

Freeman Foods

TWO LOCATIONS!

OPEN

7 Days a Week!
Monday thru Saturday
7:00 am - 8:00 pm
Sunday 9:00 am - 6:00 pm



119 N Main
North English, IA
319.664.3453

268 8th Ave
Wellman, IA
319.646.6721

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department & Walk In Beer Cooler
- Locally Owned And Operated!

• We Welcome
W.I.C. & Food Stamps



#8060
#0694

Prices Effective Tuesday, May 14 Through Monday, May 20, 2019

SAVE UP FOR SUMMER FUN!

\$3⁹⁹

Best Choice
Ice Cream
4 Qt. Pail, Selected Varieties

2/\$3

Strawberries
1 Lb. Pkg., California

**89¢
Lb.**

Hot House
Large Tomatoes

**\$9⁹⁹
Lb.**

Boneless
New York
Strip Steak

**Buy 1 Get 1
FREE**

Doritos
Tortilla Chips or
Ruffles Potato Chips
7.75-11.25 Oz., Selected Varieties
See Store for Regular Retail



PRICES EFFECTIVE: 05/15/19-05/21/19

GET MORE

- MORE** Special Offers
- MORE** Digital Coupons
- MORE** Ad Pages
- MORE** SAVINGS!

Download our App!

FREE

WITH DIGITAL COUPON
LIMIT 1
Mr. Dells
Hash Browns
24.32 Oz.
Selected Varieties



\$2⁹⁹

WITH DIGITAL COUPON
LIMIT 1
Maxwell House
Coffee
24.5-31 Oz.
Selected Varieties



FREE

WITH DIGITAL COUPON
LIMIT 1
Best Choice
Sour Cream
8 Oz., Selected Varieties



\$1⁹⁹

WITH DIGITAL COUPON
LIMIT 1
Best Choice
Charcoal Ridge
Briquettes
7.7 Lb.
Selected Varieties



Download Today!



Chicken
Drumsticks
or Thighs
Frozen

**79¢
Lb.**



Dole
Salads
5-12 Oz. Bag,
Selected Varieties
Plus Deposit



2/\$4



Maxwell House
or Yuban
Ground Coffee
24.5-31 Oz.,
Selected Varieties



\$4⁹⁹

2/\$5

Old Dutch
Potato Chips
10 Oz.,
Selected Varieties



4/\$11

Coke
Products
6 Pack 16.9 Oz. Bottles,
Selected Varieties
Plus Deposit



\$5⁹⁹

Brew Pub
Lotzta Motzta
Pizzas
23-28 Oz.,
Selected Varieties



10/\$6

Anderson Erickson
Yogurt
6 Oz.,
Selected Varieties



Like Us On
facebook

VISIT OUR FACEBOOK PAGE OR WEBSITE FOR WEEKLY SPECIALS!
WWW.FREEMANFOODS.NET

Stores Are Not Responsible For Printing Errors.
We Reserve The Right To Limit Quantities.
Support Your Community By Shopping Locally Owned Businesses!

All items shown may not be available in all stores, some regional differences may occur. We reserve the right to correct printing errors, set limits and/or refuse sales to commercial/wholesale customers.

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PICNIC ESSENTIALS!



Kool-Aid Jammers Drink
10 Pack 6 Oz. Pouches,
Selected Varieties

99¢
When You Buy 4!

\$1.99



Best Choice Charcoal Ridge Briquettes
7.7 Lb., Selected Varieties

\$3.99



Crytal Light Liquid Drink Mix or MIO Liquid Water Enhancer
1.62 Oz., Selected Varieties

\$2.49



Heinz Yellow or Spicy Brown Mustard
14 Oz. Squeeze Bottle

99¢



Best Choice Family Size Tea Bags
24 Ct.

\$1.99



Kraft Dressing
24 Oz., Selected Varieties

2/\$5



Lay's Potato Chips, Munchies Snack Mix or SunChips Whole Grain Snacks
9-10 Oz., Selected Varieties

2/\$5

Grocery ESSENTIALS



4/\$10
General Mills Cereal
8.9-12 Oz., Selected Varieties



10/\$10
Kraft Macaroni & Cheese Dinner
5.5-7.25 Oz., Selected Varieties



\$4.99
Nabisco Party Size! Cookies or Crackers
5.5-7.25 Oz., Selected Varieties



Nabisco belVita Breakfast Biscuits
7.04-8.8 Oz., Selected Varieties

\$2.99



Newton's Fruit Chewy Cookies
10 Oz., Selected Varieties

\$2.99



Best Choice Angel Food Cake Mix
16 Oz., Selected Varieties

2/\$4



Nabisco Tray Packs
12 Ct. Box, Selected Varieties

\$4.99



Keblee Fudge Shoppe Cookies
6.5-12.5 Oz., Selected Varieties

2/\$5



Kellogg's Rice Krispies Treats
14-16 Ct., Selected Varieties

\$3.99

Household Essentials

At Participating Stores



Bounce Fabric Softener Sheets
120 Ct., Selected Varieties

\$4.99



Downy Liquid Fabric Softener
41-51 Oz., Selected Varieties

\$4.99



Luvs Ultra Leakguards Diapers
64-104 Ct., Selected Varieties

\$15.99



Brawny Paper Towels, Angel Soft or Quilted Northern Bath Tissue
6 Large Rolls Brawny, 4 Mega Rolls Angel Soft, 6 Mega or 12 Double Rolls Northern, Selected Varieties

\$7.99



Era, Cheers 2X or Tide Simply Liquid Laundry Detergent
75-100 Oz. Bottle, Selected Varieties

\$5.99

Health & Beauty

At Participating Stores



2/\$8
Irish Body Wash
18 Oz., Selected Varieties



\$3.49
TRESemmé Shampoo or Conditioner
28 Oz., Selected Varieties



\$3.99
Tums Antacid
Selected Varieties



Crest Toothpaste
6.4 Oz., Selected Varieties

\$1.49



Pampers Baby Wipes
Selected Varieties

2/\$5

Fresh Produce EVERYDAY!



\$4.99
Ea.
Whole Seedless Watermelons

\$1.99
Green Giant Idaho Russet Potatoes
5 Lb. Bag

2/\$6
Navel Oranges
4 Lb. Bag

\$2.99
Lb.
Asparagus Michigan

FIRST OF THE SEASON!

\$2.49
Lb.
Red Seedless Grapes

3/\$2
Green Peppers

Premium Cauliflower or Broccoli
Bunch
2/\$5

Bunny-Luv Whole Carrots
1 Lb. Bag
79¢

Highline White Mushrooms
8 Oz. Pkg., Sliced or Whole
2/\$3

Cucumbers
2/\$1

Green Cabbage
49¢ Lb.

Jumbo Red Onions
99¢ Lb.

Zucchini Squash
99¢ Lb.

Mann's Vegetables
6-12 Oz. Bag, Selected Varieties
2/\$4

Dairy FAVORITES!



\$2.99
Simply Juices
9-12 Oz., Selected Varieties

\$2.49
Kraft Natural Cheese Cubes
6.4 Oz., Selected Varieties

5/\$2
Best Choice Yogurt
16 Oz., Selected Varieties

Kraft Grated Parmesan Cheese
8 Oz., Selected Varieties
\$3.79

YoPlait Go-Gurt Yogurt Tubes
16 Oz., Selected Varieties
2/\$4

Kraft American Singles
16 Oz., Selected Varieties
\$3.49

Kraft Family Size! Shredded Natural Cheese
24 Oz., Selected Varieties
\$4.99

Frozen HOW FRESH STAYS FRESH!



2/\$5
Kellogg's Eggo Waffles or Pancakes
5-10 Oz., Selected Varieties

3/\$10
Red Baron Pizza
14.67-22.95 Oz., Selected Varieties

2/\$4
Best Choice Potatoes
25-32 Oz., Selected Varieties

2/\$5
Mr. Dell's Hash Browns
25-32 Oz., Selected Varieties

2/\$5
Pepperidge Farm Layer Cake, Turnovers, Texas Toast or Garlic Bread
12.5-19.4 Oz., Selected Varieties

2/\$4
Kid Cuisine Meals
7.40-10.8 Oz., Selected Varieties

2/\$5
Banquet Mega Meals, Mega Bowls or Mega Pot Pies
12-16.95 Oz., Selected Varieties

2/\$1
Patio Burritos
5 Oz., Selected Varieties

2/\$7
Morning Star Farms Entrées
8-12 Oz., Selected Varieties

Quality MEATS!



\$349
Lb.
Boneless Beef
Arm Roast

\$229
Lb.
Pork
Western
Style Ribs

\$299
Lb.
Boneless
Chicken
Tenders

Seafood SALE

\$279
Lb.
Tilapia
Filets
3-4 Oz. Average Weight

\$599
SeaPak
Jumbo
Butterfly
Shrimp
4 Oz.

\$599
Best Choice
Cooked, Peeled &
Deveined Tail-On
Shrimp
12 Oz. 31-40 Oz. Per Box



\$499
Lb.
93% Lean
Ground Beef

\$899
Lb.
Beef
Tenderloins
or Medallions

\$399
Lb.
Boneless
Beef Chuck
Arm Steaks

\$229
Lb.
Pork
Shoulder
Steaks

10/\$10
Armour
LunchMakers
2.44-2.8 Oz.
Selected Varieties



10/\$10
Bar S
Franks
12 Oz. Selected Varieties



\$119
Bar S
Sliced Bologna
or Cotto Salami
12-14 Oz. Selected Varieties



\$349
Oscar Mayer
Fully Cooked
Bacon
2.52 Oz. Selected Varieties



\$549
Best Choice
Corn Dogs
42.7 Oz.



\$249
Armour
Meatballs
14 Oz. Original
or Italian Style



\$399
Bar S
Smoked or
Polish Sausage
2.5 Lb. Selected Varieties



\$699
Best Choice
Angus Beef
Burgers
35 Oz.



\$599
Best Choice
Stack Pack
Bacon
24 Oz. Selected Varieties



\$499
Best Choice
Natural Boneless
Skinless Chicken
Breasts
2.5 Lb.



\$179
Buddig
Premium Deli
Lunchmeat
8 Oz. Selected Varieties



2/\$5
Hillshire Farm
Smoked Sausage
or Polska Kielbasa
12-14 Oz. Selected Varieties



\$299
Tennessee Pride
Country Sausage
Roll or Fully
Cooked Turkey
Sausage Patties
8 Oz. Patties or 16 Oz. Roll



Deli & Bakery FAVORITES!



\$999
Hormel
Gatherings
Party Tray
1.75 Lb. Selected Varieties

\$299
Lb.
Mrs. Gerry's
Original Potato or
Summer Fresh
Pasta Salad

\$399
Lb.
Wilson
Ham
Honey Cured or
Virginia Brand. Deli Fresh

2/\$5
Stacy's
Simply Naked
Pita Crisps
6.75 Oz.

2/\$5
King's Hawaiian
Original Sweet Round Bread
16 Oz.

\$399
Olson's
Sliced Creme Cakes
18 Oz. Selected Varieties

\$299
Cafe Valley
Mini Muffins
10.5 Oz. Selected Varieties

\$599
8 Inch
Strawberry
Rhubarb Pie
32 Oz. Baked Fresh.
Available at Participating Stores

\$299
Cowboy
Caviar
Deli Fresh

2/\$6
Kaukauna
Mini Babybel
Semisoft Cheeses
4.2-4.5 Oz. Selected Varieties

\$129
Large
French Bread
30 Oz. Baked Fresh.
Available at Participating Stores

2/\$5
Cafe Valley
Mini Muffins
10.5 Oz. Selected Varieties

ADDITIONAL SPECIALS



3/\$5

Pepsi
Products
2 Liter Bottles,
Selected Varieties



\$749

Pepsi
Products
24 Pack 12 Oz. Cans,
Selected Varieties
North English Only

ON THE GRILL

North Side of Freeman Foods in
Wellman & North English, IA
Saturday, May 18th 11 am-1 pm

Ribeye Steak Sandwich	\$6.00
Marinated Turkey Breast	\$4.00
Rib-On-A-Stick	\$3.00
Grilled Tenderloin	\$3.00
Hamburger	\$3.00
Hot Dog	\$1.00 or \$2.00