

Freeman Foods

TWO LOCATIONS!

OPEN

7 Days a Week!
Monday thru Saturday
7:00 am - 8:00 pm
Sunday 9:00 am - 6:00 pm



119 N Main
North English, IA
319.664.3453

268 8th Ave
Wellman, IA
319.646.6721

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department & Walk In Beer Cooler
- Locally Owned And Operated!

• We Welcome
W.I.C. & Food Stamps



#8060
#0694

Prices Effective Tuesday, April 9 Through Monday, April 15, 2019

LET'S FILL UP The Pantry!

Sign Up Now!

Bright Aisle

PRICES EFFECTIVE: 04/10/19-04/16/19

\$169

Lb.
Best Choice
Spiral Sliced Whole
or Half Hams



\$149

Lb.
Honeysuckle or
Jennie-O Bone-In
Turkey Breast
Frozen



2/\$3

Green Giant
Idaho Potatoes
5 Lb. Bag



\$149

Best Choice
Granulated Sugar
4.3 Lb. Granulated Varieties



\$199

Best Choice
Butter Quarters
19 Oz. Combined Varieties



99¢

Best Choice
Whipped Topping
9 Oz. Selected Varieties

GET MORE
MORE Special Offers
MORE Digital Coupons
MORE Ad Pages
MORE SAVINGS!

Download our App!



99¢

WITH DIGITAL COUPON
LIMIT 1
Best Choice
Granulated Sugar
4 Lb. Selected Varieties



99¢

WITH DIGITAL COUPON
LIMIT 1
Best Choice
Biscuits
16-17.6 Oz. Jumbo
or 30 Oz. 4 Pack
Selected Varieties



\$199

Lb.
Whole Boneless
Pork Loin

\$179

Lb.
Red
Seedless Grapes

\$199

Navel
Oranges
4 Lb. Bag

\$4.99

Edwards
Thaw &
Serve Pies
16.5 Oz. Oz.
Selected Varieties

2/\$7

Mrs. Smith's
Cobbler or Flaky
Crust Fruit Pie
32-37 Oz.
Selected Varieties



FREE

WITH DIGITAL COUPON
LIMIT 1
Best Choice
Whipped Topping
9 Oz. Selected Varieties



Old Dutch
Restaurant Style
Tortilla Chips
13 Oz. Selected Varieties



Anderson Erickson
Sour Cream
Chip Dip
8 Oz. Selected Varieties

2/\$4

2/\$2

thank you!

SUPPORT YOUR COMMUNITY!
BUY LOCAL
ON THE GRILL
North Side of Freeman Foods in
Wellman & North English, IA
Saturday, April 13th 11 am-1 pm

Ribeye Steak Sandwich	\$6.00
Smoked Chop-On-A-Stick	\$4.00
Marinated Chicken Breast	\$3.00
Fresh Brat	\$3.00
Pork Burger	\$3.00
Hot Dog	\$1.00 or \$2.00

Like Us On Facebook

VISIT OUR FACEBOOK PAGE OR WEBSITE FOR WEEKLY SPECIALS!
WWW.FREEMANFOODS.NET

Stores Are Not Responsible For Printing Errors.
We Reserve The Right To Limit Quantities.
Support Your Community By Shopping Locally Owned Businesses!

Best Choice IS THE RIGHT CHOICE

 <p>2/\$5 Best Choice Applesauce 46-48 Oz., Selected Varieties</p>	 <p>\$2.59 Best Choice Grape 100% Juice 64 Oz., Selected Varieties</p>	 <p>99¢ Best Choice Mandarin Oranges 15 Oz.</p>	 <p>\$2.69 Best Choice Microwave Popcorn 6 Ct., Selected Varieties</p>
 <p>\$1.19 Best Choice Cocktail Sauce 12 Oz., Selected Varieties</p>	 <p>\$4.99 Best Choice Ground Coffee 30.6-34.5 Oz., Selected Varieties</p>	 <p>4/\$5 Best Choice Tomatoes 28 Oz., Selected Varieties</p>	 <p>2/\$4 Best Choice Potato, Kettle or Tortilla Chips 8.5-13 Oz., Selected Varieties</p>

Grocery Essentials!

 <p>2/\$5 General Mills Treat Bars, Fiber One Brownies or Bars or Nature Valley Granola Bars, Biscuits or Squares 5-8 Ct., Selected Varieties</p>	 <p>2/\$5 Lay's Potato or Kettle Cooked Chips 5-8 Oz., Selected Varieties</p>	 <p>2/\$6 Post Cereal 11-12.25 Oz., Selected Varieties</p>	 <p>2/\$3 Crystal Light Drink Mix Pitcher Packs Makes 8 Quarts, 4 Ct., Selected Varieties</p>	
 <p>\$7.99 Folgers Ground Coffee 20.6-30.5 Oz., Selected Varieties</p>	 <p>2/\$4 Keebler Ready Crust Pie Crust or Graham Cracker Crumbs 9-13.5 Oz., Selected Varieties</p>	 <p>2/\$3 Lipton Recipe Secrets Onion Soup & Dip Mix 2 Ct., Selected Varieties</p>	 <p>99¢ Heinz Yellow or Spicy Brown Mustard 14 Oz. Squeeze Bottle, Selected Varieties</p>	
 <p>\$1.89 Nabisco Cheese Nips Cheddar Snack Crackers 10-11 Oz., Selected Varieties</p>	 <p>10/\$10 Kraft Macaroni & Cheese Dinner 5.5-7.25 Oz., Selected Varieties</p>	 <p>3/\$5 Little Debbie Mother's Day Cakes 12.01 Oz., 8 Ct. Box Lemon or Strawberry</p>	 <p>\$4.49 Planters NUT-rition Wholesome Nut Mix 9.75 Oz.</p>	
 <p>2/\$4 Ragu Pasta Sauce Selected Varieties</p>	 <p>10/\$10 Knorr Rice or Pasta Sides 3.5-5.7 Oz., Selected Varieties</p>	 <p>2/\$5 Country Time, Kool-Aid or Tang Drink Mix Makes 5-8 Quarts, Selected Varieties</p>	 <p>\$1.29 Dole Pineapple 20 Oz., Selected Varieties</p>	
 <p>2/\$4 Lipton Iced Tea Family Size Tea Bags 24 Ct.</p>	 <p>\$1.29 Maruchan Souper Ramen Noodle Soup 6 Ct., Selected Varieties</p>	 <p>\$3.49 Nabisco Nilla Wafers 11 Oz., Selected Varieties</p>	 <p>2/\$6 Sunbelt Bakery Chewy Granola Bars 14.26-16.38 Oz., Selected Varieties</p>	 <p>2/\$4 Crystal Light On-The-Go Singles Drink Mix 10-12 Ct., Selected Varieties</p>

Household Essentials & Pet Supplies

At Participating Stores

 <p>\$4.99 Best Choice Ultra Paper Towels 24 Big Rolls</p>	 <p>\$1.19 Best Choice Aluminum Foil 25 Sq. Ft. Roll</p>	 <p>\$6.99 Best Choice Ultra Bathroom Tissue 12 Mega Rolls, Soft or Strong</p>	 <p>2/\$3 Best Choice Party Cups or Cold Cups 24 Ct.</p>
 <p>\$2.39 Best Choice Fabric Softener Dryer Sheets 100 Ct., Selected Varieties</p>	 <p>\$3.49 Best Choice Complete Puppy Food 4.4 Lb.</p>	 <p>\$7.99 Best Choice Dog Food 16.5-17.8 Lb., Selected Varieties</p>	 <p>\$4.99 Best Choice Supreme Diapers 10-44 Ct., Selected Varieties</p>

Health & Beauty

At Participating Stores

 <p>\$3.99 Old Spice Body Wash 16-18 Oz., Selected Varieties</p>	 <p>\$6.99 Playtex Gentle Glide 360® or Sport® Tampons 36 Ct., Selected Varieties</p>	 <p>\$4.99 Secret, Gillette or Old Spice Antiperspirant Deodorant 2.6-16 Oz., Selected Varieties</p>	 <p>\$7.99 Vicks DayQuil, NyQuil or VapoRub 25-12 Oz. or 34 Ct.</p>
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Fresh Produce Everyday!



99¢
Lb.
Green Beans



\$4.99
Mann's Trays
16-18.6 Oz.
Veggie Hummus or Ranch Dip or Cheddar Pretzel



99¢
Lb.
Extra Large Roma Tomatoes



\$1.49
Grimmway Farms Bunny-Luv Carrots
2 Lb. Bag



2/\$5
Sweet Mini Peppers
16 Oz. Bag



2/\$5
Driscoll's Raspberries or Blackberries
6 Oz.



2/\$3
Dole Classic Teenage Spinach
8 Oz. Bag



2/\$1
Lemons



99¢
Lb.
Premium Red Delicious or Braeburn Apples
Washington



\$2.49
Ea.
Cantaloupe



99¢
Lb.
Anjou or Bosc Pears



99¢
Ea.
Avocados



99¢
Ea.
Hot House Seedless Cucumbers



2/\$4
Highline Mini Bella Mushrooms
8 Oz., Whole or Sliced



69¢
Lb.
Sweet Onions

Dairy Favorites!



2/\$3
Pillsbury Grand! Biscuits
16.3 Oz., Selected Varieties



2/\$5
Kraft Natural Cheese Cubes
6.4 Oz., Selected Varieties



2/\$5
Pillsbury Ready To Bake Cookies
16 Oz. Pkg. or 16.5 Oz. Chub
Selected Varieties



\$2.99
Shedd's Spread Country Crock
6.5 Oz., Selected Varieties



\$2.99
Hershey's Milk Chocolate or Reese's Peanut Butter Cup Dairy Whipped Topping
7 Oz., Flavored Cup



2/\$6
Kozy Shack Pudding
6 Ct., Selected Varieties



10/\$5
Yoplait Yogurt
4.8 Oz., Selected Varieties



\$1.99
Jell-O Temptations, Pudding or Gelatin Snacks
4 Ct., Selected Varieties



2/\$5
Minute Maid Premium Orange Juice
50 Oz., Selected Varieties

Frozen How Fresh Stays Fresh!



2/\$5
TGI Fridays Snack Size Entrées
7.9-11 Oz., Selected Varieties



8/\$10
Totino's Pizza Rolls or Party Pizza
6.9-10.9 Oz., Selected Varieties



\$4.99
Blue Ribbon Classics Ice Cream Bars
12-20 Ct., Selected Varieties



2/\$5
PictSweet Farms Vegetables For Roasting
16-18 Oz., Selected Varieties



\$7.99
Bagel Bites Pizza Snacks!
40 Ct., Selected Varieties



5/\$9
Smart Ones Entrées
4.4-10.5 Oz., Selected Varieties

Quality Meats

\$149
Lb.
Sugardale or Cook's Butt Portion Ham

\$129
Lb.
Sugardale or Cook's Shank Portion Ham

\$399
Lb.
Boneless Beef Bottom Round Rump Roast

\$149
Lb.
Boneless Skinless Chicken Breasts

LENTEEN SEAFOOD SALE

\$699
Best Choice Cooked Tail-On Shrimp
16 Oz. 31-40 Ct.
Prepped & Deboned

\$229
Lb.
Boneless Pork Chops

\$499
Lb.
Bone-In Beef Chuck Short Ribs

\$599
Lb.
Boneless Top Sirloin Steak

\$349
Lb.
85% Lean Ground Beef

\$499
Best Choice Jumbo Butterfly Shrimp
9 Oz.

\$149
Lb.
Catfish Nuggets
Frozen

\$799
Farmland Whole Boneless Ham & Water Product

2/\$5
Fast Fin[®] Breaded Chicken
23-24 Oz., Selected Varieties

\$1199
Dubuque Royal Buffet Ham
9 Lb. Can.

2/\$5
Hilshire Farm Smoked Sausage or Polska Kiebasa
13-14 Oz., Selected Varieties

\$399
Clearly Tilapia Fillets
12 Oz.

2/\$5
Hormel Side Dishes
20 Oz., Selected Varieties

59¢
Buddig Original Lunchmeat
3 Oz., Selected Varieties

\$299
Claussen Pickles or Sauerkraut
29-32 Oz., Selected Varieties

\$129
Sugardale Jumbo Hot Dogs
1 Lb.

\$599
Supreme Choice Cod or Swai Fillets
16 Oz.

2/\$7
Tyson Cornish Hens
20 Oz., Frozen

\$299
Jimmy Dean Premium Pork Sausage Roll
16 Oz., Selected Varieties

\$399
Best Choice Breakfast Sandwiches
10-14 Oz., Selected Varieties

\$399
Good To Go Chicken
32-48 Oz., Selected Varieties

\$599
Rosina Meatballs
20-24 Oz., Selected Varieties

2/\$4
Oscar Mayer Lunchables
8-12 Oz., Selected Varieties

\$599
Oscar Mayer Sub Kit
24 Oz., Selected Varieties

\$249
Oscar Mayer Turkey Bacon
11-12 Oz., Selected Varieties

\$499
Oscar Mayer Classic Wieners
3 Lb.

\$849
Oscar Mayer Jumbo Angus Beef Franks
40 Oz.

Deli & Bakery Favorites!

\$399
Chicken Pot Pie
11.5 Oz., Deli Fresh

\$999
The Father's Table Six Variety Sampler Cheesecake
40 Oz.

\$499
Lb.
Kretschmar Half Ham Off The Bone
Deli Fresh, Regular or Honey

\$499
Lb.
Kretschmar Colby or Colby Jack Cheese
Deli Fresh

\$399
Clyde's Glazed Ring Donuts
12 Ct.

2/\$5
Shirley's No Bake Cookies
9 Ct., Chocolate Peanut Butter or Peanut Butter

WERE BAKING ALL OF YOUR FAMILIES FAVORITES

2/\$4
Snack Factory Pretzel Crisps
7.2 Oz., Selected Varieties

\$299
Lb.
Tapioca Pudding
Deli Fresh

ADDITIONAL SPECIALS

89¢
Best Choice Classic White Bread
16 Oz.

3/\$14
Pepsi Products
12 Pack 12 Oz. Cans, Selected Varieties Plus Deposit

3/\$13
Pepsi Products
6 Pack 16.9 Oz. Btls., Selected Varieties Plus Deposit

2/\$3
Anderson Erickson Chocolate Milk
Gallon

3/\$12
Coke Products
12 Pack 12 Oz. Cans, Selected Varieties Plus Deposit

3/\$11
Coke Products
8 Pack 12 Oz. Btls., Selected Varieties Plus Deposit