$5⁴⁹
Lb.
Kretschmar Virginia Smoked or Honey Ham
Fresh Deli Sliced



\$3⁴⁹
King's
Hawaiian
Buns
8-9 Ct. Hamburger
Hotdog or
Slider Buns



\$2⁵⁹
Otis
Spunkmeyer
Muffins
3 Pk.
Selected Varieties



\$7⁴⁹
Lb.
Kretschmar Turkey Breast
Oven Roasted
or Mesquite

\$5⁹⁹
Lb.
Kretschmar Provolone or Colby Jack Cheese

\$5⁹⁹
Jessie Lord
Pumpkin Pie
24 Oz.



\$3⁴⁹
Lofthouse
Cookies
12 Ct.
Selected Varieties



\$7⁹⁹
Slow Smoked
or Baked
Chicken
8 Piece

\$2⁹⁹
Lb.
Sweet & Sour Slaw
Fresh In The Deli

\$2²⁹
Ozark Hearth
Texas Toast
24 Oz.



\$3⁴⁹
ea.
Zarda Baked
Beans
16 Oz.
Selected Varieties



\$4⁴⁹
ea.
Deli Express
Cranberry
Almond Chicken
Salad Sandwich
7.8 Oz.



\$4⁹⁹
Pepsi Products
12 Oz. Cans 12 Pack
Selected Varieties



\$2⁹⁹
Pepsi Products
.5 Liter Bottles 6 Pack
Selected Varieties



2/\$9
Pepsi Products
12 Oz. Bottles 8 Pack
Selected Varieties



\$4⁹⁹
Lipton Tea
.5 Liter Bottles 12 Pack
Selected Varieties

Our Mission is to bring you the lowest cost with the highest quality, while providing the friendliest service on your shopping trip. Remember, at Thriftway we are families serving families.

Thank You for Shopping Thriftway

BUY 5 \$5 GET 5

**LOAD UP ON SAVINGS
MIX OR MATCH**

WHEN YOU BUY 5 PARTICIPATING ITEMS

PRICES GOOD SEPTEMBER 15-21, 2021



Tropicana Pure Premium Orange Juice
89 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH
ANY 5 PARTICIPATING ITEMS

\$5.99

-\$1.00

\$4.99



**BIG
45 OZ.**

Ragú Pasta Sauce
45 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH
ANY 5 PARTICIPATING ITEMS

\$3.49

-\$1.00

\$2.49



DiGiorno Pizza
18.3-31.5 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH
ANY 5 PARTICIPATING ITEMS

\$5.49

-\$1.00

\$4.49



Blue Bunny Premium Ice Cream
46-48 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH
ANY 5 PARTICIPATING ITEMS

\$3.99

-\$1.00

\$2.99



Stouffer's Family Size Entrées
29.5-40 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH
ANY 5 PARTICIPATING ITEMS

\$6.99

-\$1.00

\$5.99

**BUY \$5
GET \$5**

**LOAD UP ON SAVINGS
MIX OR MATCH**

WHEN YOU BUY 5 PARTICIPATING ITEMS

PRICES GOOD SEPTEMBER 15-21, 2021



Nabisco Oreo Cookies

7.9-15.5 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$3.29

-\$1.00

\$2.29



Nabisco Chips Ahoy! Cookies

7-14 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$2.99

-\$1.00

\$1.99



Nabisco Belvita Breakfast Biscuits

7.04-8.81 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$3.29

-\$1.00

\$2.29



Kellogg's Caddies

9-12.7 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$4.49

-\$1.00

\$3.49



M&M's or Mars Party Size Candies

34-40 Oz.

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$11.99

-\$1.00

\$10.99



Best Choice Corn on the Cob

4 Ears

Selected Varieties

FINAL PRICE

WHEN YOU MIX OR MATCH ANY 5 PARTICIPATING ITEMS

\$2.99

-\$1.00

\$1.99