

Ken's
SUPER FAIR FOODS.
FOOD FAIR & SHELL EXPRESS
 www.kenssuperfair.com
 • ABERDEEN • GROTON • CLARK • IPSWICH • EUREKA • BRITTON •

**It's Peach Time
 at Ken's!**
**California Fay
 Elberta Peaches will
 be arriving Monday,
 August 2nd**



**USDA Choice Demkota
 Boneless Whole
 New York Strip**
\$8.99
 Per Lb.



**California Fay
 Elberta Peaches**
 (Arriving Monday, August 2nd)
\$23.99
 17 Lb. Lug



**Farmland
 Whole Boneless
 Pork Loin**
\$13.99
 Per Lb.



**Betty Crocker
 Hamburger, Chicken
 or Tuna Helper**
\$11.99
 4.7-8.7 Oz. Box



**Maxwell House
 Coffee**
\$5.99
 25.6-30.6 Oz. Can



**Heinz
 Squeeze Ketchup**
\$3.49
 Qt. Bottle



**Kraft
 Mayonnaise**
\$2.99
 30 Oz. Jar



**Ragu
 Pasta Sauce**
\$1.89
 16-24 Oz. Jar

APP
DEAL OF THE WEEK
A&W, 7-Up, Sunkist or Squirt
FREE
 2 Liter Bottle W/\$10 PURCHASE & KEN'S APP
 (Limit 1 per customer, requires \$10 additional purchase and use of Ken's App)

NOW OPEN in Ken's Deli in Aberdeen!
family fresh
 SUSHI
 SPECIAL ORDERS AVAILABLE UPON REQUEST

Meat
Farmland
Boneless Pork Loin Chops
\$1.99
 Per Lb.
SAVE 80¢ Per Lb.

Dairy
Cass Clay
2% Swiss Chocolate Milk
\$1.99
 ½ Gallon Plastic Jug

Frozen
Land O' Lakes
Ice Cream
\$2.99
 48 Oz. Tub

Liquor
Canadian Club
\$19.99
 1.75 Ltr.

Household
Tide
2X Liquid Laundry Detergent
\$11.99
 92 Oz. or Pods 21-42 Ct.

Bakery
Multigrain Bread
\$2.99
 Loaf

Deli
CHEESE OF THE WEEK!
Kretschmar White American
\$5.99
 Lb.

Ken's Gourmet Coffee
 Coffee • Gourmet Drinks
 Monday-Friday 7 AM - 6 PM
 Saturday 7 AM - 4 PM
 Sunday 9 AM - 1 PM
 Call 605-225-6671

Popcorn Seasonings

Drink of the Week:
 Peach Cherry Italian Soda

Find us on Facebook
Follow us on Twitter

**PRICES GOOD AT ALL KEN'S LOCATIONS:
 August 1st THRU August 7th**

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3	4	5	6	7

Ken's

Elite Partner

LOCALLY RAISED
PREMIUM BEEF



The Demkota Difference

Deli Daily Specials

ABERDEEN ONLY
11AM - 7PM

MONDAY

Pork Chop Dinner
\$6.49

Buy One Chicken Dinner
\$6.99
Buy 2nd Dinner HALF PRICE

TUESDAY

Roast Beef Combo
\$6.49
with Vegetable

1/3 Lb. Burger with Fries
\$3.99

WEDNESDAY

Homemade Meatloaf Dinner
\$5.99

Chinese Day Assorted Entrees

THURSDAY

Famous Circus Wings
\$6.49
Per Lb.

Reuben Sandwich with Fries
\$6.99

FRIDAY

Walking Tacos
\$4.50

8 Piece Chicken
\$8.99

SATURDAY

10 Piece Chicken Legs Only
\$6.99

Grilled Cheese & Small Soup of the Day
\$3.99

SUNDAY

Whole Rotisserie Chicken
\$7.99

2 Piece Drumstick Snack Pack
\$2.69



SAVE
60¢
Per Lb.

Best Buy
Split Fryer Breast

\$13.99
Per Lb.



Fresh 80% Lean
1/4 Ground Beef Patties
10 Ct.

\$14.99
Per Pkg.



SAVE
\$1.40
Per Lb.

USDA Choice Demkota
Boneless Chuck Roast

\$4.59
Per Lb.



SAVE
\$1.40
Per Lb.

USDA Choice Demkota
Boneless Chuck Steak

\$4.99
Per Lb.



USDA Choice Demkota
Boneless New York Strip Steak

\$9.99
Per Lb.



\$4.99
Per Lb.



Sheboygan
Fresh Brats
16 Oz. Pkg. **\$3.29** Each



Land o Frost
Premium Deli Meats
10 Oz. to 1 Lb. Pkg. **\$3.99** Each



Cloverdale
Tangy Summer Sausage
28 Oz. Pkg. **\$7.99** Each



Sugardale
Sliced Bacon
16 Oz. Pkg. **\$4.99** Each



Farmland
Boneless Ham
4 Lb. Pkg. **\$8.99** Each



Sheboygan
Braunschweiger
11 Oz. Pkg. **\$3.19** Each



El Monterey
Burritos
30-32 Oz. Pkg. **\$3.99** Each



Aqua Star
Steamer Entrees
11-12 Oz. Pkg. **\$5.99** Each

Ken's

THE BEST MEAT CUT FRESH AND PACKAGED DAILY!

Homemade Specialty Meat Items made by Lee from scratch!

DR. PEPPER PORK CHOPS • BEEF OR CHICKEN KABOBS • SIRLOIN BOMBERS • STUFFED CHICKEN • HOMEMADE MEATLOAF
MARINATED MEATS • 1/3 LB. FLAVORED HAMBURGER PATTIES • BANANA PEPPER STUFFED CHICKEN BREASTS

ABERDEEN
LOCATION
ONLY



USDA Prime
Demkota
New York Strips
\$17.99 Per Lb.



Heiers
Beef Sticks
\$10.99 Per Lb.



Hillcrest
Smoked Pork Chops
\$4.99 Per Lb.



\$9.99 Per Lb.
Fresh Salmon

Ken's

Deli & Catering

Kretschmar
Cajun Turkey Breast

\$7.69
Per Lb.



Mrs. Gerry's
Mexican Street Corn

\$4.99
Per Lb.



Homemade
Broccoli Raisin Salad

\$6.49
Per Lb.



Ken's
Famous Hub City Bowl

\$4.49
Each



Heat & Serve
Beef Enchilada w/Spanish Rice

\$4.99



Ken's DAIRY



Land O' Lakes
Cottage Cheese

\$2.49

24 Oz. Ctn.



Cass Clay
Half & Half

\$1.19

Pt. Ctn.



Prairie Farms
Cream Cheese

2/\$3

3.5 Oz. Cups



Almond or Creamy
Cashew Silk Milk

2/\$6

1/2 Gallon Ctns.



Pillsbury
Grand! Biscuits

2/\$3

16.3 Oz. Tubes



Blue Bonnet
Spread

\$1.49

15 Oz. Bowl

Ken's FROZEN



Blue Bunny
**Loaded Sundaes
Cones or Bars**

\$3.99

4-6 Ct. Pkg.



Pillsbury
**Toaster
Strudels**

2/\$4

11.7 Oz. Pkgs.



Pictsweet
Vegetables

4/\$5

10-12 Oz. Pkgs.



Totino's
**Pizza Rolls
or Stuffers**

2/\$7

14.1-24.8 Oz. Pkgs.



DeVour
Entrees

2/\$6

7.2-12 Oz. Pkgs.



TGIF
Appetizers

2/\$5

7.6-11 Oz. Pkgs.

Ken's BAKERY DAILY SPECIALS

ABERDEEN ONLY

MONDAY



Individual
Turnovers
Apple or
Cherry

65¢

TUESDAY



Wheat
Bread

\$1.99

Loaf

WEDNESDAY



Cookie
Day

4/\$1

THURSDAY



White
Mountain
Buns

\$1.89

12 Ct. Pkg.

FRIDAY



Cupcakes

\$2.99

6 Ct.

SATURDAY



French
Bread

\$1.49

Loaf

Ken's BAKERY



Wheat
Hamburger
Buns

\$1.99

8 Cnt.



Assorted
Cake
Donuts

\$2.69

6 Cnt.



Oatmeal
Raisin
Cookies

\$3.99

12 Cnt.



7 Layer
Bar

\$4.99

8 Cnt.

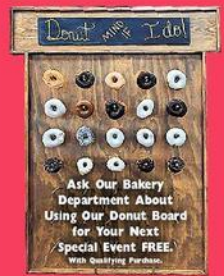


Olson Sliced
Loaf Cakes

\$2.99

Each

16 Oz. Pkg.



Ask Our Bakery
Department About
Using Our Donut Board
For Your Next
Special Event FREE
With Qualifying Purchase



KEN'S BOTTLE SHOP HOURS:
DAILY 7:00 AM - 11:00 PM



SPECIALTY CHEESES

AVAILABLE IN OUR DELI DEPARTMENT!



Ken's
LIQUOR STORE
OF ABERDEEN
OPEN SUNDAYS!

Liquor prices good in Aberdeen only • Prices good 8/1/21 through 8/7/21

BLACK VELVET

1.75 L



\$15⁹⁹

SMIRNOFF PINK LEMONADE VODKA

1.75 L



\$17⁹⁹

JACK DANIELS

1.75 L



\$46⁹⁹

STELLA ROSA WINES MOST VARIETALS

750 ML



\$10⁹⁹

RELAX RIESLING

750 ML



\$8⁹⁹

BUD - BUD LT

15 PK.
16 OZ.
ALUM.



\$13⁹⁹

GRAIN BELT, GRAIN BELT LT, ELITE

24 PK.
12 OZ.
CANS



\$16⁹⁹

BUD LIGHT SELTZER

ALL VARIETIES
12 PK.
12 OZ.
CAN



\$13⁹⁹

MIC GOLDEN LT

24 PK.
12 OZ.
CANS &
BOTTLES



\$18⁹⁹

COORS, COORS LT

24 PK.
12 OZ.
BTLS. &
CANS



\$18⁹⁹

MILLER LITE, MGD, 64

24 PK.
12 OZ.



\$18⁹⁹

TRULY, VARIETIES

12 PK.
12 OZ.



\$13⁹⁹

LEINENKUGEL

12 PK.
BTLS. &
CANS



\$13⁹⁹

BEVERAGES

COKE, DIET COKE PEPSI OR MT DEW

6 PK. .5 LTR. BOTTLES



3/\$9

BODY ARMOR

28 OZ.
BOTTLES



3/\$5

AQUAFINA WATER

24 PK. .5 LTR. BOTTLES



2/\$9

CALCUTTA BAIT NET

\$15⁹⁹



BE SURE TO STOP IN FOR ALL
YOUR SPORTING NEEDS!!



FRABILL FAT & SASSY WORM BEDDING

2.5 LB.

\$8⁷⁹

5 LB.

\$12⁹⁹



PLANO 3600 PROLATCH STOWAWAY

\$6⁹⁹



CALCUTTA 11 LT. COOLER INSULATOR

\$85⁹⁹



Ken's GROCERY



Kellogg's
Special K Cereal
11-13.2 Oz.
Rice Krispies Treats, Nutri-Grain Bars
8 Ct.

Sale Price
2/\$5.00
- \$1.00
Digital Coupon on 2
Net Price



Always Save
Sugar
4 Lb. Bag



Kraft
Miracle Whip
30 Oz. Jar

2/\$4 \$1.99 \$3.99



Angel Soft
Bath Tissue
12 Double Roll

\$5.99



Starkist
Chunk Light Tuna
5 Oz. Can

99¢



Hidden Valley
Ranch Dressing
24 Oz. Bottle

\$3.79



Kool-Aid, Country Time, or Tang
Drink Mix
6-8 Qt. Can

\$3.49



Flex
Disinfectant Wipes
75 Ct.

\$6.99



Planter
Peanuts
16 Oz. Jar or Can

\$3.49



Mott's
Applesauce
6 Pack, 4 Oz. Cups

\$2.29



Old Dutch
Ripples Potato Chips
8-8.5 Oz. Pkgs.

2/\$5



Old Spice or Secret
Deodorant
2-6.3 Oz. Pkg.

\$3.49



Scope
Mouthwash
33.8 Oz. Bottle

\$3.99



Prilosec
Tablets
14 Ct. Pkg.

\$10.99

Ken's
HOUSEHOLD
SEE HOW
TASTEFUL SAVING
MONEY CAN BE!



Best Choice
Pancake Syrup
24 Oz. Bottles

2/\$3



Best Choice
Pancake Mix
28-32 Oz. Box

\$1.88



Armour
Vienna Sausage
4-6 Oz. Cans

4/\$3



Best Choice
Honey
16 Oz. Bottle

\$3.59



Palmolive
Dish Liquid
32.5 Oz. Bottle

\$3.99



Cascade
Action Pacs or Gel
14-25 Ct. or 75 Oz. Jug

\$4.99



Crystal Light
Drink Mix
10 Ct. Pkgs.

2/\$4



Angie's
Boom Chickapop Popcorn
4.4-7 Oz. Pkg.

\$2.49



Sara Lee
Artesano Bread
20 Oz. Loaf

\$2.79



Doritos
Dorito's
7.75-10.5 Oz. Pkg.

\$2.99



Nabisco
Chips Ahoy! Cookies
9.5-12.4 Oz. Pkg.

\$2.99



Hostess
Donuts
9.5-11.25 Oz. Pkgs.

2/\$4



Pringles
Mega Stax Chips
6.84-7.16 Oz. Cans

2/\$4



Keebler
Sandwich Crackers
8 Ct. Pkgs.

2/\$4



Sunshine
Cheez-It Crackers

Sale Price
\$1.99
Digital Coupon
Net Price

\$1.49



Tabasco
Sauce
5 Oz. Bottle

\$3.49



KENSSUPERFAIR.COM

Ken's PRODUCE

*The Area's Freshest Produce
Hand Selected Daily!*

PROUD TO SUPPORT A
LOCAL GROWER



Fresh
Roma Tomatoes

99¢
Per Lb.



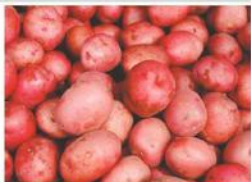
Red, Green, Black
Seedless Grapes

\$1.99
Per Lb.



New Crop
Red Potatoes

\$2.99
5 Lb. Bag



New Crop
Sweetie Sweet Yellow Onions

99¢
Per Lb.



Dole
Hearts of Romaine, Italian, American, Spring Mix, Field Greens, Baby Spinach, 50/50, Butter Bliss, Very Veggie, Premium Romaine Salads

\$1.99
Bag



New Crop
California Bartlett Pears

\$1.49
Per Lb.



California
Black or Red Plums

\$1.69
Per Lb.



Fresh
Celery

99¢
Each



Red
Radishes

\$1.88
1 Lb. Bag



Fresh
Cantaloupe

\$2.99
Each



Organic Girl
Salads

\$4.69
10 Oz. Pkg.



Honey Dew
Melons

\$3.99
Each



Ken's



**Tuesday is Sushi Day at Ken's!!
1 - Roll Pkg. Only \$5 each**

Shrimp Roll

Creamy Roll

Spicy Crab Roll

Spicy Shrimp Roll

Unagi Roll

Tuna Roll

Spicy Salmon Roll

Salmon Roll

California Roll

Spicy Tuna Roll

