

# Freeman Foods

TWO LOCATIONS!

**OPEN**

7 Days a Week!  
Monday thru Saturday  
7:00 am - 8:00 pm  
Sunday 9:00 am - 6:00 pm



119 N Main  
North English, IA  
319.664.3453



268 8th Ave  
Wellman, IA  
319.646.6721

- Fresh Premium Meat
- Homemade Bakery Items
- Farm Fresh Produce
- Propane Exchange
- Catering
- Full Liquor and Wine Department & Walk In Beer Cooler
- Locally Owned And Operated!

• We Welcome  
W.I.C. & Food Stamps



#8060  
#0694

Prices Effective 2 WEEKS! Tuesday, March 13 Through Monday, March 26, 2018

## ST. PATRICK'S DAY SAVINGS!

**\$2<sup>79</sup>**  
Lb.

Corned Beef  
Points

Corned Beef Flats \$3.79 Lb.

**2/\$4**

Best Choice  
Yukon Gold or  
Green Giant Red  
Potatoes  
5 Lb.

**49¢**  
Lb.

Green  
Cabbage

**2/\$4**

Grimmway Farms  
Cut & Peeled  
Baby Carrots  
2 Lb.



**\$1<sup>99</sup>**  
Lb.

Chicken  
Breasts

Boneless/Skinless



**2/\$5**

Fritos Corn Chips,  
Cheetos Cheese Snacks,  
Munchies Snack Mix  
or Fritos Dip  
7-9.25 Oz. Bag or 9 Oz. Can,  
Selected Varieties



**\$1<sup>99</sup>**

Mr. Dell's  
All Natural  
Hash Browns

24-32 Oz., Selected Varieties



**4/\$5**

Crystal Farms  
Chunk or Shredded  
Cheese

6-8 Oz., Selected Varieties

**FREEMAN FOODS IS  
GIVING AWAY  
A TRIP!  
STOP IN TO REGISTER  
TO WIN!!**



**\$7<sup>99</sup>**

Pepsi  
Products  
24 Pack 12 Oz. Cans  
Plus Deposit

\*All items shown may not be available in all stores, some regional differences may occur. We reserve the right to correct printing errors, set limits and/or refuse sales to commercial/wholesale customers.

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# Grocery Essentials



**99¢**  
Healthy Choice  
Soup  
15 Oz., Selected Varieties



**\$1.89**  
Best Choice  
Pancake & Waffle  
Mix  
28-32 Oz., Selected Varieties



**\$3.49**  
Quaker  
Instant Oatmeal  
8-12 Ct., Selected Varieties



**\$1.49**  
Best Choice  
Tomato Juice  
46 Oz.



**\$2.49**  
Best Choice  
Ground Coffee  
11.5 Oz., Selected Varieties



**2/\$5**  
Velveeta Skillet  
One Pan Dinner Kits  
11.6-15.68 Oz.,  
Selected Varieties



**2/\$6**  
Kellogg's  
Cereal  
17-19 Oz., Selected Varieties



**\$2.29**  
Best Choice  
Tea Bags  
100 Ct.



**\$2.49**  
Best Choice  
Chunk Light Tuna  
12 Oz., In Water



**\$1.99**  
Old Orchard  
100% Juice  
64 Oz., Selected Varieties



**\$2.39**  
Prego  
Pasta Sauce  
14.5-24 Oz., Selected Varieties



**2/\$5**  
Sunshine  
Cheez-It  
Crackers  
8-12.4 Oz., Selected Varieties



**59¢**  
Red Gold  
Tomato Paste  
8 Oz.



**89¢**  
Best Choice  
Soft Baked Cookies  
7.1 Oz., Selected Varieties



**\$1.49**  
Best Choice  
Tartar Sauce  
12 Oz.



**\$1.69**  
Best Choice  
Cereal  
11-16 Oz., Selected Varieties



**\$1.59**  
Best Choice  
Chewy Granola Bars  
4-8 Ct., Selected Varieties



**Baking  
Supplies!**



**4/\$5**  
Best Choice  
Microwave  
Popcorn  
3 Ct., Selected Varieties



**For  
On The  
Go!**



**2/\$5**  
Keebler  
Club or Town House  
Crackers  
8.8-13.8 Oz., Selected Varieties



**5/\$5**  
Chef Boyardee  
Pasta  
7.5 Oz., Selected Varieties



**4/\$5**  
Hunt's  
Tomato Sauce or  
Tomatoes  
14.5-15 Oz., Selected Varieties



**89¢**  
Best Choice  
Oyster Crackers  
9 Oz.



**\$1.29**  
Best Choice  
Bread Crumbs  
8-15 Oz., Selected Varieties



**\$1.79**  
Mott's, Sunkist or  
Betty Crocker  
Fruit Snacks  
6-10 Ct., Selected Varieties



**\$2.99**  
Quaker  
Cereal  
18 Oz. Life or  
11.25 Oz. Cap'n Crunch  
Selected Varieties



**Quick  
& Easy!**



**\$1.69**  
Uncle Ray's  
Potato Chips  
8-8.5 Oz., Selected Varieties



**\$2.29**  
Hormel  
Chicken Breast  
10 Oz., In Water



**\$1.69**  
Chi-Chi's  
Burrito Style  
Flour Tortillas  
17 Oz.



**2/\$7**  
Hershey's  
Easter Candy  
3-4.42 Oz.,  
Selected Varieties



**3/\$2**  
Reese's Peanut Butter Egg  
or Cadbury Creme Egg or  
Mini Eggs  
1.2-2.15 Oz., Selected Varieties



**\$1.99**  
Russell Stover  
Milk Chocolate Rabbits  
Easter Candy  
3 Oz., Selected Varieties



**\$1.49**  
Just Born Peeps  
Chicks & Bunnies  
3-12 Ct., Selected Varieties



**\$3.99**  
Mars  
Minis  
Easter Candy  
10.5-11.5 Oz., Selected Varieties



**59¢**  
Russell Stover  
Eggs  
Easter Candy  
1 Oz., Selected Varieties

## Household Essentials

At Participating Stores



**\$5.99**  
Best Choice  
Lump Charcoal  
8 Lb.



**\$2.99**  
Best Choice  
Concentrated Bleach  
121 Oz., Regular or Fresh Linen



**\$4.99**  
Best Choice  
Tall Kitchen or  
Trash Bags  
25-45 Ct., Selected Varieties



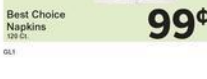
**\$2.79**  
Best Choice  
Aluminum Foil  
75 Sq. Ft. Roll



**2/\$1**  
Best Choice  
Heavy Duty  
Cutlery  
24 Ct., Forks, Spoons,  
Knives or Assorted



**\$3.49**  
Best Choice  
Heavy Duty  
Paper Plates  
88 Ct., 10.25 Inch



**99¢**  
Best Choice  
Napkins  
129 Ct.



**\$2.99**  
Milo's Kitchen,  
Pup-Peroni or  
Milk Bone  
Dog Snacks  
2.5-24 Oz., Selected Varieties

## Health & Beauty

At Participating Stores



**\$9.99**  
Aleve  
Naproxen Sodium  
Pain Reliever  
100 Ct., Selected Varieties



**\$5.29**  
Huggies  
Wipes Refills  
184-240 Ct.,  
Selected Varieties



**\$3.99**  
Axe  
Antiperspirant  
Deodorant  
2-3 Oz.,  
Selected Varieties



**\$3.99**  
Colgate  
1-6 Ct. Toothbrushes,  
6 Oz. Total Toothpaste or  
6.7 Oz. Total Advanced  
Mouthwash  
Selected Varieties



**\$3.99**  
Irish Spring  
Bar Soap or  
Body Wash  
8 Ct. or 18 Oz.,  
Selected Varieties



**69¢**  
Oral-B  
Healthy Clean  
Toothbrush  
1 Ct., Soft or Medium

# Fresh Produce Everyday!

**2/\$6**  
Dole Chopped Salad Kit  
10.8/14.4 Oz., Selected Varieties

**\$1.99** Lb.  
Green Seedless Grapes Imported

**\$4.99**  
Halos Mandarin Mandarines  
3 Lb.

**89¢** Ea.  
Avocados

**2/\$4**  
Mann's Cole Slaw  
16-12 Oz., Teriyaki, Kani Seed or Power Blend

**2/\$6**  
Mann's Vegetables  
6-12 Oz., Sugar Snap or Snow Peas or Green Beans

**\$1.29** Lb.  
Hot House Tomatoes

**2/\$6**  
Whole White Mushrooms  
16 Oz.

**79¢** Ea.  
Jumbo Navel Oranges  
California

**79¢** Lb.  
Sweet Onions

**\$1.99** Lb.  
Green Beans

**99¢** Lb.  
Green Beans

**2/\$5**  
Cantaloupe

**3/\$2**  
Green Peppers or Super Select Cucumbers

**99¢**  
Dole Celery Sleeve

**2/\$4**  
Romaine Hearts  
3 Ct.

**2/\$4**  
Broccoli Bunch

# Dairy Favorites!

**\$3.49**  
Kraft American Singles  
16 Oz., Selected Varieties

**\$2.99**  
Blue Bonnet Spread  
45 Oz.

**69¢**  
Best Choice Sour Cream  
8 Oz., Selected Varieties

**\$1.99**  
AE Yogurt  
2.6-4.5 Oz., Selected Varieties  
Original Vanilla or Light Plain

**10/\$10**  
Dannon Light & Fit or Oikos Greek Yogurt  
5.3 Oz., Selected Varieties

**\$1.79**  
Daisy Brand Cottage Cheese  
16 Oz., Selected Varieties

**\$2.59**  
Crystal Farms Ricotta Cheese  
15 Oz., Selected Varieties

**2/\$4**  
Pure Leaf Real Brewed Tea  
59 Oz., Selected Varieties

# Frozen How Fresh Stays Fresh!

**4/\$5**  
Best Choice Vegetables  
10-14 Oz., Selected Varieties

**2/\$10**  
DiGiorno Pizza  
17.3-21.6 Oz., Selected Varieties

**2/\$4**  
Kellogg's Eggo Waffles, Pancakes or French Toast Sticks  
5-40 Ct., Selected Varieties

**89¢**  
Bob Evans Breakfast Sandwich  
3.6-4.5 Oz., Selected Varieties

**5/\$10**  
Weight Watchers Smart Ones Entrees  
6-10 Oz., Selected Varieties

**4/\$5**  
Banquet Dinners  
7.4-11.88 Oz., Selected Varieties

**\$2.99**  
Healthy Choice Cafe Steamers  
9-10 Oz., Selected Varieties

**\$3.29**  
Bridgford Cinnamon Pull-Apart Monkey Bread  
16 Oz.

**2/\$7**  
Morning Star Farms Entrees or Kellogg's Special K Crustless Quiche  
5.29-12 Oz. or 4 Ct., Selected Varieties

**99¢**  
Banquet Breakfast Sandwiches  
3.2-3.38 Oz., Selected Varieties

**2/\$5**  
Banquet Family Size Entrees  
24-27 Oz., Selected Varieties

**\$1.79**  
Best Choice Texas Toast, Bread Sticks, Garlic Bread or Dinner Rolls  
6-8 Ct. or 18 Oz., Selected Varieties

**\$5.99**  
Best Choice Ice Cream  
4 Quart Pack, Selected Varieties

# Quality Meats



**\$349**  
Lb.

Beef  
Bottom Round  
Roast  
Boneless



**\$149**  
Lb.

Pork Butt  
Roast



**\$299**  
Lb.

80% Lean  
Ground Beef



**99¢**  
Lb.

Chicken  
Drumsticks



**\$199**  
Lb.

Country Style  
Pork Ribs



**\$499**  
Lb.

85% Lean  
Ground Beef  
Patties



**\$499**  
Lb.

Beef Chuck  
Short Ribs



**\$199**  
Lb.

Pork  
Steak



**\$599**  
Lb.

Top Sirloin  
Steak  
Boneless

**\$399**  
Lb.

Beef  
Cube Steak  
**10/\$10**



**\$399**  
Lb.

Beef  
Stew Meat



**\$199**  
Lb.

Fresh Store Made  
Pork Sausage  
At Participating Stores

**\$699**  
Lb.

Van de Kamp's  
Fish  
Sticks or Fillets  
13.1-25.8 Oz., Selected Varieties

**\$549**

Oscar Mayer  
Sliced Bologna or  
Cotto Salami  
12-14 Oz., Selected Varieties



**\$399**

Oscar Mayer  
Deli Fresh or Natural  
Lunchmeat  
14-16 Oz. Family Size, Selected Varieties



**\$399**

Oscar Mayer  
Sliced  
Ham or Turkey Breast  
16 Oz. Family Size, Selected Varieties



**\$479**

Johnsonville  
Bratwurst or  
Italian Sausage Links  
16-19 Oz., Selected Varieties



**2/\$6**

Johnsonville  
Smoked Sausage or  
Polish Kiebasa  
12-14 Oz., Selected Varieties



**99¢**

Bar S  
Franks  
16 Oz., Selected Varieties



**\$249**

Armour  
Meatballs  
11-14 Oz., Original,  
Beef or Sausage Style



**2/\$7**

John Morrell  
Sliced Bacon  
12 Oz., Selected Varieties



**\$299**

Oldham's  
Country Sausage Roll,  
Tennessee Probe Country Sausage Roll or  
Fully Cooked Turkey Sausage Patties  
6-16 Oz., Selected Varieties



**\$479**

Tyson  
Cornish Hen  
20 Oz.



## Seafood Sale!



**\$399**  
Lb.

SeaPak  
Breaded Shrimp  
14-20 Oz. Family Pack,  
Butterfly, Poppers,  
Beer Battered or Crumbed

**\$549**

Best Choice  
Tail-On Shrimp  
12 Oz., 17.48 Oz.,  
Cooked, Packed & Drained

Fishing  
For Some  
Great  
Savings?

**99¢**

Best Choice  
Cocktail Sauce  
12 Oz., Selected Varieties

# Deli & Bakery Favorites!



**\$599**

WondeRoast  
Chicken  
Each



**\$299**

Café Valley  
Gourmet Muffins  
4 Ct., Blueberry or Banana Nut

**\$799**  
Lb.

Kretschmar  
Extra Lean Corned Beef or  
Beef Round Pastrami  
At Participating Stores



**\$699**  
Lb.

Kretschmar  
Baby Swiss Cheese  
At Participating Stores



**\$229**

Olson's  
Angel Food Loaf  
11 Oz.



**\$199**

Rich's  
Bakery Fresh  
Layer Cake  
12 Oz., 8 Inch, Selected Varieties



**\$399**

Sabra  
Family Size  
Hummus  
17 Oz., Selected Varieties



**\$499**

Stacy's  
Simply Naked  
Pita Chips  
18 Oz., Party Size



**\$199**

Mrs. Gerry's  
Macaroni &  
Cheese  
Deli Fresh  
All Participating Stores



**2/\$5**

Earl Of Sandwich  
Eight Grain or  
White Sourdough  
Sliced Bread  
16 Oz.



**\$129**

Gonella Baking Company  
Fresh Marble Rye or  
Rye With Seeds  
Bread  
19 Oz.



## ADDITIONAL SPECIALS



**\$149**

Best Choice  
Sandwich  
Sliced Bread  
24 Oz., Wheat



**2/\$11**

Lotzza Motzza  
Pizza  
22-30 Oz.



**5/\$5**

Dr Pepper,  
Sunkist or 7-Up  
Products  
2 Liter Btl  
Plus Deposit



**3/\$12**

Coke  
Products  
12 Pack 12 Oz. Cans  
Plus Deposit



**2/\$4**

Old Dutch  
Tortilla Chips  
Restaurante Style  
13 Oz.