

Freeman Foods

TWO LOCATIONS!

OPEN

7 Days a Week!
Monday thru Saturday
7:00 am - 8:00 pm
Sunday 9:00 am - 6:00 pm



119 N Main
North English, IA
319.664.3453

268 8th Ave
Wellman, IA
319.646.6721

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department & Walk In Beer Cooler
- Locally Owned And Operated!

• We Welcome
W.I.C. & Food Stamps



#8060
#0694

Prices Effective Tuesday, June 11 Through Monday, June 17, 2019

HERE'S TO Dad

COOK UP DAD'S FAVORITES!

\$8⁹⁹ Lb.
Bone-In Porterhouse Steaks

69¢ Lb.
Vidalia Onions or Idaho Bakers Potatoes

\$7⁹⁹ Lb.
Bone-In T-Bone Steaks

12/\$3⁹⁹
Sweet Corn Bi-Color

\$3²⁹ Lb.
Pork Back Ribs Frozen

\$2⁴⁹ Lb.
Michigan Asparagus

\$3⁴⁹ Ea.
Whole Seedless Watermelon

\$1⁹⁹ Lb.
Boneless Skinless Chicken Breast Frozen

\$4⁹⁹
Best Choice Cooked, Tail-On Shrimp
12 Oz. Bag, 2" x 30" Cl., Frozen Pealed & Deveined

Sign Up Now!
Bright Aisle

PRICES EFFECTIVE: 06/12/19-06/18/19

GET MORE
MORE Special Offers
MORE Digital Coupons
MORE Ad Pages
MORE SAVINGS!

Download our App!

99¢
WITH DIGITAL COUPON LIMIT 1
Florida's Natural Lemonade or Lemonade Iced Tea
39 Oz.

FREE
WITH DIGITAL COUPON LIMIT 1
Best Choice Relish
8 Oz. Selected Varieties

\$6⁹⁹
WITH DIGITAL COUPON LIMIT 1
Best Choice Assorted Novelty Pack Ice Cream Bars, Cones or Sandwiches
30 Oz.

\$4⁹⁹
Best Choice Shredded Cheese
32 Oz. Selected Varieties

5/\$2
Best Choice Yogurt
6 Oz. Selected Varieties

3/\$9
Red Baron Pizza
14.97-23.45 Oz., Selected Varieties

\$1⁹⁹
Arm & Hammer Laundry Detergent
6.2 Oz. Oil Clean Max Fresh Gel Soap, 21.5 Oz. Oil Clean Laundry Stain Remover, 10 Oz. Oil Clean Power Pals or 43.5-50 Oz. Bottle or 17 Oz. Selected Varieties

49¢
WITH DIGITAL COUPON LIMIT 1
Flav'R-Pac Vegetables
12 Oz. Selected Varieties

Download Today!

2/\$11
Brew Pub Lotzta Motzta Pizza
23-30 Oz.

2/\$4
Old Dutch Potato Chips
9.5-10 Oz.

2/\$3
Coke Products
2 Liter Bottle Plus Deposit

\$29⁹⁹
Captain Morgan Spiced Rum
1.75 Liter Bottle Plus Deposit

Like Us On VISIT OUR FACEBOOK PAGE OR WEBSITE FOR WEEKLY SPECIALS!
WWW.FREEMANFOODS.NET

Stores Are Not Responsible For Printing Errors. We Reserve The Right To Limit Quantities. Support Your Community By Shopping Locally Owned Businesses!

ALL items shown may not be available in all stores, some regional differences may occur. We reserve the right to correct printing errors, set limits and/or refuse sales to commercial/wholesale customers.

GROCERY Essentials



\$8.99

Kingford
Charcoal Briquets
12-16 Lb., Selected Varieties

2/\$5

Sun Chips
Whole Grain Snacks,
Lay's Family Size or
Kettle Cooked Potato Chips
7-10 Oz., Selected Varieties



\$4.99

Keebler
Cookies or
Cracker Packs
12 Pack, 6-12.7 Oz.
Selected Varieties



2/\$5

General Mills
Treat Bars, Fiber One
Brownies or Bars or
Nature Valley Granola Bars,
Biscuits or Squares
5-8 Oz., 5.3-6.74 Oz., Selected Varieties



\$2.49

Peter Pan
Peanut Butter
16.3 Oz., Creamy or Crunchy



2/\$4

Best Choice
Sweet & Salty
Nut Granola Bars
6 Oz., Almond or Peanut



2/\$5

Best Choice
Fruit & Grain
Cereal Bars
8 Ct., Selected Varieties



\$1.49

Best Choice
Mayonnaise or
Whipped Dressing
30 Oz.



2/\$6

Fiber One
Protein Bars,
Nature Valley
Protein Bars, Roasted
Nut Crunch Bars,
Granola Cups or Bites
5.3-7.1 Oz., 5 Ct., Selected Varieties



2/\$4

Wish-Bone or
Western
Dressing
15 Oz., Selected Varieties



99¢

Best Choice
Relish
8 Oz., Selected Varieties



CELEBRATE DAD

\$2.99

Bertolli or Ragù
Pasta Sauce
15-24 Oz. Bertolli or
4.5 Oz. Ragù,
Selected Varieties



\$3.49

Gatorade
Thirst Quencher
6 Pack 12 Oz. Bottles,
Selected Varieties



\$3.49

Nabisco
Honey Maid
Grahams
1.3-14.4 Oz., Selected Varieties



\$4.99

Bounty Essentials
Paper Towels or
Charmin Essentials
Bath Tissue
6 Big or 8 Regular Rolls Bounty or
12 Giant Rolls Charmin, Selected Varieties



\$1.99

Kool-Aid
Jammers Drink
10 Pack 6 Oz. Pouches,
Selected Varieties



LET DAD SLEEP IN!



\$2.99

Kellogg's
Cereal
10.1-15.98 Oz.,
Selected Varieties



\$1.69

Best Choice
Concord Grape or
Strawberry Spread
20 Oz., Squeezable Bottle



\$1.59

Best Choice
Peanut Butter
16-16.3 Oz.,
Selected Varieties



\$3.49

Folgers
Ground Coffee
10.3-11.3 Oz.,
Selected Varieties



2/\$4

Best Choice
Cereal
11-20 Oz.,
Selected Varieties

HOUSEHOLD ESSENTIALS

At Participating Stores

\$1.69

Best Choice
Storage or
Freezer Bags
10-75 Ct., Selected Varieties



99¢

Best Choice
Napkins
120 Ct.



\$3.99

Kibbles n Bits
Dog Food
or Meow Mx Cat Food
3-3.5 Lb. Dog Food or
3-3.15 Lb. Cat Food, Selected Varieties



HEALTH & BEAUTY

At Participating Stores

Aussie or
Herbal Essences
Shampoo, Conditioner
or Styling Products
6-12.1 Oz., Selected Varieties

\$2.99

Ave
Antiperspirant
Deodorant
2.7-3 Oz., Selected Varieties

\$3.49

Vaseline
Intensive Care Lotion
13.5-20.3 Oz., Selected Varieties

\$5.39

Claritin
Non-Drowsy 24 Hour
Allergy Tablets
5 Ct.

\$5.29



FRESH PRODUCE *Everyday!*



\$1.99
Lb.
Summer Ripe
Yellow Peaches or
Nectarines
California



\$1.29
Lb.
Zucchini or
Yellow Squash



2/\$6
Blueberries
Pit
Driscoll's Blackberries
or Red Raspberries
6 Oz. Pkg



2/\$1
Cucumbers



\$1.29
Lb.
Tomatoes
On The Vine



2/\$5
Whole White
Stuffing Mushrooms
14 Oz. Pkg



Mann's Broccoli Cole Slaw, Kale Beet or Power Blends 10-12 Oz. Bag **2/\$3**
Mann's Vegetables or Trays 19-18.6 Oz., Veggie Hummus, Veggie Ranch or Cheddar Pretzel 4.99
Grape Tomatoes 10 Oz. Pkg **2/\$5**
Cantaloupes **\$2.49** Ea.
Strawberries 1 Lb. Pkg. California **2/\$4**
Grimmway Farms Baby Carrots 2.5oz. Bag Cut & Packed **2/\$4**
Organic Girl Salads 5 Oz. Pkg. Selected Varieties **2/\$6**
Dole Salads 5-12 Oz. Bag Selected Varieties **2/\$4**
Apricots **\$2.99** Lb.
Pom Wonderful Pomegranate Juice 4 Oz. Bottle **2/\$4**
Lemons **2/\$1**

DAIRY *Favorites!*




\$2.69
Crystal Farms
Deli Cheese
Slices
7-8 Oz., Selected Varieties



89¢
Imperial
Spread Quarters
18 Oz.



\$5.49
Florida's
Natural Premium
Orange Juice
69 Oz., Selected Varieties



Shedd's Spread Country Crock 4.5 Oz. Tub, Selected Varieties **\$2.99**
Florida's Natural Lemonade or Lemonade Iced Tea 59 Oz. **\$2.49**
Yoplait Yogurt 4.8 Oz. Selected Varieties **10/\$5**
Dean's or Land O Lakes Cottage Cheese 24 Oz., Selected Varieties **\$2.49**
Yoplait Go-Gurt Yogurt Tubes 8 Oz., 1.6 Oz., Selected Varieties **2/\$4**

FROZEN *How Fresh Stays Fresh!*



5/\$5
Flav-R-Pac
Vegetables
12 Oz., Selected Varieties



2/\$5
Tai Pei
Entrées
8-11 Oz., Selected Varieties



2/\$5
Pepperidge Farm
Layer Cake,
Turnovers, Texas
Toast or Garlic Bread
11.75-18.0 Oz., 6-8 Oz., Selected Varieties



Louisa Ravioli or Tortellini 10-22 Oz., Selected Varieties **\$3.79**
Best Choice Assorted Novelty Pack 30 Oz., Ice Cream Bars, Cones or Sandwiches **2/\$5**
Michelina's Entrées 4.5-8.5 Oz., Selected Varieties **\$9.99**
10/\$10
Zay Ems
Blue Bunny Ice Cream or Frozen Yogurt 40-48 Oz., Selected Varieties **\$3.99**

QUALITY Meats



\$9.99
Lb.
Boneless
New York
Strip Steaks



\$1.99
Lb.
Boneless Pork
Sirloin Chops



\$1.99
Lb.
Boneless
Chicken Thighs

Seafood SALE



\$4.99
Ea.
Lobster
Tails
3-4 Oz. Average,
Frozen



\$12.99
Lb.
Snow
Crab



\$2.99
Lb.
Tilapia
Fillets
3-6 Oz. Average,
Frozen



\$5.99
Best Choice
Cocktail
Shrimp Ring
10 Oz., With Sauce



\$7.99
Clearly
Sockeye
Salmon
12 Oz.



\$7.99
Lb.
Whole Beef
Tenderloin



\$2.19
Lb.
Whole Pork
Tenderloin



\$2.99
Lb.
80% Lean
Ground Beef



\$7.99
5 Lb.
Fair Market
Boneless Wings

2/\$4
Best Choice
Corn Dogs
16 Oz.

\$5.99
Cooked Perfect
Meatballs
20-32 Oz., Selected Varieties

\$2.79
Bob Evans
Side Dish
12-24 Oz.,
Selected Varieties

\$1.99
Drive Thru
Cheeseburger or
Bacon Cheese Burger
4.6-4.9 Oz.

\$9.99
Best Choice Seasoned
Baby Back Pork Ribs
24 Oz., With BBQ Sauce

\$4.49
Sugardale
Bacon
16 Oz., Selected Varieties

\$4.99
Oscar Mayer
Selects Natural
Angus Beef Franks
16 Oz.

\$2.99
Oscar Mayer
Selects Natural
Unoured Sausage
12-13 Oz., Selected Varieties

\$5.99
Oscar Mayer
Sub Kit
28 Oz., Selected Varieties

\$2.49
Oscar Mayer
Turkey Bacon
16-12 Oz., Selected Varieties

\$4.49
Curly's Pulled Beef,
Chicken or Pork
12-18 Oz., Selected Varieties

\$3.99
Land O' Frost
Premium
Lunchmeat
10-18 Oz., Selected Varieties

2/\$5
Swaggerty's
Premium Pork
Sausage Roll
16 Oz., Selected Varieties

\$3.49
Johnsonville
Polish Kiebasa,
Bratwurst or
Smoked Sausage
12-14 Oz.,
Selected Varieties

\$4.49
Clearly
Cheese Dogs or
Beef Franks
10-16 Oz., Selected Varieties

\$2.99
Clearly
Sausage
12-14 Oz.,
Selected Varieties

\$2.99
Clearly
Sausage
12-14 Oz.,
Selected Varieties

\$2.99
Clearly
Sausage
12-14 Oz.,
Selected Varieties

\$2.99
Clearly
Sausage
12-14 Oz.,
Selected Varieties

\$2.99
Clearly
Sausage
12-14 Oz.,
Selected Varieties



Oscar Mayer Deli Fresh products including various meats and sausages.

DELI & BAKERY Favorites!



\$3.99
Lb.
Buffalo or BBQ
Wings
Deli Fresh



\$9.99
The Father's
Table Six Variety
Cheesecake
16 Oz.

\$3.99
Lb.
Eckrich Hard or
Genoa Salami
Deli Fresh

\$3.99
Lb.
Kretschmar
American Sliced
Cheese
Deli Fresh

\$2.99
Brill Sliced
Loaf Cake
16 Oz., Selected Varieties

2/\$6
Lothouse
Cookies
12 Oz., Selected Varieties

\$2.99
Mrs. Gerry's
Cucumber &
Onion Salad
Deli Fresh

\$2.99
Lb.
Steakhouse
Baked Beans
Deli Fresh

\$5.99
Reser's
Deviled Egg
Potato Salad
3 Lb.

99¢
Large French
Bread
20 Oz., Baked Fresh,
Available at
Participating Stores

\$7.99
Rich's
German
Chocolate Cake
35 Oz., 7 Inch

ADDITIONAL SPECIALS



\$1.29
Best Choice
Wheat Bread
20 Oz.



2/\$6
Anderson & Erickson
Cottage Cheese
24 Oz.

ON THE GRILL

North Side of Freeman Foods in
Wellman & North English, IA
Saturday, June 15th 11 am-1 pm

Ribeye Steak Sandwich	\$6.00
Marinated Turkey Breast	\$4.00
Rib-On-A-Stick	\$3.00
Grilled Tenderloin	\$3.00
Hamburger	\$3.00
Hot Dog	\$1.00 or \$2.00