

Holstein Super Market

109 E. 1st Street Holstein, IA 51025

Phone: 712.368.4555

Carry-Out Service! • Rotisserie Chicken!

Authorized WIC, Food Stamp EBT & Iowa Lottery

Open Monday - Saturday
7:00 am - 7:00 pm
Sunday
8:00 am - 12:00 pm

#9384

PRICES EFFECTIVE WEDNESDAY-TUESDAY, JANUARY 10-16, 2018



Frozen
Boneless Skinless
Chicken Breasts
Product of the USA

\$1.49
Lb.

light MEALS



USDA
CHOICE
Fresh
Boneless Beef
Top Round Roast
Product of the USA

Fresh
Boneless Beef
Top Round Steaks
Product of the USA
\$2.89
Lb.

\$2.79
Lb.



Dole Salads
9-12 Oz., Italian Blend,
Premium Romaine or
American Blend **\$1.99**



Land O Lakes
Cottage Cheese
24 Oz.,
Selected Varieties **\$2.49**



Best Choice
Red or Gold
Potatoes
5 Lb. **2/\$4**

BUY THREE PARTICIPATING SPECIAL K® PRODUCTS AND GET A

FREE WATER BOTTLE

CONFIDENCE IN YOU GOT THIS DREAM BIGGER. CHECK YES - OR OWN IT! YOU ARE STRONGER THAN YOU THINK. HAPPEN - THE HARD - MAKE IT HAPPEN.

OWN IT!

Kellogg's
Special K Cereal, Granola,
Pastry Crisps, Protein Bites,
Protein Snack Bars,
Chewy Snack Bars,
Nourish Chewy Nut Bars
or Nourish Bites
10.5-14 Oz. or 6-8 Ct.,
Selected Varieties
\$1.99

OWN IT!



Kemps
Ice Cream or
Frozen Yogurt
48 Oz.,
Selected Varieties **3/\$10**



Yoplait
Yogurt
4-6 Oz.,
Selected Varieties **10/\$5**



Best Choice
Classic White
Bread
16 Oz. **99¢**



North Star
Variety Pack
Ice Cream Treats
40 Ct. **\$14.99**

Thank You
For Shopping
Locally!

Items shown may not be available at all stores. Some brands shown will be substituted with regionally available brands.

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GROCERY SPECIALS!

Swanson
Homemade Soup
Maker Soup Mix
3.75-6.58 Oz.,
Selected Varieties

2/\$5



Lay's Potato Chips,
Fritos, Cheetos or
Fritos Dip
5-9.25 Oz. Bag or 9 Oz. Can,
Selected Varieties

2/\$5



Campbell's
Chunky, Home Style
or Well Yes! Soup
15.25-19 Oz.,
Selected Varieties

3/\$5



Butter Kernel
Canned
Vegetables
14.5-15 Oz.,
Selected Varieties

69¢



V8 + Energy
Sparkling Beverage
or V-Fusion
Vegetable & Fruit
100% Juice
4 Pack 8.4 Oz. Cans or
6 Pack 8 Oz. Cans,
Selected Varieties

2/\$6



Best Choice
Canned Fruit
15-15.25 Oz.,
Selected Varieties

10/\$10



V8 or
V-Fusion
Juice
46 Oz. Bottle or
6 Pack 5.5 Oz. Cans,
Selected Varieties

2/\$5



Del Monte
Fruit Cups
4 Ct.,
Selected Varieties

\$2.29



Milwaukee's
Best
Petite
Dill Pickles
32 Oz., Selected Varieties

\$3.29



Milwaukee's
Best
Pickles
32 Oz.,
Selected Varieties

\$2.49



Jif
Peanut Butter
12-16 Oz.,
Selected Varieties

\$2.49



Betty Crocker
Hamburger,
Tuna or Chicken
Helper
4.7-8.7 Oz.,
Selected Varieties

10/\$10



Betty Crocker
Bisquick Original
Pancake &
Baking Mix
20 Oz.

2/\$3



General Mills
Family Size
Cereal
20.25-21.6 Oz.,
Selected Varieties

2/\$7



Ken's
Steak House
Dressing
16 Oz.,
Selected Varieties

\$2.39



Maxwell House
Max Boost
Ground Coffee or
Indulge
Coffee Drink Mix
12-15.3 Oz.,
Selected Varieties

\$3.49



MIO
Liquid Water
Enhancer or
Crystal Light
Liquid Drink Mix
16.2 Oz., Selected Varieties

\$2.99



Kraft Velveeta
Shells & Cheese
or Macaroni &
Cheese Cups
19-2.39 Oz.,
Selected Varieties

4/\$5



Best Choice
Long Grain
White or Brown
Rice
16 Oz.

59¢



Best Choice
Cranberry Juice
Cocktail
64 Oz.,
Selected Varieties

\$1.69



Best Choice
Dressing
16 Oz.,
Selected Varieties

2/\$3



Southeastern
Mills
Gravy Mix
17-2.75 Oz.,
Selected Varieties

2/\$1



American Beauty
or Ronzoni
Pasta
12-16 Oz.,
Selected Varieties

5/\$5



Best Choice
Splash Ice
Sparkling Water
Beverage
17 Oz.,
Selected Varieties

5/\$3



Pringles
Potato Crisps
4.9-5.5 Oz.,
Selected Varieties

3/\$4



Quaker
Rice Cakes
4.5-7.2 Oz.,
Selected Varieties

2/\$4



Pop-Secret
Microwave
Popcorn
3 Ct.,
Selected Varieties

2/\$5



Kernel
Popcorn
Seasoning
2.4-3 Oz.,
Selected Varieties

\$1.99

BUY 6 • SAVE \$3.00

SAVE \$3.00 INSTANTLY AT CHECKOUT WHEN YOU MIX & MATCH 6 PARTICIPATING ITEMS - ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.



Pringles
Potato Crisps
Snack Stacks!
12 Ct.,
Selected Varieties

~~\$3.99~~
~~-50¢~~
\$3.49



Keebler
12 Pack
Cookies or Crackers
Selected Varieties

~~\$3.99~~
~~-50¢~~
\$3.49



Fiber One Protein Bars,
Nature Valley
Protein Bars,
Roasted Nut Crunch Bars
or Granola Cups
5-6 Ct.,
Selected Varieties

~~\$2.99~~
~~-50¢~~
\$2.49



Kellogg's
Pop-Tarts
Toaster Pastries
8 Ct.,
Selected Varieties

~~\$2.49~~
~~-50¢~~
\$1.99



Pace
Picante Sauce or Salsa
16 Oz.,
Selected Varieties

~~\$1.99~~
~~-50¢~~
\$1.49



Campbell's
Spaghetti or
Spaghetti
15.8 Oz.,
Selected Varieties

~~99¢~~
~~-50¢~~
49¢



Prego
Pasta Sauce
14.5-24 Oz.,
Selected Varieties

~~\$1.49~~
~~-50¢~~
99¢



Kool-Aid
Jammers Drink
10 Pack
6 Oz. Pouches,
Selected Varieties

~~\$1.99~~
~~-50¢~~
\$1.49

FROZEN & DAIRY SPECIALS!



DiGiorno
Pizza
17.3-31.5 Oz.,
Selected Varieties
2/\$10



Simply
Juice
59 oz.,
Selected Varieties
2/\$6



Pillsbury
Cookie Dough or
Ready To Bake
Cookies
16-16.5 Oz.,
Selected Varieties
2/\$5



Pillsbury
Toaster Strudel
11.7 Oz.,
Selected Varieties
3/\$5



Crystal Farm
String Cheese or
Cheese Sticks
10 Oz.,
Selected Varieties
\$2.99



Crystal Farms
Ricotta Cheese
15 Oz.,
Selected Varieties
\$2.59



Atkins or
EatingWell Entrées
9-10 Oz.,
Selected Varieties
\$2.99



Parkay
Spread
Quarters
16 Oz.
2/\$3



Crystal Farms
Shredded or
Chunk Cheese
6-8 Oz.,
Selected Varieties
3/\$5



PictSweet
Vegetables
10-12 Oz.,
Selected Varieties
89¢



Kellogg's Eggo
Waffles or
Pancakes
5-40 Ct.,
Selected Varieties
2/\$4

HOME ESSENTIALS!



Best Choice
Containers & Lids
2-6 Ct.,
Selected Varieties
\$2.29



Best Choice
Storage Bags
15-24 Ct.,
Selected Varieties
2/\$3



Oxi Clean HD or
Xtra Liquid Laundry
Detergent
60-175 Oz.,
Selected Varieties
\$4.99



Brawny
Paper Towels
6 Large Rolls,
Selected Varieties
\$6.99



Quilted Northern
Bath Tissue
6 Mega or
12 Double Rolls,
Selected Varieties
\$6.99



Downy or Bounce
Fabric Softener
6.4 Oz. Downy
UnStopables In-Wash
Scent Booster, 34 Oz. or
70-80 Ct.,
Selected Varieties
\$3.99



Gain Liquid
Laundry Detergent
50 Oz.,
Selected Varieties
\$4.99

HEALTH & WELLNESS SPECIALS!



Mucinex
Bi-Layer Tablets
14-20 Ct.,
Selected Varieties
\$10.99



Halls
Drops
20-30 Ct.,
Selected Varieties
2/\$3



Aleve
Pain Reliever
24 Ct.,
Caplets or Tablets
\$3.59



Children's
Tylenol
4 Oz.,
Selected Varieties
\$5.59



ZZZQuil
Nighttime
Sleep-Aid
12 Oz. or 24 Ct.
\$6.99

BUY 6 • SAVE \$3.00

SAVE \$3.00 INSTANTLY AT CHECKOUT WHEN YOU MIX & MATCH 6 PARTICIPATING ITEMS - ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.



Totino's
Pizza Rolls or
Stuffed
Nachos
34-40 Ct.,
Selected Varieties
**\$2.49
-50¢
\$1.99**



Kraft
Snack Trios
15-25 Oz.,
Selected Varieties
**\$1.19
-50¢
69¢**



Pompeian
Extra Virgin
Olive Oil
16 Oz.,
Selected Varieties
**\$4.99
-50¢
\$4.49**



Marzetti
Dressing
12-15 Oz.,
Selected Varieties
**\$2.99
-50¢
\$2.49**



Marzetti
Veggie Dip
15-14 Oz.,
Selected Varieties
**\$2.99
-50¢
\$2.49**



Nathan's
Beef Franks
12-14 Oz.,
Selected Varieties
**\$3.99
-50¢
\$3.49**



Farmland
Ham Steaks,
Cubed, Diced or
Sliced Ham
16 Oz.,
Selected Varieties
**\$3.49
-50¢
\$2.99**



Philadelphia
Bagel Chips &
Cream
Cheese Dip
2.5 Oz.,
Selected Varieties
**\$1.79
-50¢
\$1.29**



Armour
Family Size
Meatballs
25 Oz.,
Original or Italian Style
**\$4.49
-50¢
\$3.99**



Smithfield
Pork
Breakfast
Sausage Roll
16 Oz.,
Selected Varieties
**\$2.99
-50¢
\$2.49**

Meat SPECIALS!

Fresh Boneless Beef Tip Steaks
Product of the USA
\$3.09 Lb.

Fresh Boneless Beef Tip Roast
Product of the USA
\$2.99 Lb.

Fresh Boneless Beef Tenderized Top Round Steaks
Product of the USA
\$3.79 Lb.

Fresh 80% Lean Ground Beef
Product of USA
\$2.29 Lb.

Fresh Boneless Pork Sirloin Chops
Product of USA
\$2.29 Lb.

Boneless Pork Sirloin Roast
Product of USA
\$1.99 Lb.

Fresh Boneless Pork Cutlets
Product of USA
\$2.49 Lb.

Honeysuckle White 93% Lean Fresh Ground Turkey
19.2 Oz.
\$2.99

Oscar Mayer Bologna or Cotto Salami
12 Oz. Selected Varieties
10/\$10

Oscar Mayer Lunchables Uploaded
14.1-15.6 Oz. Selected Varieties
\$2.99

Eckrich Polska Kielbasa, Smoked Sausage, L1 Smokies or Smoky Breakfast Sausage Links
8.3-14 Oz. Selected Varieties
\$2.99

Our Best To You!!

Armour LunchMakers
2.4-2.9 Oz. Selected Varieties
99¢

Bar S Franks, Bun Length Polish or Smoked Sausage
8-16 Oz. Selected Varieties
\$1.19

Hart Authentic Chicken Meal Kits
32 Oz. Selected Varieties
\$4.99

Gorton's Fish Sticks or Fillets
6.3-11.4 Oz. Selected Varieties
\$3.49

AquaStar Tilapia Fillets
2 Lb. Frozen
\$6.99

Best Choice Cooked Shrimp
12 Oz. 31-40 Ct. Frozen
Peeled & Deveined Tail-On
\$6.99

Find The Things You Need!

Produce SPECIALS!

Jumbo Cantaloupe
Imported
\$1.99 Ea.

Eat Smart Sugar Snap Peas or Snow Peas
8 Oz.
2/\$4

Washington Apples
Granny Smith, Fuji, Braeburn, Red Delicious or Gala, New Crop!
99¢ Lb.

Honeydew Melon
\$2.99 Ea.

Organic Girl Salads
5 Oz. Selected Varieties
\$2.99

Washington Pears
Bosc, Anjou or Red
99¢ Lb.

Highline Whole White Mushrooms
16 Oz.
\$1.99

Jumbo Red or White Onions
99¢ Lb.

Orange, Red or Yellow Peppers
\$1.99 Ea.

Red or Green Seedless Grapes
Imported
\$2.79 Lb.

Fresh Red Strawberries
1 Lb. Pkg
\$2.49

Deli & Bakery SPECIALS!

Stonefire Naan Flatbread
7.05-9.82 Oz., Selected Varieties
\$2.19

Lofthouse Hershey's Cookies
12 Ct. Triple Chocolate or Peanut Butter
Made With Reese's Pieces
\$2.99

New French Bakery Twin Baguettes
14 Oz.
\$2.49

Harris Baking French Bread
16 Oz.
\$2.59

Bel Gioloso Fresh Mozzarella Snacking Cheese
8 Oz.
\$2.99

Kretschmar Off The Bone Chicken Breast
Rotisserie Style or Herb & Garlic
\$6.59 Lb.

Kretschmar Colby Cheese
\$4.79 Lb.

Almark Hard-Boiled Eggs
3 Oz. 2 Ct.
88¢

Lakeview Farms Desserts
3-3.25 Oz. Selected Varieties
5/\$5

Lakeview Farms Sugar Free Gelatin Rainbow Ring Mold
20 Oz.
\$1.99