

COMPARE AND SAVE

Save
POTATO CHIPS
 3/\$5

Helps
HELPERS
 10/\$10

Hot Sauce
CRITIQUE
 1/17

Pickles
PICKLES
 2/3

Dressing
DRESSING
 2/3

Picant Sauce
PICANT SAUCE
 2/5

Hot Chip
HOT CHIP
 2/3

Tomatoes
TOMATOES
 99¢

Taco Shells
TACO SHELLS
 2/3

Pitted Olives
PITTED OLIVES
 2/3

10/\$10

Fruit Cups
FRUIT CUPS
 12/23

Vegetables
VEGETABLES
 3/2

Chili Beans in Sauce
CHILI BEANS IN SAUCE
 2/3

Pineapple
PINEAPPLE
 99¢

Beans
BEANS
 4/3

Pasta Sauce
PASTA SAUCE
 12/23

Macaroni & Cheese Dinner
MACARONI & CHEESE DINNER
 1/23

Pasta
PASTA
 1/23

Macaroni & Cheese Dinner
MACARONI & CHEESE DINNER
 1/23

Macaroni & Cheese Dinner
MACARONI & CHEESE DINNER
 1/23

Ice Cream
ICE CREAM
 2/5

Potatoes
POTATOES
 2/27

Hot Pockets
SANDWICHES
 5/10

Chicken Nuggets
CHICKEN NUGGETS
 3/17

Pizza Rolls
PIZZA ROLLS
 3/99

Bread Sticks
BREAD STICKS
 2/5

Antic-Grain Pancake
ANTIC-GRAIN PANCAKE
 98¢

Pizza
PIZZA
 2/510

Pizza
PIZZA
 3/12

Strawberries
STRAWBERRIES
 2/4

Lou's Thrifty Way

867 South Elm
 Phone: 402-373-5805
 Tuesday, January 12, 2010
 Open 6 AM 'til 11 PM 7 Days A Week

ASSOCIATED WHOLESALE GROCERS

APPLES OF SAVINGS

8 1/2 lbs. 10% Fat
GROUND BEEF
 3 Lb. Tub
\$3.49
 lb.

U.S.D.A. Choice Sir York
 Angus Beef
ROE EYE STEAK
\$8.99

U.S.D.A. Choice Sir York
 Angus Beef
SHLOU TIP ROAST
\$3.39

U.S.D.A. Choice Sir York
 Angus Beef
SHLOU TIP STEAK
\$3.49

Normal All Natural Country Style
PORK RIBS
\$1.79

Normal All Natural Boneless
PORK LOIN CHOPS
\$2.69

Normal All Natural Boneless Pork
LOIN ROAST
\$2.59

Normal All Natural
PORK SPARE RIBS
\$2.39

Standard Farms Fresh
CHICKEN DRUMSTICKS
\$1.49

Standard Farms Fresh
CHICKEN THIGHS
\$1.49

Standard Farms Fresh Whole
FRYERS
\$1.49

Homestyle Sausage
SHOCKED SAUSAGE
\$2.99

Standard Farms Fresh
LUNCH MEATS
\$3.49

Standard Farms Fresh
FRANKS
\$5.99

Standard Farms Fresh
BACON
\$2.49

Standard Farms Fresh
BLOGGERS
\$2.39

Standard Farms Fresh
BRANISCHWI SZER
\$2.19

Standard Farms Fresh
SUMMER SAUSAGE
\$3.49

Standard Farms Fresh
HOT RINGS
89¢

Standard Farms Fresh
POLLOCK FILLETS
\$2.39

PRODUCE

At Lou's Thrifty Way Quality, Value and Service is our #1 Priority. We have your best choice for the lowest guaranteed price.

California Hand
CLEMENTINES
 2 Lb. Bag
\$3.99
 Each

Washington State
 Arroyo Valley or
PEARS
\$1.99
 Each

California Sunland Navel
ORANGES
99¢
 Each

Red Yellow or Orange
BELL PEPPERS
2/3
 Each

Texas Rio Red
GRAPEFRUIT
2/1
 Each

Gauley's Topped or
 Untopped
PEAS
\$1.50
 25 Lb. Box \$28.99

Red or White
ONIONS
99¢
 lb.

Salads
SALADS
 9-12 Oz. Pkg.
2/4

Washington State
 Premium Gala or
APPLES
99¢
 lb.

Impressa Whole White
MUSHROOMS
\$3.99
 Each

1 Market
VEGETABLE
SOUP
\$2.99
 2 Lb. Can

1 Market
VEGETABLE
SOUP
\$2.99
 2 Lb. Can

Imported Red or Green
GRAPES
\$2.79
 lb.

Imported
CANTALOUPE
2/5
 Each

Green Giant Yellow
CARROTS
99¢
 Each

Green Giant U.S. #1
RED POTATOES
 5 Lb. Bag
2/5
 Each

SATIATION GUARANTEED

7 UP, SQUIRT,
 OR PEPPER
98¢

Coke Or Sprite
4/\$10

Best Choice Original
PASTA
87¢

Best Choice Original
RICE
59¢

Best Choice Original
WHOLE OYSTERS
2/5

Best Choice Original
TOMATO JUICE
1/23

Best Choice Original
V-FRESH JUICE
2/45

Best Choice Original
CRANBERRY JUICE
1/10

Best Choice Original
PEANUTS
3/23

Best Choice Original
SUGAR
2/45

Best Choice Original
FLOUR
2/4

Best Choice Original
BUNDS BAKING
2/3

Best Choice Original
BANANA CHIPS
12/23

Best Choice Original
CHOCOLATE
12/23

Best Choice Original
CRACKERS
2/3

Best Choice Original
ALL THE CRACKERS
2/3

Best Choice Original
GRANDOLA SAUCE
2/5

Best Choice Original
SOY SAUCE
3/23

Best Choice Original
ALMOND SAUCE
2/4

Best Choice Original
PEANUT BUTTER
1/10

Best Choice Original
LAUNDRY DETERGENT
1/23

Best Choice Original
NATURAL TISSUE
1/23

DAIRY SPECIALS

Best Choice Original
YOGURT
3/99¢

Best Choice Grade A
EGGS
2/4

Hand
COTTAGE CHEESE
2/4

Hand 100% Pure
ORANGE JUICE
2/4

Hand
CHOCOLATE MILK
\$2.97

Patel's
VEGETABLE OIL SPREAD
2/3

Best Choice
SINGLES
\$2.97

Crystal Farms Natural
BLUES
\$9.97

Philadelphia Soft
CREAM CHEESE
\$2.97

Best Choice Shredded
 or Chunks
CHEESE
5 Oz. Pkg.
2/4