

Forward to the past  
**Longfellow**  
MARKET

PRICES EFFECTIVE MARCH 11TH THRU 24TH 2019.

**ORGANIC  
BRAEBURN APPLES**



**\$1.59**

LB.

YOU SAVE \$.70 LB.

**GREEN  
CABBAGE**



**\$.69**

LB.

YOU SAVE \$.80 LB.

**GRAPE  
TOMATOES  
PINT**



**\$1.99**

YOU SAVE \$.50 EACH

**ASPARAGUS**



**\$2.49**

LB.

YOU SAVE \$2.90 LB.

**BOLTHOUSE  
CARROTS**



**\$1.49**

YOU SAVE \$1.30 EACH

**LOCAL  
RED POTATOES  
5 LBS.**



**\$2.29**

YOU SAVE \$.70 EACH

**EARTHBOUND FARM**



**\$2.99**

YOU SAVE \$1.30 EACH

**NATHAN'S  
BEEF FRANKS**



**\$3.99**

YOU SAVE \$1.80 EACH

**FRESH  
ATLANTIC SALMON**



**\$13.99**

LB.

YOU SAVE \$1.00 LB.

**COUNTRY STYLE  
PORK RIBS  
ALL NATURAL-  
BONELESS**



**\$2.99**

LB.

YOU SAVE \$3.00 LB.

**CREEKSTONE  
CUBE STEAK OR  
BNLS. BOTTOM  
ROUND BEEF ROAST**



**\$3.99**

LB.

YOU SAVE UP TO \$3.00

**RUSTIC BAKERY  
ORGANIC  
FLATBREAD**



**\$5.99**

YOU SAVE \$1.00 EACH

**SAVE OVER  
\$38.00!**



**THANK YOU FOR SHOPPING WITH US-  
WE APPRECIATE YOUR BUSINESS!**



**WEE WILLY'S  
PASTA SAUCE  
24 OZ.**

**\$4.49**

YOU SAVE \$1.10 EACH



**NEWMAN'S  
SALAD DRESSING  
16 OZ.**

**\$3.29**

YOU SAVE \$.76 EACH



**NORTH COAST  
ORGANIC  
HONEYCRISP  
APPLE SAUCE**

**\$2.99**

YOU SAVE \$1.00 EACH



**CHEX MIX &  
BUGLES  
SNACKS  
7.5-8.75 OZ.**

**\$1.29**

YOU SAVE UP TO \$1.70



**NABISCO  
TRISCUITS  
7.5-9 OZ.**

**2/\$5**

YOU SAVE \$1.19 EACH



**FOLGERS  
COFFEE  
22-30.5 OZ.**

**\$7.99**

YOU SAVE \$3.00 EACH



**POST  
HONEY BUNCHES OF  
OATS CEREAL  
13-18 OZ.**

**2/\$6**

YOU SAVE UP TO \$2.29



**EGGO  
WAFFLES  
1 COUNT**

**2/\$4**

YOU SAVE \$.49 EACH



**DIANA'S  
BANANA BABIES  
10.5 OZ.**

**\$3.99**

YOU SAVE \$1.40 EACH



**SMART ONES  
FROZEN ENTREES  
8.5-9.25 OZ.**

**5/\$9**

YOU SAVE \$1.19 EACH



**HOT POCKETS  
PEPPERONI PIZZA  
BEATY**

**5/\$10**

YOU SAVE \$1.15 EACH



**FRESCHETTA  
PIZZA  
25.6-36 OZ.**

**2/\$9**

YOU SAVE \$3.49 EACH