



**SERVING OUR FRIENDS
AND NEIGHBORS
FOR OVER
60 YEARS!**

1115 W. 2nd St. - Hastings, NE 68901 - 402-463-5633

Prices Good Through:

**MARCH
31st, 2020**

Foodmart Hours:
MON.-SAT. 7:00 A.M.-10:00 P.M.
SUNDAY: 7:00 A.M.-9:00 P.M.

View these specials online at www.shopallens.com

**7UP, A&W Rootbeer,
Sunkist or RC Cola
Products**

12 Packs

3/\$9.99



**Shurfine
Tuna**

5 oz.

68¢



**Food Club or Shurfine
Cheese**

8 oz.

3/\$4.98



**Hot Pockets or
Lean Pockets**

9 oz.

\$1.99



**Washington Extra Fancy
Jonagold or Granny
Smith Apples**

**68¢
Lb.**



**Certified Hereford Beef
Top Sirloin
Steaks**

**\$4.59
Lb.**



**Fresh
Strawberries**

1 Lb. Box

**2/\$5
Boxes**



**Prairie Fresh
Pork Steaks**

**\$1.79
Lb.**



ALL ITEMS WHILE QUANTITIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PHOTOGRAPHICAL ERRORS.





Quality Fresh Meat Guaranteed!

03/25/20 2

ALLEN'S NOW CARRIES CERTIFIED HEREFORD BEEF!



**JUST LOOK
FOR THE
LOGO!**

Certified Hereford Beef Boneless Arm Roast



**\$4¹⁹
Lb.**

YANKEE BEEF POT ROAST



Instructions:

1. Combine flour, salt and pepper. Lightly coat beef in 2 tablespoons of the flour mixture. Heat oil in large stockpot over medium heat until hot. Place beef pot roast in stockpot; brown evenly. Pour off drippings.
2. Combine beef broth, red wine, thyme and remaining flour mixture; add to stockpot and bring to a boil. Reduce heat; cover tightly and simmer 2 hours. Add vegetables to stockpot; continue simmering 30 to 45 minutes or until pot roast and vegetables are fork-tender.
3. Remove pot roast and vegetables; keep warm. Skim fat from cooking liquid, if necessary.
4. Carve pot roast into thin slices. Serve with vegetables and gravy.

Ingredients:

- 1 boneless beef chuck pot roast (arm, shoulder or blade), about 2-1/2 pounds
- 1/3 cup all-purpose flour
- 3/4 teaspoon salt
- 3/4 teaspoon black pepper
- 1 tablespoon vegetable oil
- 1 can (14 to 14-1/2 ounces) beef broth
- 1/2 cup dry red wine
- 1-1/2 teaspoons dried thyme leaves
- 2 - 16 oz. packages frozen vegetable stew mix (such as potatoes, carrots, celery and onion)

Certified Hereford Beef Charcoal Steak



**\$4³⁹
Lb.**

Ledbetter Bacon Wrapped
Beef Tenderloin - 6 oz. . . **\$4⁴⁹
Ea.**

93% Lean Ground Beef



**\$3⁹⁷
Lb.**

Certified Hereford Beef Stew Meat



**\$4⁷⁹
Lb.**

Prairie Fresh St. Louis Pork Ribs



**\$2⁶⁹
Lb.**

Chicken of the Sea Raw Shrimp

21 - 25 ct.



**\$6⁹⁹
Bag**

Chicken of the Sea Shrimp Ring

10 oz.



**\$5⁸⁹
Pkg.**

West Bay Imitation Crab Meat

16 oz.



**\$1⁹⁹
Pkg.**

Bar S Bacon Mac & Cheese Bites

14 oz.



**\$4⁴⁹
Box**

Bar S Shaved Lunch

9 oz.



**\$2³⁹
Pkg.**

Sea Best Catfish Fillets

16 oz.



**\$5⁶⁹
Bag**

Farmland Sliced Bacon

24 oz.



**\$7⁵⁹
Pkg.**

Fairbury Tomboy Franks

16 oz.



**\$3⁴⁹
Pkg.**

Sheboygan
Summer Sausage - 9 oz. . . **\$2⁷⁹
Pkg.**

Wimmer's
Little Smokies - 13 oz. . . **\$3⁶⁹
Pkg.**



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Fresh PRODUCE

Dole Chopped Salads



\$3.49
Bag

Fresh Hothouse Tomatoes



\$1.99
Lb.

Large Tropical Mangoes



99¢
Ea.

Sweet Honeydew Melons



99¢
Lb.

Large Anjou Pears



98¢
Lb.

Fresh Organic Cauliflower



\$2.99
Ea.

Texas 1015 Sweet Yellow Onions



88¢
Lb.

Spring Breeze Floral Bouquet



\$6.99
Ea.



Super SAVINGS!

Shurline or Food Club Tomato Sauce



3/99¢

Shurline Granulated Sugar



\$1.69

Shurline Cooking Oil



\$1.98

Old Orchard Apple Juice



\$1.29

Hershey's Kisses



\$3.98

Andes Easter Mints



\$1.79

Shurline Dry Roasted Peanuts



\$1.99

Hershey's Chocolate Syrup



\$1.99

Kool-Aid Bursts



99¢

Coca-Cola Fridgepacks



3/\$10.88

Coca-Cola Products



3/\$11

Powerade Sports Drink



\$3.88

Shurline Potato Chips



3/\$5

Fritos or Cheetos



\$2.47

Lay's or Lay's Wavy Potato Chips



2/\$5



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Allens Fresh DELI

DAILY DINNER SPECIALS - \$5⁹⁹

EACH DINNER INCLUDES
YOUR CHOICE OF:
2 SIDE DISHES, 1 SPECIALTY BREAD
& 16 OZ. FOUNTAIN DRINK

SUNDAY
PORK
ROAST



MONDAY
POT
ROAST



TUESDAY
GOULASH



WEDNESDAY
MEATLOAF



THURSDAY
TURKEY



FRIDAY
BREADED
SHRIMP



SATURDAY
BBQ
PORK RIBS



SLICED YELLOW
AMERICAN CHEESE

\$3⁹⁹
Lb.

HARD SALAMI

\$6⁹⁹
Lb.

CLASSIC TURKEY

\$5⁹⁹
Lb.

Sandwich of the Week



SLOPPY JOE
INCLUDES DRINK

\$3⁵⁰
Ea.

8 oz. BOWL 16 oz. BOWL
\$2⁴⁹ \$3⁹⁹



SUNDAY

COOK'S
CHOICE



MONDAY

CHICKEN
NOODLE



TUESDAY

CHEESY CHICKEN
TORTILLA



WEDNESDAY

VEGETABLE BEEF
WITH BARLEY



THURSDAY

COOK'S
CHOICE



FRIDAY

WISCONSIN
CHEDDAR



SATURDAY

CHEESY
CAULIFLOWER



Allens Fresh BAKERY

Jessie Lawrence
**8" Strawberry
Rhubarb Pie**

\$4⁹⁹
Ea.

Fresh Baked
French Bread

16 oz.

\$1²⁹
Loaf

The Specialty Baker
4" Hamburger Buns

8 ct.

\$1⁵⁹
Ea.

Rich's
Double Layer
8" Black & White Cake

\$14⁴⁹
Ea.

6 Donuts
\$3.90

Early Bird Donut Special
From 7 - 11 am - Mix & Match!

13 Donuts
\$7.80



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FROZEN & DAIRY SPECIALS!

Hiland Cottage Cheese
24 oz.

\$2³⁹



Hiland Sour Cream
16 oz.

\$1³⁷



Velveeta Cheese
2 Lbs.

\$6⁹⁸



Coffee-Mate Liquid Creamer
32 oz.

\$3²⁹



Florida's Natural Orange Juice
52 oz.

\$2⁵⁹



Food Club Cream Cheese
8 oz.

99¢



Freschetta Pizzas

\$4⁹⁹



Edwards Pies

\$4⁹⁸



Marie Callender's Dinners
11.5 - 14 oz.

4/\$10



Farm Rich Appetizers
16 - 24 oz.

\$4⁹⁸



Green Giant Select Steamers
9 - 10 oz.

4/\$5



Shurfine Punch
9 - 10 oz.

99¢



Super SAVINGS!

Shurfine Saltines
16 oz.

98¢



Keebler Club or Town House Crackers
9.5 - 13.8 oz.

\$2³⁹



Butter Kernel Corn, Peas or Green Beans

69¢



Shurfine BBQ Sauce
18 oz.

88¢



Dorothy Lynch Dressing
32 oz.

\$3⁶⁹



Shurfine Ketchup
38 oz.

\$1⁵⁹



gourmet foods to savor

If You Care Environment Friendly Basket Coffee Filters
100 ct.

\$1⁹⁹

100 ct. No. 4 Size Coffee Filters..... **\$2⁹⁹**

Death Wish Coffee Co. World's Strongest Coffee Death Cups
10 ct.

\$14⁹⁹



Chosen Foods 100% Pure Avocado Oil
16.9 oz.

\$12⁸⁸



Badia Cilantro Lime Pepper Salt
8 oz.

\$1⁹⁹



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HBA SAVINGS!

Top Care
Extra Large
Antibacterial Bandages
10 ct. - Asst. Types



\$179
Reg.
\$2.15
- \$2.29



Top Care
Non-Drowsy Cough & Chest Congestion
Tussin DM
8 oz.



\$399
Reg.
\$5.81

AZO
Cranberry Gummies
40 ct.



\$809
Reg.
\$9.59

Top Care
Sterile Saline Solution
12 oz.



\$335
Reg.
\$4.99

Brut
Classic Aerosol Deodorant
10 oz.



\$359
Reg.
\$4.29



Super SAVINGS!

Post
Honey Bunches
of Oats Cereal
Select Varieties



\$199

Malt-O-Meal
Cereals
23.5 - 27.4 oz.



\$299

Old Orchard
Juice Blends
64 oz.



\$119

Wide Awake
Ground
Coffee
11 - 12 oz.



\$369

Purina
Dog Chow
25 Lbs.



\$1088

Bounty Essentials
Paper Towels
6-8 rolls



\$488



Wine Cellar

SKREWBALL
PEANUT
BUTTER
WHISKEY
750 ML.



\$2199



BUSCH LIGHT
18 PACK CANS
OR BTLs.
\$1299



COORS LIGHT
OR MILLER LITE
ALUMINUM BTLs.
15 PACK - 16 oz. BTLs.
\$1499



SVEDKA
VODKA
1.75 L.
\$1599



SAILOR JERRY
SPICED
RUM
1.75 L.
\$2299



DEWAR'S
SCOTCH
1.75 L.
\$3499



LA CREMA
SONOMA
PINOT NOIR
750 ML.
\$1650



KIM CRAWFORD
SAUVIGNON BLANC, PINOT
NOIR, CHARDONNAY OR ROSÉ
750 ML.
\$1250



JOSE CUERVO
AUTHENTIC MARGARITAS
ALL FLAVORS
1.75 L.
\$1250



JACK DANIEL'S
BLACK, HONEY OR
FIRE TENNESSEE
WHISKEY
1.75 L.
\$3999

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