

Ken's
SUPER FAIR FOODS.
FOOD FAIR & SHELL EXPRESS
 www.kenssuperfair.com
 • ABERDEEN • GROTON • CLARK • IPSWICH • EUREKA • BRITTON •

Ken's
 Groceries To Go!



Order Your Groceries and Have Them Delivered!



SAVE \$2.00
 Per Lb.

USDA Choice Demkota
 Boneless Top Sirloin Steak

\$5.99

Per Lb.

In The Produce Department



Dole
 Hearts of Romaine, Italian, American, Spring Mix, Butter Bliss, Field Greens, Baby Spinach, 50/50 Blend, Very Veggie or Premium Romaine Salads

\$1.99

5-12 Oz. Bag



SAVE 90¢
 Per Lb.

USDA Choice Demkota
 Boneless Bread and Butter Roast

\$3.99

Per Lb.



Bush's
 Baked Beans

2/\$4

21.5-28 Oz. Cans



Folgers
 Classic Roast Coffee

\$5.99

30.6 Oz. Can



Hunt's
 Ketchup

99¢

20 Oz. Bottle



Sunny Delight
 Lemonade

99¢

64 Oz. Jug



Hunt's
 Snack Pack Pudding

99¢

4 Pack

NOW OPEN in Ken's Deli in Aberdeen!
family fresh
 MADE FRESH DAILY
SUSHI
 SPECIAL ORDERS AVAILABLE UPON REQUEST



Chex Mix,
 Bugles or
 Gardetto's
 Snacks

FREE

W/\$10 PURCHASE & KEN'S APP

Limit 1 per customer, requires \$10 additional purchase and use of Ken's App

Meat
 USDA Choice Demkota
 Boneless Swiss
 Arm Steak

\$4.49

Per Lb.



SAVE 50¢
 Per Lb.

Dairy

Sunny Delight
 Citrus
 Punch

99¢

64 Oz. Jug



Frozen

Brew Pub
 Lotzza Motzza
 Pizza

\$5.99

22.75-28.25 Oz. Pkg.



Liquor

Bumbu
 XO Rum

\$39.99

750 ML.



Household

Best Choice
 Paper Towels
 Select-A-Size

\$4.99

8 Roll Bundle



Bakery



Sour Dough Bread

\$2.99

Loaf

Deli



CHEESE OF THE WEEK!
 Babybel

*Assorted Flavors

\$3.69

Each



Coffee • Gourmet Drinks
 Gourmet Foods
 Monday-Friday 7 AM - 6 PM
 Saturday 7 AM - 4 PM
 Sunday 9 AM - 1 PM
 Call 605-225-6671

Bundt Cake Mix



Drink of the Week:

Banana
 Split
 Frappuccino



PRICES GOOD AT ALL KEN'S LOCATIONS:
 July 18th THRU July 24th

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
18	19	20	21	22	23	24

Deli Daily Specials

ABERDEEN ONLY
11AM - 7PM

MONDAY

Pork Chop Dinner
\$6.49

Buy One Chicken Dinner
\$6.99

Buy 2nd Dinner HALF PRICE

TUESDAY

Roast Beef Combo
\$6.49
with Vegetable

1/3 Lb. Burger with Fries
\$3.99

WEDNESDAY

Homemade Meatloaf Dinner
\$5.99

Chinese Day Assorted Entrees

THURSDAY

Famous Circus Wings
\$6.99
Per Lb.

Reuben Sandwich with Fries
\$6.99

FRIDAY

Walking Tacos
\$4.50

8 Piece Chicken
\$8.99

SATURDAY

10 Piece Chicken Legs Only
\$6.99

Grilled Cheese & Small Soup of the Day
\$3.99

SUNDAY

Whole Rotisserie Chicken
\$7.99

2 Piece Drumstick Snack Pack
\$2.69

SAVE 40¢ Per Lb.

Ken's Fresh 80% lean
Ground Beef
\$3.79
Per Lb.

Hormel
Boneless County Style Ribs
\$2.59
Per Lb.

SAVE 80¢ Per Lb.

Sanderson
Boneless Skinless Chicken Breast
\$2.59
Per Lb.

Cloverdale
Single Sliced Bacon
12 Oz. Pkg.
\$4.39
Each

John Morrell
Braunschweiger
16 Oz. Pkg.
\$2.39
Each

Sugardale
Hot Dogs
16 Oz. Pkg.
\$1.29
Each

Bar S
Sliced Bologna
12 Oz. Pkg.
\$1.19
Each

Milford Valley
Chicken Kiev-Cordon Blue and Broccoli Cheese
5 Oz. Pkgs.
4/\$5

Armour
Lunchmakers
2.4-2.9 Oz. Pkg.
99¢
Each

Bar S
Corndogs and Mac and Cheese
14.4-2.34 Oz. Pkg.
\$4.99
Each

Fast Bite Sandwiches
4.6-5.5 Oz. Pkg.
99¢
Each

Banquet
Brown and Serve Sausage
5.2-6.4 Oz. Pkg.
\$1.19
Each

Aqua Star
Tilapia Fillets
32 Oz. Bag
\$7.99
Each

El Monterey
XXL Burritos
4.5-9 Oz. Pkg.
\$1.19
Each

Ken's THE BEST MEAT CUT FRESH AND PACKAGED DAILY!

Homemade Specialty Meat Items made by Lee from scratch!

DR. PEPPER PORK CHOPS • BEEF OR CHICKEN KABOBS • SIRLOIN BOMBERS • STUFFED CHICKEN • HOMEMADE MEATLOAF • MARINATED MEATS • 1/3 LB. FLAVORED HAMBURGER PATTIES • BANANA PEPPER STUFFED CHICKEN BREASTS

ABERDEEN LOCATION ONLY

USDA Prime Demkota
Boneless Prime Top Sirloin
\$8.99
Per Lb.

BBQ Seasoned Pork Chops
\$3.49
Each

West Side Meat Jerky
\$16.99
Per Lb.

Fresh Walleye
\$14.99
Per Lb.

Ken's Deli & Catering

Mrs. Gerry's
Summer Fresh Pasta Salad
\$3.49
Per Lb.

Heat & Serve
Chicken Street Taco Kits
\$9.99
Each

Hot Case Special
2 pc. Breaded Cod Fillets w/Hush Puppies & Slaw Only
\$5.00

Homemade Ham & Cheese Pasta Salad
\$4.99
Per Lb.

Grab & Go 2 Pk. Sandwich Combo
\$2.49
Each

Ken's DAIRY

Ken's BAKERY



**Cass Clay
2% Swiss
Chocolate
Milk**

\$2.99

97 Oz. Jug

**Land O'Lakes
or Prairie Farms
Chip Dip**



\$1.79

16 Oz. Ctn.



**Cass Clay
Sour Cream**

\$1.79

Pt. Ctn.



**Land O'Lakes
Half & Half**

\$1.29

Pt. Ctn.



**Best Choice
Yogurt**

3/\$1

6 Oz. Cups



**Coffeemate
Creamer**

2/\$4

16 Oz. Bottles



**Cocktail
Buns**

\$1.99

12 Cnt.



**Iced
Cake
Donuts**

\$2.69

6 Cnt.

Ken's FROZEN



**Prairie Farms
Ice Cream**

\$3.49

48 Oz. Tub



**Blue Bunny
Bomb
Pops**

\$2.99

12 Ct. Pkg.



**English
Toffee
Cookies**

\$3.99

12 Cnt.



Brownies

\$4.99

8 Cnt.



**Totino's
Party
Pizza**

10/\$10

9.8-10.8 Oz. Pkgs.



**Totino's
Pizza
Rolls**

4/\$5

15 Ct. Pkgs.



**Best Choice
French Fries &
Hashbrowns**

2/\$4

24-32 Oz. Pkgs.



**Best Choice
Vegetables**

4/\$5

1 Lb. Pkgs.

Ken's BAKERY DAILY SPECIALS ABERDEEN ONLY

MONDAY



**Individual
Turnovers
Apple or
Cherry**

65¢

TUESDAY



**Wheat
Bread**

\$1.99

Loaf

WEDNESDAY



**Cookie
Day**

4/\$1

THURSDAY



**White
Mountain
Buns**

\$1.89

12 Ct. Pkg.

FRIDAY



Cupcakes

\$2.99

6 Ct.

SATURDAY



**French
Bread**

\$1.49

Loaf

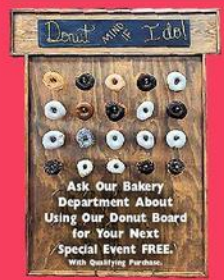


**Always Save
Mini
Donuts**

\$2.99

Powdered Sugar,
Glazed Mini,
Chocolate Mini

16 Oz.



Ask Our Bakery
Department About
Using Our Donut Board
for Your Next
Special Event FREE
With Qualifying Purchase



KEN'S BOTTLE SHOP HOURS:
DAILY 7:00 AM - 11:00 PM



SPECIALTY CHEESES

AVAILABLE IN OUR DELI DEPARTMENT!



Ken's

LIQUOR STORE
OF ABERDEEN
OPEN SUNDAYS!

Liquor prices good in Aberdeen only • Prices good 7/18/21 through 7/24/21

LORD CALVERT

1.75 L

\$15⁹⁹



SMIRNOFF VODKA

1.75 L

\$17⁹⁵

BUY 6 GET \$30
MAIL IN REBATE.
YOUR FINAL COST
\$12.95



CAPTAIN MORGAN OSR

1.75 L

\$27⁹⁹

BUY 6 GET \$30
MAIL IN REBATE.
YOUR FINAL COST
\$22.99



MAKER'S MARK

1.75 L

\$49⁹⁹



19 CRIMES SELECT VARIETALS

\$8⁹⁹



JACOB'S CREEK ALL VARIETALS

\$5⁴⁹



BUD, BUD LT

24 PK.
BTLS.
OR
CANS

\$18⁹⁹



COORS LT

15 PK. 16 OZ. ALUM

\$13⁹⁹



KEYSTONE LT, ICE

30 PK.
12 OZ.
CANS

\$14⁹⁹



BUD LT CHELADAS

24 PK.
12 OZ.

\$25⁹⁹



BUD LIGHT SELTZER

ALL VARIETIES
12 PK.
12 OZ.
CAN

\$13⁹⁹



TRULY

VARIETIES
12 PK.
12 OZ.

\$13⁹⁹



MILLER LITE

24 PK., 16 OZ.

\$19⁴⁹



HEINEKEN HEINEKEN LT STELLA ARTOIS

12 PK.

\$14⁹⁹



BEVERAGES

7-UP, A & W, SQUIRT OR SUNKIST

6 PK. .5 LTR. BOTTLES

4/\$9



COKE, DIET COKE OR COKE ZERO

12 PK. .12 OZ. CANS OR
8 PK. 12 OZ. BOTTLES

3/\$13



PEPSI, DIET PEPSI OR MT. DEW

6 PK. .5 LTR. BOTTLES

3/\$9



NESTLE PURE LIFE WATER

24 PK. .5 LTR. BOTTLES

3/\$9



ABU GARCIA MAX X SPINNING REEL

\$29⁹⁹



BE SURE TO STOP IN FOR ALL
YOUR SPORTING NEEDS!!



ABU GARCIA MAX PRO SPINNING REEL

\$45⁹⁹



EAGLE CLAW WIRE COIL ROD HOLDER

\$4⁹⁹



SCOTTY POWER LOCK ROD HOLDER

\$19⁹⁹



MARINE METAL B-11 AERATOR

\$9⁹⁹



BUBBA 110V ELECTRIC FILLET KNIFE

\$109⁹⁹



Ken's GROCERY



Crunch 'n Munch
3.5 Oz. Pkg.

99¢



Little Debbie
Mini Donuts
7.74-10.5 Oz. Pkgs.

2/\$4



Frito-Lay
Doritos or Ruffles
8.5-10.5 Oz. Pkg.

\$2.79



Always Save
Bag Cereal
32 Oz.

2/\$7



Dutch Crunch
Kettle Chips
9 Oz. Pkg.

\$2.99



Nabisco
Oreo or Belvita Cookies
10.1-15.35 Oz. or 5 Ct. Pkg.

\$2.99



Best Choice
Cake Cops
12 Ct. Pkg.

99¢



Best Choice
Fruit
15-15.25 Oz. Cans

2/\$3



Hunts
Pasta Sauce or Tomato Paste
24 Oz. Can
6 Oz. Can

99¢



Betty Crocker
Suddenly Salad
7.25-8.3 Oz. Pkgs.

4/\$5



Bumble Bee
Chunk Light Tuna in Water 5 Oz. or
Beach Cliff
Sardines
3.75 Oz. Can

99¢



Chef Boyardee
Pasta in Meat Sauce
15 Oz. Can

99¢



Kraft
Macaroni & Cheese
5.5-7.25 Oz. Box

\$1.19



Best Choice
Pourable Salad Dressing
16 Oz. Bottles

2/\$3



Nestle
Pure Life or Splash Water
6 Pk. .5 Liter Bottles

4/\$5



Nesquik
Chocolate Powder
20.1 Oz. Can

\$3.99



Best Choice
100% Tomato Juice
46 Oz. Cans

2/\$3



Kellogg's
Rice Krispies Treats
14-16 Ct. Box

\$3.59



Red Gold
Ketchup
32 Oz. Bottle

\$1.69



Era
2X Liquid Laundry Detergent
150 Oz. Jug.

\$8.99



Children's
Motrin or Tylenol
4 Oz. Pkg.

\$5.99



Q-Tips
Cotton Swabs
375 Ct. Pkgs.

2/\$5



Gold Bond
Lotion
5.5-6.5 Oz. Bottle

\$5.49

Ken's

HOUSEHOLD

SEE HOW
TASTEFUL SAVING
MONEY CAN BE!



Best Choice
Pasta
16 Oz. Pkg.

89¢



Lindsay
Green Stuffed Manzanilla Olives
5.75 Oz. Jar

\$1.89



Lindsay
Pitted Ripe Olives
6 Oz. Can

\$1.89



Hungry Jack
Instant Mashed Potatoes
26.7 Oz. Box

\$2.49



Best Choice
Flour Tortilla Shells
10 Ct. Pkg.

\$1.19



Best Choice
Refried Beans
16 Oz. Can

99¢



Best Choice
Sandwich Bags or Utensils
30-48 Ct. Pkg.

99¢



Best Choice
Aluminum Foil
75 Ft. Pkgs.

2/\$6



Ken's

KENSSUPERFAIR.COM

PRODUCE

*The Area's Freshest Produce
Hand Selected Daily!*

PROUD TO SUPPORT A
LOCAL GROWER



Fresh
**Roma
Tomatoes**



99¢
Per Lb.

Georgia
**Yellow
Peaches**



99¢
Per Lb.

Dole
**Spinach or
Spring Mix
Clamshell Salads**



\$3.79
10 Oz. Pkg.

Golden
Pineapple



\$2.29
Each

Washington
**Dark Sweet
Cherries**



\$3.99
Per Lb.

Green Giant
**Baby
Carrots**



\$1.19
1 Lb. Bag

New Crop
**Yellow
Onions**



\$1.99
3 Lb. Bag

Highline
**Organic
Whole Bella
Mushrooms**



\$2.19
8 Oz. Pkg.

Import
Navel Oranges



\$4.99
3 Lb. Bag

Best Choice
**Russet
Potatoes**



\$3.29
10 Lb. Bag

Seedless
**Watermelon
Cuts**



59¢
Per Lb.

Fresh
**Honey Dew, Golden Honey
Dew or Lemon Drop
Melons**



\$3.69
Each

Ken's



**Tuesday is Sushi Day at Ken's!!
1 - Roll Pkg. Only \$5 each**

Shrimp
Roll

Creamy
Roll

Spicy
Crab Roll

Spicy
Shrimp Roll

Unagi
Roll

Tuna
Roll

Spicy
Salmon Roll

Salmon
Roll

California
Roll

Spicy
Tuna Roll

