

T&R MARKET



"BEKIS"
"The Friendly Store"

STORE HOURS:

MON.-THUR.
7AM-9PM
FRI.-SAT.
7AM-10PM
SUNDAY
8AM-8PM

5 Minutes North of Gallup on Hwy. 491
GALLUP, NM • PHONE 505-722-4366

Check out our web site www.t-rmarket.com

Like us on Facebook

New Mexico and Navajo Nation WIC
QUANTITIES IN EXCESS OF NORMAL HOUSEHOLD
USAGE SUBJECT TO MANAGER'S APPROVAL

AFFILIATED
FOODS INC.
MEMBER STORE
NOT LIABLE FOR TYPOGRAPHICAL OR
PICTORIAL ERRORS. NOT ALL ITEMS
AVAILABLE AT ALL STORES.

\$2.49 lb.

Hot Buy

Fresh Ground Beef

19¢ lb.

Hot Buy

Medium Green Cabbage

59¢ lb.

Hot Buy

Squash
Yellow, Zucchini
or Mexican Grey

\$2.79 lb.

Hot Buy

Arm Roast
Family Pack
Preferred Trim
Boneless Beef

2 \$4

Hot Buy

Berries
1 lb. Strawberries,
6 oz. Blackberries
or Blueberries

69¢ lb.

Hot Buy

Fryer Drumsticks & Thighs

4 \$5

Hot Buy

Cantaloupe
Golden Ripe

3 \$11
Best Buy 3 to get set price or \$6.99 ea.

Hot Buy

Coke Product
Select Varieties
12 pk.
12 oz.

\$1.99

\$4.99

Hot Buy

Blue Bird Flour
10 lb. bag

Hot Buy

\$3.99

Hot Buy

Hereford Corned Beef
12 oz.

\$2.99

Hot Buy

Florida's Natural Juice
Select Varieties
59 oz.

2 \$3

Hot Buy

Eggo Waffles
Select Varieties
10.7-12.3 oz.

BUY THREE GET ONE FREE

Buy 3 Get 1 Free at \$10

Hot Buy

Nestle PureLife Water
24 pk.

79¢

Hot Buy

American Beauty Pasta
Select Varieties
16 oz.

2 \$4

Hot Buy

Ragù Pasta Sauce
Select Varieties
24 oz.

2 \$5

Hot Buy

Kellogg's Cereal
Select Varieties
17-24 oz.

99¢

Hot Buy

Plains Punch
Select Varieties
Gallon

\$6.99

Hot Buy

Din'e Coffee
Select Varieties
12 oz.

5 \$5

Hot Buy

Knorr Sides
Select Varieties
4-5.74 oz.

Check out the other pages for more savings!

Market Fresh Meat

 \$2.79 lb. Angus Corned Beef Points	 \$5.99 lb. T-Bone Steaks Preferred Trim	 \$2.99 lb. Baby Back Pork Ribs	 \$1.99 lb. Sirloin Cut Pork Chops Preferred Trim Boneless
 \$3.99 lb. Pork for Stir Fry Boneless	 \$4.99 lb. Stew Meat Boneless Beef	 \$3.99 lb. Pork Cube Steak Tenderized	 \$3.19 lb. Shoulder Steak Family Pack Preferred Trim Boneless Beef
 \$3.99 lb. Beef Short Ribs Boneless	 \$1.69 Bar S Bologna or Cotto Salami Select Varieties 1 lb.	 \$1.79 Bar S Chopped Ham Select Varieties 12 oz.	 \$2.39 Bar S Deli Shaved Turkey or Ham Select Varieties 8-9 oz.
 \$6.99 Bar S Club Bologna 9 lb.	 \$4.99 Bar S Smoked Sausage Family Pack, Regular or Polish 2.5 lb.	 \$7.99 Bar S Hot Links Family Pack 3 lb.	 \$5.99 Bar S Corn Dogs 2.87 lb. Box
 \$3.99 lb. Chum Salmon 4 oz. Skinless Portions	 \$5.99 Mama Rosa's Pizza Select Varieties 42 oz.	 \$1.49 Bar S Franks Select Jumbo Meat, Chicken or Bun Length 1 lb.	 \$4.99 Bar S Bun Length Franks Family Pack 3 lb.
 2 \$5 SeaBest Seafood Combo 1 lb. bag	 \$5.99 SeaBest Bay Scallops 1 lb. bag	 \$6.99 SeaBest Butterfly Brooded Shrimp 1.5 lb.	

Fresh Produce

 2 \$1 LBS. Jalapeño Peppers Spicy	 2 \$5 Apples Fuji, Gala, Granny Smith, Golden or Red Delicious 3 lb. bag	
 5 \$2 Super Select Cucumbers Farm Fresh	 3 \$12 Fruit Medley	 79¢ lb. Tomatoes Red Ripe
 99¢ lb. Fancy Navel Oranges Juicy	 \$2.99 Halos Mandarins 2 lb. bag	 \$1.29 Yellow Onions 3 lb. bag
 89¢ lb. Honeydew Melon Juicy	 \$1.99 Golden Pineapple Juicy	 2 \$5 Fresh Express Salad Blends 5-11 oz.

 \$3.99 Dasani Water 24 pk.	 2 \$5 Pepsi Products Select Varieties 6 pk. 16.9 oz.	 \$5.99 Pepsi Products 24 pk. 12 oz.	 \$4.99 Lipton Tea 12 pk.
--	---	--	---

Grocery



\$1.29

Shurfine Popcorn
Select Varieties
3 ct.



3 FOR \$5

Shurfine Dressing
Select Varieties
16 oz.



2 FOR \$4

Pop Tarts
select varieties
14 oz.



79¢

Shurfine Cake Mix
select varieties



2 FOR \$3

Shurfine Cake Frosting
select varieties
16 oz.



\$2.99

Quaker Old Fashioned or Quick Oats
18 oz.



2 FOR \$3

Kraft BBQ Sauce
select varieties
16 oz.



\$2.39

Smucker's Grape Jelly
32 oz.



4 FOR \$5

LJL Dutch Maid Saltine Crackers
16 oz.



5 FOR \$5

Hostess Cakes, Donuts & Pies
select varieties



2 FOR \$6

Act II Microwave Popcorn
select varieties
6 pk.



\$2.69

Lay's Potato Chips
Select Varieties
8 oz.



2 FOR \$4

Kool-Aid Jammers
Select Varieties
10 ct.



2 FOR \$4

Shurfine Pie Filling
select varieties
20-21 oz.

Beverages

Quench your thirst with us!



\$4.99

Pure Leaf Tea
6 pack



2 FOR \$5

Pepsi Products
Select Varieties
6 pk. 7.5 oz.



\$4.99

Frappuccino
4 pk.



\$4.49

Powerade Sport Drink
8 pk., 20 oz.



5 FOR \$5

Vitamin Water
Select Varieties
20 oz.



5 FOR \$5

Kick Start or RockStar Energy Drinks
16 oz.



4 FOR \$4

Pepsi Products
Select Varieties
2 Liters



5 FOR \$5

Sobe Water
Select Varieties
20 oz.



\$2.50

Coke Products
6 pk., 7.5 oz.



99¢

Navajo Pride Beans
16 oz.



2 FOR \$5

Kellogg's Nutri-Grain Bars
Select Varieties
5-8 ct.



2 FOR \$3

Heinz Yellow Mustard
20 oz.



2 FOR \$5

Mrs. Klein's So Hot Mix or Hot Cauliflower
32 oz.



2 FOR \$5

Shurline Cooking Oil
Select Varieties
48 oz.



99¢

Hunt's Ketchup
24 oz.

Frozen & Dairy



\$2.99

Dole Frozen Fruit
Select Varieties
14-16 oz.



\$2.29

Jimmy Dean Breakfast Bowls
Select Varieties
7-9 oz.



\$2.79

Night Hawk Dinners
Select Varieties
6-9.6 oz.



\$3.99

Blue Bunny Ice Cream
Select Varieties
46-48 oz.



\$2.79

TGI Fridays Appetizers
Select Varieties
7.6-12 oz.



\$2.39

Shurline Frozen Potatoes
Select Varieties
19-32 oz.



\$1.99

Daisy Cottage Cheese
Select Varieties
16 oz.



\$2.19

Daisy Sour Cream
Select Varieties
14-16 oz.



\$1.69

Shurline Chunk or Shredded Cheese
Select Varieties
8 oz.



2 FOR \$5

Kraft Philadelphia Cream Cheese
Select Varieties
8 oz.



\$2.89

I Can't Believe It's Not Butter
Select Varieties
8-15 oz.

Bakery Fresh

Where Available



\$2.69

Pull Apart or Market Made Pueblo Bread



\$4.99

Sweet P's Glazed Donuts
12 ct.



\$3.49

Café Valley Turnovers
pineapple or cherry, 12 oz.